

# 2024 BEHAVIORAL HEALTH EDUCATION SERIES



## Autism

**Would you like to learn about autism spectrum disorder?** Our webinars will help you learn more about the physical, behavioral and emotional growth of individuals who may display its symptoms. These webinars are free and are open to anyone, including parents, caregivers and loved ones. Sign up for any one of these webinars and you'll receive a reminder once the event date gets closer.

The **Autism** webinars take place on the **second Thursday** of each month, January–October. Please mark your calendar today.

DATE/TIME	TITLE	PRESENTER
Thursday, April 11, 2024 1:00 pm–2:00 pm ET	Self-Advocacy and the College Transition for Autistic Students	Eric Endlich Top College Consultants
Thursday, May 9, 2024 1:00 pm–2:00 pm ET	Values-Driven Couples and Families	Dr. Thomas Lucking, Ph.D. Individual Therapist
Thursday, June 13, 2024 1:00 pm–2:00 pm ET	Autism & Severe Behaviors: Assessment & Treatment	Dr. Ashley Fuhrman Trumpet Behavioral Health

These webinars offer basic educational information. For more help, call **800.274.7603** and talk with a Cigna health advocate.



These are general information health seminars. The information provided is not meant to replace the care or advice of a health care professional. You should always ask your doctor for proper care or treatment advice. If you are a Cigna customer and have specific questions about your medical or behavioral benefits, please call 800.274.7603 to speak with a Health Advocate. If you have a medical emergency, please visit the nearest hospital or call 911.

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