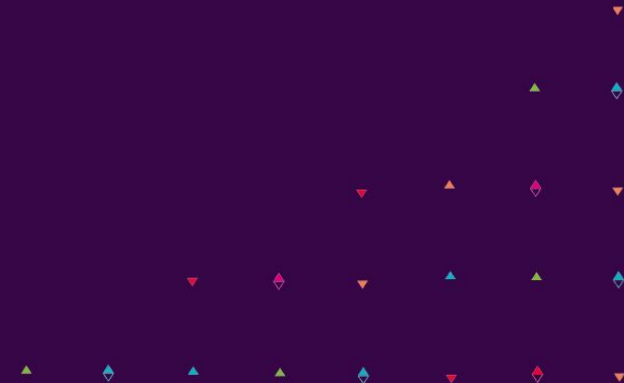


Facilitating Interactions Between Siblings



Kyo: Who We Are and What We Do

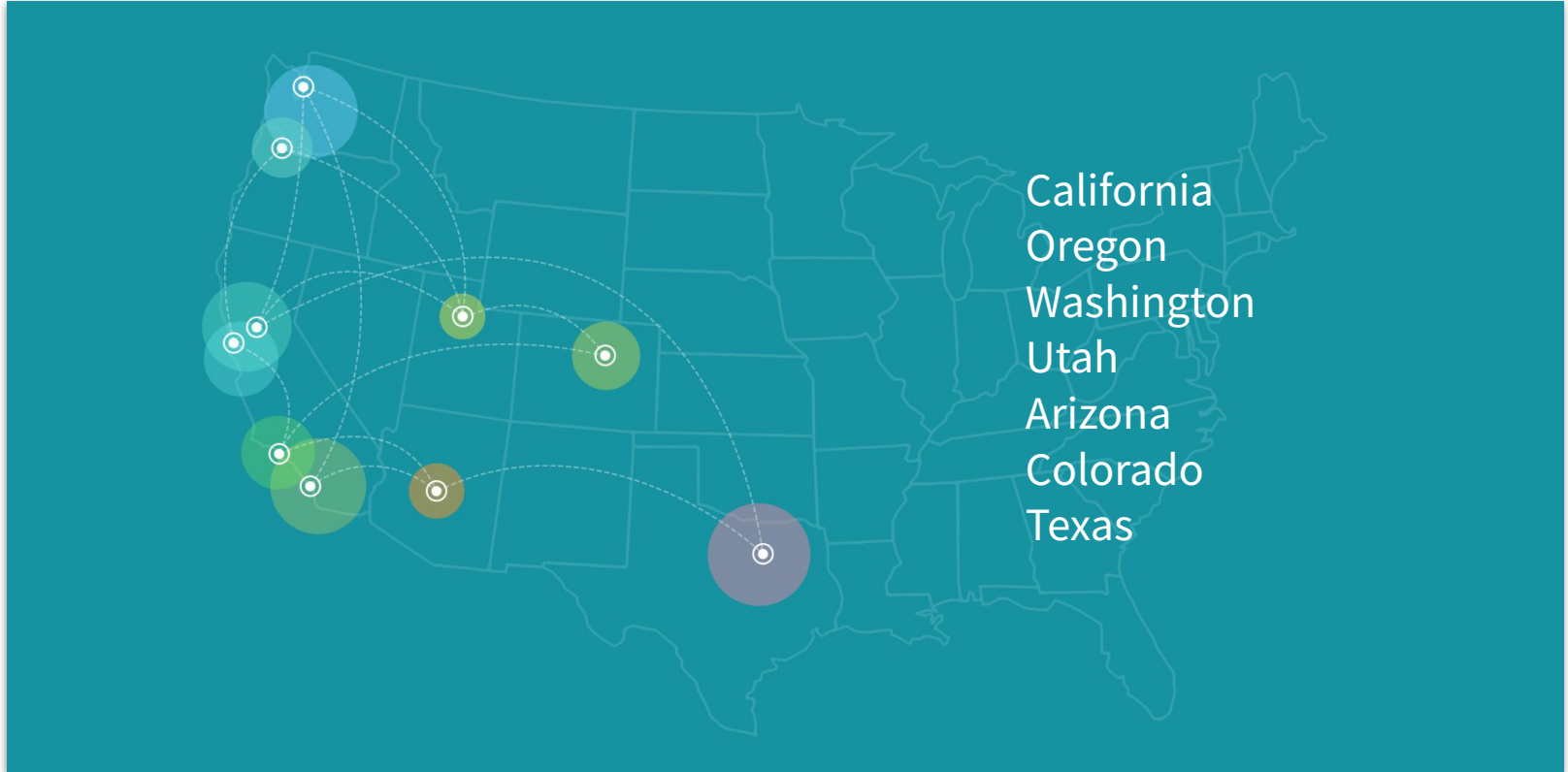
- Team of 600+ professionals in behavioral health

- *Behavior Analysts*
- *Program Supervisors*
- *Behavior Technicians*
- *Admin*

- Services we provide

- *ABA Therapy: In-home, center and telehealth*
- *Parent Training*
- *Behavior Consultation*
- *School and Community Shadow Support*

Where We Serve



Agenda

- 1 Types of Social Interactions
- 2 Strategies to Increase Positive Sibling Engagement
- 3 Questions & Answers

Types of Social Interactions

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1. Observing (within close proximity)
 2. Parallel play
 3. Responding to sibling initiations
 4. Cooperative play
 5. Initiating sibling interactions

Type 1: Observing

- Watching sibling(s) complete an activity nearby
 - *Example: sitting on the edge of the sandbox watching siblings build a sandcastle*



<https://www.studyinternational.com/news/making-recess-more-inclusive-for-children-with-autism/>

Type 2: Parallel Play

- Completing the same (or different) play activity as their sibling separately but within close proximity (2-3ft)
 - *Example: one child plays with rubik's cube and the other plays with shapes*



Type 3: Responding to Sibling Initiations

- Responding (verbally or physically) to the initiation of their sibling(s)
 - *Example: Sister asks brother for a toy and the brother gives the sister the toy*



Type 4: Cooperative Play

- Completing a play activity *with* their sibling(s)
 - *Example: Playing hide and go seek*



Type 5: Initiating Sibling Interactions

- Child approaches and initiates a social interaction with their sibling(s)
 - *Example: Sister asking little brother if he wants to play*



Ways to Increase Sibling Engagement

1. Create activities that both/all sibling(s) enjoy
2. Encourage “sibling time”
3. Promote the idea of the “sibling team”
4. Set up cooperative arrangements

Promote Shared Activities

- Research on improving sibling relationships shows that children have better relationships when they share activities that they both enjoy
- It may be difficult to identify these activities, especially if there's an age or interest gap
- Try to encourage at least one shared activity every day



“Sibling Time”

- Designate a daily (or weekly) 10-15 minute block of time for your children to spend together
 - *Structuring time together into a regular routine helps to maintain a “connection,” which is especially useful if your children are widely spaced in age or interests*



The “Sibling Team”

- Create family activities in which your children work together
 - *Example: Giving them a large sheet of paper to draw/paint on together*



Set Up “Cooperative Arrangements”

- Set up an activity in which all children must communicate with each other to complete the activity. This will provide multiple opportunities for interactions.
 - *Example: Playing with Playdoh*
 - One child is given all of the Playdoh, the other child is given all of the tools
 - The children need to ask each other for the materials in order to play



Questions & Answers



Schedule a free **Behavior Consultation** or an
ABA Therapy Enrollment Appointment at:
kyocare.com/consultations

clientservices@kyocare.com • 877-264-6747

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