

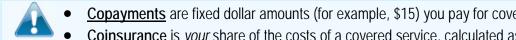
**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="http://www.cigna.com/individuals-families/georgia">www.cigna.com/individuals-families/georgia</a> or by calling 1-866-494-2111.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	For in-network providers <b>\$1,000</b> person/ <b>\$2,000</b> family For out of-network providers <b>\$12,500</b> person/ <b>\$25,000</b> family Does not apply to in-network/out-of-network preventive care, eye exam/glasses for children, in-network office visit copay and urgent care visits.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for your costs for services this plan covers.
Is there an <u>out–of–</u> <u>pocket limit</u> on my expenses?	Yes, For in-network providers <b>\$6,000</b> person/ <b>\$12,000</b> family For out-of-network providers <b>\$25,000</b> person/ <b>\$50,000</b> family	The <b><u>out-of-pocket limit</u></b> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out–of–pocket</u> <u>limit</u> ?	Premium, balanced-billed charges, penalties for failure to obtain pre-authorization for services, and health care this plan doesn't cover	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a list of In-network providers, see <u>www.cigna.com/ifp-providers</u> or call 1-866-494-2111	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in- network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b>

**Questions:** Call 1-866-494-2111 or visit us at <u>www.cigna.com/individuals-families/georgia-health-insurance-plans-2016</u>. If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at <u>www.cciio.cms.gov</u> or call 1-866-494-2111 to request a copy. Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual&Family Plan Type: LCP

Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page <b>5</b> . See your policy or plan document for additional information about <u>excluded services</u> .



Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.

- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's allowed amount for an overnight hospital stay is \$1,000, your coinsurance payment of 20% would be \$200. This may change if you haven't met your deductible.
- The amount the plan pays for covered services is based on the allowed amount. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the allowed amount is \$1,000, you may have to pay the \$500 difference. (This is called balance billing.)
- This plan may encourage you to use **In-network providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$20 co-pay/visit	30% co-insurance	None
If you visit a health care <u>provider's</u> office or clinic	Specialist visit	\$50 co-pay/visit	30% co-insurance	None
	Other practitioner office visit	\$50 co-pay/visit	30% co-insurance	None
	Preventive care/screening/immunization	No Charge	30% co-insurance	None
	Diagnostic test (x-ray, blood work)	20% co-insurance	40% co-insurance	None
If you have a test	Imaging (CT/PET scans, MRIs)	20% co-insurance	40% co-insurance	Out-of-network cost share increases if no pre-authorization.

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## Cigna Health and Life Insurance Co.: GA Cigna Health Flex 1000

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 1/1/16-12/31/16

Coverage for: Individual&Family Plan Type: LCP

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Preferred generic drugs	\$4 co-pay (retail)/ \$10 co-pay (home delivery)	\$4 co-pay (retail)/ \$10 co-pay (home delivery)	Coverage is limited up to a 90-day supply (retail/home delivery) You pay co-pay for each 30 day supply.
If you need drugs to treat your illness or condition	Non-preferred generic drugs	\$10 co-pay (retail)/ \$25 co-pay (home delivery)	\$10 co-pay (retail)/ \$25 co-pay (home delivery)	Coverage is limited up to a 90-day supply (retail/home delivery) You pay co-pay for each 30 day supply.
More information about prescription drug coverage is available at	Preferred brand drugs	\$35 co-pay (retail)/ \$87 co-pay (home delivery)	\$35 co-pay (retail)/ \$87 co-pay (home delivery)	Coverage is limited up to a 90-day supply (retail/home delivery) You pay co-pay for each 30 day supply.
www.cigna.com/ifp- drug-list.	Non-preferred brand drugs	40% co-insurance (retail/home delivery)	40% co-insurance (retail/home delivery)	Coverage is limited up to a 90-day supply (retail/home delivery)
	Specialty drugs	\$500 co-pay (retail)/ \$425 co-pay (home delivery)	\$500 co-pay (retail)/ \$425 co-pay (home delivery)	Coverage is limited up to a 30-day supply (retail/home delivery)
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% co-insurance	40% co-insurance	None
surgery	Physician/surgeon fees	20% co-insurance	40% co-insurance	Out-of-network cost share increases if no pre-authorization.
	Emergency room services	20% co-insurance	20% co-insurance	Non omergency medical conditions are
If you need immediate medical attention	Emergency medical transportation	20% co-insurance	20% co-insurance	<ul> <li>Non-emergency medical conditions are covered out-of-network at 40% co- insurance</li> </ul>
	Urgent care	\$75 co-pay/visit	\$75 co-pay/visit	insurance.
If you have a hospital	Facility fee (e.g., hospital room)	20% co-insurance	40% co-insurance	Out-of-network cost share increases if no pre-authorization.
stay	Physician/surgeon fee	20% co-insurance	40% co-insurance	None

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Coverage for: Individual&Family Plan Type: LCP

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Mental/Behavioral health outpatient services – office visit Mental/Behavioral health outpatient services – all other outpatient	\$50 co-pay/visit 20% co-insurance	30% co-insurance 40% co-insurance	None
If you have mental health, behavioral	Mental/Behavioral health inpatient services	20% co-insurance	40% co-insurance	Out-of-network cost share increases if no pre-authorization.
health, or substance abuse needs	Substance use disorder outpatient services – office visit Substance use disorder outpatient services – all other outpatient	\$50 co-pay/visit 20% co-insurance	30% co-insurance 40% co-insurance	None
	Substance use disorder inpatient services	20% co-insurance	40% co-insurance	Out-of-network cost share increases if no pre-authorization.
If you are pregnant	Prenatal and postnatal care	20% co-insurance	40% co-insurance	None
	Delivery and all inpatient services	20% co-insurance	40% co-insurance	Out-of-network cost share increases if no pre-authorization.
	Home health care	20% co-insurance	40% co-insurance	Coverage is limited to 120 visits annual max. Out-of-network cost share increases if no pre-authorization.
If you need help	Rehabilitation services	20% co-insurance	40% co-insurance	Coverage is limited to 20 visits physical and occupational therapies, 20 visits
recovering or have other special health needs	Habilitation services	20% co-insurance	40% co-insurance	speech therapy, 30 visits respiratory therapy annual max
	Skilled nursing care	20% co-insurance	40% co-insurance	Coverage is limited to 30 days annual max. Out-of-network cost share increases if no pre-authorization.
	Durable medical equipment	20% co-insurance	40% co-insurance	None

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

### Coverage Period: 1/1/16-12/31/16

Coverage for: Individual&Family Plan Type: LCP

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Hospice service	20% co-insurance	40% co-insurance	Out-of-network cost share increases if no pre-authorization.
	Eye exam	No charge	All except \$45	Children up to age 19. Coverage is limited to 1 exam per year
If your child needs dental or eye care	Glasses	No charge	All except \$30 for frames/all except \$32-\$80 for lenses	Coverage varies by type of lens. Children up to age 19. Coverage is limited to 1 pair of glasses per year
	Dental check-up	Not covered	Not covered	Coverage is available through stand- alone dental plan.

## **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

Acupuncture	Hearing aids	Private-duty nursing
Bariatric Surgery	Infertility treatment	Routine eye care (Adults)
Cosmetic surgery	Long-term care	Routine foot care
Dental care (Adult/child)	• Non-emergency care when traveling outside the	Weight Loss Programs
Elective abortion	U.S.	

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

• Chiropractic care

## Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

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- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-866-494-2111. You may also contact your state insurance department at 800-656-2298

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: Georgia Department of Insurance at 800-656-2298. Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does provide</u> minimum essential coverage.

## Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-494-2111.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-494-2111.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-866-494-2111.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-494-2111.

-To see examples of how this plan might cover costs for a sample medical situation, see the next page.-

Coverage for: Individual&Family Plan Type: LCP

## About these Coverage **Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

	Having a baby (normal delivery)		Mai
			а
-	<ul> <li>Amount owed to providers: \$7,540</li> <li>Plan pays \$5,220</li> <li>Patient pays \$2,320</li> </ul>		<ul> <li>Amount ow</li> <li>Plan pays \$</li> <li>Patient pay</li> </ul>
	Sample care costs:		Sample care o
	Hospital charges (mother)	\$2,700	Prescriptions
	Routine obstetric care	\$2,100	Medical Equip
	Hospital charges (baby)	\$900	Office Visits a
	Anesthesia	\$900	Education
	Laboratory tests	\$500	Laboratory tes
	Prescriptions	\$200	Vaccines, oth
	Radiology	\$200	Total
	Vaccines, other preventive	\$40	
	Total	\$7,540	Patient pays:
			Deductibles
	Patient pays:		Copays
	Deductibles	\$1,000	Coinsurance
	Copays	\$40	Limits or exclu
	Coinsurance	\$1,250	Total
	Limits or exclusions	\$30	
	Total	\$2,320	
			1

### naging type 2 diabetes (routine maintenance of well-controlled condition)

- wed to providers: \$5,400
- \$4,540
- **vs** \$860

### costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Deductibles	\$140
Copays	\$440
Coinsurance	\$0
Limits or exclusions	\$280
Total	\$860

## **Questions and answers about the Coverage Examples:**

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork providers. If the patient had received care from out-of-network providers, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and co-insurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as co-payments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.