

Play "Dental Sudoku"!

How to play: Sudoku is a type of puzzle. In the puzzles below, some squares already have letters in them. These are your clues! Your job is to solve the puzzle by adding the missing letters to the blank squares.

The letters you will use each stand for something you can do help to take care of your teeth and gums:

A = Healthy smiles start **at home**

B = **Brush** your teeth twice a day

C = **Choose** healthy snacks

D = Visit the **dentist** for check-ups

E = **Eat** breakfast every day

F = **Floss** every day

G = Wear a mouth**guard** when playing sports

H = Help prevent cavities with good **habits**

I = Flossing can remove plaque **in-between** your teeth where your toothbrush can't reach

But there are some rules about the letters you can add to the empty squares!

- Each letter can be used in each row (across) only once
- Each letter can be used in each column (down) only once
- And, each letter can be used in each block (group of nine squares) only once

The game below has 81 total squares. Those squares are grouped into nine larger "blocks." Each block has nine squares each. The bolded lines border the blocks in each puzzle.

If you add a letter that breaks any of those rules, it is the wrong letter for that square.

	H			B	G		C	A
		G	I	A	D		F	
A				C	H			E
G	F	H	B	D	A		I	C
			C	E	F	G		
D	C	E	H		I	B	A	F
F		C	D		B	A		
	G	B	A		E		D	
E								

