

Dr. Corinne Bell

Medical director | Cigna Medical Group CareToday

Background

An osteopathic physician who graduated first in her MBA class, Dr. Corinne Bell oversees 13 health care centers plus all eight Cigna Medical Group CareToday centers in the Valley. Four more of these clinics are being planned in 2010.

Bell started out as a nurse's aide in the health care industry. After becoming a registered nurse, she went on to become a doctor — but she still dreams of leading digs in Jerusalem as a biblical archaeologist. What doctor do you know who has read, with excitement, "The Nag Hammadi Library"? The collection of more than 50 ancient texts, also known as the Gnostic Gospels, was discovered in upper Egypt in 1945.

With three children of her own, Bell enjoyed delivering babies as a board-certified obstetrician and gynecologist for 12 years before moving on to management positions at Puget Sound Health Partners in Washington, and now with Cigna Medical Group.

Personal

MOST RECENT JOB: Chief medical officer, Puget Sound Health Partners

PROUDEST MOMENT THERE: Opening a new Medicare Advantage Plan with a great team in Washington state

FIRST JOB: Nurse's aide

EDUCATION: Bachelor's degree in nursing, Marquette University; doctorate in osteopathy, Michigan State University College of Osteopathic Medicine; board certification in obstetrics and gynecology; MBA, University of Washington (graduating Beta Gamma Sigma)

FAMILY: Husband, Dr. Tom Bell; children, Robyn Vera, Brianne Jacobs and Emilee Bell



PROVIDED BY
DR. CORINNE BELL

Business philosophy

DEFINITION OF SUCCESS:

"Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful." — Albert Schweitzer

IMPORTANT IN JOB: Improving quality of life and health for patients

WHAT MAKES AN EFFECTIVE BUSINESS LEADER? Clear and concise communication

Judgment calls

WISH YOU HAD KNOWN 20 YEARS AGO: That Microsoft would be such a success

GAMBLER OR MEASURED RISK-TAKER? Measured risk-taker
WHAT MOTIVATES YOU? Building a shared vision, leading the team during implementation, and moving jointly toward successful completion of a goal

BEST PART OF JOB: Providing high-quality health care for patients, and working with the physicians and midlevel providers who treat them

WORST PART OF JOB: Driving the Valley during rush hour

MENTOR: Dr. Tom Zima

BEST ADVICE RECEIVED: Pursue your passion

True confessions

IF YOU COULD LIVE A DOUBLE LIFE, WHAT WOULD THE OTHER BE? Leading a dig in Jerusalem

WHAT YOU WANTED TO BE WHEN YOU GREW UP: A nurse

IF YOU COULD DO ANOTHER JOB: Biblical archaeology

PASSIONS: Faith, family and caring for others

CHARITABLE CAUSES: I sit on the state board of directors and have participated since high school in March of Dimes events.

WHAT WOULD BE THE TITLE OF YOUR AUTOBIOGRAPHY? "No Mulligans Allowed"

WHAT'S ONE THING YOU'LL NEVER DO AGAIN? Fall out of the raft on the Deschutes River

Predilections

WHAT ARE YOU PASSIONATE ABOUT? Life

FAVORITE SPORT: Baseball

FAVORITE WAY TO RELAX: Reading and hiking

WHAT DO YOU DO DURING YOUR LUNCH TIME? Answer e-mail
BEST GIFT YOU EVER RECEIVED:

Our children

BEST CONVERSATION PIECE IN YOUR HOME: We have a family gallery

with pictures going back to great-great-grandparents on both sides. I was able to obtain wedding pictures, had them framed with names and wedding dates, along with a variety of others. We often had guests ask about the pictures, and it anchored the kids regarding their family and its origins.

WHAT DO YOU FIND STRESSFUL?

A lack of efficiency

WHAT ARE YOU AFRAID OF? I do not care for really big spiders.

WHAT TECHNOLOGICAL ADVANCEMENT DO YOU RELY ON MOST? iPhone

WHAT IS THE ONE PHRASE YOU WISH PEOPLE WOULDN'T SAY? "Does that make sense?"

WHAT DO YOU WANT TO DO BEFORE YOU DIE? Visit all seven continents

— Angela Gonzales