

## Individual & Family Plans

Insured by Cigna Health and Life Insurance Company

# 2015 NO COST-SHARE PREVENTIVE MEDICATIONS



## by drug category

At Cigna, your health and well-being is most important, and we want you to be at your 100% best. It's good to take care of yourself. Getting the right preventive care services at the right time can help you stay healthy.

### Health care reform requires coverage of specific preventive medications with no patient cost-sharing

The Patient Protection and Affordable Care Act (PPACA) requires that certain categories of drugs and other products be included in preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations are meant to help prevent disease and meet women's unique health care needs, and are updated periodically to reflect new advances in science and medicine.

### Preventive medication coverage

The following prescription medications (as well as certain over-the-counter medications) and products may be available to you with no cost-sharing (copay, coinsurance and/or deductible) depending on your plan. Visit [Cigna.com/ifp-drug-list](http://Cigna.com/ifp-drug-list) for more information. Once you are a customer, you can review your policy or use the Prescription Drug Price Quote tool on myCigna.com to compare prices at local retail pharmacies and Cigna Home Delivery Pharmacy<sup>SM</sup>. If you have questions, you can **call customer service using the number on the back of your ID card, 24 hours a day, 365 days a year, and we'll be happy to help.**

### Your healthcare professional

Talk with your health care professional about choosing the medication or product that's right for you. If your health care professional feels a certain contraceptive product (on this list) isn't medically appropriate for you, have your health care professional contact us to determine what other contraceptive products (not on this list) may be available with no cost-sharing. For preventive medications (including over-the-counter medications) or products to be covered, you'll need to get a prescription from your health care professional.



This list represents the medications that Cigna administered plans will cover with no cost-sharing due to PPACA requirements. Please note: this list is subject to change.

## ASPIRIN PRODUCTS

**Available to:**

**Males: 45 – 79 years**

**Females: 55 – 79 years**

Adult Low Dose Aspirin  
 Adult Low Dose Aspirin EC  
 Ascriptin  
 Aspir 81  
 Aspirin  
 Aspirin Buffered  
 Aspirin EC  
 Aspir-Low  
 Aspir-Trin  
 Aspricin  
 Aspidrox  
 Bayer Aspirin  
 Bayer Chewable  
 Children's Aspirin  
 Children's Chewable Aspirin  
 Ecotrin  
 Ecpirin  
 Lite Coat Aspirin  
 Lo-Dose Aspirin EC  
 Low Dose Aspirin  
 Low Dose Aspirin EC  
 MiniPrin  
 St. Joseph Aspirin  
 Tri-Buffered Aspirin  
 TX-Prin

## BARRIER CONTRACEPTION

**Available to females**

Conceptrol Inserts  
 Conceptrol w/applicator  
 Encare  
 FC Female Condom  
 FC2 Female Condom  
 Femcap  
 Gynol II  
 Gynol II Extra Strength  
 Omniflex Diaphragm  
 Options Conceptrol Vaginal Contraceptive  
 Options Gynol II Vaginal Contraceptive  
 Orth-Gynol  
 Ortho Diaphragm All-Flex/65MM  
 Ortho Diaphragm All-Flex/70MM  
 Ortho Diaphragm All-Flex/75MM  
 Ortho Diaphragm All-Flex/80MM  
 Ortho Diaphragm Coil Spring Kit 100

Ortho Diaphragm Coil Spring Kit 105  
 Ortho Diaphragm Coil Spring Kit 50  
 Ortho Diaphragm Flat Spring Kit 55  
 Ortho Diaphragm Flat Spring Kit 60  
 Ortho Diaphragm Flat Spring Kit 65  
 Ortho Diaphragm Flat Spring Kit 70  
 Ortho Diaphragm Flat Spring Kit 75  
 Ortho Diaphragm Flat Spring Kit 80  
 Ortho Diaphragm Flat Spring Kit 85  
 Ortho Diaphragm Flat Spring Kit 90  
 Ortho Diaphragm Flat Spring Kit 95  
 Prentif Cavity-Rim Cervical Cap  
 Prentif Fitting Set  
 Shur-Seal  
 Today Sponge  
 VCF Vaginal Contraceptive Film  
 VCF Vaginal Contraceptive Foam  
 Wide-Seal Silicone Diaphragm Kit 60  
 Wide-Seal Silicone Diaphragm Kit 65  
 Wide-Seal Silicone Diaphragm Kit 70  
 Wide-Seal Silicone Diaphragm Kit 75  
 Wide-Seal Silicone Diaphragm Kit 80  
 Wide-Seal Silicone Diaphragm Kit 85  
 Wide-Seal Silicone Diaphragm Kit 90  
 Wide-Seal Silicone Diaphragm Kit 95

## BREAST CANCER PREVENTION

**Available to females**

raloxifene  
 tamoxifen

## EMERGENCY CONTRACEPTION

**Available to females**

Ella  
 My Way  
 Next Choice  
 Next Choice One Dose  
 Take Action

## FALL PREVENTION/VITAMIN D SUPPLEMENTATION

**Available to adults 65 years of age and older**

Bio-D-Mulsion  
 Bio-D-Mulsion Forte  
 Children's Replesta  
 Children's Vitamin D  
 D3 Dots  
 D3-50  
 Decara  
 Delta D3  
 Dialyte Vitamin D3 Max  
 Dialyvite Vitamin D  
 D-Vi-Sol  
 D-Vita  
 Just D  
 Kids Vitamin D3  
 Maximum D3  
 Replesta  
 Replesta NX  
 Thera-D  
 Vitamin D  
 Vitamin D3  
 Vitamin D-400

## FOLIC ACID SUPPLEMENTATION

**Available to females (only products containing from 0.4 mg-0.8 mg of folic acid are included)**

Classic Prenatal  
 Daily Prenatal  
 Engran-HP  
 Folic Acid  
 KPN  
 Maxinate  
 Natalins  
 Natelle-EZ  
 One Daily Prenatal  
 P-D Natal Plus With Folic Acid  
 Prenatal  
 Prenatal Formula  
 Prenatal Multi + DHA  
 Prenatal OTC

Prenatal Vitamins  
 Preque 10  
 Right Step Prenatal Vitamins  
 Stuart Prenatal  
 Stuart Prenatal + DHA

## HORMONAL CONTRACEPTION<sup>^\*</sup>

**Available to females**

Altavera  
 Alyacen 1/35  
 Alyacen 7/7/7  
 Amethia  
 Amethia Lo  
 Apri  
 Aranelle  
 Aubra  
 Aviane  
 Azurette  
 Balziva  
 Briellyn  
 Camila  
 Camrese  
 Camrese Lo  
 Caziant  
 Chateal  
 Cryselle-28  
 Cyclofem 1/35  
 Cyclofem 7/7/7  
 Dasetta 1/35  
 Dasetta 7/7/7  
 Daysee  
 desogestrel/ethinyl estradiol  
 drospirenone/ethinyl estradiol  
 Elinest  
 Emoquette  
 Enpresse-28  
 Enskyce  
 Errin  
 Estarylla  
 Falmina  
 Gianvi  
 Gildagia  
 Gildess 1.5/30  
 Gildess 1/20  
 Gildess FE 1.5/30  
 Gildess FE 1/20  
 Heather  
 Introvale  
 Jencycla  
 Jolessa  
 Jolivet  
 Junel 1.5/30  
 Junel 1/20  
 Junel FE 1.5/30  
 Junel FE 1/20

Kariva  
 Kurvelo  
 Larin 1/20  
 Larin FE 1.5/30  
 Larin FE 1/20  
 Leena  
 Lessina  
 Levonest  
 levonorgestrel  
 levonorgestrel and ethinyl  
 estradiol  
 levonorgestrel/ethinyl  
 estradiol  
 Levora 0.15/30-28  
 Loryna  
 Low-Ogestrel  
 Luteria  
 Lyza  
 Marlissa  
 medroxyprogesterone acetate  
 150 MG/ML  
 Microgestin 1.5/30  
 Microgestin 1/20  
 Microgestin FE  
 Microgestin FE 1.5/30  
 Mono-Linyah  
 Mononessa  
 Myzilra  
 Necon 0.5/35-28  
 Necon 1/35  
 Necon 7/7/7  
 Nora-Be  
 norethindrone  
 norgestimate/ethinyl  
 estradiol  
 norgestrel/ethinyl estradiol  
 Nortrel 0.5/35 (28)  
 Nortrel 1/35  
 Nortrel 7/7/7  
 Ocella  
 Orsythia  
 Philith  
 Pimtrea  
 Pirmella 1/35  
 Pirmella 7/7/7

Portia-28  
 Previfem  
 Quasense  
 Reclipsen  
 Sprintec 28  
 Sronyx  
 Syeda  
 Tilia FE  
 Tri-Estarylla  
 Tri-Legest FE  
 Tri-Linyah  
 Trinessa  
 Tri-Previfem  
 Tri-Sprintec  
 Trivora-28  
 Velivet  
 Vestura  
 Viorele  
 Vyfemla  
 Wera  
 Wymzya FE  
 Xulane  
 Zarah  
 Zenchent  
 Zenchent FE  
 Zeosa  
 Zovia 1/35E

*^ If your health care professional feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.*

*\* Generic hormonal contraceptives are available at no cost-sharing to you, even though they may not be listed here.*

## PEDIATRIC IRON-CONTAINING PRODUCTS/FLUORIDE SUPPLEMENTATION

**Available to males and females: six - 12 months**

Children's Ferrous Sulfate  
 Children's Iron  
 Fer-In-Sol  
 Fer-Iron  
 Ferrous Sulfate  
 Flura Drops  
 Icar  
 Wee Care

## PEDIATRIC MULTIVITAMINS (containing fluoride and fluoride supplements)

**Available to males and females: six months - six years**

ADC w/Fluoride  
 Escavite  
 Escavite D  
 Fluorabon  
 Fluor-a-day  
 Fluoride  
 Fluoritab  
 Flura-drops  
 Ludent Fluoride  
 Multivitamins w-Fluoride-Iron  
 Multivitamins with Flouride  
 MVC-Fluoride  
 Polytab  
 Poly-VI-Flor  
 Poly-VI-Flor with Iron  
 Polyvitamins with Fluoride  
 Qufflora  
 Sodium Fluoride  
 TL-Fluourivite  
 Triple Vitamin w/Fluoride  
 Tri-VI-Flor  
 Tri-VI-Floro  
 Tri-vitamin with Fluoride

Tri-vite w/Fluoride  
 Tri-vite w/Fluoride Iron  
 Vitamins A,C,D & Fluoride

## SMOKING CESSATION<sup>^\*</sup>

**Quantity limitations apply.**

bupropion (generic for Zyban<sup>®</sup>)

May also be known as:  
 Bupropion HCl SR 12HR  
 Buproban  
 nicotine replacement therapy\* (patches, gum and lozenges)

May also be known as:

Commit  
 Nicoderm  
 Nicorelief  
 Nicorette  
 Nicotine Polacrilex Gum  
 Nicotine Polacrilex Lozenge  
 Nicotine TD Patch 24HR  
 Nicotine Transdermal System

*^ If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.*

*\* Generic nicotine replacement therapy (so called "store-brands," are available at no cost-sharing to you, even though they may not be listed here.)*



Medical insurance policies contain exclusions and limitations. To be eligible for coverage, a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill or purchase the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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