

More Choices to Help You Manage Your Health

Convenience Care

When you need treatment for common illnesses and injuries, you have more choices. In addition to our extensive network of health care professionals, hospitals and urgent care locations here in Arizona and nationally, you can also take advantage of high-quality, affordable services for a wide variety of routine medical conditions at Convenience Care Clinics.

These clinics feature extended hours, short waits and no appointment is ever necessary. It's not a replacement for your regular doctor, but an alternative when you need it. And, when you visit a clinic, the results of your diagnosis and treatment are sent to your doctor, with your permission.

If you have a more severe condition, or require treatment in a different setting, the Convenience Care clinician will refer you to your doctor or an Emergency Room.

Consider Convenience Care for help with the following conditions:*

Allergies	Laryngitis	Pregnancy testing
Athlete's foot	Minor burns, rashes or skin infections	Ringworm
Bladder infections	Minor sunburn	Sinus infections
Bronchitis	Mononucleosis	Strep throat
Cold sores	Pink eye and styes	Swimmer's ear
Ear infections	Poison ivy	Swimmer's itch
Flu symptoms		Wart removal

Many also offer vaccinations, school and sports physicals, and basic health screenings.

* Call the clinic near you to learn which treatments are available.



Imagine...

- not waiting for an appointment – when you need care, you walk right in. Wait times average 15 minutes or less
- finding a Convenience Care Clinic in your favorite retail area, with hours that fit into your busy schedule
- receiving high-quality medical care in a facility overseen by doctors, and staffed by certified nurse practitioners and physician assistants
- getting all this, and more, and the cost for these services is the same as primary care office visits

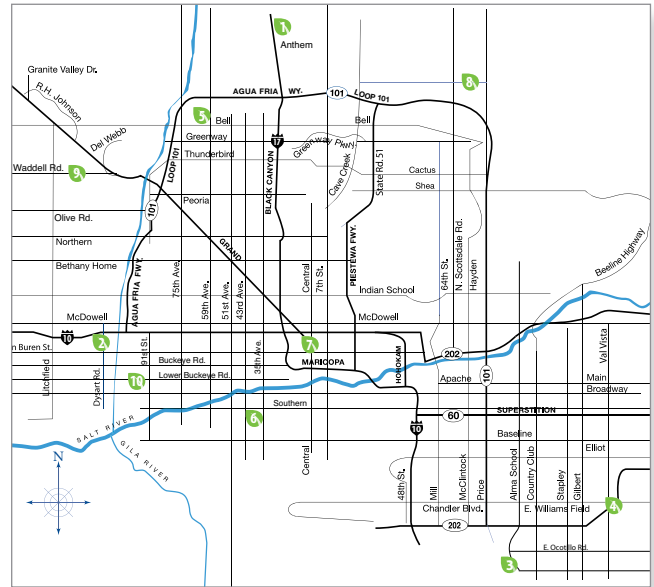
After-hours care for just an office visit copay.



**Convenience Care Clinics
 Locations Valley-wide**

- 1 **Anthem**
 39510 N. Daisy Mountain Dr., Ste. 166
 623.551.2311
- 2 **Avondale**
 1473 N. Dysart Rd., Ste.100
 623.925.4931
- 3 **Chandler**
 4980 S. Alma School Rd., Ste. A3
 480.895.8955
- 4 **Gilbert**
 2483 S. Market St., Ste. 103
 480.857.8561
- 5 **Glendale**
 20165 N. 67th Ave., Ste. 107
 623.561.1590
- 6 **Laveen**
 3535 W. Southern Ave., Ste. 128
 602.276.5563
- 7 **Phoenix**
 102 N. Central Ave.
 602.254.6007
- 8 **Scottsdale**
 7609 E. Pinnacle Peak Rd., Ste. C9
 480.585.0095
- 9 **Surprise**
 13794 W. Waddell Rd., Ste. 207
 623.214.8755
- 10 **Tolleson**
 9870 W. Lower Buckeye Rd., Ste. 140
 623.478.7665

For more information, visit CareToday.com



In addition to CareToday, CIGNA contracts with many more Convenience Care Clinics here in Arizona and across the country, including:

MinuteClinic

Take Care Health

The Little Clinic

To locate a Convenience Care Clinic near you:
 Access the Provider Directory on myCIGNA.com
 or CIGNA.com/StateofAZ, and select "Facility/Ancillary."
 After entering your geographic information,
 refine your search by selecting "Convenience
 Care Clinics."

Benefit Options
 Choice. Value. Health.

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If CMG CareToday is a participating provider in your health plan network, applicable copayments, coinsurance and deductibles will apply. Special CIGNA Medicare Part D rules apply.

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