



# Cigna Healthcare Standard 3-Tier Prescription Drug List

Coverage as of July 1, 2024



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### View your drug list online

This document was last updated on 03/01/2024.\* Go online to see the most up-to-date list of medications your plan covers.

- myCigna® App<sup>1</sup> or myCigna.com®. Click on the Prescriptions tab and select Price a Medication from the dropdown menu. Then type in your medication name.
- Cigna.com/druglist. Select Standard 3 Tier from the dropdown menu. Then type in your medication name or view the full list.

### Questions?

- myCigna.com: Click to Chat - Monday-Friday, 9:00 am-8:00 pm EST.
- By phone: Call the toll-free number on your Cigna Healthcare<sup>SM</sup> ID card. We're here 24/7/365.

\* Drug list created: originally created 01/01/2004

Last updated: 03/01/2024, for changes starting 07/01/2024

Next planned update: 11/01/2024, for changes starting 01/01/2025

## About this drug list

This is a list of the most commonly prescribed medications covered on the Cigna Healthcare Standard 3-Tier Prescription Drug List as of July 1, 2024. Medications are listed by the condition they treat, then listed alphabetically within tiers (or cost-share levels).

The drug list is updated often so it isn't a full list of the medications your plan covers. Also, your specific plan may not cover all of these medications. Log in to the myCigna App or myCigna.com, or check your plan materials, to see all of the medications your plan covers.

## How to read this drug list

Use the chart below to help you read this drug list. This chart is just an example. It may not show how these medications are actually covered on this drug list.

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
<b>HORMONAL AGENTS</b>		
AMABELZ budesonide dr budesonide ec budesonide er (PA, QL) cabergoline (QL) desmopressin anpule, vial* dexamethasone intensol DOTTI (QL) estradiol (once weekly) estradiol 10mcg vaginal insert (QL) estradiol (twice weekly) (QL) estradiol-norethindrone EUTHYROX fyremadel*^ (PA) LEVO-T levothyroxine tablet LEVOXYL liothyronine LYLLANA (QL) medroxy-progesterone methyl-prednisolone millipred MIMVEY norethindrone	ANDRODERM (PA, QL) CETROTIDE*^ (PA) COMBIPATCH DUAVEE ESTRING (QL) HUMATROPE* (PA) LUPRON DEPOT* (PA) LUPRON DEPOTPED* (PA) MEDROL 2 MG TABLET MYFEMBREE (PA,QL) NORDITROPIN FLEXPRO* (PA) ORIAHNN (PA,QL) ORLISSA (PA,QL) PREMARIN TABLET, VAGINAL CREAM APPLICATOR PREMPHASE PREMPRO SEROSTIM* (PA) SOMATULINE DEPOT* (PA) SOMAVERT* (PA)	ACTHAR GEL* (PA) ACTIVELLA ANDROGEL (PA, QL) ANGELIQ AYGESTIN BIJUVA CORTROPHIN* (PA) FENSOLVI* (PA) INTRAROSA (QL) ISTURISA* (PA,QL) LANREOTIDE* (PA) LUPANETA PACK* (PA) MEDROL 8MG, 16MG, 32MG TABLET MEDROL 4 MG DOSEPAK MENOSTAR (QL) MYFEMBREE (QL) OMNITROPE* (PA) OSPHENA (QL) PROMETRIUM RAYALDEE SANDOSTATIN LAR DEPOT* (PA) SIGNIFOR LAR* (PA) SUPPRELIN LA* (PA) TESTOPEL (PA) TRIOSTAT TRIPTODUR* (PA)

Tier (cost-share level) gives you an idea of how much you may pay for a medication

Medications are grouped by the condition they treat

Medications are listed in alphabetical order within each column

Specialty medications have an asterisk (\*) next to them

Brand-name medications are in all capital letters

Generic medications are in all lowercase letters

Medications that have extra coverage requirements have an abbreviation next to them

This chart is just a sample. It may not show how these medications are actually covered on the Cigna Healthcare Standard 3-Tier Prescription Drug List.

## Tiers

Covered medications are divided into tiers or cost-share levels. Typically, the higher the tier, the higher the price you'll pay to fill the prescription.

· Tier 1 – Typically Generics	(Lowest-cost medication)	\$
· Tier 2 – Typically Preferred Brands	(Medium-cost medication)	\$\$
· Tier 3 – Typically Non-Preferred Brands	(Highest-cost medication)	\$\$\$

## Letters (acronyms) next to medication names

Certain medications may need approval from Cigna Healthcare before they can be covered.\* This extra step helps make sure you're getting the right coverage for the right medication. In this drug list, medications that have extra coverage requirements or limits have letters (acronyms) in parenthesis next to them. Here's what they mean.

(PA)	<b>Prior Authorization</b> – This medication needs approval from Cigna Healthcare before your plan will cover it. Your doctor's office will have to send us information to review to make sure the medication meets coverage requirements.
(QL)	<b>Quantity Limit</b> – Your plan will only cover a certain amount of this medication at one time. If your doctor wants you to fill more than what's allowed, your doctor's office can ask Cigna Healthcare to approve more.
(ST)	<b>Step Therapy</b> – Your plan doesn't cover this high-cost medication until you try at least one lower-cost option first (typically a generic or preferred brand) and it didn't work for you. If your doctor feels a different medication isn't right for you, your doctor's office can ask Cigna Healthcare to approve coverage of this medication.
(AGE)	<b>Age Requirement</b> – Your plan will only cover this medication if you're a certain age or within a certain age range. If you're not within the allowed age range and your doctor wants you to take this medication, your doctor's office can ask Cigna Healthcare to approve coverage.

\* These coverage requirements may not apply to your specific plan. Log in to the myCigna App or myCigna.com, or check your plan materials, to find out if your plan includes prior authorization, quantity limits, Step Therapy and/or age requirements.

## Brand-name medications are in all capital letters

In this drug list, generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

## Oral specialty medications have an asterisk (\*) next to them

Specialty medications are used to treat complex medical conditions. They're typically injected or infused and may need special handling (like refrigeration). Some plans may limit coverage to a 30-day supply and/or require you to use a preferred specialty pharmacy to receive coverage. In this drug list, specialty medications have an asterisk (\*) next to them.

No cost-share preventive medications have a plus sign (+) next to them. Health care reform under the Patient Protection and Affordable Care Act (PPACA) requires plans to cover certain preventive medications and products at 100%, or no cost-share (\$0), to you. In this drug list, these medications have a plus sign (+) next to them.

Some plans may cover certain non-covered medications

Plans can choose to offer coverage of certain medications, products and/or drug classes that aren't typically covered. In this drug list, these medications/products have a caret (^) next to them. Log in to the myCigna App or myCigna.com to see if your plan covers them.

## How to find your medication

First, look for your condition in the alphabetical list below. Then, go to that page to see the covered medications available to treat the condition.

Condition	Page	Condition	Page
AIDS/HIV	6	GASTROINTESTINAL/HEARTBURN	12, 13
ALLERGY/NASAL SPRAYS	6	HORMONAL AGENTS	13
ALZHEIMER'S DISEASE	6	INFECTIONS	13
ANXIETY/DEPRESSION/BIPOLAR DISORDER	6	INFERTILITY	13
ASTHMA/COPD/RESPIRATORY	6, 7	MISCELLANEOUS	13, 14
ATTENTION DEFICIT HYPERACTIVITY DISORDER	7	MULTIPLE SCLEROSIS	14
BLOOD MODIFIERS/BLEEDING DISORDERS	7	NUTRITIONAL/DIETARY	14
BLOOD PRESSURE/HEART MEDICATIONS	7, 8	OSTEOPOROSIS PRODUCTS	14
BLOOD THINNERS/ANTI-CLOTTING	8	PAIN RELIEF AND INFLAMMATORY DISEASE	15
CANCER	8	PARKINSON'S DISEASE	15
CHOLESTEROL MEDICATIONS	8, 9	SCHIZOPHRENIA/ANTI-PSYCHOTICS	15
CONTRACEPTION PRODUCTS	9, 10	SEIZURE DISORDERS	15, 16
COUGH/COLD MEDICATIONS	11	SKIN CONDITIONS	16
DENTAL PRODUCTS	11	SLEEP DISORDERS/SEDATIVES	16
DIABETES	11, 12	SMOKING CESSATION	16
DIURETICS	12	SUBSTANCE ABUSE	16
EAR MEDICATIONS	12	TRANSPLANT MEDICATIONS	16
ERECTILE DYSFUNCTION	12	URINARY TRACT CONDITIONS	16
EYE CONDITIONS	12	VACCINES	16, 17
FEMININE PRODUCTS	12	WEIGHT MANAGEMENT	17

# Cigna Healthcare Standard 3-Tier Prescription Drug List

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## AIDS/HIV

emtricitabine-tenofovir*	BIKTARVY* (QL)	APREUDE*+ (PA)
emtricitabine-tenofovir 200-300mg*+	DESCOVY 200-25 MG TAB*+ (PA)	CABENUVA*^ (PA)
nevirapine er* (PA)	DESCOVY 120-15 MG TAB* (PA)	CIMDUO* (PA)
nevirapine* (PA)	DOVATO* (QL)	ODEFSEY* (PA, QL)
tenofovir* (PA)	GENVOYA* (QL)	
	JULUCA* (QL)	
	PREZISTA 100 MG/ML SUSPENSION*	
	PREZISTA 75MG, 150MG TAB*	
	SYMTUZA* (QL)	
	TRIUMEQ PD* (QL)	
	TRIUMEQ* (QL)	

## ALLERGY/NASAL SPRAYS

azelastine 0.1% (137mcg) spray		GRASTEK (PA, QL)
azelastine-fluticasone		ODACTRA (PA, QL)
epinephrine (QL)		ORALAIR (PA, QL)
fluticasone		RAGWITEK (PA, QL)
hydroxyzine cap, syrup, tab		

## ALZHEIMER'S DISEASE

donepezil	ADLARITY (PA, QL)	ARICEPT
donepezil odt		NAMENDA
memantine		NAMENDA XR (QL)
memantine er (QL)		NAMZARIC (QL)
pyridostigmine		
pyridostigmine er		

## ANXIETY/DEPRESSION/BIPOLAR DISORDER<sup>2</sup>

bupropion (QL)	TRINTELLIX (QL)	EMSAM (QL)
bupropion sr 150mg (QL)		FETZIMA (QL, ST)
bupropion xl 150mg, 300mg tab (QL)		
buspirone		
citalopram 10 mg/5 ml solution (QL)		
citalopram tab (QL)		
desvenlafaxine er (QL)		
duloxetine (QL)		

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## ANXIETY/DEPRESSION/BIPOLAR DISORDER<sup>2</sup> (cont.)

escitalopram (QL)		
fluoxetine (QL)		
fluoxetine dr (QL)		
sertraline 20 mg/ml oral concentrate (QL)		
sertraline tab (QL)		
trazodone		
venlafaxine (QL)		
venlafaxine er (QL)		

## ASTHMA/COPD/RESPIRATORY

albuterol	ADEMPAS* (PA)	AIRDUO DIGIHALER (QL, ST)
albuterol hfa 90 mcg inhaler (QL)	ADVAIR HFA (QL)	BRONCHITOL* (PA)
breyna (QL)	ALVESCO	ORENITRAM ER* (PA)
budesonide-formoterol (QL)	ANORO ELLIPTA (QL)	ORENITRAM TITRATION KIT* (PA, QL)
fluticasone-salmeterol 100-50, 250-50, 500-50 (QL)	ASMANEX (QL)	SINGULAIR
montelukast	ASMANEX HFA (QL)	TYVASO DPI* (PA)
wixela inhub (QL)	ATROVENT HFA (QL)	
	BREO ELLIPTA (QL)	
	BREZTRI	
	AEROSPHERE (QL)	
	COMBIVENT RESPIMAT (QL)	
	DULERA (QL)	
	FASENRA PEN* (PA)	
	INCRUSE ELLIPTA	
	NUCALA AUTO-INJ, SYR* (PA)	
	OFEV* (PA)	
	OPSUMIT* (PA)	
	QVAR REDIHALER	
	SPIRIVA HANDIHALER (QL)	
	SPIRIVA RESPIMAT (QL)	
	STIOLTO RESPIMAT (QL)	
	STRIVERDI RESPIMAT (QL)	
	TEZSPIRE* (PA, QL)	
	TRACLEER 32MG TAB FOR SUSPENSION* (PA)	
	TRELEGY ELLIPTA (QL)	

# Cigna Healthcare Standard 3-Tier Prescription Drug List

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## ASTHMA/COPD/RESPIRATORY (cont.)

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
	UPTRAVI TAB, TITRATION PACK* (PA) XOLAIR 75 MG/0.5 ML, 150 MG/ML SYRINGE, POWDER VIAL* (PA)	

## ATTENTION DEFICIT HYPERACTIVITY DISORDER<sup>2</sup>

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
atomoxetine (QL) dexamethyl- phenidate (PA) dexamethyl- phenidate er (PA, QL) dextro- amphetamine- amphetamine (PA) dextro- amphetamine- amphetamine er (PA, QL) guanfacine er methylphenidate (PA, QL) methylphenidate cd (PA, QL) methylphenidate er (cd) (PA, QL) methylphenidate er (la) (PA, QL) methylphenidate er 10mg cap/tab (PA, QL) methylphenidate er 15mg cap (PA, QL) methylphenidate er 18mg tab (PA, QL) methylphenidate er 20mg cap/tab (PA, QL) methylphenidate er 27mg tab (PA, QL) methylphenidate er 30mg cap (PA, QL)		ADDERALL (PA, ST) ADZENYS XR-ODT (PA, QL) AZSTARYS (PA, ST, QL) DAYTRANA (PA, QL) DYANAVEL XR (PA, QL) EVEKEO ODT (PA) FOCALIN (PA, ST) METHYLIN (PA) MYDAYIS (PA, QL) QUILLICHEW ER (PA, QL) QUILLIVANT XR (PA, QL) RITALIN (PA, ST) VYVANSE (PA, QL) XELSTRYM (PA, QL)

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## ATTENTION DEFICIT HYPERACTIVITY DISORDER<sup>2</sup> (cont.)

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
methylphenidate er 36mg tab (PA, QL) methylphenidate er 40mg cap (PA, QL) methylphenidate er 50mg cap (PA, QL) methylphenidate er 54mg tab (PA, QL) methylphenidate er 60mg cap (PA, QL) methylphenidate la (PA, QL)		

## BLOOD MODIFIERS/BLEEDING DISORDERS

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
tranexamic acid 650mg tab*	ADYNOVATE*^ (PA) AFSTYLA*^ (PA) ALTUVIIIIO*^ (PA) ARANESP*^ (PA) ELOCTATE*^ (PA) EMPAVELI* (PA) EPOGEN*^ (PA) ESPEROCT*^ (PA) FABHALTA* (PA, QL) JIVI*^ (PA) KOGENATE FS*^ (PA) KOVALTRY*^ (PA) NEULASTA ONPRO*^ (PA) NEULASTA* (PA) NIVESTYM*^ NOVOEIGHT*^ (PA) NYVEPRIA* (PA) PROCRI*^ (PA) RETACRI*^ (PA) UDENYCA* (PA) ZARXIO*^	ADVATE*^ (PA) DOPTELET* (PA) FULPHILA* (PA) FYLNETRA* (PA) GRANIX*^ (PA) MIRCERA*^ (PA) NEUPOGEN*^ (PA) NUWIQ*^ (PA) PROMACTA* (PA) RECOMBINATE*^ (PA) STIMUFEND* (PA) TAVALISSE* (PA) XYNTHA SOLOFUSE*^ (PA) XYNTHA*^ (PA) ZIEXTENZO* (PA)

## BLOOD PRESSURE/HEART MEDICATIONS

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
amlodipine amlodipine- valsartan	CORLANOR 5 MG/5 ML ORAL SOLUTION* (PA)	AVAPRO (ST) BIDIL (QL) CARDIZEM LA (QL)



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## BLOOD PRESSURE/HEART MEDICATIONS (cont.)

atenolol	ENTRESTO (QL)	COZAAR (ST)
cartia xt	NORLIQVA (PA, QL)	DIOVAN (ST)
carvedilol	TEKTURN HCT	DIOVAN HCT (ST)
carvedilol er (QL)	VERQUVO (PA, QL)	HYZAAR (ST)
clonidine		MICARDIS (QL, ST)
diltiazem tab		NITROSTAT
diltiazem 12hr er		NORVASC
diltiazem 24hr er		ORLADEYO* (PA, QL)
diltiazem 24hr er (cd)		RELEUKO*^ (PA)
diltiazem 24hr er (la) (QL)		TAKHZYRO* (PA)
diltiazem 24hr er (xr)		TIAZAC
dilt xr		VALSARTAN 4 MG/ML SOLUTION (ST)
flecainide		ZESTORETIC (ST)
irbesartan		ZESTRIL (ST)
labetalol tab		
lisinopril		
lisinopril-hctz		
losartan		
losartan-hctz		
matzim la		
metoprolol tab		
metoprolol er		
olmesartan (QL)		
olmesartan-amlodipine-hctz		
olmesartan-hctz (QL)		
propranolol solution, tab		
propranolol er		
taztia xt		
telmisartan (QL)		
tiadylt er		
valsartan tablet		
valsartan-hctz		

## BLOOD THINNERS/ANTI-CLOTTING

clopidogrel	BRILINTA ELIQUIS (PA) FRAGMIN* (QL) XARELTO (PA)	SAVAYSA (PA, QL) ZONTIVITY
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## CANCER

anastrozole+ exemestane+ methotrexate methotrexate tamoxifen+	ALECENSA* (PA, QL) BRUKINSA* (PA, QL) CABOMETYX* (PA) CALQUENCE* (PA)	AKEEGA* (PA, QL) ARIMIDEX AROMASIN BOSULIF* (PA, QL) BRAFTOVI* (PA)
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TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## CANCER (cont.)

	COTELLIC* (PA)	COMETRIQ* (PA, QL)
	ERIVEDGE* (PA)	EXKIVITY* (PA)
	ERLEADA* (PA)	GAVRETO* (PA, QL)
	IMBRUVICA* (PA, QL)	IBRANCE* (PA, QL)
	KISQALI FEMARA	INLYTA* (PA)
	CO-PACK* (PA, QL)	JAKAFI* (PA, QL)
	KISQALI* (PA, QL)	JAYPIRCA* (PA, QL)
	LENVIMA* (PA)	LORBRENA* (PA, QL)
	LYNPARZA* (PA, QL)	LUMAKRAS* (PA, QL)
	NUBEQA* (PA)	MEKINIST* (PA, QL)
	REVLIMID* (PA, QL)	MEKTOVI* (PA, QL)
	RUBRACA* (PA, QL)	NINLARO* (PA, QL)
	SPRYCEL* (PA, QL)	ODOMZO* (PA)
	VERZENIO* (PA, QL)	ORGOVYX* (PA)
	XTANDI* (PA)	PHESGO*^ (PA)
	ZEJULA* (PA, QL)	PIQRAY* (PA)
	ZELBORAF* (PA)	RETEVMO* (PA, QL)
		ROZLYTREK* (PA)
		STIVARGA* (PA, QL)
		TAFINLAR* (PA, QL)
		TALZENNA* (PA, QL)
		TASIGNA* (PA, QL)
		VITRAKVI* (PA)
		VIZIMPRO* (PA)
		XALKORI* (PA, QL)

## CHOLESTEROL MEDICATIONS

atorvastatin 40mg, 80mg	NEXLETOL (PA, QL) NEXLIZET (PA, QL)	CADUET (QL) LIPOFEN (ST)
atorvastatin 10mg, 20mg+ ezetimibe	REPATHA (PA)	TRICOR (ST)
FENOFIBRATE	VASCEPA (PA)	ZETIA
fluvastatin er+ fluvastatin+ icosapent ethyl lovastatin 20mg, 40mg+ lovastatin 10mg pitavastatin+ (QL) pravastatin+ rosuvastatin 20mg, 40mg (QL) rosuvastatin 5mg, 10mg+ (QL) simvastatin (QL)		



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TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## CHOLESTEROL MEDICATIONS (cont.)

simvastatin 5 mg,  
80 mg (QL)  
simvastatin 10 mg,  
20 mg, 40mg+  
(QL)

## CONTRACEPTION PRODUCTS

afirmelle+  
altavera+  
alyacen+  
amethia+  
amethyst+  
apri+  
aranelle+  
ashlyna+  
abra eq+  
abra+  
aurovela 24 fe+  
aurovela fe+  
aurovela+  
aviane+  
ayuna+  
azurette+  
balziva+  
blisovi 24 fe+  
aurovela fe+  
aurovela+  
aviane+  
ayuna+  
azurette+  
balziva+  
blisovi 24 fe+  
blisovi fe+  
briellyn+  
camila+  
camrese lo+  
camrese+  
CAYA  
CONTOURED+  
caziant+  
charlotte 24 fe+  
chateal eq+  
chateal+  
cryselle+  
cyred eq+  
cyred+  
dasetta+  
daysee+  
deblitane+  
desogestrel-ethinyl  
estradiol+

LO LOESTRIN FE  
NEXPLANON\*+

ANNOVERA  
BALCOLTRA  
BEYAZ  
ELLA+  
KYLEENA\*+  
layolis fe+  
LILETTA\*+  
LOESTRIN FE  
MINASTRIN 24 FE  
MIRENA\*+  
NATAZIA  
NEXTSTELLIS  
NUVARING  
PARAGARD T 380-  
A\*+

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## CONTRACEPTION PRODUCTS (cont.)

desogestrel-ethinyl  
estradiol ethinyl  
estradiol+  
dolishale+  
drospirenone-  
ethinyl estradiol-  
levomefolate+  
drospirenone-  
ethinyl estradiol+  
elinest+  
eluryng+  
enilloring+  
enpresse+  
enskyce+  
errin+  
estarylla+  
ethynodiol-ethinyl  
estradiol+  
etonogestrel-  
ethinyl estradiol+  
falmina+  
FEMCAP+  
finzala+  
gemmily+  
hailey 24 fe+  
hailey fe+  
hailey+  
haloette+  
heather+  
iclevia+  
incassia+  
isibloom+  
jaimiess+  
jasmiel+  
jencycla+  
jolessa+  
joyeaux+  
juleber+  
junel fe 24+  
junel fe+  
junel+  
kaitlib fe+  
kalliga+  
kariva+  
kelnor 1-35+  
kelnor 1-50+  
kurvelo+  
larin 24 fe+  
larin fe+  
larin+  
leena+

SAFYRAL  
SKYLA\*+  
SLYND  
TAYTULLA  
TWIRLA+  
TYBLUME  
YASMIN 28  
YAZ

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TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## CONTRACEPTION PRODUCTS (cont.)

lessina+  
 levonest+  
 levonorgestrel-  
 ethinyl estradiol+  
 levonorgestrel-  
 ethinyl estradiol  
 ethinyl estradiol+  
 levonorgestrel-  
 ethinyl estradiol-fe  
 bisglycinate+  
 levora-28+  
 lojaimiess+  
 loryna+  
 low-ogestrel+  
 lo-zumandimine+  
 luter+  
 lyleq+  
 lyza+  
 marlissa+  
 medroxy-  
 progesterone+  
 merzee+  
 mibelas 24 fe+  
 microgestin 24 fe+  
 microgestin fe+  
 microgestin+  
 mili+  
 mono-linyah+  
 necon+  
 nikki+  
 nora-be+  
 norelgestromin-  
 ethinyl estradiol+  
 norethindrone+  
 norethindrone-  
 ethinyl estradiol  
 ferrous fumarate+  
 norethindrone-  
 ethinyl estradiol+  
 norgestimate-  
 ethinyl estradiol+  
 norlyda+  
 nortrel+  
 nylia+  
 nymyo+  
 ocella+  
 philith+  
 pimtrea+  
 pirmella+

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## CONTRACEPTION PRODUCTS (cont.)

portia+  
 previfem+  
 reclipen+  
 rivelsa+  
 setlakin+  
 sharobel+  
 simliya+  
 simpesse+  
 sprintec+  
 sronyx+  
 syeda+  
 tarina 24 fe+  
 tarina fe 1-20 eq+  
 tarina fe+  
 taysofy+  
 tilia fe+  
 tri femynor+  
 tri-estarylla+  
 tri-legest fe+  
 tri-linyah+  
 tri-lo-estarylla+  
 tri-lo-marzia+  
 tri-lo-mili+  
 tri-lo-sprintec+  
 tri-mili+  
 tri-nymyo+  
 tri-previfem+  
 tri-sprintec+  
 trivora-28+  
 tri-vylibra lo+  
 tri-vylibra+  
 tulana+  
 turqoz+  
 tydemy+  
 velivet+  
 vestura+  
 vienva+  
 viorele+  
 volnea+  
 vyfemla+  
 vylibra+  
 wera+  
 WIDE SEAL  
 DIAPHRAGM+  
 wymzya fe+  
 xulane+  
 zafemy+  
 zarah+  
 zovia 1-35+  
 zumandimine+

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TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## COUGH/COLD MEDICATIONS

brompheniramine- pseudoephedrine -dm hydrocodone- chlorpheniramine er (PA) promethazine-dm		TUZISTRA XR (PA, QL)
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## DENTAL PRODUCTS

chlorhexidine doxycycline hyclate FLUORIDEX DAILY DEFENSE 1.1% oralone periogard triamcinolone	PREVIDENT 0.2% RINSE	CLINPRO 5000 FLORIVA 0.25 MG/ ML DROPS+^ FLUORIDEX SENSITIVITY RELIEF JUST RIGHT 5000 PERIDEX PREVIDENT 1.1% GEL PREVIDENT 5000
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## DIABETES

ACCU-CHEK ACCU-CHEK CONTROL SOLN ACCU-CHEK FASTCLIX LANCING DEVICE ADVOCATE SYRINGE ASSURE ID INSULIN SAFETY AUTOSHIELD DUO PEN NEEDLE BD INSULIN PEN NEEDLE, SYRINGE CARETOUCH INSULIN SYRINGE COMFORT EZ INSULIN SYRINGE DROPLET GENTEEL LANCING DEVICE DROPLET INSULIN SYRINGE EASY COMFORT INSULIN SYRINGE EASY GLIDE INSULIN SYRINGE EASY TOUCH INSULIN SAFETY EASY TOUCH INSULIN SYRINGE	BAQSIMI (QL) BYDUREON BCISE (PA, QL) BYETTA (PA, QL) CEQUR SIMPLICITY CEQUR SIMPLICITY INSERTER DEXCOM G6 RECEIVER (PA, QL) DEXCOM G6 SENSOR (PA, QL) DEXCOM G6 TRANSMITTER (PA, QL) DEXCOM G7 RECEIVER (PA, QL) DEXCOM G7 SENSOR (PA, QL) FARXIGA (QL, ST) FREESTYLE LIBRE 14 DAY READER, SENSOR (PA, QL) FREESTYLE LIBRE 2 READER, SENSOR (PA, QL) FREESTYLE LIBRE 3 READER, SENSOR (PA, QL) GLUCAGEN VIAL GLUCAGEN HYPOKIT (QL)	CYCLOSET GLUCAGON EMERGENCY KIT (QL) GVOKE (QL) ULTIGUARD SAFEPACK SYR
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TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## DIABETES (cont.)

EASY TOUCH LUER LOCK INSULIN EASY TOUCH SHEATHLOCK INSULIN EASY TOUCH UNI- SLIP SYRINGE 1 ML EASY-TOUCH INSULIN SYRINGE FREESTYLE PRECISION GUARDIAN RT CHARGER GUARDIAN TEST PLUG HEALTHWISE INSULIN SYRINGE INPEN (FOR HUMALOG) INPEN (FOR NOVOLOG OR FIASP) INSULIN SYRINGE LITETOUCH INSULIN SYRINGE MAGELLAN INSULIN SYRINGE MAXICOMFORT INSULIN SYRINGE metformin 500 mg/5 ml solution metformin 500mg, 850mg, 1,000mg tab metformin 500mg/5ml, 850mg/8.5ml cup metformin er MICROLET 2 MICROLET NEXT LANCING DEVICE MONOJECT INSULIN SYRINGE NANO 2 GEN PEN NEEDLE PARADIGM PRO COMFORT INSULIN SYRINGE PRODIGY INSULIN SYRINGE	GLYXAMBI (QL, ST) HUMALOG 100 UNIT/ML VIAL (QL) HUMALOG 100 UNIT/ML CARTRIDGE (QL) HUMALOG JUNIOR KWIKPEN (QL) HUMALOG KWIKPEN (QL) HUMALOG MIX 50- 50 (QL) HUMALOG MIX 50- 50 KWIKPEN (QL) HUMALOG MIX 75- 25 (QL) HUMALOG MIX 75- 25 KWIKPEN (QL) HUMALOG TEMPO PEN U-100 (QL) HUMULIN 70/30 KWIKPEN (QL) HUMULIN 70-30 (QL) HUMULIN N (QL) HUMULIN N KWIKPEN (QL) HUMULIN R (QL) HUMULIN R U-500 KWIKPEN (QL) INSULIN GLARGINE- YFGN (QL) INSULIN LISPRO (QL) INSULIN LISPRO KWIKPEN (QL) INSULIN LISPRO PROTAMINE MIX (QL) JANUMET (QL, ST) JANUMET XR (QL, ST) JANUVIA (QL, ST) JARDIANCE (QL, ST) LYUMJEV (QL) LYUMJEV TEMPO PEN U-100 (QL) MOUNJARO (PA, QL) OMNIPOD 5 G6 INTRO KIT (GEN 5) (QL)	
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# Cigna Healthcare Standard 3-Tier Prescription Drug List

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
<b>DIABETES (cont.)</b>		
SAFESNAP INSULIN SYRINGE	OMNIPOD 5 G6 PODS (GEN 5) (QL)	
SAFETYGLIDE INSULIN SYRINGE	OMNIPOD CLASSIC PDM KIT(GEN 3) (QL)	
SURE COMFORT INSULIN SYRINGE	OMNIPOD CLASSIC PODS (GEN 3) (QL)	
SURE-JECT INSULIN SYRINGE	OMNIPOD DASH INTRO KIT (GEN 4) (QL)	
TECHLITE INSULIN SYRINGE	OMNIPOD DASH PODS (GEN 4) (QL)	
TERUMO INSULIN SYRINGE	OMNIPOD GO PODS (QL)	
THINPRO INSULIN SYRINGE	ONETOUCH ULTRA TEST STRIPS	
TOPCARE ULTRA COMFORT	ONETOUCH VERIO TEST STRIPS	
TRUE COMFORT INSULIN SYRINGE	OZEMPIC (PA, QL)	
TRUEPLUS INSULIN SYRINGE	RYBELSUS (PA, QL)	
ULTICARE INSULIN SYRINGE	SEMGLEE (YFGN) (QL)	
ULTILET INSULIN SYRINGE	SEMGLEE (YFGN) PEN (QL)	
ULTRA COMFORT	SOLIQUA 100-33	
ULTRA FLO INSULIN SYRINGE	SYMLINPEN	
ULTRACARE INSULIN SYRINGE	SYNJARDY (QL, ST)	
ULTRA-FINE PEN NEEDLE	SYNJARDY XR (QL, ST)	
VANISHPOINT INSULIN SYRINGE	TRESIBA (QL)	
VEO INSULIN SYRINGE	TRIJARDY XR (QL, ST)	
	TRULICITY (PA, QL)	
	V-GO 20, 30, 40	
	XIGDUO XR (QL, ST)	
	ZEGALOGUE AUTO-INJECTOR (QL)	
	ZEGALOGUE SYRINGE (QL)	

## DIURETICS

chlorthalidone	CAROSPIR SUSP (PA)	JYNARQUE* (PA)
eplerenone	KERENDIA (PA, QL)	MAXZIDE
furosemide solution, tablet		
hydro-chlorothiazide		
spironolactone		
triamterene-hctz		

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
<b>EAR MEDICATIONS</b>		
ciprofloxacin-dexamethasone neomycin-polymyxin-hc ofloxacin	CIPRO HC	CIPROFLOXACIN-FLUOCINOLONE OTOVEL

## ERECTILE DYSFUNCTION

sildenafil^ (QL) tadalafil^ (QL)	MUSE^ (PA age, QL)	CIALIS^ (QL, ST) STENDRA^ (QL, ST) VIAGRA^ (QL, ST)
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## EYE CONDITIONS

cyclosporine dorzolamide-timolol erythromycin latanoprost ofloxacin polymyxin b-trimethoprim tobramycin travoprost	AZASITE BESIVANCE BETOPTIC S BROMSITE CEQUA EYSUVIS (QL) FLAREX INVELTYS LOTEMAX 0.5% EYE OINTMENT LOTEMAX SM SIMBRINZA TOBRADEX TOBRADEX EYE OINTMENT XDEMVI* (PA, QL) XIIDRA ZERVIAE	ACUVAIL ALREX ILEVRO PROLENSA RHOPRESSA ROCKLATAN ZIRGAN ZYLET
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## FEMININE PRODUCTS

GYNAZOLE 1 miconazole 3 200 mg suppository terconazole		
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## GASTROINTESTINAL/HEARTBURN

dicyclomine cap, soln, tab	CLENPIQ+	BONJESTA
esomeprazole cap, packet (QL)	LINZESS	CARAFATE
famotidine susp, 20mg, 40mg tab	LITHOSTAT	CUVPOSA
gavilyte-c+ gavilyte-g+ gavilyte-n+	NEXIUM DR 2.5MG, 5MG PACKET (QL)	DICLEGIS
lubiprostone	PANCREAZE	MOTOFEN
mesalamine	PHEBURANE* (PA, QL)	MOVANTIK (PA)
mesalamine dr	SUFLAVE+ SUTAB+ TRULANCE	OLPRUVA* (PA)
	VIBERZI	PROTONIX SUSP, TAB(QL, ST)
		RECTIV
		RELISTOR (PA)
		RELISTOR (PA)

# Cigna Healthcare Standard 3-Tier Prescription Drug List

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## GASTROINTESTINAL/HEARTBURN (cont.)

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
mesalamine er metoclopramide omeprazole cap (QL) ondansetron ondansetron ondansetron odt pantoprazole packet, tab (QL) peg 3350-electrolyte+ peg-3350 and electrolytes+		SANCUSO (PA, QL) SFROWASA SYMPROIC (PA) VARUBI (PA, QL) VIOKACE VOWST* (PA, QL)

## HORMONAL AGENTS

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
desmopressin soln, spray, tab desmopressin ampule, vial* dotti (QL) estradiol (once weekly) estradiol (QL) estradiol (twice weekly) (QL) euthyrox fyremadel*^ (PA) levo-t levothyroxine tab levoxyl liothyronine tab lyllana (QL) methyl- prednisolone dosepack, tab np thyroid prednisone prednisone intensol progesterone cap testosterone (PA, QL) testosterone cypionate 200 mg/ml, 1,000 mg/10 ml, 2,000 mg/10 ml, 6,000 mg/30 ml yuvafem (QL)	ANDRODERM (PA, QL) CETROTIDE*^ (PA) COMBIPATCH DUAVEE ESTRING (QL) ESTROGEL FENSOLVI*^ (PA) GENOTROPIN* (PA) LUPRON DEPOT*^ (PA) LUPRON DEPOT- PED*^ (PA) MYFEMBREE (PA, QL) NGENLA* (PA) OMNITROPE* (PA) ORIAHNN (PA, QL) ORILISSA (PA, QL) PREMARIN PREMPHASE PREMPRO SKYTROFA* (PA) SOMATULINE DEPOT*^ (PA) SOMAVERT* (PA)	ACTIVELLA ANDROGEL (PA, QL) ANGELIQ BIJUVA CRINONE (PA) CYTOMEL DEPO- TESTOSTERONE EVAMIST INTRAROSA (QL) LANREOTIDE*^ (PA) MEDROL MENOSTAR (QL) OSPHENA (QL) RAYALDEE SANDOSTATIN LAR DEPOT*^ (PA) SIGNIFOR LAR*^ (PA) unithroid XYOSTED (PA, QL)

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## INFECTIONS

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
acyclovir cap, susp, tab amoxicillin amoxicillin- clavulanate amoxicillin- clavulanate er azithromycin packet, susp, tab cefdinir cephalexin EMVERM erythromycin fluconazole susp, tab hydroxy- chloroquine metronidazole tab, vaginal gel nitrofurantoin oseltamivir (QL) posaconazole susp, tab praziquantel sulfamethoxazole susp, tab valacyclovir vandazole	BARACLUDE SOLUTION* e.e.s. 400 EPCLUSA* (PA, QL) HARVONI* (PA, QL) LAGEVRIO (EUA) (QL) PAXLOVID (EUA) (QL) PAXLOVID (QL) SOVALDI* (PA, QL) TOBI PODHALER* (PA, QL) VEMLIDY* VOSEVI* (PA, QL) XIFAXAN (QL)	AEMCOLO (QL) ARIKAYCE* (PA) BAXDELA 450 MG TABLET (PA) BEYFORTUS+ BILTRICIDE DARAPRIM* (PA) DIFICID (QL) ERYPED 200 KITABIS PAK* (PA, QL) MACROBID MACRODANTIN NUZYRA 150 MG TABLET* (PA, QL) PLAQUENIL (PA) SIVEXTRO 200 MG TABLET (PA) sulfatrim TAMIFLU (QL) TOBRAMYCIN PAK 300MG/5ML* (PA, QL) VALTREX VIVJOA (PA) XENLETA TAB (PA, QL) XOFLUZA (QL) ZEPATIER* (PA, QL) ZITHROMAX PKT, SUSP, TAB ZITHROMAX TRI- PAK ZYVOX SUSP, TAB (PA)

## INFERTILITY

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
	CRINONE^ ENDOMETRIN^ GONAL-F RFF REDI- JECT*^ (PA) GONAL-F RFF*^ (PA) GONAL-F*^ (PA) NOVAREL*^ (PA) OVIDREL*^ (PA) PREGNYL*^ (PA)	CHORIONIC GONADOTROPIN 10,000 UNIT VIAL*^ (PA) FOLLISTIM AQ*^ (PA)

## MISCELLANEOUS

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
ACCU-CHEK FASTCLIX LANCET DRUM	ACE AEROSOL CLOUD ENHANCER (QL)	ADDYI^ (PA, QL)

# Cigna Healthcare Standard 3-Tier Prescription Drug List

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## MISCELLANEOUS (cont.)

ACCU-CHEK SOFTCLIX deferiprone* (PA) DROPLET LANCETS KETONE TEST STRIPS KETOSTIX REAGENT MICROLET ONETOUCH LANCETS POGO AUTOMATIC TEST CARTRIDGE PRECISION XTRA sodium chloride SOFT TOUCH LANCETS TRUEPLUS KETONE TEST STRIPS	AEROCHAMBER (QL) AEROCHAMBER MV (QL) AEROCHAMBER PLUS FLOW-VU (QL) AEROCHAMBER Z-STAT PLUS (QL) AEROTRACH PLUS (QL) AEROVENT PLUS (QL) BREATHRITE (QL) CERDELGA* (PA) CLEVER CHOICE HOLDING CHAMBER (QL) COMPACT SPACE CHAMBER (QL) EASIVENT (QL) FLEXICHAMBER (QL) MICROCHAMBER (QL) MICROSPACER (QL) NITYR* (PA) OPTICHAMBER DIAMOND (QL) POCKET CHAMBER (QL) PROCARE SPACER WITH CHILD MASK (QL) RITEFLO (QL) SPACE CHAMBER (QL) SPACE CHAMBER- MEDIUM MASK (QL) STRENSIQ* (PA) VORTEX (QL) VORTEX VHC FROG MASK (QL)	AUSTEDO XR TITRATION KIT* (PA, QL) AUSTEDO XR* (PA, QL) AUSTEDO* (PA) CARBAGLU* CINRYZE*^ (PA) HAEGARDA* (PA) INGREZZA INITIATION PACK* (PA, QL) INGREZZA* (PA) NUDEXTA (QL) ORFADIN* (PA) RADICAVA ORS* (PA, QL) RUCONEST*^ (PA) TEGSEDI* (PA) TIGLUTIK* (PA) VEOZAH (QL) VYLEESI*^ (PA, QL)
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## MULTIPLE SCLEROSIS

glatopa*	AVONEX* (PA) BAFIERTAM* (PA) BETASERON* (PA)	FIRDAPSE* (PA, QL) MAVENCLAD* (PA)
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TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## MULTIPLE SCLEROSIS (cont.)

	KESIMPTA PEN*(PA) MAYZENT* (PA) PLEGRIDY* (PA) PONVORY* (PA) REBIF REBIDOSE* (PA) REBIF* (PA) VUMERITY* (PA)	
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## NUTRITIONAL/DIETARY

betaine anhydrous* ludent fluoride+^ multivitamin with fluoride+ sodium fluoride chewable tablet, drops+^ tri-vitamin with fluoride+ vitamin d2 1.25mg (50,000 unit)^ vitamins a,c,d and fluoride+	FLORIVA CHEWABLE TAB+ LOKELMA mvc-fluoride+ NEEVODHA^ POLY-VI-FLOR WITH IRON+ OB COMPLETE SOFTGEL, TAB POLY-VI-FLOR WITH IRON+ POLY-VI-FLOR+ PRENATE CHEWABLE^ PRENATE DHA PRENATE ELITE PRENATE ENHANCE PRENATE ESSENTIAL^ PRENATE MINI PRENATE PIXIE PRENATE RESTORE PRIMACARE QUFLORA PEDIATRIC 0.25 MG/ML DROPS, 0.5 MG/ ML DROPS, 1 MG CHEWABLE TABLET+ TRI-VI-FLOR+ VELPHORO VELTASSA	ACCRUFER^ AURYXIA (QL) CYSTADANE* DRISDOL^ EFFER-K OB COMPLETE CAPLET^ PHOSLYRA
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## OSTEOPOROSIS PRODUCTS

alendronate ibandronate tab raloxifene+ risedronate risedronate dr		ACTONEL (ST) ATELVIA (ST) BINOSTO (ST) EVISTA FOSAMAX (ST)
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# Cigna Healthcare Standard 3-Tier Prescription Drug List

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## PAIN RELIEF AND INFLAMMATORY DISEASE

allopurinol tablet	ACTEMRA ACTPEN	BIMZELX* (PA, QL)
buprenorphine film, patch (QL)	INJECTOR, SYRINGE* (PA, QL)	BUTRANS (QL)
buprenorphine (QL)	ADALIMUMAB-ADAZ(CF) PEN* (PA, QL)	CELEBREX (QL, ST)
celecoxib (QL)	ADALIMUMAB-ADAZ(CF)* (PA, QL)	COSENTYX PEN INJ, SYR* (PA, QL)
colchicine	ADALIMUMAB-ADAZ(CF)* (PA, QL)	ILUMYA* (PA, QL)
cyclobenzaprine	ADALIMUMAB-ADBM(CF)* (PA, QL)	INFLIXIMAB*^ (PA)
diclofenac tab	ADALIMUMAB-ADBM(CF)* (PA, QL)	KEVZARA* (PA, QL)
diclofenac er	ADALIMUMAB-ADBM(CF)* (PA, QL)	KINERET* (PA, QL)
ec-naproxen	ADALIMUMAB-ADBM(CF)* (PA, QL)	NUCYNTA ER (PA)
endocet (PA)	ADALIMUMAB-ADBM(CF)* (PA, QL)	OLUMIANT* (PA, QL)
hydrocodone-acetaminophen (PA)	ADALIMUMAB-ADBM(CF)* (PA, QL)	ORENCIA
ibu 400mg, 600mg, 800mg tab	AIMOVIG AUTO-INJECTOR (PA)	CLICKJECT, SYRINGE* (PA, QL)
ibuprofen susp, 400mg, 600mg, 800mg tab	AJOVY AUTO-INJ, SYR (PA)	OXAYDO (PA)
lidocaine 5% patch, ointment, 2% solution (QL)	AVSOLA*^ (PA)	REMICADE*^ (PA)
meloxicam tablet	BELBUCA (QL)	ROXYBOND (PA)
methocarbamol 500mg, 700mg tablet	CIMZIA* (PA, QL)	SILIQ* (PA, QL)
oxycodone (PA)	CYLTEZO(CF) PEN* (PA, QL)	SIMPONI 50MG/0.5ML PEN INJ, SYR* (PA, QL)
OXYCODONE ER (PA)	CYLTEZO(CF)* (PA, QL)	SOTYKTU* (PA, QL)
oxycodone-acetaminophen (PA)	DUPIXENT* (PA)	
prolate tablet (PA)	EMGALITY (PA)	
sumatriptan (QL)	ENBREL* (PA, QL)	
	FLECTOR (PA, QL)	
	HUMIRA PEN* (PA, QL)	
	HUMIRA(CF) PEN* (PA, QL)	
	HUMIRA(CF)* (PA, QL)	
	HUMIRA* (PA, QL)	
	HYRIMOZ(CF) PEN* (PA, QL)	
	HYRIMOZ(CF)* (PA, QL)	
	HYSINGLA ER (PA)	
	INFLECTRA*^ (PA)	
	LICART (PA, QL)	
	MITIGARE	
	NUCYNTA (PA)	
	NURTEC ODT (PA, QL)	
	OMVOH PEN* (PA, QL)	
	OTEZLA* (PA, QL)	

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## PAIN RELIEF AND INFLAMMATORY DISEASE (cont.)

	OTREXUP (PA)	
	PROCTOFOAM-HC	
	QULIPTA (PA, QL)	
	RINVOQ* (PA, QL)	
	SAVELLA	
	SIMPONI 100MG/ML PEN INJ, SYR* (PA, QL)	
	SIMPONI ARIA* (PA)	
	SKYRIZI ON-BODY, PEN, SYR* (PA, QL)	
	STELARA 45MG/0.5ML SYR, VIAL, 90MG/ML SYR* (PA, QL)	
	TALTZ AUTO-INJ, SYR* (PA, QL)	
	TREMFYA* (PA, QL)	
	TRUDHESA (PA, QL)	
	UBRELVY (PA, QL)	
	XELJANZ XR* (PA, QL)	
	XELJANZ* (PA, QL)	
	XTAMPZA ER (PA)	
	ZAVZPRET (PA, QL)	
	ZEPOSIA* (PA)	
	ZTLIDO	

## PARKINSON'S DISEASE

carbidopa-levodopa-entacapone		APOKYN* (PA)
pramipexole		INBRIJA* (PA)
pramipexole er (QL)		MIRAPEX ER (QL)
ropinirole		NEUPRO
ropinirole er		NOURIANZ* (PA, QL)
		RYTARY
		STALEVO
		XADAGO (ST)

## SCHIZOPHRENIA/ANTI-PSYCHOTICS<sup>2</sup>

aripiprazole (QL)	REXULTI (QL, ST)	CAPLYTA (QL, ST)
aripiprazole odt		FANAPT (QL, ST)
quetiapine		SECUADO (ST)
quetiapine er		VRAYLAR (QL, ST)

## SEIZURE DISORDERS

clonazepam	DILANTIN 30 MG CAPSULE (PA)	APTOM (PA, QL)
gabapentin	FYCOMPA (PA, QL)	BRIVIAC TAB, ORAL SOLN(PA)
lacosamide sol, tab	NAYZILAM (PA, QL)	CARBATROL (PA)
lamotrigine	VIMPAT 10 MG/ML SOLUTION	DILANTIN (PA)
lamotrigine (blue, green, orange)		EPIDIOLEX* (PA)
lamotrigine er		LYRICA SOLN (PA)



# Cigna Healthcare Standard 3-Tier Prescription Drug List

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## SEIZURE DISORDERS (cont.)

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
lamotrigine odt lamotrigine odt (orange) levetiracetam soln, tab levetiracetam er oxcarbazepine pregabalin cap, soln roweepra subvenite subvenite (blue, green orange) topiramate topiramate er (QL)		NEURONTIN (PA) ONFI (PA) OXTELLAR XR (PA) PHENYTEK (PA) SPRITAM (PA) TEGRETOL (PA) TEGRETOL XR (PA) VALTOCO (PA, QL) XCOPRI (PA, QL)

## SKIN CONDITIONS

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
amnesteam azelaic acid claravis clindacin etz 1% pledget clindacin p 1% pledgets clindamycin DROPSAFE PREP PADS halobetasol isotretinoin mupirocin 2% ointment myorisan tretinoin (PA age) triderm zenatane	ADBRY* (PA) CIBINQO* (PA, QL) EUCRISA (ST) NAFTIN PRAMOSONE 1% LOTION SANTYL (QL)	ABSORICA ACZONE 7.5% GEL PUMP BRYHALI (ST) CAPEX SHAMPOO (ST) CLEOCIN T CLODERM (ST) EVOCLIN LITFULO* (PA, QL) OPZELURA (PA) PRAMOSONE 2.5%-1% LOTION QBREXZA (PA) REGRANEX (PA, QL) SOOLANTRA TACLONEX SUSP TWYNEO VECTICAL (QL) XEPI

## SLEEP DISORDERS/SEDATIVES

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
doxepin (QL) eszopiclone zolpidem zolpidem er (QL)	DAYVIGO (QL, ST) SUNOSI (PA, QL)	LUMRYZ* (PA, QL) SODIUM OXYBATE* (PA, QL) WAKIX* (PA, QL) XYWAV* (PA, QL)

## SMOKING CESSATION<sup>2</sup>

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
bupropion sr 150mg+^ varenicline+^	NICOTROL NS+^ NICOTROL+^	

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## SUBSTANCE ABUSE

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
buprenorphine buprenorphine-naloxone naloxone (QL) naltrexone (QL)	KLOXXADO (QL) LUCEMYRA (QL) NARCAN (QL) ZUBSOLV	SUBOXONE ZIMHI (QL)

## TRANSPLANT MEDICATIONS

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
mycophenolate cap, susp, tab* sirolimus* tacrolimus*		CELLCEPT CAP, ORAL SUSP, TAB* ENVARUS XR* IMURAN* LUPKYNIS* (PA, QL) RAPAMUNE*

## URINARY TRACT CONDITIONS

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
finasteride oxybutynin 5mg tab, soln oxybutynin er potassium er tamsulosin tolterodine tolterodine er (QL)		FLOMAX PYRIDIUM UROCIT-K

## VACCINES

Not all plans cover vaccines in the same way. Log in to the myCigna App or myCigna.com, or check your plan materials, to find out how your specific plan covers them.

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
	ACTHIB+ ADACEL TDAP+ AFLURIA QUAD+ BEXSERO+ BOOSTRIX TDAP+ COMIRNATY+ DAPTACEL DTAP+ DENGVAXIA+ DIPHTHERIA-TETANUS TOXOIDS-PED+ ENGERIX-B ADULT+ ENGERIX-B PEDIATRIC-ADOLESCENT+ FLUAD QUAD+ FLUARIX QUAD+ FLUBLOK QUAD+ FLUCELVAX QUAD+ FLULAVAL QUAD+	AREXVY+ FLUMIST QUAD+ ROTARIX+ ROTATEQ+

# Cigna Healthcare Standard 3-Tier Prescription Drug List

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## VACCINES

Not all plans cover vaccines in the same way. Log in to the myCigna App or myCigna.com, or check your plan materials, to find out how your specific plan covers them.

	FLUZONE HIGH-DOSE QUAD+ FLUZONE QUAD+ GARDASIL 9+ HEPLISAV-B+ HIBERIX+ INFANRIX DTAP+ IPOL+ JANSSEN COVID-19 VACCINE (EUA)+ KINRIX+ MENACTRA+ MENQUADFI+ MENVEO A-C-Y-W-135-DIP+ M-M-R II VACCINE+ MODERNA COVID VAC(EUA)+ MODERNA COVID-19 BOOSTER (EUA)+ NOVAVAX COVID (EUA)+ NOVAVAX COVID-19 VACC,ADJ(EUA)+ PEDIARIX+ PEDVAXHIB+ PENBRAYA+ PENTACEL ACTHIB COMPONENT+ PENTACEL+ PFIZER COVID VAC(EUA)+ PFIZER COVID-19 VACCINE (EUA)+ PNEUMOVAX 23+ PREHEVBRIO+ PREVNAR 13+ PREVNAR 20+ PRIORIX+ PROQUAD+ QUADRACEL DTAP-IPV+ RECOMBIVAX HB+ SHINGRIX+ (QL)	
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TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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## VACCINES (cont.)

Not all plans cover vaccines in the same way. Log in to the myCigna App or myCigna.com, or check your plan materials, to find out how your specific plan covers them.

	SPIKEVAX COVID (18Y UP) VACC+ SPIKEVAX+ TDVAX+ TENIVAC+ TRUMENBA+ TWINRIX+ VARIVAX VACCINE+ VAXELIS+ VAXNEUVANCE+	
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## WEIGHT MANAGEMENT

LOMAIRA^ megestrol	WEGOVY^ (PA, QL) ZEPBOUND^ (PA, QL)	ADIPEX-P^ (PA) CONTRAVE^ (PA) QSYMIA^ (PA) SAXENDA^ (PA)
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## Frequently Asked Questions (FAQs)

Understanding your prescription medication coverage can be confusing. Here are answers to some commonly asked questions.

Q. Why do you make changes to the drug list?

A. We regularly review and update your plan's drug list to make sure you're getting coverage for low-cost, safe, clinically effective medications. We make changes for many reasons – like when new medications become available or are no longer available, or when medication prices change. These changes may include:

- Moving a medication to a lower cost tier. This can happen at any time during the year.
- Moving a brand medication to a higher cost tier when a generic becomes available. This can happen at any time during the year.
- Moving a medication to a higher cost tier and/or no longer covering a medication. This typically happens twice a year on January 1<sup>st</sup> and July 1<sup>st</sup>.
- Adding extra coverage requirements to a medication.

When we make a change that affects the coverage of a medication you're taking, we let you know before it happens. This way, you have time to talk with your doctor about your options. Only you and your doctor can decide what's best for your treatment.

Q. Why doesn't my plan cover certain medications?

A. To help lower your overall health care costs, your plan doesn't cover certain high-cost brand-name medications that have lower-cost alternatives. That's because these lower-cost options work the same as, or similar to, the non-covered medication. If you're taking a medication that isn't covered and your doctor feels a different medication isn't right for you, he or she can ask Cigna Healthcare to consider approving your medication through the coverage review process.

There are also certain medications and products that can't be covered by your plan for any reason because they're considered to be a "plan or benefit exclusion." This means the medication or product isn't on your plan's drug list, and there's no option to ask Cigna Healthcare to consider approving it through

the coverage review process. For example, your plan doesn't cover, or "excludes," medications that aren't approved by the U.S. Food and Drug Administration (FDA).

Q. How do you decide which medications to cover?

A. The Cigna Healthcare Prescription Drug List is developed with the help of the Cigna Healthcare Pharmacy and Therapeutics (P&T) Committee, which is a group of practicing doctors and pharmacists, most of whom work outside of Cigna Healthcare. The group meets regularly to review medical evidence and information provided by federal agencies, drug manufacturers, medical professional associations, national organizations and peer-reviewed journals about the safety and effectiveness of medications that are newly approved by the FDA and medications already on the market. The Cigna Healthcare Health Plan Commercial Value Assessment Committee (HVAC) then looks at the results of the P&T Committee's clinical review, as well as the medication's overall value and other factors before adding it to, or removing it from, the drug list.

Q. Why do certain medications need approval before my plan will cover them?

A. The review process helps to make sure you're receiving coverage for the right medication, at the right cost, in the right amount and for the right situation.

Q. How do I know if I'm taking a medication that needs approval?

A. Log in to the myCigna App or myCigna.com, or check your plan materials, to learn more about how your plan covers your medications. If your medication has a (PA) or (ST) next to it, your medication needs approval before your plan will cover it. If it has a (QL) next to it, you may need approval depending on the amount you're filling. If it has (AGE) next to it, you may need approval depending on the covered age range for the medication.

## Frequently Asked Questions (FAQs) (cont.)

Q. What types of medications typically need approval?

A. Medications that:

- May be unsafe when combined with other medications
- Have lower-cost, equally effective alternatives available
- Should only be used for certain health conditions
- Are often misused or abused

Q. What types of medications typically have quantity limits?

A. Medications that are often:

- Taken in amounts larger than (or for longer than) may be appropriate
- Misused or abused

Q. What types of medications require Step Therapy?

A. High-cost medications that are used to treat many conditions, such as:

- ADD/ADHD
- Allergies
- Bladder problems
- Breathing problems
- Depression
- High blood pressure
- High cholesterol
- Osteoporosis
- Pain
- Skin conditions
- Sleep disorders

Q. Why does my medication have an age requirement?

A. The FDA considers certain medication to only be clinically appropriate for people of a certain age or within a certain age range.

Q. How do I get approval (prior authorization) for my medication?

A. Ask your doctor's office to contact Cigna Healthcare to start the coverage review process. They know how the review process works and will take care of everything for you. In case the office asks, they can download a request form from the Cigna Healthcare provider portal at [cignaforhcp.com](http://cignaforhcp.com).

Cigna Healthcare will review information your doctor

sends us to make sure your medication meets coverage requirements. We'll send you and your doctor a letter with the decision and next steps. It can take 1-5 business days to hear from us. You can always check with your doctor's office to find out if a decision's been made. You can also log in to the myCigna App or [myCigna.com](http://myCigna.com) to check the status of your approval.

If your medication isn't approved, your doctor can send us more information to review, using the same process as before. We're happy to review the request again. Depending on what your doctor sends this time, we may be able to approve coverage. Or, you and your doctor can appeal the decision by sending Cigna Healthcare a written request explaining why the medication should be covered.

Q. What happens if I try to fill a prescription that needs approval but I don't get approval ahead of time?

A. When your pharmacist tries to fill your prescription, he or she will see that the medication needs preapproval from Cigna Healthcare. Because you didn't get approval ahead of time, your plan won't cover the cost of your medication. You should ask your doctor to contact Cigna Healthcare to start the coverage review process. Or, you can choose to pay the medication's full cost out-of-pocket directly to the pharmacy (the cost can't be applied to your annual deductible or out-of-pocket maximum).

Q. What happens if I try to fill a prescription that has a quantity limit?

A. Your pharmacist will only fill the amount your plan covers. If you want to fill more than what's allowed, your doctor's office will have to contact Cigna Healthcare and ask us to approve a larger amount.

Q. Are all of the medications on this drug list approved by the FDA?

A. Yes.

Q. Does my plan cover medications that the FDA

## Frequently Asked Questions (FAQs) (cont.)

recently approved?

A. We review all recently approved medications and products to see if they should be covered – and if so, at what cost-share (tier). It can take up to six months from the date the FDA approved them to make a decision. These include, but are not limited to, medications, medical supplies and/or devices covered under standard pharmacy benefits. If your doctor wants you to use a recently approved medication, he or she can ask Cigna Healthcare to consider approving it through the coverage review process.

Q. Which medications are covered under the health care reform law?

A. The Patient Protection and Affordable Care Act (PPACA), commonly referred to as “health care reform,” was signed into law on March 23, 2010. Under this law, certain preventive medications (including some over-the-counter products) may be available to you at no cost-share (\$0), depending on your plan. Log in to the myCigna App or myCigna.com, or check your plan materials, to learn more about how your plan covers preventive medications. You can also view the PPACA No Cost-Share Preventive Medications drug list at Cigna.com/PDL. For more information about health care reform, go to [www.informedonreform.com](http://www.informedonreform.com) or [CignaHealthcare.com](http://CignaHealthcare.com).

Q. What are preventive medications?

A. Preventive medications are used to keep certain conditions from developing or from coming back. These conditions include, but are not limited to asthma, depression, diabetes, heart attack, high blood pressure, high cholesterol, osteoporosis, prenatal nutrient deficiency and stroke.

Q. How can I find out how much I'll pay for a specific medication?

A. When you and your doctor are considering the right medication for your treatment, knowing how much it costs, what lower-cost alternatives are available and which pharmacies offer the best prices can help you avoid surprises. Log in to the myCigna App or myCigna.com and use the Price a Medication tool to see how much your medication costs before you get to the pharmacy counter – or, even before

you leave your doctor's office.<sup>3</sup>

Q. What's a cost-share?

A. It's the amount you pay out of your own pocket for a covered prescription and/or an eligible health care or related service. For some plans, the cost-share is a copay; for other plans, it's a coinsurance.

Q. How can I save money on my prescription medications?

A. Consider using a medication that's covered on a lower tier (such as a generic or preferred brand medication) or by filling a 90-day supply (if your plan allows). You should talk with your doctor to see if one of these options may work for you.

Q. What's a generic medication?

A. A generic medication is the same as its brand-name version in safety, effectiveness, quality, strength and dosage, as well as in the way it's taken and used.<sup>4</sup>

Brand-name medications are protected by patents. Patents keep other manufacturers from selling generic versions of the brand-name medication. Once a patent ends, other companies can make and sell a generic version of the brand-name medication. Generics are typically sold under their chemical or scientific name, instead of the manufacturer's patented brand name.

Q. Do generics work the same as brand-name medications?

A. Yes. A generic medication works in the same way and provides the same clinical benefit as its brand-name version.

Q. What are the differences between generic and brand-name medications?

A. The medications may look different. For example, generics may have a different shape, size or color than their brand-name versions. They may also have a different flavor, have different preservatives, come in different packaging and/or with different labeling and may expire at different times. Generics may look different than their brand-name versions, but they're just as safe and effective.

Generics typically cost much less than brand-name

## Frequently Asked Questions (FAQs) (cont.)

medications – in some cases, up to 85% less. Just because generics cost less, it doesn't mean they're lower quality.

Q. My pharmacy isn't in my plan's network. Can I continue to fill my prescriptions there?

A. To get the most from your plan coverage, you should use an in-network pharmacy. If your plan offers out-of-network coverage, you'll pay your out-of-network cost-share to fill a prescription there.

Q. Can I fill my prescriptions by mail?

A. Yes, as long as your plan offers home delivery.<sup>5</sup>

### Express Scripts® Pharmacy for maintenance medications

Express Scripts® Pharmacy is a convenient option when you're taking a medication on a regular basis to treat an ongoing health condition. It's simple and safe, and saves you trips to the pharmacy. To learn more, go to [Cigna.com/homedelivery](https://Cigna.com/homedelivery).

- Easily order, manage, track and pay for your medications on your phone or online
- Standard shipping at no extra cost<sup>6</sup>
- Automatic refills or refill reminders
- Fill up to a 90-day supply at one time<sup>7</sup>
- Helpful pharmacists available 24/7
- Flexible payment options

Here are three easy ways to get started.

1. Log in to the myCigna App or myCigna.com to move your prescription electronically. Click on the Prescriptions tab and select My Medications from the dropdown menu. Then click the button next to your medication name to move your prescription(s). Or,
2. Call your doctor's office. Ask them to send a 90-day prescription (with refills) electronically to Express Scripts Home Delivery. Or,
3. Call Express Scripts® Pharmacy at 800.835.3784. They'll contact your doctor's office to help transfer your prescription. Have your Cigna Healthcare ID card, doctor's contact

information and medication name(s) ready when you call.

### Accredo® for specialty medications

If you're taking a specialty medication to treat a complex medical condition, Accredo's team of specialty trained pharmacists and nurses can help. They'll fill and ship your specialty medication to your home (or location of your choice).<sup>8</sup> They'll also provide you with the personalized care and support you need to manage your therapy – at no extra cost.

- 24/7 access to specialty-trained pharmacists and nurses
- Personalized care services such as training on how to administer your medication
- Help you find ways to pay for your medications
- Fast shipping at no extra cost
- Easy refills and free reminders
- Easily manage your medications online and track your orders

To get started using Accredo, call 877.826.7657, Monday–Friday, 7:00 am–10:00 pm CST and Saturdays, 7:00 am–4:00 pm CST. To learn more about Accredo, go to [Cigna.com/specialty](https://Cigna.com/specialty).

Q. Where can I find more information about my pharmacy benefits?

A. You can use the online tools and resources on the myCigna App or myCigna.com to help you better understand your pharmacy coverage. You can find out how much your medication costs, see which medications your plan covers, find an in-network pharmacy, ask a pharmacist a question, see your pharmacy claims and coverage details and more. You can also manage your Express Scripts® Pharmacy orders.



## Exclusions and limitations for coverage

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and be medically necessary. If your plan provides coverage for certain preventive prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, the prescription may not be covered. Certain drugs may require prior authorization, or be subject to step therapy, quantity limits or other utilization management requirements.

Plans generally do not provide coverage for the following under the pharmacy benefit, except as required by state or federal law, or by the terms of your specific plan:<sup>9</sup>

- Over-the-counter (OTC) medicines (those that do not require a prescription) except insulin unless state or federal law requires coverage of such medicines.
- Prescription medications or supplies for which there is a prescription or OTC therapeutic equivalent or therapeutic alternative.
- Doctor-administered injectable medications covered under the Plan's medical benefit, unless otherwise covered under the Plan's prescription drug list or approved by Cigna Healthcare.
- Implantable contraceptive devices covered under the Plan's medical benefit.
- Medications that are not medically necessary.
- Experimental or investigational medications, including U.S. Food and Drug Administration (FDA)-approved medications used for purposes other than those approved by the FDA unless the medication is recognized for the treatment of the particular indication.
- Medications that are not approved by the FDA.
- Prescription and non-prescription devices, supplies, and appliances other than those supplies specifically listed as covered.
- Medications used for fertility,<sup>10</sup> sexual dysfunction, cosmetic purposes, weight loss, smoking cessation,<sup>10</sup> or athletic enhancement.
- Prescription vitamins (other than prenatal vitamins) or dietary supplements unless state or federal law requires coverage of such products.
- Immunization agents, biological products for allergy immunization, biological sera, blood, blood plasma and other blood products or fractions and medications used for travel prophylaxis.
- Replacement of prescription medications and related supplies due to loss or theft.
- Medications which are to be taken by or administered to a covered person while they are a patient in a licensed hospital, skilled nursing facility, rest home or similar institution which operates on its premises or allows to be operated on its premises a facility for dispensing pharmaceuticals.
- Prescriptions more than one year from the date of issue.
- Coverage for prescription medication products for the amount dispensed (days' supply) which is more than the applicable supply limit, or is less than any applicable supply minimum set forth in The Schedule, or which is more than the quantity limit(s) or dosage limit(s) set by the P&T Committee.
- More than one prescription order or refill for a given prescription supply period for the same prescription medication product prescribed by one or more doctors and dispensed by one or more pharmacies.
- Prescription medication products dispensed outside the jurisdiction of the United States, except as required for emergency or urgent care treatment.

In addition to the plan's standard pharmacy exclusions, certain new FDA-approved medication products (including, but not limited to, medications, medical supplies or devices that are covered under standard pharmacy benefit plans) may not be covered for the first six months of market availability unless approved by Cigna Healthcare as medically necessary.



Cigna Healthcare reserves the right to make changes to the drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna Healthcare does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna Healthcare may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna Healthcare. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the U.S. Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.



1. App/online store terms and mobile phone carrier/data charges apply. Customers under age 13 (and/or their parent/guardian) will not be able to register at myCigna.com.
2. **For insured plans that must follow Delaware's state insurance laws:** Brand-name antidepressants, smoking cessation, attention deficit hyperactivity disorder (ADHD) and anti-psychotic medications that don't have a generic equivalent available will be covered as Tier 2 (preferred brand). This is true even if the medication is listed as Tier 3 (non-preferred brand) on your plan's drug list. To find out how your specific plans covers these medications, log in to the myCigna App or myCigna.com, or call Customer Service using the number on your ID card.
3. Prices shown on myCigna are not guaranteed and coverage is subject to your plan terms and conditions. Visit myCigna for more information.
4. U.S. Food and Drug Administration (FDA) website, "Generic Drugs: Questions and Answers." Last updated 03/16/21. [fda.gov/drugs/questions-answers/generic-drugs-questions-answers](https://www.fda.gov/drugs/questions-answers/generic-drugs-questions-answers).
5. Not all plans offer Express Scripts® Pharmacy and Accredo as covered pharmacy options. Log in to the myCigna App or myCigna.com, or check your plan materials, to learn more about the pharmacies in your plan's network. Cigna Healthcare maintains an ownership interest in Express Scripts® Pharmacy's home delivery services and Accredo's specialty pharmacy services. However, you have the right to fill prescriptions at any pharmacy in your plan's network. You won't be penalized regardless of where you fill your prescriptions.
6. Standard shipping costs are included as part of your prescription plan.
7. Some medications aren't available in a 90-day supply and may only be packaged in lesser amounts. For example, three packages of oral contraceptives equal an 84-day supply. Even though it's not a "90-day supply," it's still considered a 90-day prescription.
8. As allowable by law. For medications administered by a health care provider, Accredo will ship the medication directly to your doctor's office.
9. Costs and complete details of the plan's prescription drug coverage are set forth in the plan documents. If there are any differences between the information provided here and the plan documents, the information in the plan documents takes complete precedence.
10. **For plans that must follow state insurance laws, such as Delaware:** Your plan may provide coverage for infertility medications and smoking cessation medications even if this drug list states that your plan may not cover them. To find out if your specific plan covers these medications, log in to the myCigna App or myCigna.com, or check your plan materials.

**Para obtener ayuda en español llame al número en su tarjeta de Cigna Healthcare.**

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative.

All Cigna Healthcare products and services are provided exclusively by or through operating subsidiaries of The Cigna Group.

# DISCRIMINATION IS AGAINST THE LAW

## Medical coverage

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to [ACAGrievance@Cigna.com](mailto:ACAGrievance@Cigna.com) or by writing to the following address:

Cigna  
Nondiscrimination Complaint Coordinator  
PO Box 188016  
Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to [ACAGrievance@Cigna.com](mailto:ACAGrievance@Cigna.com). You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, DC 20201  
1.800.368.1019, 800.537.7697 (TDD)  
Complaint forms are available at  
<http://www.hhs.gov/ocr/office/file/index.html>.



All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Evernorth Care Solutions, Inc., Evernorth Behavioral Health, Inc., Cigna Health Management, Inc., and HMO or service company subsidiaries of Cigna Health Corporation and Cigna Dental Health, Inc. The Cigna name, logos, and other Cigna marks are owned by Cigna Intellectual Property, Inc. ATTENTION: If you speak languages other than English, language assistance services, free of charge are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711). ATENCIÓN: Si usted habla un idioma que no sea inglés, tiene a su disposición servicios gratuitos de asistencia lingüística. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

## Proficiency of Language Assistance Services

**English** – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

**Spanish** – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

**Chinese** – 注意：我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶，請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224（聽障專線：請撥 711）。

**Vietnamese** – XIN LƯU Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

**Korean** – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주시십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주시십시오.

**Tagalog** – PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

**Russian** – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

**Arabic** – برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل ب 1.800.244.6224 (TTY: اتصل ب 711).

**French Creole** – ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

**French** – ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

**Portuguese** – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

**Polish** – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

**Japanese** – 注意事項: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224 (TTY: 711)まで、お電話にてご連絡ください。

**Italian** – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

**German** – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

**Persian (Farsi)** – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می‌شود. برای مشتریان فعلی Cigna، لطفاً با شماره‌ای که در پشت کارت شناسایی شماست تماس بگیرید. در غیر اینصورت با شماره 1.800.244.6224 تماس بگیرید (شماره تلفن ویژه ناشنوايان: شماره 711 را شماره‌گیری کنید).