

00:04 Welcome to Benefit Tips with Dr. T.

00:06 I'm Dr. Grant Tarbox,

00:07 and I'm happy

00:08 to be sharing some helpful information

00:10 about your Medicare Advantage benefits.

00:13 Let's talk transportation

00:14 and why it's so important.

00:16 The thing is, not

00:18 everyone has an easy,

00:19 reliable way to get to the doctor,

00:22 medical center or pharmacy.

00:24 But you do.

00:25 Your plan

00:26 may include a transportation benefit

00:28 that covers non-emergency trips to and from

00:31 health-related locations

00:33 within 70 miles from your home at no cost to you.

00:36 That's zero out of your pocket and more savings in.

00:39 You have options

00:40 like taxis and rideshare services where available.

00:44 And if you need a van

00:45 or a wheelchair-equipped vehicle, we've got you.

00:49 So here are a few tips to help you plan ahead.

00:52 You must schedule your ride at least 48 hours

00:55 before you need it.

00:56 Know how many one way trips your plan covers.

00:59 And when you're ready to go

01:01 call Modivcare at 1-866-214-5126.

01:08 You can also schedule your ride

01:10 through the Modivcare app

01:11 available from the Google Play

01:13 or the Apple App Store.

01:14 Thanks for taking a ride with us.

01:17 Be sure to check out the rest of our Benefits

01:19 video series.

01:20 We'll keep the tips coming

01:21 so you can keep healthy going.