



Narcotics Anonymous

A vital community resource

A resource in your community



- Nonprofit Community Based Organization
- Free Resource
- International
- Share How To Live Drug-Free Lives
- Recover From The Effects Of Addiction
- Adjunct to treatment professionals in continuing care



Regions Around the World

72,215 Weekly Meetings* Worldwide

Data is based on regional/zonal reports to WSC 2023 and NAWs database when available. Map not intended to be geographically accurate.

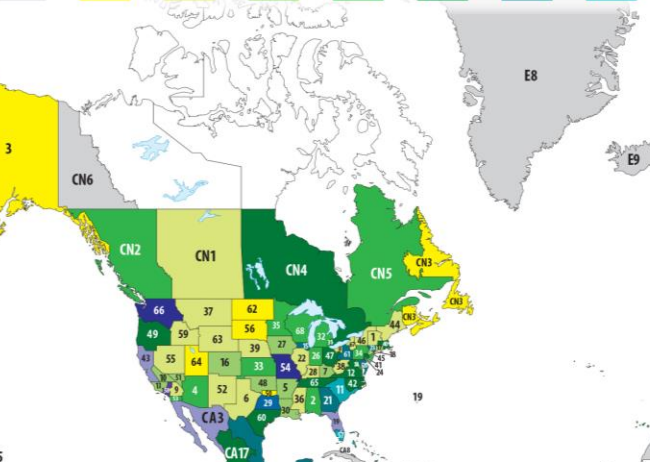
*Meeting numbers include both in-person and virtual meetings. Virtual meeting numbers were drawn only from regional reports and many may be missing.



USA-23,511 Meetings

*Non WSC Participant

1 ABCD	160
2 Alabama/NW Florida	331
3 Alaska	93
4 Arizona	365
5 Arkansas	282
6 Best Little	129
7 Bluegrass Appalachian*	275
8 Buckeye	160
9 California Inland	158
10 California Mid-State	286
11 Carolina	679
12 Central Atlantic	472
13 Central California	250
14 Chesapeake & Potomac	356
15 Chicagoland	527
16 Colorado	292
17 Connecticut	238
18 Eastern New York	196
19 Florida	1,053
20 Free State	570
21 Georgia	569
22 Greater Illinois	183
23 Greater New York	552
24 Greater Philadelphia	451
25 Hawaii	139
26 Indiana	370
27 Iowa	280
28 Kentuckiana	147
29 Lone Star	724
30 Louisiana	279
31 Metro Detroit	312
32 Michigan	344
33 Mid-America	313
34 Mid-Atlantic	313
35 Minnesota	315
36 Mississippi	118
37 Montana	121
38 Mountaineer	140
39 Nebraska	154
40 New England	415
41 New Jersey	377
42 North Carolina	427
43 Northern California	1,174
44 Northern New England	146
45 Northern New Jersey	244
46 Northern New York	149
47 Ohio	462
48 OK Region	293
49 Pacific Cascade	463
50 Red River*	42
51 Region 51	293
52 Rio Grande	199
53 San Diego/Imperial	361
54 Show-Me	809
55 Sierra Sage	108
56 South Dakota	57
57 South Florida	650
58 Southern California	974
59 Southern Idaho	103
60 Tejas Bluebonnet	466
61 Tri-State	545
62 Upper Midwest	76
63 Upper Rocky Mountain	114
64 Utah	87
65 Volunteer	432
66 Washington/North Idaho	880
67 Western New York	143
68 Wisconsin	326



Canada-1,346 Meetings

*Non WSC Participant

CN1 Al-Sask	184
CN2 British Columbia	347
CN3 Canada Atlantic	71
CN4 Ontario	440
CN5 Quebec	300
CN6 Yukon Territories*	4

Central America/ Mexico-3,084 Meetings

*Non WSC Participant

CA1 Antigua and Barbuda*	3
CA2 Aruba*	23
CA3 Baja Son	1,190
CA4 Barbados*	8
CA5 Belize*	2
CA6 Cayman Islands*	5
CA7 Costa Rica	273
CA8 Cuba*	15
CA9 El Salvador	103
CA10 Grenada*	2
CA11 Guatemala	103
CA12 Honduras*	34
CA13 Jamaica*	27
CA14 Martinique*	2
CA15 Mexico	534
CA16 Nicaragua	119
CA17 Occidente-Mexico	412
CA18 Panama	71
CA19 Quisqueyana	100
CA20 Region del Coqui	62
CA21 Saint Lucia*	5
CA22 Saint Vincent and the Grenadines*	2
CA23 Trinidad and Tobago*	18
CA24 Virgin Islands*	4

South America-7,719 Meetings

*Non WSC Participant

SA1 Argentina	790
SA2 Bolivia*	12
SA3 Brazil	626
SA4 Brazil Central	211
SA5 Brazil Sul	381
SA6 Chile	215
SA7 Colombia	623
SA8 Ecuador	700
SA9 Grande Sao Paulo	916
SA10 Guyana*	3
SA11 HOW Brazil	614
SA12 Minas	309
SA13 Nordeste Brazil	251
SA14 Paraguay*	35
SA15 Peru	183
SA16 Region 10 Brazil*	279
SA17 Rio de Janeiro	970
SA18 Rio Grande do Sul	238
SA19 Uruguay	238
SA20 Venezuela	125

Western Europe-4,487 Meetings

*Non WSC Participant

E1 Belgium*	26
E2 Cyprus*	6
E3 Denmark	149
E4 Finland	217
E5 France	220
E6 German Speaking	416
E7 Greece	124
E8 Greenland*	1
E9 Iceland*	8
E10 Ireland	330
E11 Italy	200
E12 Luxembourg*	2
E13 Malta*	11
E14 Netherlands	272
E15 Norway	107
E16 Portugal	183
E17 Spain	353
E18 Sweden	420
E19 Switzerland*	100
E20 UK Region	1,342

Africa-340 Meetings

*Non WSC Participant

A1 Angola*	2
A2 Botswana*	2
A3 Cape Verde Islands*	10
A4 Congo*	2
A5 Eswatini (Swaziland)*	1
A6 Ethiopia*	4
A7 Ghana, The*	1
A8 Ghana*	13
A9 Kenya*	14
A10 Liberia*	3
A11 Malawi*	1
A12 Morocco*	4
A13 Mozambique*	2
A14 Namibia*	3
A15 Nigeria*	3
A16 Rwanda*	1
A17 South Africa	211
A18 Tanzania*	28
A19 Uganda*	2
A20 Zambia*	3
A21 Zanzibar*	27
A22 Zimbabwe*	3

Middle East-24,577 Meetings

*Non WSC Participant

ME1 Afghanistan*	102
ME2 Bahrain*	18
ME3 Egypt	200
ME4 Iran	21,861
ME5 Iran Region No.1	1,873
ME6 Iraq*	2
ME7 Israel	360
ME8 Jordan*	2
ME9 Kuwait*	30
ME10 Lebanon*	4
ME11 Oman*	18
ME12 Qatar*	7
ME13 Saudi Arabia*	52
ME14 Sudan*	6
ME15 Tajikistan*	1
ME16 United Arab Emirates*	41

Eastern Europe/ Russia-4,769 Meetings

*Non WSC Participant

EE1 Adriatic*	25
EE2 Big Moscow*	955
EE3 Blacklands (Russia)*	101
EE4 Bulgaria*	12
EE5 Czech-Slovak*	15
EE6 Estonia*	22
EE7 Far East (Russia)*	62
EE8 Hungary*	65
EE9 Latvia*	37
EE10 Lithuania	25
EE11 Moldova*	15
EE12 Newskiy (Russia)*	185
EE13 North-West Russia	272
EE14 Poland	230
EE15 Povolzhie (Russia)*	526
EE16 Romania*	4
EE17 Siberia*	330
EE18 Transitz*	137
EE19 Turkey*	57
EE20 Ukraine	358
EE21 Ural & West Siberia*	408
EE22 Western Russia	928

Asia Pacific-2,382 Meetings

*Non WSC Participant

AP1 Aotearoa New Zealand	205
AP2 Australia	695
AP3 Bangladesh*	16
AP4 Bhutan*	5
AP5 Cambodia*	1
AP6 China*	2
AP7 French Polynesia*	1
AP8 Guam*	10
AP9 Hong Kong*	10
AP10 Indonesia*	34
AP11 Japan	627
AP12 Laos*	1
AP13 Malaysia*	9
AP14 Maldives*	2
AP15 Mongolia*	3
AP16 Myanmar*	3
AP17 Nepal	113
AP18 NERF	75
AP19 Northern Marianas Islands*	9
AP20 Pakistan North*	16
AP21 Pakistan South*	6
AP22 Philippines	113
AP23 Singapore*	11
AP24 SOSONA	325
AP25 South Korea*	11
AP26 Thailand	78
AP27 Vietnam*	3



A new way of life - what NA can offer

Hope - recovery is possible and the relationships in NA support this. Motivation to change by working the twelve steps of NA.

Identity - creating a positive sense of self - deconstruct and rebuild. Positive behavioral change by practicing the spiritual principles of the NA program.

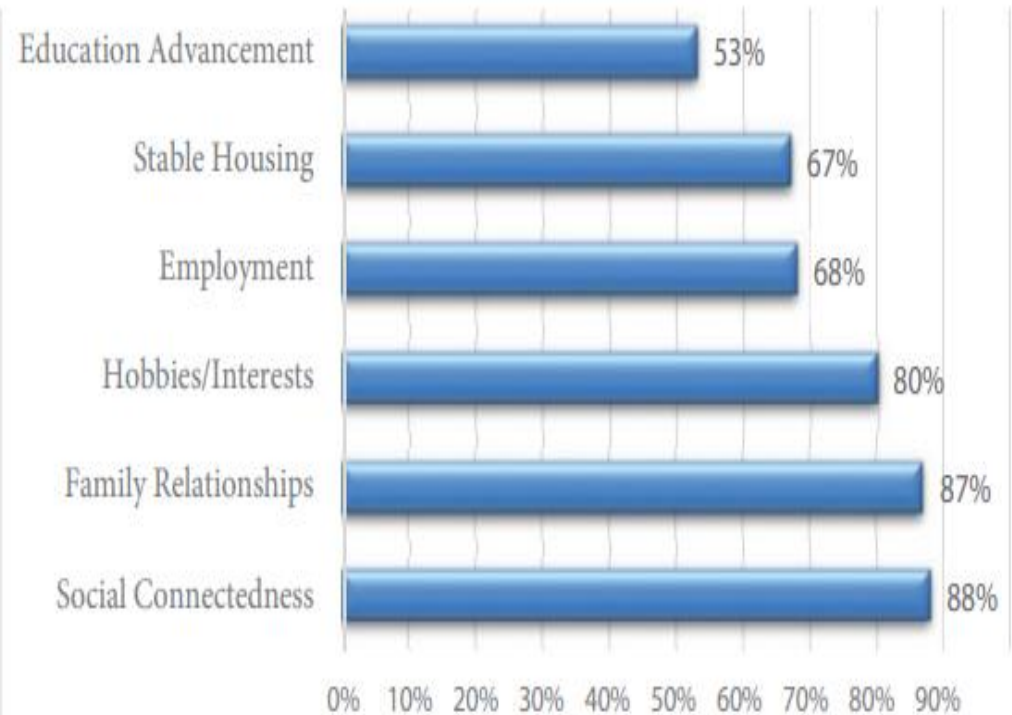


2018 Membership Survey



- Members surveyed averaged 2.25 meetings per week
- The average length of cleantime in NA is 8.86 years

Quality-of-Life Improvement Areas Multiple answers were allowed



In times of Covid-19

When the Covid-19 pandemic broke out thousands of NA-meetings were closed from one day to another.

NA-members feared that isolation and the closing of meetings would cause a wave of relapses.

And that addicts seeking recovery would lose the possibility to find hope and a new way of life in NA.



From despair to action

- Quick onboarding of Virtual meetings accessible 24 hours worldwide
- Adoption of Virtual NA meetings in prisons and parole - literature on tablets.
- Virtual PR presentations for professionals
- Impact of Social Media to make NA's message available



Learning from the crisis

- Convenient to make 90 meetings in 90 days
- Online global network of groups, available 24/7
- Special interest meetings
- Single parents/small children
- Physical disabilities
- Rural areas



How NA works

- Meetings
- Sponsorship
- Steps
- Service
- Prayer/Meditation



A new way of life - what NA can offer

Fellowship - Good relationships and being connected to other people in positive ways. Breaking isolation. Supporting each other - connectedness. Sponsorship.

Meaning - Living a meaningful and purposeful life as defined by the recovering addict. Giving back, being of service in society.

Empowerment - Taking personal responsibility in life, focusing on strengths. Personal growth.



Thank you!

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Behavioral Health Awareness Series

If you are an Evernorth or Cigna customer and have questions about Substance Use treatment or about your benefits and how to use them, please contact:

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