At Cigna, your health and well-being is important to us. We want you to live life to the fullest. Taking your preventive medications regularly can help you get – and stay – healthy.

Health care reform requires coverage of certain preventive medications at no cost-share to you

Health care reform under the Patient Protection and Affordable Care Act (PPACA) requires plans to cover certain preventive medications and products at 100%, or no cost-share ($0) to you.* The U.S. Preventive Services Task Force and the Institute of Medicine provides guidance on which drug classes should be covered. These recommendations are meant to help prevent disease, as well as meet women’s unique health care needs.

Preventive medication coverage

This drug list shows the prescription medications and over-the-counter medicines (available without a prescription) and products available to you at no cost-share (copay, coinsurance and/or deductible). This list is updated as the U.S. Preventive Services Task Force makes new recommendations.

You should log into the myCigna® website or app or check your plan materials to learn more about how your plan covers preventive medications. You can also use the Drug Cost tool to estimate how much your medications may cost.

Religious exemptions to the coverage of contraceptives

PPACA allows certain employers to exclude contraceptives from coverage due to religious beliefs. If you’re a woman with medical coverage though one of these employers, Cigna will let you know that your plan doesn’t cover these medications. Where required by law, Cigna will offer to pay for your contraceptives and/or certain medications at no extra cost to you (if you choose). This coverage is private and confidential and isn’t administered, funded by or connected in any way to your employer’s health coverage.

Choosing the right preventive medication

There are many preventive medications covered at 100% (or no cost-share to you) under PPACA’s preventive coverage requirement. You should talk with your doctor to find out which medication or product may be right for you. If your doctor feels a certain contraceptive medication or smoking cessation medication on this list isn’t right for you, ask your doctor to call us. Together, we’ll look for other medications and products not on this list that may be available to you at no cost-share. Please be sure to get a prescription from your doctor for your preventive medication or over-the-counter product. Your pharmacy will need a prescription for the medication to process correctly in the claims system at no cost ($0) to you.

*This is a list of the medications and other products covered at 100% under the plan’s pharmacy benefit at this time, based on existing legal requirements, and is subject to plan terms like limitations and exclusions. For example, if legal requirements for preventive coverage changes, then this list may change.
This drug list shows the prescription medications and over-the-counter medicines and products available to you at no cost-share under PPACA. This list is updated as the U.S. Preventive Services Task Force makes new recommendations.

**Aspirin Products**

Aspir 81  
aspirin  
aspirin EC  
Aspir-Low  
Bayer Chewable Aspirin  
Bufferin  
Ecotrin  
EcPirin  
Low Dose Aspirin EC  
Tri-Buffered Aspirin

**Breast Cancer Prevention**

raltrexone  
tamoxifen

**Barrier Contraception**

Caya Contoured  
FC2 Female Condom  
FemCap  
Today Contraceptive Sponge  
VCF  
Wide Seal Diaphragm

**Bowel Prep Products for Colorectal Cancer Screenings**

Available to adults  
50–75 years of age  
Alophen Pills  
bisacodyl tablet  
Bisa-Lax  
Clearlax  
CoLyte With Flavor Packets  
Correctol  
Ducodyl  
Dulcolax tablet  
Gavilax  
Gavilyte-C  
Gavilyte-G  
Gavilyte-N  
GentleLax  
Gialax  
Glycolax  
GoLytely  
Healthylax  
LaxaClear  
Miralax  
MoviPrep  
Natura-Lax  
Nulytely With Flavor Packs  
OsmoPrep  
PEG 3350-Electrolyte  
PEG 3350  
PEG-Prep  
Powderlax  
Prepopik  
Purelax  
Smoothlax  
Suprep  
Trilyte With Flavor Packets

**Cholesterol Medications**

Available to adults  
40-75 years of age  
atorvastatin 10mg, 20mg  
fluvastatin 20mg, 40mg  
fluvastatin ER 80mg  
llovastatin 20mg, 40mg  
pravastatin 10mg, 20mg, 40mg, 80mg  
rosuvastatin 5mg, 10mg  
simvastatin 10mg, 20mg, 40 mg

**Emergency Contraception**

Aftera  
Econtra EZ  
Econtra One-Step  
Ella  
My Choice  
My Way  
Opcicon One-Step  
Option 2

**Folic Acid Supplementation**

Only includes products containing 0.4 mg–0.8 mg of folic acid  
Fa-8  
folic acid  
KPN  
Perry Prenatal  
Prenatal  
Prenatal Multi + DHA  
Prenatal Multivitamin  
Prenatal Vitamin  
Right Step Prenatal Vitamins  
Urosex

**Hormonal Contraception**

Altavera  
Alyacen  
Amethia  
Amethia Lo  
Amethyst  
Apri  
Aranelle  
Ashlyna  
Aubra  
Aviane  
Azurette  
Balziva  
Bekyree  
Blisovi 24 FE  
Blisovi FE  
Briellyn  
Camila  
Camrese  
Camrese Lo  
Caziant  
Chateal  
Cryselle  
Cyclafem  
Cyred  
Dasetta  
Daysee  
Deblitane  
Delyla  
desogestrel-ethinyl estradiol  
drospirenone-ethinyl estradiol  
Elinest  
Emoquette  
Empresse  
Enskeyce  
Errin  
Estarylla  
ethinodiol-ethinyl estradiol  
Falmina  
Fayosim  
Femynor  
Gianvi  
Heather  
Introval  
Isibloom  
Jencycla  
Jolessa  
Jolivette  
Juleber  
Junel

Brand name medications are capitalized and generic medications are lowercase.
Hormonal Contraception^*
(continued)
Junel FE
Junel FE 24
Kaitlib FE
Kariva
Kelnor 1-35
Kelnor 1-50
Kurvelo
Larin
Larin 24 FE
Larin FE
Larissia
Leena
Lessina
Levonest
levonorgestrel-ethinyl estradiol
levonorgestrel-ethinyl estradiol-ethinyl estradiol
Levora-28
Lillow
Loryna
Low-Ogestrel
Lutera
Lyza
Marlissa
Melodetta 24 FE
Mibelas 24 FE
Microgestin
Microgestin FE
Mili
Mono-Linyah
Mononessa
Myzilra
Necon
Nikki
Nora-Be
norethindrone
norethindrone-ethinyl estradiol
norethindrone-ethinyl estradiol-ethinyl estradiol
norgestimate-ethinyl estradiol
Norlyda
Norlyroc
Nortrel
Nuvaring
Ocella
Orsytia
Philith
Pintrea
Pirmella
Portia
Previsfem
Quasense
Rajani
Recipsen
Rivelsa
Setliakin
Sharobel
Sprintec
Sronyx
Syeda
Tarina FE
Tilia FE
Tri Femynor
Tri-Estarylla
Tri-Legest FE
Tri-Linyah
Tri-Lo-Estarylla
Tri-lo-Marzia
Tri-Lo-Sprintec
Tri-Mili
Trinessa
Trinessa Lo
Tri-Previfem
Tri-Sprintec
Trivora-28
Tri-Vylbra
Tulana
Tydemy
Velivet
Vienva
Vioele
Vyfemla
Vylbra
Wera
Wymzya FE
Xulane
Zarah
Zenchent
Zovia 1-35e
* If your doctor feels these medications aren’t right for you, ask him/her to call us. There may be other brands available at no cost-share to you.

* Generic hormonal contraceptives are available at no cost-share to you, even though they may not be listed here.

Pediatric Multivitamins
Containing Fluoride and Fluoride Supplements
Available to children six months – sixteen years of age
Escavite
Escavite D
Floriva
Fluorabon
fluoride
Fluoritab
Flura-Drops
Ludent Fluoride
multi-vitamin with fluoride-iron
multivitamin with fluoride
MVC-fluoride
Poly-Vi-Flor
Poly-Vi-Flor With Iron
Polyvitamins with Fluoride
Quflora
Sodium Fluoride
Tri-Vi-flor
Tri-Vitamin with fluoride

Smoking Cessation^*
Quantity limits apply
bupropion SR 150mg tablet
Nicoderm CQ
Nicorelief
Nicorette
nicotine gum
nicotine lozenge
nicotine patch
Quit 2
Quit 4
* If your doctor feels these medications aren’t right for you, ask him/her to call us. There may be other brands available at no cost-share to you.

* Generic nicotine replacement therapy (known as “store-brands” are available at no cost-share to you, even though they may not be listed here)

Brand name medications are capitalized and generic medications are lowercase.

Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan’s network, your prescription may not be covered, or reimbursement may be limited by your plan’s copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan’s prescription drug coverage.