At Cigna, your health and well-being is important to us. We want you to live life to the fullest. Taking your preventive medications regularly can help you get – and stay – healthy.

**Health care reform requires coverage of certain preventive medications at no cost-share to you**

Health care reform under the Patient Protection and Affordable Care Act (PPACA) requires plans to cover certain preventive medications and products at 100%, or no cost-share ($0) to you.* The U.S. Preventive Services Task Force and the Institute of Medicine provides guidance on which drug classes should be covered. These recommendations are meant to help prevent disease, as well as meet women’s unique health care needs.

**Preventive medication coverage**

This drug list shows the prescription medications and over-the-counter medicines (available without a prescription) and products available to you at no cost-share (copay, coinsurance and/or deductible). This list is updated as the U.S. Preventive Services Task Force makes new recommendations.

You should log into myCigna.com or check your plan materials to learn more about how your plan covers preventive medications. You can also use the Drug Cost tool to estimate how much your medications may cost.

**Religious exemptions to the coverage of contraceptives**

PPACA allows certain employers to exclude contraceptives from coverage due to religious beliefs. If you’re a woman with medical coverage though one of these employers, Cigna will let you know that your plan does not cover these medications. Where required by law, Cigna will offer to pay for your contraceptives and/or certain medications at no extra cost to you (if you choose). This coverage is private and confidential and isn't administered, funded by or connected in any way to your employer's health coverage.

**Choosing the right preventive medication**

There are many preventive medications covered under PPACA. You should talk with your doctor to find out which medication or product may be right for you. If your doctor feels a certain contraceptive medication or smoking cessation medication on this list isn’t right for you, ask your doctor to call us. Together, we’ll look for other medications and products (not on this list) that may be available at no cost-share to you. For preventive medications (including over-the-counter medicines) to be covered, you’ll need to get a prescription from your doctor.

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*The no-cost share preventive coverage under the Affordable Care Act remains in effect at this time. Should health care reform change, we will review the guidance at that time.
This drug list shows the prescription medications and over-the-counter medicines and products available to you at no cost-share under PPACA. This list is updated as the U.S. Preventive Services Task Force makes new recommendations.

**Aspirin Products**
- Ascriptin
- Aspir 81
- aspirin
- aspirin EC
- Aspir-low
- Bayer chewable aspirin
- buffered aspirin
- Bufferin
- children's aspirin
- Ecotrin
- EcPirin
- Lite Coat Aspirin
- low-dose aspirin EC
- tri-buffered aspirin

**Breast Cancer Prevention**
- Available to females
  - raloxifene
  - tamoxifen

**Barrier Contraception**
- Available to females
  - Caya Contoured
  - Conceptrol
  - FC2 Female Condom
  - Femcap
  - Gynol II
  - Today Contraceptive Sponge
  - VCF
  - Wide Seal Diaphragm

**Bowel Prep Products for Colorectal Cancer Screenings**
- Available to males and females
  - 50–75 years of age
  - Alophen
  - bisacodyl
  - Bisa-lax
  - Clearlax
  - Colyte With Flavor Packets
  - Correctol
  - Ducodyl
  - Dulcolax
  - Gavilax
  - Gavilyte-C
  - Gavilyte-G
  - Gavilyte-N
  - Gentle laxative
  - Gentrelax
  - Gialax
  - Glycolax
  - GoLytely
  - Healthylax
  - Laxaclear
  - laxative tablet
  - Miralax
  - Moviprep
  - Natura-lax
  - Nulytely With Flavor Packs
  - Osmoprep
  - peg 3350
  - peg 3350-electrolyte
  - peg 3350 with flavor packs
  - peg-prep
  - Powderlax
  - Prepopik
  - Purelax
  - Smoothlax
  - Suprep
  - TriLyte with flavor packets
  - women's laxative

**Cholesterol Medications**
- Available to males and females
  - 40-75 years of age
  - atorvastatin 10mg, 20mg
  - fluvastatin 20mg, 40mg
  - fluvastatin ER 80mg
  - lovastatin 20, 40mg
  - pravastatin 10mg, 20mg, 40mg, 80 mg
  - rosuvastatin 5mg, 10mg
  - simvastatin 10 mg, 20mg, 40 mg

**Emergency Contraception**
- Available to females
  - Aftera
  - Econtra EZ
  - Ella
  - Fallback solo
  - levonorgestrel
  - My Way
  - Next Choice One Dose

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+ For plans renewing on or after November 1, 2017, these medications are covered at no cost ($0) as preventive medications under the Patient Protection and Affordable Care Act (PPACA). This means that, as of your plan’s renewal date, you won’t pay any money to fill a prescription for these medications. PPACA coverage requirements do not apply to all plans; for those plans, you’ll have to pay your plan’s preventive cost-share to fill these medications. To find out how your plan covers PPACA preventive medications, log into myCigna.com and use the Drug Cost tool or check your plan materials.
Hormonal Contraception

(continued)

Femynor
Gianvi
Gildagia
Heather
introvale
Isibloom
Jencycla
Jolessa
Jolivette
Juleber
Junel
Junel FE
Junel FE 24
Kaitlib FE
Kariva
Kelnor 1-35
Kimidess
Kurvelo
Larin
Larin 24 FE
Larin FE
Larissia
Layolis FE
Leena
Lessina
levonest
levonorgestrel-eth estradiol
levonorg-eth estradiol
Levora-28
Lomedia 24 FE
Loryna
low-ogestrel
Lutera
Lyza
Marlissa
Mibelas 24 FE
Microgestin
Microgestin 24 FE
Microgestin FE
Mono-Linyah
Mononessa
Myzilra
Necon
Nikki
Nora-be
norethindrone
norethindron-ethinyl estradiol
norethyn-eth estra-ferrous fum
norgestimate-ethinyl estradiol
Norlyda
Norlyroc
Nortrel
Ocella
Orsythia
Philit
Pimtrean
Pirmella
Portia
Previsem
Quasense
Rajani
Recipsen
Rivelsa
Setiakin
Sharobel
Sprintec
Sronyx
Syeda
Tarina FE
Tilia FE
Tri Femynor
Tri-Estarylla
Tri-Legest FE
Tri-Linyah
Tri-Lo-Estarylla
Tri-Lo-Marzia
Tri-Lo-Sprintec
Trinessa
Trinessa LO
Tri-Previfem
Tri-Sprintec
Trivora-28
Velivet
Vestura
Vienna
Viorele
Vyfemla
Wera
Wymzya FE
Xulane
Zarah
Zenchent
Zenchent FE
Zovia 1-35e
Zovia 1-50e

^ If your doctor feels these medications aren’t right for you, ask him/her to call us. There may be other brands available at no cost-share to you.

* Generic hormonal contraceptives are available at no cost-share to you, even though they may not be listed here.

Fall Prevention/Vitamin D Supplementation

Available to adults 65 years of age and older to prevent falls

Baby D Drops
Baby vitamin D3
D3-2000
D3-50
D drops
Decara
Delta D3
Dialyvite Vitamin D3 Max
D-vi-sol
D-vita
Just D
Kids vitamin D3
Maximum D3
Optimal D3
Optimal D3 M
Replesta
Replesta NX
Super Daily D3
Thera-D
Vitajoy daily D
vitamin D
vitamin D3
vitamin D-400

Folic Acid Supplementation

Available to females (Only includes products containing 0.4 mg–0.8 mg of folic acid)

Daily prenatal
FA-8
folic acid
KPN
One daily prenatal
Perry Prenatal
Prenatal
Prenatal complete
Prenatal formula
Prenatal Formula-DHA
Prenatal multi + DHA
Prenatal multivitamin
Prenatal multivitamin-DHA
Prenatal vitamin
Right Step prenatal vitamins
Urosex
Pediatric Multivitamins Containing Fluoride and Fluoride Supplements

Available to males and females six months – six years of age

Escavite
Escavite D
Floriva 0.25mg, 0.5mg
Floriva drops
Flurabon
Fluor-a-Day
fluoride 0.25mg, 0.5mg
Floritab
Flura-Drops
Ludent fluoride 0.25mg, 0.5mg
multivitamin-iron-fluoride
multivitamin with fluoride
MVC-fluoride 0.25mg, 0.5mg
Poly-Vi-Flor 0.25mg, 0.5mg
Poly-Vi-Flor FS 0.25mg, 0.5mg
Poly-Vi-Flor with Iron 0.25mg, 0.5mg
Poly-vi-sol with Iron
Poly-vita with iron
polyvitamin with iron
polyvitamin-fluoride
Quflora ped drop
sodium fluoride 0.25mg, 0.5mg
Texavite LQ
Tri-vi-flor
tri-vit with fluoride-iron
tri-vitamin with fluoride drops
vitamins A, C, D and fluoride

Pediatric Iron-Containing Products/Fluoride Supplementation

Available to males and females six months – 12 months of age

children’s iron
Fer-in-sol
fer-iron
children’s ferrous sulfate
Icar
Ironup
Novaferrum drops
Wee Care

Smoking Cessation^*

Quantity limits apply
bupropion SR 150mg (generic for Zyban)
nicoderm CQ
Nicorelief
Nicorette
nicotine gum
nicotine lozenge
nicotine patch
NTS
Quit 2
Quit 4
stop smoking aid

^ If your doctor feels these medications aren’t right for you, ask him/her to call us. There may be other brands available at no cost-share to you

* Generic nicotine replacement therapy (known as “store-brands” are available at no cost-share to you, even though they may not be listed here)