



GET THE HELP YOU NEED WHEN YOU NEED IT MOST

The Cigna Designated Substance Use Treatment Provider program is here to help.

Some of life's challenges need extra help, especially if you or a loved one is coping with substance use disorder. As part of your health plan administered by Cigna, you have coverage to get the assistance you need to deal with substance use challenges. This includes treatment at a healthcare facility for substance use disorder.

Choosing the right healthcare facility is an important decision. To help you and your treating provider make this decision, Cigna has identified in-network providers that provide quality, cost-effective care.

These Designated Substance Use Treatment Providers have met certain Cigna measures based on these factors:

- Available substance use disorder treatment programs:* inpatient, residential, partial hospitalization and intensive outpatient
- Annual admission and readmission data
- Cost data

Did you know?


Some healthcare facilities offer special treatment programs designed for first responders, adolescents, women-only and those with chronic pain. Some have unique treatment options including music therapy, yoga, equine therapy, and art therapy.**



Questions? We're here to help.

Contact us if you need more information.

Just call the number on the back of your Cigna ID card.

For a list of Cigna Designated Substance Use Treatment Providers, please see the  chart on this back of this flyer.

Together, all the way.®



* All participating facilities provide an inpatient or residential level of care with a step down to a partial hospitalization (PHP) or intensive outpatient program (IOP) which are subject to prior authorization. **The following services are generally not covered:** Services considered to be experimental, investigational and unproven and non-medical ancillary services including, but not limited to educational services, custodial services, vocational rehabilitation and counseling services, religious counseling, work hardening programs; and driver safety programs. This is not a complete list of plan terms and plans may vary. See your plan documents for details of your specific health plan.

** While non-medical ancillary services are generally excluded from coverage under the health plan, they are included with the authorized substance use disorder treatment program provided by the designated providers at no additional expense to the Cigna customer. Boarding expenses offered in regards to covered outpatient programs are available at the customer's expense.

The Cigna Designated Substance Use Treatment Provider program is not a guarantee of the quality of care that will be provided to individual patients. You should consider all relevant factors and consult with your treating doctor when choosing a provider for care. Providers are solely responsible for any treatment provided to their patients. Providers are not agents of Cigna.

DESIGNATED SUBSTANCE USE TREATMENT PROVIDERS

These in-network healthcare facilities provide quality, cost-effective care.

* PHP = Partial Hospitalization

* IOP = Intensive Outpatient

LOCATION 	FACILITY NAME 	TYPE OF CARE 
AZ – Phoenix	Banner Behavioral Health Hospital	Inpatient Residential IOP
AZ – Phoenix	Calvary Center	Inpatient Residential PHP IOP
AZ – Phoenix	St. Luke’s Behavioral Health Center	Inpatient IOP
CA – Los Angeles	Cornerstone	Inpatient Residential PHP IOP
CA – San Diego	Aurora San Diego	Inpatient IOP
CA – San Francisco	John Muir Behavioral Health Center	Inpatient Residential PHP IOP
CA – Ventura	Action Family Counseling Center	Inpatient Residential PHP IOP
CO – Denver	West Pines Behavioral Health	Inpatient Residential PHP IOP
CT – Fairfield County	Silver Hill Hospital	Inpatient IOP
FL – Orlando	University Behavioral Center	Inpatient PHP IOP
FL – Miami	Beachcomber Rehabilitation	Residential PHP IOP
FL – Miami	Center for Alcohol & Drug Studies (CADS)	Inpatient Residential PHP IOP
GA – Atlanta	Ridgeview Institute	Inpatient PHP IOP
IL – Chicago	Alexian Brothers Behavioral Health Hospital	Inpatient PHP IOP
KS – Kansas City	Shawnee Mission Medical Center	Inpatient IOP
MA – Worcester	Adcare Hospital	Inpatient Residential PHP IOP
MD – Baltimore	Pathways Chemical Dependency Program	Inpatient PHP IOP
MO – St. Louis	Centerpointe Hospital	Inpatient Residential PHP IOP
NC – Charlotte	Behavioral Health Center First Step	Inpatient Residential PHP IOP
NJ – NYC Area (Kearny)	Endeavor House North	Inpatient Residential PHP IOP
NV – Las Vegas	Seven Hills Hospital	Inpatient PHP IOP
NY – NYC Area (Carmel)	Arms Acres	Inpatient IOP
PA – Philadelphia	Bowling Green Brandywine	Inpatient Residential PHP
PA – Philadelphia	Livengrin Foundation	Inpatient Residential PHP IOP
PA – Williamsburg	Cove Forge Behavioral Health System	Inpatient Residential PHP IOP
TN – Nashville	Rolling Hills Hospital	Inpatient IOP
TX – Dallas	Texas Health Behavioral Health	Inpatient Residential PHP IOP
TX – Houston	Memorial Hermann Prevention & Recovery Center	Inpatient Residential PHP IOP
UT – Salt Lake City	Salt Lake Behavioral Health	Inpatient PHP IOP
VA – Arlington	Phoenix Houses of the Mid-Atlantic	Residential PHP IOP
WA – Seattle	Lakeside Recovery Center	Inpatient Residential PHP IOP



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