

# FINDING A PROVIDER IN OUR ONLINE DIRECTORY



A step-by-step guide for City of San Diego employees.

Search our directory to find a physician, specialist or facility in a few simple steps.


**STEP 1** - Go to [cosd.cigna.com](https://cosd.cigna.com).

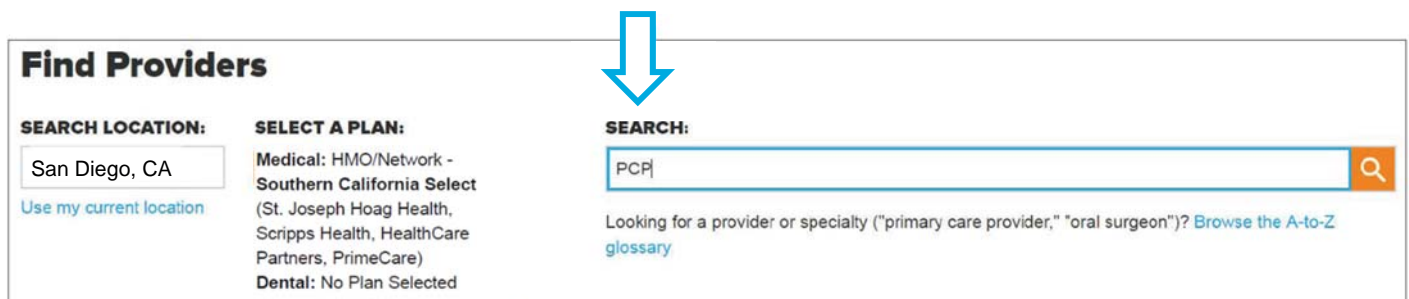
**STEP 2** - Select the plan of your liking:

1. [Cigna SoCal Select HMO plan](#) (CoSD internal name - Cigna Scripps Select HMO),
2. [Cigna SoCal HMO plan](#) (CoSD internal name - Cigna HMO) or
3. [Cigna Open Access Plus plan](#) (CoSD internal name - Cigna OAP)

Click on “Go directly to the provider directory with this plan selection” under your plan of choice.

**STEP 3 - If you're searching for a Primary Care Provider/Physician (PCP):\*** In the “Search” box, type “PCP” or the name of your desired physician. You can also search by selecting “Browse the A-to-Z glossary,” and then selecting “Primary Care Providers” located below the search box.


**If you're searching for an in-network provider/specialist/facility:** Enter the type of provider you are looking for (e.g., chiropractic), or the name of the specialist. You can also search by selecting “Browse the A-to-Z glossary,” and then selecting “Specialties A-Z.” Select .



**Find Providers**

**SEARCH LOCATION:** San Diego, CA  
[Use my current location](#)

**SELECT A PLAN:**  
Medical: HMO/Network - Southern California Select (St. Joseph Hoag Health, Scripps Health, HealthCare Partners, PrimeCare)  
Dental: No Plan Selected

**SEARCH:** PCP 

Looking for a provider or specialty ("primary care provider," "oral surgeon")? [Browse the A-to-Z glossary](#)

You can also search for Providers in a different location outside of San Diego by changing the city in the “Search Location” box.

*Expansion of the Southern California Select Network to include PrimeCare providers in the Inland Empire is subject to regulatory approval. Access to the PrimeCare providers is anticipated to be available as of July 2019.*



If you are enrolling for the first time in the [Cigna SoCal Select HMO plan \(Scripps\)](#) (Internal name - Cigna Scripps Select HMO) or the [Cigna SoCal HMO plan \(Full\)](#) (Internal name - Cigna HMO), **make note of the PCP ID#** (including any zeros). You will need to identify this on the online or paper enrollment form. If you do not select a PCP during enrollment, one will be auto-assigned. You can change your PCP after your plan effective date on [myCigna.com](#) or in the myCigna® app. The change will take effect the first day of the next month. If you need to make a change immediately or need further assistance, call the number on the back of your ID card.

**Smith, John, MD**  
123-456-7890 | 123 Sample Ave, Los Angeles CA 90033 | 1.4 miles - [Map](#) | Incorrect info? [Let us know](#)

Internal Medicine - Board Certified Years in Practice: 27 In-Network for selected Plan	<b>Quality Ratings &amp; Recognitions</b> American Board of Medical Specialties	<b>Hospital Affiliations</b> SAMPLE MEDICAL CENTER	<b>Medical Groups</b> SAMPLE MEDICAL GROUP
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PCP ID#: 1234567890  
 Accepting new patients with selected plan

For the [Cigna SoCal Select HMO Plan \(Scripps\)](#) (Internal name - Cigna Scripps Select HMO), you and members on the plan have the option to select a PCP in any one of the four provider groups (HealthCare Partners, Scripps Health, St. Joseph Hoag Health or PrimeCare). Receive care from providers and facilities within the group to remain in-network (nationwide care for emergency or urgent care services are covered for a true emergency). \*\*

**Questions? Call our pre-enrollment line at 888.806.5042.**

**Together, all the way.®**



\*A PCP may be selected from Internal or Family Medicine, General Practice, Pediatrics or OB-GYN. Call for more details. \*\*Eligible out-of-network emergency and urgent care services (as defined in your plan documents) are covered at the in-network benefit level.

Providers and facilities that participate in the Cigna network are independent practitioners solely responsible for the treatment provided to their patients. They are not agents of Cigna. Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, view your plan materials.

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