

DISCOVER QUALITY CARE AT A LOWER COST

The Southern California Select HMO Plan

With the Southern California Select HMO plan, Cigna is collaborating with our provider partners to make health care more affordable, predictable and simple for the clients and customers we serve.

Each covered member on the Southern California Select plan has the option to choose a primary care physician (PCP) from one of the following physician group systems in the Southern California Select Network,¹ close to where they work or live, including:²

- › **Los Angeles County** - Optum
- › **Orange County** - Hoag
- › **Orange County** - Providence
- › **Riverside & San Bernardino counties** - PrimeCare
- › **San Diego County** - Scripps Health

Service, support and savings designed to help customers live their healthiest lives.

By choosing the Southern California Select plan, covered members will have access to hundreds of well-recognized providers³ in the Southern California Select Network.¹

And as Cigna customers, plan members can enjoy access to a variety of programs and resources that will help them to save money throughout the year and to stay well – body and mind.

How the plan works

- › Each member on the plan has the option to choose a PCP from any one of the five provider groups in the

Southern California Select Network¹ – whether it's the one closest to home, school or work.

- › PCP selection determines the provider group with which members are aligned.
- › The selected PCP coordinates care, including referrals to other providers or specialists.⁴ Generally, PCPs will refer members to specialists within the physician network that they are aligned to.
- › Members will see specialists and use the facilities aligned to the provider group selected. If the member chooses a physician or facility outside of the network, their care will be considered out-of-network and will not be covered by their plan, except in the case of emergency or urgent care services.⁵
- › PCP selection can be changed anytime after the plan start date by visiting **myCigna.com**, using the **myCigna® App** or calling the number on the back of the ID card.

How to determine if a provider is in-network?

Cigna.com provides the most up-to-date list of in-network providers and hospitals. Search “Find a Doctor, Dentist or Facility” at **Cigna.com** (before your plan starts) or on **myCigna.com** (after your plan starts) to find in-network providers.

The Southern California Select HMO Network Details
Listed below are the groups and systems with in-network physicians. Consult the directory for specifics.¹

Los Angeles County	Orange County	Orange County	Riverside & San Bernardino	San Diego County
Optum	Hoag	Providence	PrimeCare	Scripps Health
Physician network composition ⁶				
Optum (Clinics), OptumCare Network (IPA Physicians) and AppleCare Medical Group Physicians in Los Angeles County in: ^{6,7} • Central L.A. • Downey • Downtown L.A. • East L.A. • Long Beach • San Fernando Valley • San Gabriel Valley • South Bay & Beach Cities • Westside Los Angeles • Whittier	• Hoag Medical Group • Hoag Physician Partners	• Mission Heritage Medical Group • Mission Hospital Affiliated Physicians • St. Joseph Heritage Medical Group • St. Joseph Hospital Affiliated Physicians • St. Jude Affiliated Physicians • St. Jude Heritage Medical Group	• PrimeCare Medical Group of Citrus Valley • PrimeCare Medical Group of Corona • PrimeCare Medical Group of Hemet Valley • PrimeCare Medical Group of Inland Valley • PrimeCare Medical Group of Moreno Valley • PrimeCare Medical Group of Redlands • PrimeCare Medical Group of Riverside • PrimeCare Medical Group of San Bernardino • PrimeCare Medical Group of Sun City • PrimeCare Medical Group of Temecula • Valley Physicians Network	• Scripps Clinic • Scripps Coastal Medical Center • Mercy Physicians Medical Group • Scripps Physicians Medical Group • Rady Children's Specialists of San Diego



WITH PARTNER HEALTH SYSTEMS:

Providence | Scripps Health | Optum

IN COLLABORATION WITH:

Hoag | PrimeCare

Los Angeles County	Orange County	Orange County	Riverside & San Bernardino	San Diego County
Optum	Hoag	Providence	PrimeCare	Scripps Health
Hospital network composition ⁶				
<ol style="list-style-type: none"> 1. Adventist Health Glendale 2. Adventist Health White Memorial Medical Center 3. Beverly Hospital 4. Children's Hospital Los Angeles* 5. Emanate Health Foothill Presbyterian Hospital 6. Emanate Health Queen of the Valley Hospital 7. Huntington Hospital 8. Keck Hospital of USC* 9. Lakewood Regional Medical Center 10. Long Beach Memorial Medical Center 11. Methodist Hospital of Southern California 12. Miller Children's Hospital* 13. Monterey Park Hospital 14. PIH Health Good Samaritan Hospital 15. Providence Holy Cross Medical Center 16. Providence Little Company of Mary, San Pedro 17. Providence Little Company of Mary, Torrance 18. Providence St. John's Health Center 19. Providence Saint Joseph Medical Center 20. Providence Tarzana Medical Center 21. Ronald Reagan UCLA Medical Center* 22. San Dimas Community Hospital 23. Southern California Hospital at Culver City 24. Torrance Memorial Medical Center 25. UCLA Mattel Children's Hospital* 26. USC Verdugo Hills Hospital 27. Valley Presbyterian Hospital 	<ol style="list-style-type: none"> 1. Children's Hospital at Mission* 2. Children's Hospital of Orange County (CHOC)* 3. Hoag Hospital, Irvine 4. Hoag Memorial Hospital Presbyterian 5. Hoag Orthopedic Institute 	<ol style="list-style-type: none"> 1. Children's Hospital at Mission* 2. Children's Hospital of Orange County (CHOC)* 3. Mission Hospital, Laguna Beach 4. Mission Hospital Regional Medical Center, Mission Viejo 5. St. Joseph Hospital of Orange 6. St. Jude Medical Center* 	<ol style="list-style-type: none"> 1. Community Hospital of San Bernardino 2. Corona Regional Medical Center 3. Hemet Valley Community Hospital 4. Inland Valley Regional Medical Center 5. Loma Linda University Children's Hospital* 6. Loma Linda University Medical Center* 7. Loma Linda University Medical Center, Murrieta 8. Menifee Valley Medical Center 9. Parkview Community Hospital Medical 10. Rancho Springs Medical Center 11. Redlands Community Hospital 12. San Antonio Regional Hospital 13. San Geronio Memorial Hospital 14. St. Bernardine Medical Center 15. Temecula Valley Hospital 16. Children's Hospital of Orange County (CHOC)* 17. Rady Children's Hospital, San Diego* (Referral only) 	<ol style="list-style-type: none"> 1. Scripps Green Hospital 2. Scripps Memorial Hospital — Encinitas 3. Scripps Memorial Hospital — La Jolla 4. Scripps Mercy Hospital — Chula Vista 5. Scripps Mercy Hospital — San Diego 6. Rady Children's Hospital — San Diego* (Referral only)
Provider counts ⁷				
3,710+ providers, including 2,270+ specialists	520+ providers, including 380+ specialists	1,380+ providers, including 920+ specialists	950+ providers, including 660+ specialists	2,090+ providers, including 1,670+ specialists

*Pediatric and specialty hospitals.



WITH PARTNER HEALTH SYSTEMS:
Providence | Scripps Health | Optum
 IN COLLABORATION WITH:
Hoag | PrimeCare

1. Not all providers may be in the Southern California Select Network. Please access the Cigna provider directory on [Cigna.com](https://www.cigna.com) or call 800.244.6224. 2. Plans may be limited geographically. Providers are located throughout the majority of the counties. 3. Includes PCPs, pediatricians, specialists and allied practitioners. Subject to change. 4. Specific providers such as OB/GYNs and behavioral providers can be seen without a referral. See your plan documents for details or call 800.244.6224. 5. Eligible out-of-network emergency and urgent care services (as defined in the plan documents) are covered at the in-network benefit level. 6. Subject to change. 7. Data as of March 2020–2021 analyzing “unique” provider IDs. Access the provider directory on [Cigna.com](https://www.cigna.com) to see which providers are accepting new patients. Provider counts represent contracted providers within the county and may vary. Counts are not a representation of contractually available providers, are subject to change and may vary based on factors including, but not limited to, location, referral patterns and capacity. PCP and specialist counts include pediatric providers.

The providers and facilities that participate in the Cigna network are independent contractors solely responsible for the treatment provided to their patients. They are not agents of Cigna. Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna representative.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company and HMO or service company subsidiaries of Cigna Health Corporation, including Cigna HealthCare of California, Inc. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.