

Individual and Family Plans

Cigna Health and Life Insurance Company

Cigna HealthCare of Texas, Inc.

Cigna HealthCare of Arizona, Inc.

2016 NO COST-SHARE PREVENTIVE MEDICATIONS

by drug category

At Cigna, your health and well-being is most important, and we want you to be at your 100% best. It's good to take care of yourself. Getting the right preventive care services at the right time can help you stay healthy.

Health care reform requires coverage of specific preventive medications with no patient cost-sharing

The Patient Protection and Affordable Care Act (PPACA) requires that certain categories of drugs and other products be included in preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations are meant to help prevent disease and meet women's unique health care needs, and are updated periodically to reflect new advances in science and medicine.

Preventive medication coverage

The following prescription medications (as well as certain over-the-counter medications) and products may be available to you with no cost-sharing (copay, coinsurance and/or deductible) depending on your plan. Visit Cigna.com/ifp-drug-list for more information. Once you are a customer, you can review your policy or use the Prescription Drug Price Quote tool on myCigna.com to compare prices at local retail pharmacies and Cigna Home Delivery PharmacySM. If you have questions, you can **call customer service using the number on the back of your ID card, 24 hours a day, 365 days a year, and we'll be happy to help.**

Your healthcare professional

Talk with your health care professional about choosing the medication or product that's right for you. If your health care professional feels a certain contraceptive product (on this list) or smoking cessation product (on this list) isn't medically appropriate for you, have your health care professional contact us to determine what other contraceptive products (not on this list) may be available with no cost-sharing. For preventive medications (including over-the-counter medications) or products to be covered, you'll need to get a prescription from your health care professional.

Together, all the way.®



This list represents the medications that Cigna plans will cover with no cost-sharing due to PPACA requirements. Please note: this list is subject to change.

Aspirin Products

Available to:

Males: 45-79 years

Females*: 55-79 years

*Available for females of childbearing age at risk of preeclampsia during pregnancy

Adult Low Dose Aspirin
Adult Low Dose Aspirin EC
Aspirin EC 81
Aspirin 81 mg
Aspirin-Low
Bayer Chewable Aspirin
Children's Aspirin
Children's Chewable Aspirin
Ecotrin 81 mg
Halfprin
Low Dose Aspirin
Low Dose Aspirin EC
St. Joseph Aspirin

Breast Cancer Prevention

Available to Females

raloxifene
tamoxifen

Barrier Contraception

Available to Females

Conceptrol
FC2 Female Condom
Femcap
Gynol II
Options Conceptrol Vaginal Contraceptive
Options Gynol II Vaginal Contraceptive
Today Contraceptive Sponge
VCF Vaginal Contraceptive Film
VCF Vaginal Contraceptive Foam
Wide Seal Diaphragm 60
Wide Seal Diaphragm 70
Wide Seal Diaphragm 75
Wide Seal Diaphragm 80
Wide Seal Diaphragm 85
Wide Seal Diaphragm 90
Wide Seal Diaphragm 95
Wide Seal Diaphragm 65

Bowel Prep Products for Colorectal Cancer Screenings

Available to Males and Females: 50-75 years

bisacodyl 5mg tablets
bisacodyl EC 5mg tablets
Colyte with flavor packets
Gavilyte-C
Gavilyte-G
Gavilyte-H and bisacodyl
Gavilyte-N
Golytely
Miralax
Moviprep
Nulytely with flavor packs
Osmoprep
PEG 3350
PEG 3350 with electrolytes
PEG 3350 with flavor packs
PEG-Prep
Prepopik
Suprep
Trilyte with flavor packs

Emergency Contraception

Available to Females

Ella
My Way
Next Choice One Dose
Take Action

Hormonal Contraception^{^*}

Available to Females

Altavera
Alyacen 1/35
Alyacen 7/7/7
Amethia
Amethia Lo
Apri
Aranelle
Aubra
Aviane
Azurette
Balziva
Briellyn
Camila
Camrese
Camrese Lo
Caziant

Chateal
Cryselle-28
Cyclafem 1/35
Cyclafem 7/7/7
Dasetta 1/35
Dasetta 7/7/7
Daysee
desogestrel/ethinyl estradiol
drospirenone/ethinyl estradiol
Elinest
Emoquette
Enpresse-28
Enskyce
Errin
Estarylla
Falmina
Generess Fe
Gianvi
Gildagia
Gildess 1.5/30
Gildess 1/20
Gildess FE 1.5/30
Gildess FE 1/20
Heather
Introvale
Jencycla
Jolesa
Jolivette
Junel 1.5/30
Junel 1/20
Junel FE 1.5/30
Junel FE 1/20
Kariva
Kurvelo
Larin 1/20
Larin FE 1.5/30
Larin FE 1/20
Leena
Lessina
Levonest
levonorgestrel
levonorgestrel and ethinyl estradiol
levonorgestrel/ethinyl estradiol
Levora 0.15/30-28
Loryna
Low-Ogestrel
Lutera
Lyza
Marliisa
medroxyprogesterone acetate
150 MG/ML
Microgestin 1.5/30
Microgestin 1/20
Microgestin FE
Microgestin FE 1.5/30
Mono-Linyah
Mononessa

Myzila
Necon 0.5/35-28
Necon 1/35
Necon 7/7/7
Nora-Be
norethindrone
norgestimate/ethinyl estradiol
norgestrel/ethinyl estradiol
Nortrel 0.5/35 (28)
Nortrel 1/35
Nortrel 7/7/7
Nuvaring
Ocella
Orsythia
Philith
Pimtrea
Pirmella 1/35
Pirmella 7/7/7
Portia-28
Previfem
Quasense
Reclipsen
Sprintec 28
Sronyx
Syeda
Tilia FE
Tri-Estarylla
Tri-Legest FE
Tri-Linyah
Trinessa
Tri-Previfem
Tri-Sprintec
Trivora-28
Velivet
Vestura
Viorele
Vyfemla
Wera
Wymzya FE
Xulane
Zarah
Zenchent
Zenchent FE
Zeosa
Zovia 1/35E

[^] If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.

* Generic hormonal contraceptives are available at no cost-sharing to you, even though they may not be listed here.

Fall Prevention/Vitamin D Supplementation

* adults 65 years of age and older to prevent falls

Children's Replesta
Children's Vitamin D
D3 Dots
D3-2000
D3-50
Decara
Delta D3
Dialyte Vitamin D3 Max
Dialyvit Vitamin D
D-Vi-Sol
D-Vita
Just D
Kids Vitamin D3
Maximum D3
Optimal D3
Replesta
Replesta NX
Thera-D
Vitamin D
Vitamin D3
Vitamin D-400

Folic Acid Supplementation

Available to Females (Only products containing 0.4 mg-0.8 mg of folic acid are included)

Classic Prenatal
Daily Prenatal
Folic Acid
KPN
Maxinate
One Daily Prenatal
P-D Natal Plus With Folic Acid
Prenatal
Prenatal Formula
Prenatal Multi + DHA
Prenatal OTC
Prenatal Vitamins
Preque 10
Right Step Prenatal Vitamins
Urosex

Pediatric Multivitamins

(containing fluoride and fluoride supplements)

Available to Males and Females: six months - six years

Escavite
Escavite D
Floriva
Fluorabon
Fluor-a-day
Fluoride
Fluoritab
Flura-drops
Ludent Fluoride
Multivitamin and Fluoride
Multivitamins with Fluoride
Multivitamins with Fluoride-Iron
MVC-Fluoride
MyKidz Iron FL
Poly-VI-Flor
Poly-VI-Flor with Iron
Polyvitamins with Fluoride
Quflora
Sodium Fluoride
Texavite LQ
Triple Vitamin w/Fluoride
Tri-VI-Flor
Tri-vitamin with Fluoride
Tri-vite w/Fluoride
Tri-vite w/Fluoride Iron
Vitamins A,C,D & Fluoride

Pediatric Iron-Containing Products/Fluoride Supplementation

Available to Males and Females: six months - 12 months

Children's Ferrous Sulfate
Children's Iron
Fer-In-Sol
Fer-Iron
Ferrous Sulfate
Flura Drops
Icar

IronUp
Multivitamins with Fluoride-Iron
MyKidz Iron 10
Novaferum
Wee Care

Smoking Cessation^{^*}

Quantity Limitations apply.

bupropion (generic for Zyban[®])

May also be known as:

Bupropion HCl SR 12HR

Buproban

nicotine replacement therapy*

patches, gum and lozenges

May also be known as:

Commit

Nicoderm

Nicorelief

Nicorette

Nicotine Polacrilex Gum

Nicotine Polacrilex Lozenge

Nicotine TD Patch 24HR

Nicotine Transdermal System

[^] If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.

* Generic nicotine replacement therapy (so called "store-brands") are available at no cost-sharing to you, even though they may not be listed here.

Medical insurance policies/service agreements contain exclusions and limitations. To be eligible for coverage, a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan/service agreement provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill or purchase the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.



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