

## Individual and Family Plans

Cigna Health and Life Insurance Company,  
Cigna HealthCare of Texas, Inc. and  
Cigna HealthCare of Arizona, Inc.

## CONNECT NETWORK

# CIGNA CONNECT NETWORK



## 2016 Network Information

Cigna's health insurance plans offer you and your family a range of coverage options and access to quality care at an affordable price. Plans in select markets use the Connect Network, which provides you with access to personalized care and attention from providers in the network in your local area.

### Cigna Connect plans offer:

- ▶ 100% in-network preventive care (like your annual check-up and routine immunizations<sup>4</sup>) to help keep you healthy and well.
- ▶ Access to emergency care 24/7, both in and out-of-network<sup>5</sup>
- ▶ 24/7/365 customer service and a 24/7 Health Information Line, in case you want to speak to a Nurse or health care specialist
- ▶ Online provider directory with the most up-to-date list of doctors and other health care professionals who are in-network

### Cigna Medical Plans

Market	Plan type	Plan name	Network
Arizona – Phoenix	HMO <sup>1,2</sup>		
Colorado – Denver-Metro/Boulder	EPO <sup>1,3</sup>		
Missouri – St. Louis	EPO <sup>3</sup>	Cigna Connect plans	Connect Network
Tennessee – Nashville/Tri-Cities	EPO <sup>1,3</sup>		
Texas – Houston	HMO <sup>1,2</sup>		

### Get access to quality care and savings

The Connect Network is a group of health care professionals in your local area that we have selected with cost and quality in mind. Some of the health care professionals in our Network have separately earned the Cigna Care Designation — recognized for achieving top results on Cigna quality and cost-efficiency measures.

When you visit a Connect Network health care professional or facility, you'll receive care at our lower negotiated rates to help keep your out of pocket costs down — even if you haven't met your deductible.








With our Connect Plans, you will need to select an in-network primary care physician (PCP).<sup>1</sup> Your PCP will get to know your needs, refer you to specialists when needed, and ensure that your doctors are communicating and coordinating your care.

**Find doctors in-network:**  
[Cigna.com/ifp-providers](http://Cigna.com/ifp-providers)

**Together, all the way.®**



## Important plan information

To remain in-network:	
In the case of an emergency	Emergency care is covered, in and out-of-network <sup>3</sup>
When seeing a primary care physician	PCP selection required <sup>2</sup>
When seeing a specialist physician	Visit specialist in the Connect Network. Referral required <sup>2</sup>
Out-of-network	Visits to providers outside of the Connect Network are not covered by the plan <sup>6</sup>
Find providers in-network	 <a href="http://Cigna.com/ifp-providers">Cigna.com/ifp-providers</a>
State specific Connect Network flyers	<ul style="list-style-type: none"> <li> Phoenix, Arizona Connect Network Flyer</li> <li> Denver, Colorado Connect Network Flyer</li> <li> Nashville, Tennessee Connect Network Flyer</li> <li> Tri-cities, Tennessee Connect Network Flyer</li> <li> St. Louis, Missouri Connect Network Flyer</li> <li> Houston, Texas Connect Network Flyer</li> </ul>

**Contact your licensed Cigna broker or agent or visit [Cigna.com](http://Cigna.com)**

1. PCP selection is required in all states except Missouri. 2. Health Maintenance Organization. 3. Exclusive Provider Organization. 4. Not all preventive care services are covered, like immunizations for travel. Please see your policy documents for a list of eligible covered and non-covered preventive care services. 5. Emergency medical condition as defined in your plan. 6. If medically necessary covered services are not available through a network participating provider, Cigna will grant a referral from an in-network provider to an out-of-network provider and Cigna will reimburse that visit at the customary rate or at an agreed upon rate. See policy or call customer service for more details.

Individual service agreements have exclusions, limitations, reduction of benefits and terms under which the policies may be continued in force or discontinued. Medical applications are accepted during the annual open enrollment period, or within 60 calendar days of a qualifying life event. Benefits are provided only for those services that are medically necessary as defined in the service agreement and for which the insured person has benefits. Cigna does not intentionally discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation, or health status in the administration of the plan, including enrollment and benefit determinations.

For costs, and additional details about coverage, contact Cigna at 900 Cottage Grove Rd, Hartford, CT 06152 or call 1.866.GET.Cigna. (1.866.438.2446).



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