Cigna's health insurance plans offer you and your family a range of coverage options and access to quality care at an affordable price. Plans in select markets use the Connect Network, which provides you with access to personalized care and attention from providers in the network in your local area.

**Connect plans that use the Connect Network are available in the following Tennessee counties:**

**Nashville:** Cheatham, Davidson, Montgomery, Robertson, Rutherford, Sumner, Trousdale, Williamson, Wilson

**Get access to quality care and savings**

The Connect Network is comprised of health care professionals in your local area that we have selected with cost and quality in mind. Some of the health care professionals in our Network have separately earned the Cigna Care Designation – recognized for achieving top results on Cigna quality and cost-efficiency measures.

When you visit a Connect Network health care professional or facility, you’ll receive care at our lower negotiated rates to help keep your out of pocket costs down – even if you haven’t met your deductible.

With our Connect Plans, you will select an in-network primary care physician (PCP). Your PCP will refer you to specialists, coordinate medications and treatments and share essential medical information with your health care team. Your PCP will work with your specialists to put the pieces together to get the “big picture” of your health.

**Cigna Connect plans offer:**

- Your choice of a primary care physician (PCP).
- Affordable premiums and lower negotiated rates to keep your health care costs down.
- 100% in-network preventive care¹ to help keep you healthy and well.
- A network of quality doctors in your local area. Plus, access to ER care both in and out-of-network across the nation.²
- Tools and services to help make it easy for you to select plans and doctors, and predict costs online, on the phone, and on the go.

**Find doctors in network:** Cigna.com/ifp-providers

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¹ Some deductibles may apply.² Out-of-network care is covered at lower rates.
Important Plan Information for Nashville, Tennessee

<table>
<thead>
<tr>
<th>Network</th>
<th>Connect Network</th>
</tr>
</thead>
<tbody>
<tr>
<td>Additional Network information</td>
<td>📄 High-level Connect Network Flyer</td>
</tr>
<tr>
<td>Plan type</td>
<td>Exclusive Provider Organization (EPO)</td>
</tr>
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</table>

To remain in-network:

<table>
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<th>In the case of an emergency</th>
<th>Emergency care is covered, in and out-of-network¹</th>
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<tr>
<td>When seeing a Primary Care Physician</td>
<td>PCP selection is required</td>
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<tr>
<td>When seeing a Specialist Physician</td>
<td>Visit Specialists in the Connect Network. Referral is required</td>
</tr>
<tr>
<td>Out of network</td>
<td>Visits to providers outside of the Connect Network are not covered by the plan</td>
</tr>
</tbody>
</table>

Find providers in-network: 🔄 Cigna.com/ifp-providers

The Cigna Connect Network includes³ access to many Hospital and Physician groups including:

### Major hospital systems
- Centennial Medical Center
- Centennial Medical Center at Ashland City
- Summit Medical Center
- Southern Hills Medical Center
- Stonecrest Medical Center
- Horizon Medical Center
- Hendersonville Medical Center
- Skyline Medical Center

### Major physician groups
- Synergy
  - Heritage Medical Associates
  - Sumner Medical Group

Contact your licensed Cigna broker or agent or visit Cigna.com

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1. Not all preventive care services are covered, like immunizations for travel. Please see your plan documents for a list of eligible covered and non-covered preventive care services.  
2. Emergency medical condition as defined in your plan.  
3. This listing is not all-inclusive. For a complete listing of Connect health care professionals and facilities, visit Cigna.com/ifp-providers or contact Cigna at 1.866.494.2111.

Medical insurance policies have exclusions, limitations, reduction of benefits and terms under which the policies may be continued in force or discontinued. Medical applications are accepted during the annual open enrollment period, or within 60 calendar days of a qualifying life event. Benefits are provided only for those services that are medically necessary as defined in the policy and for which the insured person has benefits. Cigna does not intentionally discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation, or health status in the administration of the plan, including enrollment and benefit determinations.

For costs, and additional details about coverage, contact Cigna at 900 Cottage Grove Rd, Hartford, CT 06152 or call 1.866.GET.Cigna. (1.866.438.2446).

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Nashville, Tennessee Connect Network Service area:
Cheatham, Davidson, Montgomery, Robertson, Rutherford, Sumner, Trousdale, Williamson, Wilson

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