

## Individual and Family Plans

Cigna Health and Life Insurance Company,  
Cigna HealthCare of Arizona, Inc.,  
Cigna HealthCare of Illinois, Inc.,  
Cigna HealthCare of North Carolina, Inc. and  
Cigna HealthCare of Texas, Inc.

# 2017 NO COST-SHARE PREVENTIVE MEDICATIONS

by drug category

At Cigna, your health and well-being is most important, and we want you to be at your 100% best. It's good to take care of yourself. Getting the right preventive care services at the right time can help you stay healthy.

### Health care reform requires coverage of specific preventive medications with no patient cost-sharing

The Patient Protection and Affordable Care Act (PPACA) requires that certain categories of drugs and other products be included in preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations are meant to help prevent disease and meet women's unique health care needs, and are updated periodically to reflect new advances in science and medicine.

### Preventive medication coverage

The following prescription medications (as well as certain over-the-counter medications) and products may be available to you with no cost-sharing (copay, coinsurance and/or deductible) depending on your plan. Visit [Cigna.com/ifp-drug-list](http://Cigna.com/ifp-drug-list) for more information. Once you are a Cigna customer, you can review your

plan details or use the Prescription Drug Price Quote tool on [myCigna.com](http://myCigna.com) to compare prices at local retail pharmacies and Cigna Home Delivery Pharmacy<sup>SM</sup>. If you have questions, you can **call customer service using the number on the back of your ID card, 24 hours a day, 365 days a year, and we'll be happy to help.**

### Your healthcare professional

Talk with your health care professional about choosing the medication or product that's right for you. If your health care professional feels a certain contraceptive product (on this list) or smoking cessation product (on this list) isn't medically appropriate for you, have your health care professional contact us to determine what other contraceptive products (not on this list) may be available with no cost-sharing. For preventive medications (including over-the-counter medications) or products to be covered, you'll need to get a prescription from your health care professional.

Together, all the way.®



This list represents the medications that Cigna plans will cover with no cost-sharing due to PPACA requirements. These include generics and brand name medications (that don't have a generic alternative). Generic alternatives become available on an ongoing basis. If a generic alternative becomes available, the generic will be available at no cost share and the brand name medication available at your plan's brand cost share amount, unless prior approval has been received by Cigna. Please note: this list is subject to change.

## Aspirin Products

Available to:

Males: 45-79 years

Females\*: 55-79 years

\*Available for females of childbearing age at risk of preeclampsia during pregnancy

Adult Low Dose Aspirin  
 Adult Low Dose Aspirin EC  
 Aspirin 81 mg  
 Aspir-Low  
 Bayer Chewable Aspirin  
 Children's Aspirin  
 Children's Chewable Aspirin  
 Ecotrin 81 mg  
 St. Joseph Aspirin

## Barrier Contraception

Available to Females

Conceptrol Insert  
 FC2 Female Condom  
 Femcap  
 Gynol II  
 Today Contraceptive Sponge  
 VCF Vaginal Contraceptive Film  
 VCF Vaginal Contraceptive Foam  
 VCF Vaginal Contraceptive Gel  
 Wide Seal Diaphragm

## Bowel Prep Products for Colorectal Cancer Screenings

Available to Males and Females:  
 50-75 years

bisacodyl 5mg tablets  
 bisacodyl EC 5mg tablets  
 Colyte with flavor packets  
 Gavilyte-C  
 Gavilyte-G  
 Gavilyte-H and bisacodyl  
 Gavilyte-N  
 Golytely  
 Miralax  
 Moviprep

Nulytely with flavor packs  
 Osmoprep  
 PEG 3350  
 PEG 3350 with electrolytes  
 PEG 3350 with flavor packs  
 PEG-Prep  
 Prepopik  
 Suprep  
 Trilyte with flavor packs

## Breast Cancer Prevention

Available to Females  
 \* effective on plan anniversary date beginning September 1, 2014.

raloxifene  
 tamoxifen

## Emergency Contraception

Available to Females

Ella  
 My Way  
 Next Choice One Dose

## Fall Prevention/Vitamin D Supplementation

\* adults 65 years of age and older to prevent falls

Children's Replesta  
 Children's Vitamin D  
 D3 Dots  
 D3-2000  
 D3-50  
 Decara  
 Delta D3  
 Dialyte Vitamin D3 Max  
 Dialyvite Vitamin D  
 D-Vi-Sol  
 D-Vita  
 Just D  
 Kids Vitamin D3  
 Maximum D3

Optimal D3  
 Replesta  
 Replesta NX  
 Thera-D  
 Vitamin D  
 Vitamin D3  
 Vitamin D-400

## Folic Acid Supplementation

Available to Females (Only products containing 0.4 mg-0.8 mg of folic acid are included)

Classic Prenatal  
 Daily Prenatal  
 Folic Acid  
 KPN  
 Maxinate  
 One Daily Prenatal  
 P-D Natal Plus With Folic Acid  
 Prenatal  
 Prenatal Formula  
 Prenatal Multi + DHA  
 Prenatal OTC  
 Prenatal Vitamins  
 Preque 10  
 Right Step Prenatal Vitamins  
 Urosex

## Hormonal Contraception<sup>^\*</sup>

Available to Females

Altavera  
 Alyacen  
 Amethia  
 Amethia Lo  
 Apri  
 Aranelle  
 Aubra  
 Aviane  
 Azurette  
 Balziva  
 Briellyn  
 Camila  
 Camrese  
 Camrese Lo  
 Caziant

Chateal  
 Cryselle  
 Cyclofem  
 Dasetta  
 Daysee  
 desogestrel/ethinyl estradiol  
 drospirenone/ethinyl estradiol  
 Elinest  
 Emoquette  
 Enpresse  
 Enskyce  
 Errin  
 Estarylla  
 Falmina  
 Gianvi  
 Gildagia  
 Gildess  
 Gildess FE  
 Heather  
 Introvale  
 Jencycla  
 Jolessa  
 Jolivette  
 Junel  
 Junel FE  
 Kariva  
 Kurvelo  
 Larin  
 Larin FE  
 Leena  
 Lessina  
 Levonest  
 levonorgestrel and ethinyl estradiol  
 Levora  
 Loryna  
 Low-Ogestrel  
 Lutera  
 Lyza  
 Marlissa  
 medroxyprogesterone acetate  
 150 MG/ML  
 Microgestin  
 Microgestin FE  
 Mono-Linyah  
 Mononessa  
 Myzilra  
 Necon  
 Nora-Be  
 norethindrone

norgestimate/ethinyl estradiol  
norgestrel/ethinyl estradiol  
Nortrel  
Nuvaring  
Ocella  
Orsythia  
Philith  
Pimtrea  
Pirmella  
Portia  
Previfem  
Quasense  
Reclipsen  
Sprintec  
Sronyx  
Syeda  
Tilia FE  
Tri-Estarylla  
Tri-Legest FE  
Tri-Linyah  
Trinessa  
Tri-Previfem  
Tri-Sprintec  
Trivora  
Velivet  
Vestura  
Viorele  
Vyfemla  
Wera  
Wymzya FE  
Xulane  
Zarah  
Zenchent  
Zenchent FE  
Zovia

^ If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.

\* Generic hormonal contraceptives are available at no cost-sharing to you, even though they may not be listed here.

## Pediatric Iron-Containing Products/Fluoride Supplementation

Available to Males and Females:  
six months – 12 months

Children's Ferrous Sulfate  
Children's Iron  
Fer-In-Sol  
Fer-Iron  
Ferrous Sulfate  
Flura Drops  
Icar  
IronUp  
Multivitamins with Fluoride-Iron  
MyKidz Iron 10  
Novaferum  
Wee Care

## Pediatric Multivitamins

(containing fluoride and fluoride supplements)

Available to Males and Females:  
six months – six years

Escavite  
Escavite D  
Floriva  
Fluorabon  
Fluor-a-day  
Fluoride  
Fluoritab  
Flura-drops  
Ludent Fluoride  
Multivitamin and Fluoride  
Multivitamins with Fluoride  
Multivitamins with Fluoride-Iron  
MVC-Fluoride  
MyKidz Iron FL  
Poly-VI-Flor  
Poly-VI-Flor with Iron  
Polyvitamins with Fluoride  
Quflora  
Sodium Fluoride  
Texavite LQ  
Triple Vitamin w/Fluoride  
Tri-VI-Flor  
Tri-vitamin with Fluoride  
Tri-vite w/Fluoride  
Tri-vite w/Fluoride Iron  
Vitamins A,C,D & Fluoride

## Smoking Cessation<sup>^\*</sup>

Quantity Limitations apply.

bupropion (generic for Zyban<sup>®</sup>)

May also be known as:

Bupropion HCl SR 12HR

Buproban

nicotine replacement therapy\*

patches, gum and lozenges

May also be known as:

Commit

Nicoderm

Nicorelief

Nicorette

Nicotine Polacrilex Gum

Nicotine Polacrilex Lozenge

Nicotine TD Patch 24HR

Nicotine Transdermal System

^ If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.

\* Generic nicotine replacement therapy (so called "store-brands") are available at no cost-sharing to you, even though they may not be listed here.

Medical insurance policies/service agreements contain exclusions and limitations. To be eligible for coverage, a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your policy/service agreement provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill or purchase the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.



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Die Bekanntmachung gebt wicherdichi Auskunft baut dei Application oder Coverage mit dit bericht. Geb Acht fer wicherdiche Daadem in die Bekanntmachung. Es iss meeglich, ass du ebbes duh muscht, an beschtimmdie Deadlines, so ass du dei Health Coverage bhalde kannscht, odder bezaahle helfe kannscht. Du hoscht es Recht fer die Information un Hilf in deinre eegne Schprouch griege, un die Hilf koschtet nix. Bel 866-494-2111.

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