At Cigna, your health and well-being is most important, and we want you to be at your 100% best. It’s good to take care of yourself. Getting the right preventive care services at the right time can help you stay healthy.

Health care reform requires coverage of specific preventive medications with no patient cost-sharing

The Patient Protection and Affordable Care Act (PPACA) requires that certain categories of drugs and other products be included in preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations are meant to help prevent disease and meet women’s unique health care needs, and are updated periodically to reflect new advances in science and medicine.

Preventive medication coverage

The following prescription medications (as well as certain over-the-counter medications) and products may be available to you with no cost-sharing (copay, coinsurance and/or deductible) depending on your plan. Check your plan materials or visit myCigna.com for more information. You can also use the Prescription Drug Price Quote tool on myCigna.com to compare prices at local retail pharmacies and Cigna Home Delivery PharmacySM. If you have questions, you can call customer service using the number on the back of your ID card, 24 hours a day, 365 days a year, and we’ll be happy to help.

Religious exemptions to covering contraceptives

PPACA allows certain non-profit employers to exclude coverage for contraceptive services due to religious beliefs.

If you’re a woman with medical coverage though one of these employers, Cigna will let you know that your plan does not cover these medications, and Cigna will offer to pay for your contraceptive services and specific medications at no additional cost to you if you choose. This coverage isn’t administered, funded by or connected in any way to your employer’s health coverage, and is private and confidential.

Your healthcare professional

Talk with your doctor about choosing the medication or product that’s right for you. If your doctor feels a certain contraceptive product (on this list) isn’t medically appropriate for you, have your doctor contact us to determine what other contraceptive products (not on this list) may be available with no cost-sharing. For preventive medications (including over-the-counter medications) or products to be covered, you’ll need to get a prescription from your doctor.

Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, or their affiliates.
This list represents the medications that Cigna administered plans will cover with no cost-sharing due to PPACA requirements. Please note: this list is subject to change.

**ASPIRIN PRODUCTS**
Available to:
- **Males**: 45 – 79 years
- **Females**: 55 – 79 years
  - Adult Low Dose Aspirin
  - Adult Low Dose Aspirin EC
  - Ascriptin
  - Aspirin
  - Aspirin Buffered
  - Aspirin EC
  - Aspirin-Low
  - Aspirin-Trin
  - Aspirin
  - Aspirin
  - Bayer Aspirin
  - Bayer Chewable
  - Children's Aspirin
  - Children's Chewable Aspirin
  - Ecotrin
  - Ecpirin
  - Lite Coat Aspirin
  - Lo-Dose Aspirin EC
  - Low Dose Aspirin
  - Low Dose Aspirin EC
  - Miniprin
  - St. Joseph Aspirin
  - Tri-Buffered Aspirin
  - TX-Prin

**FOVIC ACID SUPPLEMENTS**
Available to Females
(Only products containing from 0.5 mg – 0.8 mg of folic acid are included)
- Classic Prenatal
- Daily Prenatal
- Engran-HP
- Folic Acid
- KPN
- Maxinate
- Natalins
- Natelle-EZ
- One Daily Prenatal
- P-D Natal Plus With Folic Acid Prenatal
- Prenatal Formula
- Prenatal Multi + DHA
- Prenatal OTC
- Prenatal Vitamins
- Preque 10
- Right Step Prenatal Vitamins
- Stuart Prenatal
- Stuart Prenatal + DHA

**BARRIER CONCEPTION**
Available to Females
- Femcap
- Gynol II
- Ortho All-Flex
- Today Contraceptive Sponge
- VCF
- Wide Seal Diaphragm

**EMERGENCY CONCEPTION**
Available to Females
- Ella
- levonorgestrel

- My Way
- Next Choice One Dose
- Kurvelo
- levonorgestrel
- Levora
- Loryna
- Low-Ogestrel
- Microgestin
- Mono-Linyah
- Necon
- noreth-ethyl estradiol/iron
- Nortrel
- Ocella
- Ogestrel
- Previdem
- Quasense
- Sprintec
- Tri-Estarylla
- Tri-Linyah
- Trinessa
- Tri-Sprintec
- Vestura
- Zenchent
- Zeosa
- Zovia

- * If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.

**HORMONAL CONTRACEPTION**
Available to Females
- Amethia
- Apri
- Aviane
- Balziva
- Camila
- Camrese
- Daysee
- Errin
- Estarylla
- Gianvi
- Jolessa
- Junel FE
- Kariva

- Fluoride
- Fluritab
- Flura-drops
- Ludent Fluoride

- Multivitamins w-Fluoride-Iron
- Multivitamins with Fluoride
- MVC-Fluoride
- Polytab
- Poly-VI-Flor
- Poly-VI-Flor with Iron
- Polyvitamins with Fluoride
- Sodium Fluoride
- TL-Flourivite
- Triple Vitamin w/Fluoride
- Tri-VI-Flor
- Tri-VI-Flor
- Tri-vitamine Fluoride
- Tri-vite w/Fluoride
- Tri-vite w/Fluoride Iron
- Vitamins A,C,D & Fluoride

**PEDIATRIC IRON-CONTAINING PRODUCTS**
Available to Males and Females:
- six – 12 months
  - Children's Ferrous Sulfate
  - Children's Iron
  - Fer-In-Sol
  - Fer-Iron
  - Ferrous Sulfate
  - Icar
  - Wee Care

All health benefit plans and insurance policies contain exclusions and limitations. Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill or purchase the prescription. If you use a pharmacy that does not participate in your plan’s network, your prescription may not be covered, or reimbursement may be limited by your plan’s copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan’s prescription drug coverage.

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