



OVER-THE-COUNTER (OTC) MEDICATIONS AND PRODUCTS

Your 2017 catalog

Together, all the way.®



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YOUR OVER-THE-COUNTER (OTC) MEDICATIONS AND PRODUCTS

- 1** **Check** your Cigna-HealthSpring *Evidence of Coverage* to see your monthly OTC allowance.
- 2** **Choose** from the list of covered medications and products in this catalog.
- 3** **Call** to order.
1-866-851-1579 (TTY 711)
Monday – Friday, 8 a.m. – 9 p.m. EST.
- 4** **Ask** us to double-check your mailing address. We want to make sure you get your items.



SAVE MONEY AND TIME.

You can get over-the-counter items sent right to your door – with FREE delivery.

Q&A ABOUT YOUR OTC BENEFIT

Q. What can I order?

A: You can order from the list of covered items in this catalog. Covered items may include:

OTC medications

- Aspirin
- Acetaminophen
- Vitamins
- Bacitracin

Health-related products

- Nicotine patches
- Disposable underpads
- Compression socks
- Nasal strips

Q: How much is my allowance?

A: The dollar value of your monthly allowance depends on your plan. Check your Cigna-HealthSpring *Evidence of Coverage* to see your monthly OTC allowance.



1-866-851-1579 (TTY 711)

You can place your OTC order
Monday – Friday, 8 a.m. – 9 p.m. EST.

Q. When can I spend my allowance?

A: Your allowance goes into your account on the first day of every month. You can:

- Spend your allowance as soon as it is in your account
- Save up your allowances to order higher priced items
- Order once a month up to 12 times a year

Q: Who can get items through my OTC benefit?

A: You can order items that help you with a medical need every month you are a Cigna-HealthSpring customer. Cigna-HealthSpring prohibits the purchase of OTC items for family members or friends.

Q: How do I get my order?

A: The cost of your order must be less than or equal to the account balance for items to ship. OTC medications are only available for home delivery. Covered items are sent to you free of delivery charge. Please allow two weeks for home delivery.

BRAND EQUIVALENT INDEX

Please use the index below for ease in locating available OTC items.

Brand Equivalent	Catalog Item	Page
21st Century	<i>Glucosamine / Chondroitin</i>	8
Abreva	<i>Abreva</i>	12
Ace	<i>Ankle Support</i>	13
Ace	<i>Elastic Bandage - 2"</i>	15
Ace	<i>Elastic Bandage - 3"</i>	15
Ace	<i>Elastic Bandage - 4"</i>	15
Ace	<i>Elastic Bandage - 6"</i>	15
Advil	<i>Ibuprofen</i>	17
Afrin	<i>Nasal Decongestant Spray</i>	10
Aleve	<i>Naproxen</i>	18
AmLactin	<i>Ammonium Lactate</i>	18
Anbesol	<i>Oral Pain Relief</i>	12
Attends	<i>Bladder Control Liner, Moderate</i>	16
Attends	<i>Bladder Control Liner, Heavy</i>	16
Attends	<i>Bladder Control Liner, Maximum</i>	16
Attends	<i>Disposable Underwear, Medium</i>	16
Attends	<i>Disposable Underwear, Large</i>	16
Attends	<i>Disposable Underwear, X-Large</i>	17
Attends	<i>Underpad, Disposable - 23" x 24"</i>	17
Attends	<i>Underpad, Disposable - 23" x 36"</i>	17
Attends	<i>Underpad, Disposable - 30" x 30"</i>	17
Bacitracin	<i>Bacitracin Ointment</i>	13
Band-Aid	<i>Adhesive Bandages</i>	13
Bayer	<i>Aspirin</i>	17
Benadryl	<i>Diphenhist</i>	9
Benadryl	<i>Diphenhydramine HCL</i>	9
Benadryl	<i>Diphenhydramine HCL / Zinc Acetate</i>	11
Bengay	<i>Pain Relieving Muscle Rub</i>	18
Ben's	<i>Insect Repellent Spray</i>	15
Bonine	<i>Meclizine</i>	17
Braun	<i>Thermometer, Digital Ear</i>	16
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Breathe Right	<i>Nasal Strips, Medium / Large</i>	19

Brand Equivalent	Catalog Item	Page
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Carex	<i>Cushion, Foam Ring</i>	14
Carex	<i>Cushion, Lumbar</i>	14
Centrum	<i>Daily Multiple Vitamin Tablets with Minerals</i>	8
Cepacol	<i>Sore Throat Lozenges</i>	10
Chlor-Trimeton	<i>Chlorpheniramine Maleate</i>	9
CholesTrak	<i>Home Access Cholesterol Test</i>	9
Citrucel	<i>Methylcellulose</i>	11
Claritin	<i>Loratadine</i>	9
Clean and Clear	<i>Acne Gel 10% Benzoyl Peroxide</i>	18
Colace	<i>Docusate Sodium</i>	10
Colgate	<i>Toothbrush</i>	12
Commit	<i>Nicotine Lozenges</i>	19
Compound W	<i>Wart Remover</i>	19
Coppertone	<i>Sunscreen Lotion SPF 30</i>	18
Cortaid	<i>Hydrocortisone 1% Cream</i>	11
Curad	<i>Alcohol Pads</i>	13
Curad	<i>First Aid Kit</i>	15
Dr. Scholls	<i>Callus Remover Pads</i>	16
Dr. Scholls	<i>Corn Remover Pads</i>	16
Dr. Scholls	<i>Diabetic Sock, Black, Medium</i>	12
Dr. Scholls	<i>Diabetic Sock, Black, Large</i>	12
Dr. Scholls	<i>Diabetic Sock, White, Medium</i>	13
Dr. Scholls	<i>Diabetic Sock, White, Large</i>	13
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Dramamine	<i>Driminate</i>	17
Drive Medical	<i>Cushion, Gel / Foam Seat</i>	14
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BRAND EQUIVALENT INDEX

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Feosol	<i>Ferrous Sulfate</i>	8
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Futuro	<i>Compression Knee High Socks, Women's Nude, Small</i>	14
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HealthSmart	<i>Finger Pulse Oximeter</i>	9

Brand Equivalent	Catalog Item	Page
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Lactaid	<i>Lactase Capsules</i>	11
Lamisil AT	<i>Terbinafine HCL Tube</i>	11
Lotrimin AF	<i>Clotrim Antifungal Cream</i>	11
Maalox	<i>Antacid / Anti-Gas Liquid</i>	10
Metamucil	<i>Natural Vegetable Laxative</i>	11
Monistat 1	<i>Tioconazole 1</i>	10
Monistat 3	<i>Miconazole 3</i>	10
Murine	<i>Ear Drops</i>	13
Murine	<i>Ear Wax Removal System</i>	13
NasalCrom	<i>Cromolyn Sodium</i>	9
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Nature Made	<i>Niacin</i>	8
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Nexcare	<i>Thermometer, Digital</i>	16
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Omron	<i>Replacement Cuff for Desktop Talking Monitor</i>	9
Omron	<i>Wrist Blood Pressure Monitor</i>	9
Omron	<i>Wrist Talking Blood Pressure Monitor</i>	9
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Brand Equivalent	Catalog Item	Page
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Pepto-Bismol	<i>Pink Bismuth</i>	11
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Preparation H	<i>Hemorrhoidal Ointment</i>	16
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Robitussin	<i>Guaifenesin Cough Expectorant</i>	9
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Brand Equivalent	Catalog Item	Page
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Therafirm	<i>Compression Knee High Socks, Men's White, Medium</i>	14
Therafirm	<i>Compression Knee High Socks, Men's White, Large</i>	14
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Tucks	<i>Pre-moist Hemorrhoid Pads</i>	16
Tums	<i>Antacid Chewables</i>	10
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Tylenol	<i>Multi-Symptom Cold Formula</i>	10
Tylenol Arthritis	<i>Arthritis Pain Reliever</i>	17
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Visine	<i>Eye Drops (Redness Relief)</i>	13
Vitamin A	<i>Vitamin A</i>	8
Vitamin B-Complex	<i>Vitamin B-Complex</i>	8
Vitamin B-1	<i>Vitamin B-1</i>	8
Vitamin B-6	<i>Vitamin B-6</i>	8
Vitamin B-12	<i>Vitamin B-12</i>	8
Vitamin C	<i>Vitamin C</i>	8
Vitamin D	<i>Vitamin D</i>	8
Vitamin E, Soft Gels	<i>Vitamin E, Soft Gels</i>	8
Zyrtec	<i>All-Day Allergy Tablets</i>	9



1-866-851-1579 (TTY 711)

**You can place your OTC order
Monday - Friday, 8 a.m. - 9 p.m. EST.**

OTC MEDICATIONS AND PRODUCTS

Before ordering any of the items below, you should talk with your doctor.

Category	Product	Item #	Brand Equivalent/Description	Cost
Vitamins & Minerals	Calcium + Vitamin D	1373	Compare to Caltrate® 600, 600 mg tablets, 60 per bottle; <i>A registered trademark of Pfizer Consumer Healthcare.</i>	\$7.00
	Calcium Carbonate Tablets	1291	Compare to Caltrate-D®, 600 + D Calcium Supplement, 600 mg tablets, 60 per bottle; <i>A registered trademark of Pfizer Consumer Healthcare.</i>	\$5.00
	Daily Multiple Vitamin Tablets with Minerals	1385	Compare to Centrum®, 100 tablets per bottle; <i>A registered trademark of Pfizer Consumer Healthcare.</i>	\$7.00
	Ferrous Gluconate (Iron Supplement)	1375	Compare to Feosol®, 325 mg tablets, 100 per bottle; <i>A registered trademark of Meda Consumer Healthcare, Inc.</i>	\$6.00
	Ferrous Sulfate	1376	Compare to Feosol®, 325 mg tablets, 100 per bottle; <i>A registered trademark of Meda Consumer Healthcare, Inc.</i>	\$5.00
	Fish Oil Tablets	1741	Compare to Nature's Bounty®, 1000 mg tablets, 60 per bottle; <i>A registered trademark of Nature's Bounty, Inc.</i>	\$12.00
	Glucosamine / Chondroitin	1003	Compare to 21st Century Glucosamine & Chondroitin Original Formula, 250-200 mg capsules, 60 per bottle; <i>A registered trademark of 21st Century HealthCare, Inc.</i>	\$11.00
	Magnesium Oxide	1377	Compare to Nature Made®, Strength 250mg, Quantity 100 tabs; <i>A registered trademark of Nature Made Nutritional Products.</i>	\$6.00
	Niacin	1378	Compare to Nature Made®, Strength 100mg, Quantity 100 tabs; <i>A registered trademark of Nature Made Nutritional Products.</i>	\$5.00
	Vitamin A	1379	Vitamin A, 100 tablets per bottle	\$6.00
	Vitamin B-Complex	1382	Vitamin B Complex, 100 tablets per bottle	\$6.00
	Vitamin B-1	1016	Vitamin B-1, 100 mg tablets, 100 per bottle	\$6.00
	Vitamin B-6	1380	Vitamin B-6, 50 mg tablets, 100 per bottle	\$6.00
	Vitamin B-12	1381	Vitamin B-12, 100 tablets per bottle	\$10.00
	Vitamin C	1017	Vitamin C, 500 mg, 100 tablets per bottle	\$6.00
Vitamin D	1383	Vitamin D, 100 tablets per bottle	\$5.00	
Vitamin E, Soft Gels	1384	Vitamin E, 100 tablets per bottle	\$8.00	

Category	Product	Item #	Brand Equivalent/Description	Cost
In-Home Diagnostics	Colon Cancer Test Kit	1416	Compare to Reveal Colon Disease Test®; A registered trademark of American Screening Corp.	\$16.00
	Desktop Talking Blood Pressure Monitor (8.7" to 13.4")	1503	Compare to Omron®; A registered trademark of Omron Healthcare, Inc.	\$91.00
	Finger Pulse Oximeter	1505	Compare to HealthSmart®; A registered trademark of Briggs Healthcare.	\$57.00
	Home Access Cholesterol Test	1251	Compare to CholesTrak®, 1 piece; A registered trademark of AccuTech, LLC.	\$38.00
	Replacement Cuff for Desktop Talking Monitor	1504	Compare to Omron®; A registered trademark of Omron Healthcare, Inc.	\$19.00
	Wrist Blood Pressure Monitor	1501	Compare to Omron®; A registered trademark of Omron Healthcare, Inc.	\$42.00
	Wrist Talking Blood Pressure Monitor (9" to 14.6")	1502	Compare to Omron®; A registered trademark of Omron Healthcare, Inc.	\$61.00

You can order the following items without having to talk with your doctor, but we always recommend that you talk with your doctor before starting a new product regime.

Category	Product	Item #	Brand Equivalent/Description	Cost
Allergy, Cold, Flu Decongestant & Sinus	All-Day Allergy Tablets	1090	Compare to Zyrtec®, 10 mg tablets, 14 per box; A registered trademark of McNeil-PPC, Inc.	\$7.00
	All-Nite Cold/Flu	1361	Compare to Vicks® NyQuil® Cough; A registered trademark of Procter & Gamble.	\$7.00
	Chlorpheniramine Maleate	1008	Compare to Chlor-Trimeton® Allergy, 4 mg tablets, 100 per box; A registered trademark of Schering-Plough HealthCare Products, Inc.	\$5.00
	Cough Drops, Cherry	1056	Compare to HALLS®, Quantity 30 lozenges; A registered trademark of Mondelez International.	\$6.00
	Cough Syrup, Expectorant	1054	Compare to Robitussin®, 4 oz per bottle; A registered trademark of American Home Products Corporation.	\$5.00
	Cromolyn Sodium (Allergy Nasal Spray)	1356	Compare to NasalCrom®, 26 ml per bottle; A registered trademark of McNeil-PPC, Inc.	\$13.00
	Diphenhist (Antihistamine)	1308	Compare to Benadryl®, 25 mg tablets, 100 per box; A registered trademark of Pfizer.	\$6.00
	Diphenhydramine HCL (Antihistamine)	1009	Compare to Benadryl®, 25 mg, 24 per pack; A registered trademark of Pfizer.	\$5.00
	Guaifenesin Cough Expectorant	1180	Compare to Robitussin®, 200mg tablets, 60 per bottle; A registered trademark of American Home Products Corporation.	\$7.00
	Loratadine (Generic Claritin)	1611	Compare to Claritin® Allergy Relief 24hr, 100 per bottle; A registered trademark of Bayer.	\$21.00

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Category	Product	Item #	Brand Equivalent/Description	Cost
Allergy, Cold, Flu Decongestant & Sinus (continued)	Multi-Symptom Cold Formula	1357	Compare to Tylenol® Cold Multi-Symptom, 24 tablets per box; <i>A registered trademark of McNeil PPC, Inc.</i>	\$6.00
	Nasal Decongestant Spray - 12 Hour	1091	Compare to Afrin®, 0.05%, 30 ml spray; <i>A registered trademark of Schering-Plough HealthCare Products, Inc.</i>	\$5.00
	Nasal Spray, Saline	1052	Compare to Ocean® Premium Saline Nasal Spray, 0.65%, 1.5 oz spray; <i>A registered trademark of Fleming Pharmaceuticals.</i>	\$5.00
	Sore Throat Lozenges	1360	Compare to Cepacol®, Quantity 16 lozenges; <i>A registered trademark of Reckitt Benckiser Group.</i>	\$7.00
	Sudogest PE (Nasal & Sinus Decongestant)	1352	Compare to Sudafed PE®, 10mg, 36 tablets per box; <i>A registered trademark of Johnson & Johnson.</i>	\$5.00
Antacids & Acid Reducers	Antacid / Anti-Gas Liquid	1006	Compare to Maalox® Regular Strength, 12 oz per bottle; <i>A registered trademark of William H. Rorer, Inc.</i>	\$6.00
	Antacid Chewables	1346	Compare to Tums®, 500 mg, 150 tablets per bottle; <i>A registered trademark of SmithKline Beecham.</i>	\$6.00
	Famotidine	1108	Compare to Pepcid®, 10 mg tablets, 30 per box; <i>A registered trademark of Merck & Co., Inc.</i>	\$6.00
	Omeprazole	1110	Compare to Prilosec OTC®, 20 mg tablets, 28 per box; <i>A registered trademark of AstraZeneca.</i>	\$26.00
Anticandidal (yeast)	Clotrimazole Vaginal Cream (with applicator)	1115	Compare to Gyne-Lotrimin®, 45 gm per tube; <i>A registered trademark of Schering-Plough HealthCare Products, Inc.</i>	\$7.00
	Miconazole 3-Day Treatment	1117	Compare to Monistat 3®, 200 mg - 2%, 1 kit; <i>A registered trademark of McNeil-PPC, Inc.</i>	\$13.00
	Tioconazole 1-Day Treatment (with applicator)	1119	Compare to Monistat 1®, 6.5%, 1 tube; <i>A registered trademark of McNeil-PPC, Inc.</i>	\$20.00
Anti-diarrheal, Laxatives & Digestive Health	Bisacodyl	1128	Compare to Dulcolax®, 5mg tabs, 100 tabs per pack; <i>A registered trademark of Boehringer Ingelheim International GmbH.</i>	\$6.00
	Bismatrol (Bismuth Subsalicylate)	1045	Compare to Chewable Pepto-Bismol®, 262 mg, 30 chewable tablets per box; <i>A registered trademark of Proctor & Gamble.</i>	\$6.00
	Docosate Sodium	1126	Compare to Colace®, 100 mg capsules, 100 per bottle; <i>A registered trademark of Purdue Products.</i>	\$6.00

Category	Product	Item #	Brand Equivalent/Description	Cost
Anti-diarrheal, Laxatives & Digestive Health (continued)	Glycerin Suppository	1125	Compare to Fleet® Glycerin Suppositories, 25 suppositories per bottle; <i>A registered trademark of C.B. Fleet Co., Inc.</i>	\$5.00
	Lactase Capsules	1067	Compare to Lactaid®, 9000 ICC, 60 tablets; <i>A registered trademark of McNeil Nutritionals, LLC.</i>	\$9.00
	Loperamide HCL	1133	Compare to Imodium A-D®, 2 mg tablets, 12 per box; <i>A registered trademark of McNeil-PPC, Inc.</i>	\$5.00
	Methylcellulose	1354	Compare to Citrucel®, 16 oz per bottle; <i>A registered trademark of GlaxoSmithKline.</i>	\$14.00
	Milk of Magnesia	1011	Compare to Phillips'® Milk of Magnesia, 400 mg, 12 oz bottle; <i>A registered trademark of Bayer HealthCare LLC.</i>	\$6.00
	Natural Vegetable Laxative	1340	Compare to Metamucil®, 13 oz powder per bottle; <i>A registered trademark of Procter & Gamble.</i>	\$10.00
	Pink Bismuth	1318	Compare to Pepto-Bismol®, 262 mg, 8 oz per bottle; <i>A registered trademark of Procter & Gamble.</i>	\$6.00
	Polycarbophil Fiber Tablets	1012	Compare to Fibercon®, 625 mg tablets, 90 per bottle; <i>A registered trademark of Whitehall-Robins Healthcare.</i>	\$11.00
	Senna Plus	1130	Compare to Senokot- S®, 8.6 - 50 mg, 60 tablets per bottle; <i>A registered trademark of Purdue Products.</i>	\$6.00
Anti-fungal & Anti-itch	Clotrim Antifungal Cream	1047	Compare to Lotrimin AF® Strength 1%, Quantity 1 oz.; <i>A registered trademark of MSD Consumer Care Inc.</i>	\$6.00
	Diphenhydramine HCL / Zinc Acetate	1140	Compare to Benadryl® Itch Stopping, Quantity 1 oz.; <i>A registered trademark of Johnson & Johnson Consumer Products Co.</i>	\$5.00
	Hydrocortisone 1% Cream	1074	Compare to Cortaid® Maximum Strength Cream, 1%, 1 oz per tube; <i>A registered trademark of Johnson & Johnson Corporation.</i>	\$6.00
	Terbinafine HCL Tube	1046	Compare to Lamisil AT®. Strength 1%, Quantity 0.5 oz.; <i>A registered trademark of Novartis Consumer Health, Inc.</i>	\$11.00
	Tolnaftate Cream	1064	Compare to Tinactin®, Strength 1%, Quantity 0.5 oz.; <i>A registered trademark of MSD Consumer Care Inc.</i>	\$5.00

OTC MEDICATIONS AND PRODUCTS

Category	Product	Item #	Brand Equivalent/Description	Cost
Cold Sore & Medicated Lip Products	Abreva	1152	Compare to Abreva®, 10%, 2 gm per tube; <i>A registered trademark of GlaxoSmithKline.</i>	\$26.00
	Herpecin-L Lip Balm	1153	Compare to Herpecin-L® Lip Balm, 1%, 0.1 oz; <i>A registered trademark of Chattem, Inc.</i>	\$8.00
	Releev Cold Sore Treatment	1359	Releev® Cold Sore Treatment, Strength 0.13%, Quantity 6 ml; <i>A registered trademark of Merix Pharmaceutical Corporation.</i>	\$25.00
Dental & Denture Care	Dental Floss, 55 yd	1455	Compare to Reach® Dental Floss 55 Yards, Quantity 1; <i>A registered trademark of Johnson & Johnson Consumer Products Co.</i>	\$5.00
	Denture Cleaning Tablets	1032	Compare to Efferdent® Anti-Bacterial Denture Cleanser, 40 tablets per box; <i>A registered trademark of Warner-Lambert Consumer Healthcare.</i>	\$7.00
	Fixodent	1187	Compare to Fixodent®, 0.75 oz per tube; <i>A registered trademark of Procter & Gamble.</i>	\$7.00
	Interdental Flossups	1751	Compare to Oral-B®, Complete Floss Picks, 90 ct; <i>A registered trademark of Procter & Gamble.</i>	\$8.00
	Orajel Pain Relief	1454	Compare to Orajel®, 7 gm tube; <i>A registered trademark of Church & Dwight Co., Inc.</i>	\$11.00
	Oral Pain Relief	1286	Compare to Anbesol®, Strength 20%, Quantity 15 ml; <i>A registered trademark of Pfizer labs.</i>	\$6.00
	Rechargeable Toothbrush	1450	Compare to Oral B® Vitality; <i>A registered trademark of Procter & Gamble.</i>	\$40.00
	Toothbrush, Colgate, Adult Soft	1413	Compare to Colgate® Toothbrush; <i>A registered trademark of Procter & Gamble.</i>	\$5.00
	Toothbrush, Tek Pro, Straight Soft	1412	Compare to Tek Pro® Toothbrush; <i>A registered trademark of Dr. Fresh.</i>	\$4.00
Toothpaste - Pepsodent	1414	Compare to Pepsodent®, Complete Care Fluoride Toothpaste, Quantity 6 oz; <i>A registered trademark of Church & Dwight Co.</i>	\$6.00	
Diabetes	Diabetic Sock, Black, Medium	1491	Compare to Dr. Scholls®, Black, Size Medium, Quantity 1 pair; <i>A registered trademark of MSD Consumer Care Inc.</i>	\$9.00
	Diabetic Sock, Black, Large	1492	Compare to Dr. Scholls®, Black, Size Large, Quantity 1 pair; <i>A registered trademark of MSD Consumer Care Inc.</i>	\$9.00

Category	Product	Item #	Brand Equivalent/Description	Cost
Diabetes (continued)	Diabetic Sock, White, Medium	1489	Compare to Dr. Scholls®, White, Size Medium, Quantity 1 pair; <i>A registered trademark of MSD Consumer Care Inc.</i>	\$9.00
	Diabetic Sock, White, Large	1490	Compare to Dr. Scholls®, White, Size Large, Quantity 1 pair; <i>A registered trademark of MSD Consumer Care Inc.</i>	\$9.00
Ear Care	Cotton Tipped Swabs	1742	Compare to Q-Tips® Cotton Swabs, 300 ct; <i>A registered trademark of Unilever.</i>	\$7.00
	Ear Drops	1190	Compare to Murine® Ear Drops, 15 ml per bottle; <i>A registered trademark of Prestige Brands International, Inc.</i>	\$5.00
	Ear Wax Removal System with Rubber Bulb	1363	Compare to Murine® Ear Wax Removal System, 15 ml per bottle with syringe; <i>A registered trademark of Prestige Brands International, Inc.</i>	\$6.00
	Artificial Tears Drops	1192	Compare to Visine® Tears Eye Drops Quantity 0.5oz; <i>A registered trademark of Johnson & Johnson Healthcare Products.</i>	\$6.00
	Artificial Tears Ointment	1194	Compare to 'Refresh PM', 3.5 gm per tube; <i>A registered trademark of Allergan Inc.</i>	\$6.00
	Eye Drops (Redness Relief)	1061	Compare to Visine® Original, 15 ml per bottle; <i>A registered trademark of Johnson & Johnson Healthcare Products.</i>	\$5.00
	Multi-Purpose Contact Lens Solution	1468	Compare to Renu Multipurpose Solution®, Quantity 120 ml; <i>A registered trademark of Bausch & Lomb.</i>	\$6.00
	First Aid & Medical Supplies	Adhesive Bandages	1344	Compare to Band-Aid® Sheer, Box of 60 per box; <i>A registered trademark of McNeil-PPC, Inc.</i>
Alcohol Pads		1200	Compare to Curad® Alcohol Swabs, 100 per box; <i>A registered trademark of Beiersdorf, Inc.</i>	\$6.00
Ankle Support		1225	Compare to Ace® Ankle Brace, 1 per pack; <i>A registered trademark of BD Consumer Healthcare.</i>	\$8.00
Bacitracin Ointment		1020	Compare to Bacitracin, 1 oz per tube	\$6.00
Back Support Elastic - 24" to 46"		1487	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$25.00
Back Support Elastic with Lumbar		1488	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$29.00
Bath Bench with Back		1728	Compare to Essential® Shower Bench with back; <i>A registered trademark of Essential Medical Supply.</i>	\$70.00
Bath Bench without Back		1727	Compare to Essential® Shower Bench; <i>A registered trademark of Essential Medical Supply.</i>	\$55.00

OTC MEDICATIONS AND PRODUCTS

Category	Product	Item #	Brand Equivalent/Description	Cost
First Aid & Medical Supplies (continued)	Bath Tub Safety Rail	1730	Compare to Carex® Bathrub Rail with chrome finish; <i>A registered trademark of Carex Health Brands.</i>	\$37.00
	Compression Knee High Socks, Men's Black, Medium (Shoe Size 8 - 10)	1398	Compare to Therafirm®; <i>A registered trademark of Knit-Rite Inc.</i>	\$18.00
	Compression Knee High Socks, Men's Black, Large (Shoe Size 10.5 - 12)	1399	Compare to Therafirm®; <i>A registered trademark of Knit-Rite Inc.</i>	\$18.00
	Compression Knee High Socks, Men's White, Medium (Shoe Size 8 - 10)	1400	Compare to Therafirm®; <i>A registered trademark of Knit-Rite Inc.</i>	\$18.00
	Compression Knee High Socks, Men's White, Large (Shoe Size 10.5 - 12)	1401	Compare to Therafirm®; <i>A registered trademark of Knit-Rite Inc.</i>	\$18.00
	Compression Knee High Socks, Women's Black, Small (Shoe Size 4-5)	1409	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$12.00
	Compression Knee High Socks, Women's Black, Medium (Shoe Size 5.5 - 7.5)	1410	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$12.00
	Compression Knee High Socks, Women's Black, Large (Shoe Size 8 - 10.5)	1411	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$12.00
	Compression Knee High Socks, Women's Nude, Small (Shoe Size 4 - 5)	1406	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$12.00
	Compression Knee High Socks, Women's Nude, Medium (Shoe Size 5.5 - 7.5)	1407	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$12.00
	Compression Knee High Socks, Women's Nude, Large (Shoe Size 8 - 10.5)	1408	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$12.00
	Cushion, Foam Ring	1732	Compare to Carex® Foam Cushion; <i>A registered trademark of Carex Health Brands.</i>	\$21.00
	Cushion, Gel / Foam Seat	1466	Compare to Drive Medical®; <i>A registered trademark of Drive Medical Design and Manufacturing.</i>	\$42.00
Cushion, Lumbar	1731	Compare to Carex® Lumbar Support Cushion; <i>A registered trademark of Carex Health Brands.</i>	\$27.00	

Category	Product	Item #	Brand Equivalent/Description	Cost
First Aid & Medical Supplies (continued)	Elastic Bandage - 2" x 5 yd	1207	Compare to Ace® Elastic Bandage, 2" x 5 yd, 1 per pack; <i>A registered trademark of BD Consumer Healthcare.</i>	\$4.00
	Elastic Bandage - 3" x 5 yd	1209	Compare to Ace® Elastic Bandage, 3" x 5 yd, 1 per pack; <i>A registered trademark of BD Consumer Healthcare.</i>	\$4.00
	Elastic Bandage - 4" x 5 yd	1211	Compare to Ace® Elastic Bandage, 4" x 5 yd, 1 per pack; <i>A registered trademark of BD Consumer Healthcare.</i>	\$5.00
	Elastic Bandage - 6" x 5 yd	1213	Compare to Ace® Elastic Bandage, 6" x 5 yd, 1 per pack; <i>A registered trademark of BD Consumer Healthcare.</i>	\$5.00
	First Aid Kit	1738	Compare to Curad® First Aid Kit, 175 pieces; <i>A registered trademark of Medline Industries.</i>	\$19.00
	First Aid Kit, 48 Pieces	1215	Compare to First Aid Only® FAO-120, 48 pieces; <i>A registered trademark of First Aid Only.</i>	\$10.00
	Folding Cane Ergonomic Handle	1726	Compare to Nova® Folding Canes; <i>A registered trademark of NOVA Medical Products.</i>	\$21.00
	Hot/Cold Pack, 1 small & 1 large	1062	Compare to Nexcare®, 2 per pack; <i>A registered trademark of 3M.</i>	\$7.00
	Hydrogen Peroxide	1228	Hydrogen Peroxide, 3%, 8 oz	\$5.00
	Insect Repellant Spray (Deet)	1796	Compare to Ben's® Spray Pump Insect Repellent - 30 Percent DEET, 4 oz; <i>A registered trademark of Ariens Specialty Brands LLC.</i>	\$15.00
	Knee Support, Elastic, Small	1481	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$10.00
	Knee Support, Elastic, Small with Stays	1484	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$15.00
	Knee Support, Elastic, Medium	1482	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$10.00
	Knee Support, Elastic, Medium with Stays	1485	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$15.00
	Knee Support, Elastic, Large	1483	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$10.00
Knee Support, Elastic, Large with Stays	1486	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$15.00	
Raised Toilet Seat	1729	Compare to Quick-Lock® Raised Toilet Seat; <i>A registered trademark of Carex Health Brands.</i>	\$35.00	

OTC MEDICATIONS AND PRODUCTS

Category	Product	Item #	Brand Equivalent/Description	Cost
First Aid & Medical Supplies (continued)	Thermometer, Digital	1063	Compare to Nexcare®; A registered trademark of 3M Consumer Health.	\$5.00
	Thermometer, Digital 10 seconds	1697	Compare to ProCheck®; A registered trademark of Microlife Corporation.	\$12.00
	Thermometer, Digital Ear	1285	Compare to Braun® ThermoScan Compact Ear Thermometer, 1 per pack; A registered trademark of Procter & Gamble.	\$24.00
	Triple Antibiotic Ointment	1014	Compare to Neosporin®, 1 oz per tube; A registered trademark of Pfizer.	\$7.00
Foot Care	Callus Remover Pads	1238	Compare to Dr. Scholl's®; A registered trademark of Schering-Plough Healthcare Products, Inc.	\$7.00
	Corn Remover Pads	1236	Compare to Dr. Scholl's®; A registered trademark of Schering-Plough Healthcare Products, Inc.	\$7.00
Hemorrhoidal Preparations	Hemorrhoidal Ointment	1066	Compare to Preparation H® Hemorrhoidal Ointment, 2 oz per tube; A registered trademark of Pfizer Consumer Healthcare.	\$6.00
	Pre-moist Hemorrhoid Pads	1364	Compare to Tucks®, 100 per box; A registered trademark of Warner-Lambert Consumer Healthcare.	\$8.00
Incontinence Supplies	Adult Briefs, Medium - 32" to 44"	1303	Compare to Prevail®, 12 per bag; A registered trademark of First Quality Enterprises, Inc.	\$10.00
	Adult Briefs, Large - 45" to 58"	1304	Compare to Prevail®, 12 per bag; A registered trademark of First Quality Enterprises, Inc.	\$10.00
	Adult Briefs, X-Large - 59" to 64"	1305	Compare to Prevail®, 10 per bag; A registered trademark of First Quality Enterprises, Inc.	\$10.00
	Bladder Control Liner, Moderate Absorbency	1478	Compare to Attends®, 24 per pack; A registered trademark of Attends Healthcare Products, Inc.	\$17.00
	Bladder Control Liner, Heavy Absorbency	1479	Compare to Attends®, 24 per pack; A registered trademark of Attends Healthcare Products, Inc.	\$19.00
	Bladder Control Liner, Maximum Absorbency	1480	Compare to Attends®, 18 per pack; A registered trademark of Attends Healthcare Products, Inc.	\$16.00
	Disposable Underwear, Medium - 34" to 44"	1021	Compare to Attends®, 20 per pack; A registered trademark of Attends Healthcare Products, Inc.	\$16.00
	Disposable Underwear, Large - 44" to 58"	1026	Compare to Attends®, 18 per pack; A registered trademark of Attends Healthcare Products, Inc.	\$16.00

Category	Product	Item #	Brand Equivalent/Description	Cost
Incontinence Supplies (continued)	Disposable Underwear, X-Large - 58" to 68"	1027	Compare to Attends®, 14 per pack; <i>A registered trademark of Attends Healthcare Products, Inc.</i>	\$16.00
	Underpad, Disposable - 23" x 24"	1476	Compare to Attends®, 50 per pack; <i>A registered trademark of Attends Healthcare Products, Inc.</i>	\$17.00
	Underpad, Disposable - 23" x 36"	1299	Compare to Attends®, 25per pack; <i>A registered trademark of Attends Healthcare Products, Inc.</i>	\$10.00
	Underpad, Disposable - 30" x 30"	1477	Compare to Attends®, 10 per pack; <i>A registered trademark of Attends Healthcare Products, Inc.</i>	\$8.00
Motion Sickness	Dramamine Chewables, Orange	1264	Compare to Dramamine®, 50 mg tablets, 8 chewable tablets per pack; <i>A registered trademark of G.D. Searle & Co. Corporation.</i>	\$7.00
	Driminate	1263	Compare to Dramamine®, 50 mg tablets, 12 per pack; <i>A registered trademark of G.D. Searle & Co. Corporation.</i>	\$5.00
	Meclizine	1366	Compare to Bonine®, 12.5 mg, 100 tablets; <i>A registered trademark of Pfizer.</i>	\$8.00
Pain Relievers & Fever Reducers	Acetaminophen	1001	Compare to Tylenol®, 325 mg tablets, 100 per bottle; <i>A registered trademark of McNeil-PPC, Inc.</i>	\$6.00
	Arthritis Pain Reliever	1311	Compare to Tylenol Arthritis®, 650 mg tablets, 100 per bottle; <i>A registered trademark of McNeil-PPC, Inc.</i>	\$12.00
	Aspirin	1095	Compare to Bayer® Genuine Aspirin, 325 mg tablets, 100 per bottle; <i>A registered trademark of Bayer HealthCare LLC.</i>	\$5.00
	Aspirin, Enteric Coated	1096	Compare to Ecotrin® Regular Strength, 325 mg tablets, 100 per bottle; <i>A registered trademark of Prestige Brands, Inc.</i>	\$5.00
	Aspirin, Low Dose	1002	Compare to Ecotrin® Low Strength, 81mg tablets, 120 per bottle; <i>A registered trademark of Prestige Brands, Inc.</i>	\$6.00
	Capsaicin	1367	Compare to Capzasin®, 2 oz per tube; <i>A registered trademark of Chattem, Inc.</i>	\$10.00
	Ibuprofen	1004	Compare to Advil®, 200 mg tablets, 100 per bottle; <i>A registered trademark of Pfizer Consumer Healthcare.</i>	\$7.00

OTC MEDICATIONS AND PRODUCTS

Category	Product	Item #	Brand Equivalent/Description	Cost
Pain Relievers & Fever Reducers (continued)	Migraine Relief	1365	Compare to Excedrin® Migraine, 250mg Acetaminophen, 250mg Aspirin, 65mg Caffeine tablets, 100 per bottle; <i>A registered trademark of Bristol-Myers Company.</i>	\$6.00
	Naproxen	1097	Compare to Aleve®, 220 mg tablets, 100 per bottle; <i>A registered trademark of Bayer HealthCare LLC.</i>	\$11.00
	Pain Relief Patches	1739	Compare to Salonpas® Pain Relief Patch, 5 per box; <i>A registered trademark of Hisamitsu America, Inc.</i>	\$14.00
	Pain Relieving Muscle Rub	1475	Compare to Bengay®, 2 oz bottle; <i>A registered trademark of Johnson & Johnson Consumer Companies, Inc.</i>	\$6.00
Pediculicide	Lice Treatment Shampoo	1271	Compare to Rid®, 240 ml per bottle; <i>A registered trademark of Pfizer.</i>	\$9.00
	Permethrin Cream Rinse	1269	Compare to Nix®, 1%, 59 ml per bottle; <i>A registered trademark of Insight Pharmaceuticals Corporation.</i>	\$12.00
Personal Care	Acne Gel 10% Benzoyl Peroxide	1076	Compare to Clean and Clear®, 10%, 1.5 oz tube; <i>A registered trademark of Johnson & Johnson Consumer Companies, Inc.</i>	\$6.00
	Aloe Vera Cream	1070	Compare to Fruit of the Earth®, 240ml per tube; <i>A registered trademark of Fruit of the Earth, Inc.</i>	\$6.00
	Ammonium Lactate	1368	Compare to AmLactin®, 8 oz; <i>A registered trademark of Upsher-Smith Laboratories, Inc.</i>	\$9.00
	Hand Sanitizer	1065	Compare to Purell®, 62%, 8 oz per bottle; <i>A registered trademark of Basell N.V. Corporation.</i>	\$6.00
	Sunscreen Lotion SPF 30	1284	Compare to Coppertone®, 3.5 oz per bottle; <i>A registered trademark of Schering-Plough HealthCare Products, Inc.</i>	\$6.00



1-866-851-1579 (TTY 711)

You can place your OTC order
Monday – Friday, 8 a.m. – 9 p.m. EST.

Category	Product	Item #	Brand Equivalent/Description	Cost
Sleep Aids	Nasal Strips, Small / Medium	1724	Compare to Breathe Right®, 30 per box; A registered trademark of CNS, Inc.	\$10.00
	Nasal Strips, Medium / Large	1725	Compare to Breathe Right®, 30 per box; A registered trademark of CNS, Inc.	\$10.00
	Sleep Tablets	1276	Compare to Sominex® Nighttime Sleep-Aid, 25 mg, 24 tabs per box; A registered trademark of Prestige Brands, Inc.	\$6.00
Smoking Cessation	Nicotine Lozenges	1281	Compare to Commit®, 4 mg, 72 per box; A registered trademark of GlaxoSmithKline.	\$50.00
	Nicorelief Gum	1372	Compare to Nicorette®, 4 mg, 50 per box; A registered trademark of GlaxoSmithKline.	\$25.00
	Nicotine Patch, Step 1	1369	Compare to Nicoderm® CQ®, 21mg/24hr, 14 per box; A registered trademark of Hoechst Marion Roussel, Inc.	\$46.00
	Nicotine Patch, Step 2	1370	Compare to Nicoderm® CQ®, 14mg/24hr, 14 per box; A registered trademark of Hoechst Marion Roussel, Inc.	\$46.00
	Nicotine Patch, Step 3	1371	Compare to Nicoderm® CQ®, 7mg/24hr, 14 per box; A registered trademark of Hoechst Marion Roussel, Inc.	\$46.00
Wart Remover	Wart Remover (Liquid)	1075	Compare to Compound W® Wart Remover, Strength 17%, Quantity 0.5 oz.; A registered trademark of Medtech Products, Inc.	\$7.00

Residents of nursing facilities should check to determine which OTC products may be shipped to their facility before ordering. Product ordering policies may vary by facility.

PLEASE NOTE: The items covered by the benefit are limited to items that are consistent with CMS guidance in the most recent version of chapter 4 of the Medicare Managed Care Manual. Each item in the following alphabetized list is either a medicine, ointment or spray, or a condition which is addressed by a medicine, ointment or spray: acid, acne, allergy, analgesics (which reduce pain, inflammation), anti-arthritis, antibiotics, anti-diarrheas, anti-fungals, anti-gas, anti-histamines, anti-inflammatory, anti-insect, anti-itch, anti-parasitic, antipyretics (fever reducing), antiradicals, antiseptics, arthritis, asthma, blood clotting, bruises, burns, calluses, colds, cold sores, corns, cough, decongestants, dermatitis, diabetes, digestive aids, ear drops, eczema, expectorants (mucus), eye drops, flu, gastrointestinal, hay fever, headaches, hemorrhoidal, incontinence, influenza, lactose intolerance products, laxatives, (medicated) lice, (medicated) lip products, menopausal, menstrual, motion sickness, nasal, osteoporosis, pain, pediculicide, psoriasis, rash, respiratory scars, sinus, sleep, smoking, snoring, sore throat, steroids, stomach, sunscreen, thrush, travel sickness, wart, worms, wounds, etc. The following are not eligible for purchase through the OTC and will not be covered by Cigna-HealthSpring: Baby medicines, contraceptives, dehydration drink, dry skin lotions (e.g. eucerin, aquaphor), hair-loss products, lactaid milk (because it is a food not a medicine), and shampoos to fight dandruff. Certain smoking cessation may be Part B. Certain diabetic supplies may be Part B or Part D. Please contact Customer Service for more information. Antiperspirants, chap stick, deodorants, facial cleansers, feminine products, grooming devices, hair conditioners, hair removal, hair bleaches, moisturizers, perfumes, shampoos, shaving and men's grooming, and soaps are also not eligible.

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