# VALUE PRESCRIPTION DRUG LIST



## More generics and low-cost brands to help you stay healthy and save money

When it comes to prescription medications, you and your doctor usually have a choice between brand name and generic medications. Generic medications offer the same strength and active ingredients as the brand name – but often cost much less – in some cases, up to 80-85% less<sup>1</sup>.

## Your prescription drug list

Starting January 1, 2016, you'll be moving from the Standard Prescription Drug List to the Value Prescription Drug List. Your new drug list will feature more generic and low-cost brand medications. You may also notice a difference in what tier your medication is listed.

## Medications where you will pay more under your plan

You may be taking a medication that's currently considered preferred brand, but will be considered non-preferred brand as of January 1, 2016. This means that for certain brand name medications, your costs will be higher under your plan. These medications include, but are not limited to:

NON-PREFERRED BRAND MEDICATION	GENERIC &/OR PREFERRED BRAND ALTERNATIVE	CONDITION/COMMON USE/ DRUG CLASS
Focalin XR, Strattera	Generic extended release stimulants, clonidine ER, guanfacine ER, Adderall XR	ADD/ADHD and Stimulants
Asmanex, Flovent, Pulmicort Flexhaler	QVAR	Asthma and Respiratory (steroid inhalers)
Bystolic	Generic beta blocker (e.g. atenolol, metoprolol)	Cardiovascular (high blood pressure)
Tekturna, Tekturna HCT	Generic ACE (e.g. lisinopril), generic ARB (e.g. losartan, valsartan), Benicar, Benicar HCT	
Simcor, Welchol	Generic statins (e.g. simvastatin, atorvastatin), niacin ER, Crestor, Zetia	Cholesterol Lowering
Alphagan, Azopt	Generics (e.g. brimonidine)	Eye Conditions
Pataday, Patanol	Generics (e.g. azelastine)	Eye Conditions (allergy)
Lotemax	Generics (e.g. diclofenac)	Eye Conditions (anti-inflammatory)
Vigamox	Generics (e.g. tobramycin)	Eye Conditions (anti-infective)
Apriso, Delzicol, Dipentum	Asacol HD, Lialda, Pentasa	Gastrointestinal (irritable bowel disorders)
Enjuvia, Divigel, Prempro, Premphase	Generics (e.g. estradiol)	Hormone Replacement (Estrogens)

# Together, all the way."



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NON-PREFERRED BRAND MEDICATION	GENERIC &/OR PREFERRED BRAND ALTERNATIVE	CONDITION/COMMON USE/ DRUG CLASS
Synthroid, Armour Thyroid, Thyrolar, Cytomel, Levothroid, Unithroid	Generics (e.g. levothyroxine)	Hormone Replacement (thyroid conditions)
Lyrica, Vimpat	Generics (e.g. gabapentin, lamotrigine, levetiracetam)	Seizure
Azelex, Benzaclin, Tazorac, Locoid, Differin	Generics (e.g. tretinoin, adapalene)	Skin Conditions (topicals)

## Medications not covered on your drug list

Your drug list will not cover medications in two drug classes that have over-the-counter (OTC) alternatives (medications available without a prescription). These include:

- > Medications used to treat stomach acid conditions (ex. Nexium, Prilosec, Zantac and any generics), and
- > Medications (non-sedating antihistamines) to treat allergies (ex. Allegra, Clarinex, Xyzal and any generics).

Additionally, starting January 1, 2016, several brand name medications will no longer be covered on your prescription drug list.<sup>^</sup> This means that if you continue to fill a prescription for one of these medications, you'll have to pay the full cost of the medication.

MEDICATION NOT COVERED <sup>^</sup>	GENERIC &/OR PREFERRED BRAND ALTERNATIVE	CONDITION/COMMON USE/ DRUG CLASS
Vyvanse	Generic extended release stimulants, Adderall XR	ADD/ADHD and Stimulants
Beconase AQ, Dymista, Nasacort AQ, Nasonex, Omnaris, Rhinocort, QNASL, Veramyst, Zetonna	Generic nasal steroids (e.g. fluticasone)	Allergy (nasal sprays)
Oracea, Solodyn, Doryx, Acticlate, Adoxa, Monodox	Generics (e.g. minocycline, doxycycline)	Antibiotics for Acne/Rosacea
Xopenex, Proventil, Ventolin	ProAir	Asthma and Respiratory (rescue inhalers)
Arcapta, Serevent	Foradil	Asthma and Respiratory (steroid inhalers)
Dulera, Symbicort	Advair, Breo Ellipta	Asthma and Respiratory (combination inhalers)
Toviaz	Generics (i.e. oxybutynin), VESIcare	Bladder Problems (overactive bladder)
Cymbalta	duloxetine	Brands with Generics Available
Glumetza	metformin, metformin ER	
Lexapro	escitalopram	
Lipitor	atorvastatin	
Wellbutrin XL	bupropion XL	
Pradaxa	warfarin, Xarelto	Cardiovascular (anti-clotting)
Diovan, Diovan HCT, Edarbi, Edarbyclor	Generic ACE (e.g. lisinopril), generic ARB (e.g. losartan, valsartan), Benicar, Benicar HCT	Cardiovascular (high blood pressure)
Vytorin, Lipitor	Generic statins (e.g simvastatin, atorvastatin), Crestor, Zetia	Cholesterol Lowering
Pristiq ER	venlafaxine ER, duloxetine, bupropion SR/XL, all generic SSRIs	Depression
Accu-Chek, Contour, Freestyle, all other test strips	OneTouch Ultra, OneTouch Verio	Diabetes (test strips)
Afrezza, Apidra, Novolin, Novolog	Humalog, Humulin	Diabetes (meal-time insulins)
Levemir, Toujeo	Lantus	Diabetes (long-acting insulins)
Farxiga, Jardiance, Synjardy, Xigduo XR	Invokana, Invokamet	Diabetes (non-insulin SGLT-2)
Tradjenta, Jentadueto, Glyxambi, Nesina, Oseni, Kazano	Januvia, Janumet, Janumet XR, Onglyza, Kombiglyze XR	Diabetes (non-insulin DPP-4)
Byetta, Bydureon, Tanzeum, Victoza	Trulicity	Diabetes (non-insulin GLP-1)

MEDICATION NOT COVERED <sup>^</sup>	GENERIC &/OR PREFERRED BRAND ALTERNATIVE	CONDITION/COMMON USE/ DRUG CLASS
Lumigan	latanoprost, Travatan Z	Eye Conditions
Genotropin, Norditropin, Nutropin, Omnitrope, Zomacton	Humatrope*, Saizen*	Growth Hormones
Bravelle, Gonal-F	Follistim AQ*	Infertility (FSH)
Betaseron	Extavia* +	Multiple Sclerosis (beta 1b interferons)
Enbrel, Kineret, Simponi	Humira*, Cimzia*	Pain Relief and Inflammatory Disease (disease modifiers — Rheumatoid Arthritis)
Duexis, Vimovo	Generic NSAIDs (e.g. celecoxib, meloxicam)	Pain Relief and Inflammatory Disease/Ulcer (oral combination products)
Testim, Vogelxo, Fortesta, Axiron, Natesto	Androgel, generic topical testosterone	Testosterone Replacement

^This drug is not covered on your plan. Please talk to your doctor about switching to an alternative. Your prescription drug plan requires approval by Cigna to have this medication covered.
\* Requires Prior Authorization.

+ Non-preferred brand cost share applies.

## What these changes mean for you

#### Starting January 1, 2016:

- If you're taking a medication that's moving from preferred brand to non-preferred brand, you will pay more under your plan. You should talk with your doctor to find out which one of the covered generic or preferred brand alternatives will work for you.
- If you're taking a medication that's no longer covered on your drug list, you should talk with your doctor to find out which generic or preferred brand alternative will work for you. If your doctor feels the alternative medications listed above aren't right for you, he or she can ask Cigna to consider approving coverage of your medication.

If you continue to fill a prescription for a medication that's no longer covered, you'll have to pay the full cost of the medication.

- If you're taking a medication that's no longer covered because the drug class isn't included in your drug list, you should talk with your doctor to find out which over-the-counter alternative will work for you. If you continue to fill a prescription for a medication that's no longer covered, you'll have to pay the full cost of the medication.
- > You can also use the Prescription Drug Price Quote tool on **myCigna.com** to find out if these changes affect the cost of your medication.

If you have questions, please call customer service using the number on the back of your ID card. We're here to help.



1. U.S. Food and Drug Administration, Web Page Last Updated: 06/19/2015

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