

## Virtual Global Healthy Workplace Summit Available on Cigna.com

BLOOMFIELD, Conn., May 22, 2013 - For anyone who missed it, the inaugural [Global Healthy Workplace Awards and Summit](#) held in London last month can be viewed on the Newsroom of Cigna.com. The Summit attracted more than 100 employers of all sizes, health system leaders, universities, policy leaders and NGOs amid a two-day agenda packed with information on better practices for promoting workplace health - from addressing the global aging population to protecting workers' mental health and fighting chronic disease the world over. All presentations are posted to the [Global Healthy Workplace Awards and Summit](#) site.

**Alexandra Health, Royal Dutch Shell and Toyal America** were named as 2013 winners in this first-ever [Global Healthy Workplace Awards and Summit](#). These winning companies all had key workplace health promotion strategies in common:

- active and visible leadership support;
- opportunity for worker involvement, such as wellness committees or regular consultations with managers and employee representatives;
- thorough evaluations and documented outcomes;
- comprehensive programming applying both individual and environmental approaches.

Identifying healthy workplaces so that other employers worldwide can learn from them is especially timely, as a new global study by the Global Corporate Challenge found that 86 percent of employees worldwide don't participate in their company's wellness programs. The award-winning companies and finalists in the [Global Healthy Workplace Awards and Summit](#) all understand how the workplace can serve as the entry point to improving health. These companies' workplace wellness programs attract employees, keep them motivated, improve worker health and lower employer health and productivity costs.

Companies of all sizes from 29 countries submitted their workplace programs for award consideration. The submissions were reviewed by an international panel of public health experts from five continents who judged the workplace programs for the first time through the lens of the World Health Organization ([WHO](#)) [Healthy Workplace Model for Action](#), which includes the physical work environment, psychosocial work environment, personal health resources and enterprise-community involvement.

The search for the healthiest workplaces in the world was sponsored by the [Cigna Foundation](#) and hosted by the Global Knowledge Exchange Network (GKEN) together with International Health Consulting and i-genius, whose common goal is to promote awareness of emerging better practices in health promotion and wellness in the workplace.

For more information or to connect with the award-winning companies or any of the speakers whose presentations are available on the [Global Healthy Workplace Awards and Summit](#) site, please contact [Gloria.barone@cigna.com](mailto:Gloria.barone@cigna.com).

### About the Cigna Foundation

The Cigna Foundation is a private foundation funded by contributions from Cigna Corporation (NYSE: CI) and its subsidiaries. The Cigna Foundation supports organizations sharing its commitment to enhancing the health of individuals and families, and the well-being of their communities, with a special focus on those communities where Cigna employees live and work.

### About Cigna

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