At Cigna, your health and well-being is most important, and we want you to be at your 100% best. It's good to take care of yourself. Getting the right preventive care services at the right time can help you stay healthy.

Health care reform requires coverage of specific preventive medications with no patient cost-sharing

The Patient Protection and Affordable Care Act (PPACA) requires that certain categories of drugs and other products be included in preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations are meant to help prevent disease and meet women’s unique health care needs, and are updated periodically to reflect new advances in science and medicine.

Religious exemptions to covering contraceptives

PPACA allows certain employers to exclude coverage for contraceptive services due to religious beliefs. If you’re a woman with medical coverage though one of these employers, Cigna will let you know that your plan does not cover these medications. Where required by law, Cigna will offer to pay for your contraceptive services and specific medications at no additional cost to you if you choose. This coverage isn’t administered, funded by or connected in any way to your employer’s health coverage, and is private and confidential.

Preventive medication coverage

The following prescription medications (as well as certain over-the-counter medications) and products may be available to you with no cost-sharing (copay, coinsurance and/or deductible) depending on your plan. Check your plan materials or visit myCigna.com for more information. You can also use the Drug Cost tool on myCigna.com to get cost estimates for covered medications at local retail pharmacies and through Cigna Home Delivery Pharmacy™. If you have questions, you can call customer service using the number on the back of your ID card, 24 hours a day, 365 days a year, and we’ll be happy to help.

Your healthcare professional

Talk with your doctor about choosing the medication or product that’s right for you. If your doctor feels a certain contraceptive product (on this list) or smoking cessation product (on this list) isn’t medically appropriate for you, have your doctor contact us to determine what other products (not on this list) may be available with no cost-sharing. For preventive medications (including over-the-counter medications) or products to be covered, you’ll need to get a prescription from your doctor.
This list represents the medications that Cigna administered plans will cover with no cost-sharing due to PPACA requirements. Please note: this list is subject to change.

### Aspirin Products
- Adult Low Dose Aspirin
- Adult Low Dose Aspirin EC
- Aspirin 325mg
- Aspirin 81 mg
- Aspir-Low
- Bayer Chewable Aspirin
- Ecotrin 81 mg
- St. Joseph Aspirin

### Breast Cancer Prevention (Females)
- raloxifene
- tamoxifen

### Barrier Contraception
**Available to Females**
- Conceptrol Insert
- FC2 Female Condom
- Femcap
- Gynol II
- Today Contraceptive Sponge
- VCF Vaginal Contraceptive Film
- VCF Vaginal Contraceptive Foam
- VCF Vaginal Contraceptive Gel
- Wide Seal Diaphragm

### Bowel Prep Products for Colorectal Cancer Screenings
**Available to Males and Females: 50–75 years**
- bisacodyl 5mg tablets
- bisacodyl EC 5mg tablets
- Colyte with flavor packets
- Gavilyte-C
- Gavilyte-G
- Gavilyte-H and bisacodyl
- Gavilyte-N
- Gialax
- Golytely
- Miralax
- Moviprep
- Nulytely with flavor packs
- Osmoprep
- PEG 3350
- PEG 3350 with electrolytes
- PEG 3350 with flavor packs
- PEG-Prep
- Prepopik

### Emergency Contraception
**Available to Females**
- Aftera
- Econtra EZ
- Ella
- Fallback Solo
- levonorgestrel
- My Way
- Next Choice One Dose
- Opicon One-Step
- Option 2
- React

### Hormonal Contraception**
**Available to Females**
- Altavera
- Alyacen
- Amethia
- Amethia Lo
- Amethyst
- Apri
- Aranelle
- Ashlyna
- Aubra
- Aviane
- Azurette
- Balziva
- Bekyree
- Blisovi Fe
- Briellyn
- Camila
- Camrese
- Camrese Lo
- Caziant
- Chateal
- Cryselle
- Cyclofem
- Cyred
- Dasetta
- Daysee
- Delyla
- desogestrel/ethinyl estradiol
- drospirenone/ethinyl estradiol
- Elinest
- Emoquette
- Enpresse
- Enskyce
- Errin
- Estarylla
- Falmina
- Femnor
- Gianvi
- Gildagia
- Heather
- Introvale
- Jencycla
- Jolissa
- Jolivette
- Juleber
- Junel
- Junel FE
- Kaitlib FE
- Kariva
- Kelnor
- Kimidess
- Kurvelo
- Larin
- Larin FE
- Leena
- Lessina
- Levonest
- levonorgestrel and ethinyl estradiol
- Levora
- Lomedia FE
- Loryna
- Low-Ogestrel
- Lutera
- Lyza
- Marlissa
- medroxyprogesterone acetate 150 MG/ML
- Microgestin
- Microgestin FE
- Mono-Linyah
- Mononessa
- Myzilra
- Necon
- Nikki
- Nora-Be
- norethindrone
- norgestimate/ethinyl estradiol
- norgestrel/ethinyl estradiol
- Nortrel
- Nuvaring
- Ocella
- Orsynthia
- Philiith
- Pimtrea
- Pirmella
- Portia
Hormonal Contraception^*
(continued)
Previfem
Quasense
Rajani
Reclipsen
Setlakin
Sprintec
Srynxy
Syeda
Tarina FE
Tilia FE
Tri-Estarylla
Tri-Legest FE
Tri-Linyah
Tri-Lo-Estarylla
Tri-Lo-Marzia
Tri-Lo-Sprintec
Trinessa
Tri-Previfem
Tri-Sprintec
Trivora
Velivet
Vestura
Vienna
Viorele
Vyfemla
Wera
Wymzya FE
Xulane
Zarah
Zenchent
Zenchent FE
Zovia
^ If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.
* Generic hormonal contraceptives are available at no cost-sharing to you, even though they may not be listed here.

Folic Acid Supplementation
Available to Females (Only products containing 0.4 mg-0.8 mg of folic acid are included)
Classic Prenatal
Daily Prenatal
Folic Acid
KPN
One Daily Prenatal
Prenatal
Prenatal Formula
Prenatal Multi + DHA
Prenatal OTC
Prenatal Vitamins
Preque 10
Right Step Prenatal Vitamins
Urosex
Prenatal Formula – DHA

Pediatric Multivitamins
(Containing fluoride and fluoride supplements)
Available to Males and Females:
six months – six years
Escavite
Escavite D
Floriva
Fluorabon
Fluor-a-day
Fluoride
Fluoritab
Fluro-drops
Ludent Fluoride
Multivitamin and Fluoride
Multivitamins with Fluoride
Multivitamins with Fluoride-Iron
MVC-Flouride
Poly-VI-Flor
Poly-VI-Flor with Iron
Polyvitamins with Fluoride
Quflora
Sodium Fluoride
Texavite LQ
Triple Vitamin w/Fluoride
Tri-VI-Flor
Tri-vitamin with Fluoride
Tri-vite w/Fluoride
Tri-vite w/Fluoride Iron
Vitamins A,C,D & Fluoride

Pediatric Iron-Containing Products/Fluoride Supplementation
Available to Males and Females:
six months – 12 months
Children’s Ferrous Sulfate
Children’s Iron
Fer-In-Sol
Fer-Iron
Ferrous Sulfate
Flura Drops
Icar
IronUp
Multivitamins with Fluoride-Iron
Novaferrum
Wee Care

Smoking Cessation^*
Quantity Limitations apply
bupropion (generic for Zyban®)
May also be known as:
Bupropion HCl SR 12HR
nicotine replacement therapy*
patches, gum and lozenges
May also be known as:
Nicoderm
Nicorelief
Nicorette
Nicotine Polacrilex Gum
Nicotine Polacrilex Lozenge
Nicotine TD Patch 24HR
Nicotine Transdermal System
^ If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.
* Generic nicotine replacement therapy (so called “store-brands” are available at no cost-sharing to you, even though they may not be listed here.)

Fall Prevention/Vitamin D Supplementation
* adults 65 years of age and older to prevent falls
D3 Dots
D3-2000
D3-50
Decara
Delta D3
Dialyvite Vitamin D3 Max
Dialyvite Vitamin D
Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan’s network, your prescription may not be covered, or reimbursement may be limited by your plan’s copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan’s prescription drug coverage.