

2015

NO COST-SHARE PREVENTIVE MEDICATIONS



by drug category

At Cigna, your health and well-being is most important, and we want you to be at your 100% best. It's good to take care of yourself. Getting the right preventive care services at the right time can help you stay healthy.

Health care reform requires coverage of specific preventive medications with no patient cost-sharing

The Patient Protection and Affordable Care Act (PPACA) requires that certain categories of drugs and other products be included in preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations are meant to help prevent disease and meet women's unique health care needs, and are updated periodically to reflect new advances in science and medicine.

Preventive medication coverage

The following prescription medications (as well as certain over-the-counter medications) and products may be available to you with no cost-sharing (copay, coinsurance and/or deductible) depending on your plan. Check your plan materials or visit myCigna.com for more information. You can also use the Prescription Drug Price Quote tool on myCigna.com to compare prices at local retail pharmacies and Cigna Home Delivery PharmacySM. If you have questions, you can **call customer service using the number on the back of your ID card, 24 hours a day, 365 days a year, and we'll be happy to help.**

Religious exemptions to covering contraceptives

PPACA allows certain employers to exclude coverage for contraceptive services due to religious beliefs.

If you're a woman with medical coverage through one of these employers, Cigna will let you know that your plan does not cover these medications, and Cigna will offer to pay for your contraceptive services and specific medications at no additional cost to you if you choose. This coverage isn't administered, funded by or connected in any way to your employer's health coverage, and is private and confidential.

Your healthcare professional

Talk with your doctor about choosing the medication or product that's right for you. If your doctor feels a certain contraceptive product (on this list) isn't medically appropriate for you, have your doctor contact us to determine what other contraceptive products (not on this list) may be available with no cost-sharing. For preventive medications (including over-the-counter medications) or products to be covered, you'll need to get a prescription from your doctor.



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, or their affiliates.

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This list represents the medications that Cigna administered plans will cover with no cost-sharing due to PPACA requirements. Please note: this list is subject to change.

ASPIRIN PRODUCTS

Available to:

Males: 45-79 years

Females*: 55-79 years

***Available beginning 9/1/15 for females of childbearing age at risk of preeclampsia during pregnancy**

Adult Low Dose Aspirin
 Adult Low Dose Aspirin EC
 Aspirin EC 81
 Aspirin 81 mg
 Aspir-Low
 Bayer Chewable Aspirin
 Children's Aspirin
 Children's Chewable Aspirin
 Ecotrin 81 mg
 Halfprin
 Low Dose Aspirin
 Low Dose Aspirin EC
 St. Joseph Aspirin

BARRIER CONTRACEPTION

Available to Females

Conceptrol
 FC2 Female Condom
 Femcap
 Gynol II
 Options Conceptrol Vaginal Contraceptive
 Options Gynol II Vaginal Contraceptive
 Today Contraceptive Sponge
 VCF Vaginal Contraceptive Film
 VCF Vaginal Contraceptive Foam
 Wide Seal Diaphragm 60
 Wide Seal Diaphragm 70
 Wide Seal Diaphragm 75
 Wide Seal Diaphragm 80
 Wide Seal Diaphragm 85
 Wide Seal Diaphragm 90
 Wide Seal Diaphragm 95
 Wide Seal Diaphragm 65

BREAST CANCER PREVENTION (FEMALES)

***effective on plan anniversary date beginning September 1, 2014.**

raloxifene
 tamoxifen

EMERGENCY CONTRACEPTION

Available to Females

Ella
 My Way
 Next Choice One Dose
 Take Action

FALL PREVENTION / VITAMIN D SUPPLEMENTATION

*** adults 65 years of age and older to prevent falls**

Children's Replesta
 Children's Vitamin D
 D3 Dots
 D3-2000
 D3-50
 Decara
 Delta D3
 Dialyte Vitamin D3 Max
 Dialyvite Vitamin D
 D-Vi-Sol
 D-Vita
 Just D
 Kids Vitamin D3
 Maximum D3
 Optimal D3
 Replesta
 Replesta NX
 Thera-D
 Vitamin D
 Vitamin D3
 Vitamin D-400

FOLIC ACID SUPPLEMENTATION

Available to Females (Only products containing 0.4 mg-0.8 mg of folic acid are included)

Classic Prenatal
 Daily Prenatal
 Folic Acid
 KPN
 Maxinate
 One Daily Prenatal
 P-D Natal Plus With Folic Acid
 Prenatal
 Prenatal Formula
 Prenatal Multi + DHA
 Prenatal OTC
 Prenatal Vitamins
 Preque 10
 Right Step Prenatal Vitamins
 Urosex

HORMONAL CONTRACEPTION**

Available to Females

Altavera
 Alyacen 1/35
 Alyacen 7/7/7
 Amethia
 Amethia Lo
 Apri
 Aranelle
 Aubra
 Aviane
 Azurette
 Balziva
 Briellyn
 Camila
 Camrese
 Camrese Lo
 Caziant
 Chateal
 Cryselle-28
 Cyclofem 1/35
 Cyclofem 7/7/7
 Dasetta 1/35
 Dasetta 7/7/7
 Daysee
 desogestrel/ethinyl estradiol
 drospirenone/ethinyl estradiol
 Elinest
 Emoquette
 Enpresse-28
 Enskyce
 Errin
 Estarylla
 Falmina
 Generess Fe
 Gianvi
 Gildagia
 Gildess 1.5/30
 Gildess 1/20
 Gildess FE 1.5/30
 Gildess FE 1/20
 Heather
 Introvale
 Jencycla
 Jolessa
 Jolivette
 Junel 1.5/30
 Junel 1/20
 Junel FE 1.5/30
 Junel FE 1/20
 Kariva
 Kurvelo
 Larin 1/20
 Larin FE 1.5/30
 Larin FE 1/20
 Leena
 Lessina

Levonest
 levonorgestrel
 levonorgestrel and ethinyl estradiol
 levonorgestrel/ethinyl estradiol
 Levora 0.15/30-28
 Loryna
 Low-Ogestrel
 Lutera
 Lyza
 Marlissa
 medroxyprogesterone acetate 150 MG/ML
 Microgestin 1.5/30
 Microgestin 1/20
 Microgestin FE
 Microgestin FE 1.5/30
 Mono-Linyah
 Mononessa
 Myzilar
 Necon 0.5/35-28
 Necon 1/35
 Necon 7/7/7
 Nora-Be
 norethindrone
 norgestimate/ethinyl estradiol
 norgestrel/ethinyl estradiol
 Nortrel 0.5/35 (28)
 Nortrel 1/35
 Nortrel 7/7/7
 Nuvaring (Available 7/11/2015)
 Ocella
 Orsythia
 Philith
 Pimtreea
 Pirmella 1/35
 Pirmella 7/7/7
 Portia-28
 Previfem
 Quasense
 Reclipsen
 Sprintec 28
 Sronyx
 Syeda
 Tilia FE
 Tri-Estarylla
 Tri-Legest FE
 Tri-Linyah
 Trinessa
 Tri-Previfem
 Tri-Sprintec
 Trivora-28
 Velivet
 Vestura
 Viorele
 Vyfemla

Wera
Wymzya FE
Xulane
Zarah
Zenchent
Zenchent FE
Zeosa
Zovia 1/35E

^ *If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.*

* *Generic hormonal contraceptives are available at no cost-sharing to you, even though they may not be listed here.*

PEDIATRIC IRON-CONTAINING PRODUCTS/FLUORIDE SUPPLEMENTATION

Available to Males and Females: six months - 12 months

Children's Ferrous Sulfate
Children's Iron
Fer-In-Sol
Fer-Iron
Ferrous Sulfate
Flura Drops
Icar
IronUp
Multivitamins with Fluoride-Iron
MyKidz Iron 10
Novaferum
Wee Care

PEDIATRIC MULTIVITAMINS (containing fluoride and fluoride supplements) **Available to Males and Females: six months - six years**

Escavite
Escavite D
Floriva
Fluorabon
Fluor-a-day
Fluoride
Fluoritab
Flura-drops
Ludent Fluoride
Multivitamin and Fluoride
Multivitamins with Fluoride
Multivitamins with Fluoride-Iron
MVC-Fluoride
MyKidz Iron FL
Poly-VI-Flor
Poly-VI-Flor with Iron
Polyvitamins with Fluoride
Quflora
Sodium Fluoride
Triple Vitamin w/Fluoride
Tri-VI-Flor
Tri-vitamin with Fluoride
Tri-vite w/Fluoride
Tri-vite w/Fluoride Iron
Vitamins A,C,D & Fluoride

SMOKING CESSATION^{^*}

Effective on plan anniversary date beginning December 1, 2014. Quantity Limitations apply.

bupropion (generic for Zyban[®])

May also be known as:
Bupropion HCl SR 12HR
Buproban
nicotine replacement therapy*
patches, gum and lozenges

May also be known as:
Commit
Nicoderm
Nicorelief
Nicorette
Nicotine Polacrilex Gum
Nicotine Polacrilex Lozenge
Nicotine TD Patch 24HR
Nicotine Transdermal System

^ *If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.*

* *Generic nicotine replacement therapy (so called "store-brands" are available at no cost-sharing to you, even though they may not be listed here.)*



All health benefit plans and insurance policies contain exclusions and limitations. Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill or purchase the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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