At Cigna, your health and well-being is important to us. We want you to live life to the fullest. Taking your preventive medications regularly can help you get – and stay – healthy.

Health care reform requires coverage of certain preventive medications at no cost-share to you

Health care reform under the Patient Protection and Affordable Care Act (PPACA) requires plans to cover certain preventive medications and products at 100%, or no cost-share ($0) to you.* The U.S. Preventive Services Task Force and the Institute of Medicine provides guidance on which drug classes should be covered. These recommendations are meant to help prevent disease, as well as meet women’s unique health care needs.

Preventive medication coverage

This drug list shows the prescription medications and over-the-counter medicines (available without a prescription) and products available to you at no cost-share (copay, coinsurance and/or deductible). This list is updated as the U.S. Preventive Services Task Force makes new recommendations.

You should log into the myCigna® website or app or check your plan materials to learn more about how your plan covers preventive medications. You can also use the Drug Cost tool to estimate how much your medications may cost.

Religious exemptions to the coverage of contraceptives

PPACA allows certain employers to exclude contraceptives from coverage due to religious beliefs. If you’re a woman with medical coverage through one of these employers, Cigna will let you know that your plan does not cover these medications. Where required by law, Cigna will offer to pay for your contraceptives and/or certain medications at no extra cost to you (if you choose). This coverage is private and confidential and isn’t administered, funded by or connected in any way to your employer’s health coverage.

Choosing the right preventive medication

There are many preventive medications covered under PPACA. You should talk with your doctor to find out which medication or product may be right for you. If your doctor feels a certain contraceptive medication or smoking cessation medication on this list isn’t right for you, ask your doctor to call us. Together, we’ll look for other medications and products (not on this list) that may be available to you at no cost-share. It’s important to know that in order for a preventive prescription medication or over-the-counter product to be covered at no cost to you, you’ll need a prescription from your doctor.

* The no cost-share preventive coverage under the Affordable Care Act remains in effect at this time. Should health care reform change, we will review the guidance at that time.

Together, all the way.*
This drug list shows the prescription medications and over-the-counter medicines and products available to you at no cost-share under PPACA. This list is updated as the U.S. Preventive Services Task Force makes new recommendations.

**Aspirin Products**
- Low Dose Aspirin
- Low Dose Aspirin EC
- Aspir 81
- aspirin 325mg
- aspirin 81 mg
- Aspir-Low
- Bayer Chewable Aspirin
- Bufferin
- Ecotrin
- Ecpirin
- Lite coat aspirin
- tri-buffered aspirin

**Breast Cancer Prevention**
- raloxifene
- tamoxifen

**Barrier Contraception**
- Caya Contoured
- FC2 Female Condom
- Femcap
- Gynol II
- Today Contraceptive Sponge
- VCF Vaginal Contraceptive Film
- VCF Vaginal Contraceptive Foam
- VCF Vaginal Contraceptive Gel
- Wide Seal Diaphragm

**Bowel Prep Products for Colorectal Cancer Screenings**
- Available to adults
- 50–75 years of age
- Alophen pills
- bisacodyl 5mg tablets
- bisacodyl EC 5mg tablets
- Bisa-lax
- ClearLax
- Colyte With Flavor Packets
- Correctol
- Ducodyl
- Dulcolax tablet
- GaviLax
- GaviLyte-C
- GaviLyte-G
- GaviLyte-N
- GentleLax
- Gialax
- GlycoLax
- GoLytely
- HealthyLax
- Laxaclear
- Laxative
- Laxative PEG 3350
- Miralax
- Moviprep
- Natura-Lax
- Nulytely With Flavor Packs
- Osmoprep
- PEG 3350
- PEG 3350 with electrolytes
- PEG 3350 with flavor packs
- PEG-Prep
- Powderlax
- Prepopik
- Purelax
- SmoothLax
- Suprep
- trilyte with flavor packets

**Cholesterol Medications**
- Available to adults
- 40-75 years of age
- atorvastatin 10mg, 20mg
- fluvastatin 20mg, 40mg
- fluvastatin ER 80mg
- lovastatin 20mg, 40mg
- pravastatin 10mg, 20mg, 40mg, 80mg
- rosuvastatin 5mg, 10mg
- simvastatin 10mg, 20mg, 40 mg

* For plans renewing on or after November 1, 2017, these medications are covered at no cost ($0) as preventive medications under the Patient Protection and Affordable Care Act (PPACA). This means that, as of your plan’s renewal date, you won’t pay any money to fill a prescription for these medications. PPACA coverage requirements do not apply to all plans; for those plans, you’ll have to pay your plan’s preventive cost-share to fill these medications. To find out how your plan covers PPACA preventive medications, log into myCigna.com and use the Drug Cost tool or check your plan materials.

**Emergency Contraception**
- Available to females
- Aftera
- Econtra EZ
- Ella
- My Way
- Opcicon One-Step
- Option 2

**Hormonal Contraception**
- Altavera
- Alyacen
- Amethia
- Amethia Lo
- Amethyst
- Apri
- Aranelle
- Ashlyna
- Avra
- Aviane
- Azzurette
- Balziva
- Bekyree
- Blisovi Fe
- Briellyn
- Camila
- Camrese
- Camrese Lo
- Caziant
- Chateal
- Cryselle
- Cyclafem
- Cyred
- Dasetta
- Daysee
- Deblitane
- Delyia
- desogestrel-ethinyl estradiol
- drospirenone-ethinyl estradiol
- Elinest
- Emoquette
- Enpresse
- Enskyce
- Errin
- Estarylla
- ethynodiol-ethinyl estradiol
- Falmina
- Fayosim
### Hormonal Contraception

*(continued)*

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*If your doctor feels these medications aren’t right for you, ask him/her to call us. There may be other brands available at no cost-share to you*

*Generic hormonal contraceptives are available at no cost-share to you, even though they may not be listed here*

### Fall Prevention/Vitamin D Supplementation

Available to adults 65 years of age and older to prevent falls

- Bio-D-Mulsion
- Bio-D-Mulsion Forte
- D3-2000
- D3-50
- Decara
- Delta D3
- Dialyvite Vitamin D3 Max
- Dialyvite Vitamin D
- D-Vi-Sol
- Just D
- Maximum D3
- Optimal D3
- Replesta
- Replesta NX
- Super Daily D3
- Thera-D
- VitaJoy Daily D
- Vitamin D
- Vitamin D3
- Vitamin D-400

### Folic Acid Supplementation

Only includes products containing 0.4 mg–0.8 mg of folic acid

- Daily Prenatal
- FA-8 folic acid
- KPN
- One Daily Prenatal
- Perry Prenatal
- Prenatal
- Prenatal Complete
- Prenatal Formula
- Prenatal Formula-DHA
- Prenatal Multi + DHA
- Prenatal Vitamins
- Right Step Prenatal Vitamins
- Urosex
Pediatric Multivitamins Containing Fluoride and Fluoride Supplements

Available to children six months – sixteen years of age

- Escavite
- Escavite D
- Floriva
- Fluorabon
- fluoride
- Fluoritab
- Flura-drops
- Ludent Fluoride
- Multivitamin and Fluoride
- Multivitamins with Fluoride
- Multivitamins with Fluoride-Iron
- MVC-fluoride
- Poly-Vi-Flor
- Poly-Vi-Flor With Iron
- Polyvitamins with Fluoride
- Quflora
- sodium fluoride
- Texavite LQ
- Tri-Vi-flor
- Tri-Vite w/Fluoride
- Tri-Vite w/Fluoride Iron
- vitamins A,C,D & Fluoride

Smoking Cessation**

Quantity limits apply

- bupropion (generic for Zyban)
- Nicoderm
- Nicorelief
- Nicorette
- Nicotine Gum
- Nicotine Lozenge
- Nicotine Transdermal System
- Quit 2
- Quit 4
- Stop smoking aid

* if your doctor feels these medications aren’t right for you, ask him/her to call us. There may be other brands available at no cost-share to you

* Generic nicotine replacement therapy (known as “store-brands” are available at no cost-share to you, even though they may not be listed here)