

# Value Select.

## Your high-value, lower-cost HMO medical option.

At Disney, we know you have happier plans for your hard-earned cash than monthly health care bills. So we're always looking for ways to help you save. That's why we have partnered with Cigna to create the Value Select HMO. This medical plan option has the lowest payroll contributions of all Disney medical options, and provides all eligible Disney employees and Cast Members and their covered family members in Orange, San Bernardino, Riverside and Los Angeles counties access to quality doctors.

When you enroll in the Value Select HMO, you'll receive all of your care exclusively from the Cigna Value Network, which is more concentrated than the Cigna HMO and Kaiser HMO provider networks. You'll be asked to choose a primary care physician (PCP) in one of two locally-recognized, quality medical groups that make up the Value Network: Heritage Provider Network and Prospect Medical Group (they've each provided information inside this booklet so you can get to know them better). Your PCP will help you stay in-network to keep costs low - and help make sure your care team is all on the same page.

This plan also has extra savings guidelines built right in. When enrolling in Value Select HMO, please remember to:

- Get your annual checkup and follow your doctor's preventive care recommendations
- Make sure your doctor gets any required preauthorization before filling prescriptions
- Use lower-cost medications, like generic drugs instead of brand name
- Get 90-day supplies of your ongoing medications through Walgreens, the Pharmacy for Living Well at the Disneyland Resort, or the Express Scripts mail-order pharmacy
- Participate in health coaching or condition management programs, if recommended
- Use Urgent Care and Virtual Care instead of the Emergency Room if it isn't an emergency
- Participate in the Disney Wellness Rewards program

Remember Disney's Benefits Enrollment is right around the corner!

**Enroll in the plan that's right for you between October 21<sup>st</sup> and November 6<sup>th</sup>.**

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# The smart choice in healthcare

Families can save more than **\$2,000 a year on quality care.\***



*\*Based on Value Select HMO plan for Families, compared to the next lowest plan option.*

As the largest physician-owned network in Southern California, the Heritage family of medical groups provides unparalleled access to quality care while offering a significant cost savings to individuals and families. When you enroll into the Value Select HMO option, you will have access to thousands of primary and specialty care doctors, along with local urgent care centers and quality hospitals throughout Southern California. You can take advantage of the lowest cost option without ever compromising the quality of care you and your family can expect from our vast network of providers.

We take pride in delivering high-quality care to individuals and families like yours, and have been doing so for over 40 years.



Our care goes beyond the doctor's office. As a Value Select HMO member, you will have exclusive access to valuable resources to help you live a well-balanced life, including:

- Access to a dedicated Disney employee concierge line
- Virtual telehealth office visits
- Local urgent care centers and hospitals across Southern California
- Multi-lingual, multi-cultural clinicians
- Free online classes, health education, programs, and virtual events
- Care teams to help coordinate care for chronic conditions
- Population health management programs
- Convenient mobile app

Awarded a 5-star Standards of Excellence™ rating by America's Physician Groups (APG)

Visit us online at **HeritageProviderNetwork.com/Disney** or call (844) 891-0232, Monday - Friday, 8:00 a.m. - 5:00 p.m. TDD/TTY users dial 711.



**HERITAGE PROVIDER NETWORK**

Your health in good hands



**Prospect Medical Group**

To sign up or for more information, call (844) 757-7999 or visit us online at [ProspectMedical.com/Usher](http://ProspectMedical.com/Usher).

## Prospect Medical: Quality Care in your Neighborhood

We understand your health is one of the most important aspects of your life. Prospect Medical offers **high-quality healthcare through our large network and personalized service with our Red Carpet Ushers** to help guide you and your family through the healthcare system.

### We Make it Easy for Disney Cast Members and Employees

**Prospect Medical provides you with:**

- Over 5,000 Primary Care Physicians in Orange, Los Angeles, Riverside, San Bernardino and San Diego counties
- More than 150 urgent care centers
- Doctors that speak **Spanish, Farsi, Korean, Vietnamese** and many other languages
- In-home medical care, if needed

**In addition...our Red Carpet Ushers**

- Help navigate through your insurance plan's physician selection
- Provide appointment and referral assistance
- Provide wellness reminders
- Answer your questions

Our group is focused on quality and ensuring that you have the best doctors in network to take care of you and your family. We were awarded **No. 1 Quality Group** in Orange County designation in 2017 and awards for exceeding quality measures in 2018 by CalOptima, and **4.5-Star Quality Ratings** from the Integrated Healthcare Association.



**Get the best selection of doctors and the highest quality of care with Prospect and Value Select.**

Prospect Medical Group | [ProspectMedical.com/Usher](http://ProspectMedical.com/Usher)  
600 City Parkway West, Suite 800, Orange, CA 92868



Learn more at

[Cigna.com/disney-valueselect](https://Cigna.com/disney-valueselect)

Or, call:

**Disney Benefits Center: 1-800-354-3970**

**Cigna: 1-800-577-7498**

**Heritage Provider Network: 1-844-891-0232**

**Prospect Medical Group: 1-844-757-7999**