

WELLNESS QUIZ



Preventive care

- 1. What services are covered under preventive care?**
 - a. Mammograms and Colonoscopies
 - b. Regular Diabetes check ups
 - c. Annual Physical (well woman, well man, and well-baby visits)
 - d. All of the above
 - e. A and C
- 2. Annual blood work is covered as a preventive service. This includes cholesterol and blood glucose numbers.**

True or False
- 3. What does BMI stand for?**
 - a. Below Medical Indicators
 - b. Body Mass Index
 - c. Best Measurement Index.
- 4. Which of the below screenings are considered preventive?**
 - a. Depression Screening
 - b. Diabetes Screening
 - c. Tobacco Cessation Counseling
 - d. None of the Above
 - e. All of the Above
- 5. Choose True or False for the below statements**
 - a. If I visit my Doctor for my annual physical and also ask my Doctor to run additional test for my digestion issues. This is considered a preventive care visit. True or False
 - b. If I visit my Doctor for my annual physical and have an annual blood draw and flu shot, are these considered preventive services? True or False
 - c. If I visit my Doctor every other month for a Diabetes check-up and blood work, is this considered a preventive visit? True or False

Answer Key:
1. D, All of the Above, 2. True, 3. B, Body Mass Index, 4. E, All of the Above, 5. A, False, B, True, C, False

Together, all the way.®



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