



OVER-THE-COUNTER (OTC) MEDICATIONS AND PRODUCTS

Your 2018 catalog

Together, all the way.®



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YOUR OVER-THE-COUNTER (OTC) MEDICATIONS AND PRODUCTS

1

Check your Cigna-HealthSpring *Evidence of Coverage* to see your monthly OTC allowance.

2

Choose from the list of covered medications and products in this catalog

3

Call to order.
1-866-851-1579 (TTY 711)
Monday – Friday, 8 a.m. – 9 p.m. EST.

4

Ask us to double-check your mailing address.
We want to make sure you get your items.



SAVE MONEY AND TIME.

You can get over-the-counter items sent right to your door – with FREE delivery.



Common questions about your OTC benefit

Q. What can I order?

A: You can order from the list of covered items in this catalog. Covered items may include:

OTC medications

- Aspirin
- Acetaminophen
- Vitamins
- Cold and flu medicine

Health-related products

- Nicotine patches
- Disposable underpads
- Compression socks
- Nasal strips

Q: How much is my quarterly allowance?

A: The dollar value of your quarterly allowance depends on your plan. Check your Cigna-HealthSpring *Evidence of Coverage* to see your quarterly OTC allowance.

Q. When can I spend my quarterly allowance?

A: Your allowance goes into your account quarterly on January 1, April 1, July 1 and October 1. You can:

- Spend your full quarterly allowance as soon as it is in your account
- Save up your allowances to order higher priced items later in the year
- Order once a month up to 12 times a year

Unused balances roll forward each quarter. However, balances do not carry over to the next year.

Q: Who can get items through my OTC benefit?

A: You can order items that help you with a medical need every month you are a Cigna-HealthSpring customer. Cigna-HealthSpring prohibits the purchase of OTC items for family members or friends.



1-866-851-1579 (TTY 711)

**You can place your OTC order
Monday – Friday, 8 a.m. – 9 p.m. EST.**

Q: How do I get my order?

A: The cost of your order must be less than or equal to the account balance for items to ship. OTC medications are only available for home delivery. Covered items are sent to you free of delivery charge. Please allow two weeks for home delivery.

BRAND EQUIVALENT INDEX

Please use the index below for ease in locating available OTC items.

Brand Equivalent	Catalog Item	Page
21st Century	Glucosamine / Chondroitin	10
3M Tape	Tape, Paper Surgical - 1 in x 10 yd	18
3M Tape	Tape, Paper Surgical - 2 in x 10 yd	19
3M Tape	Tape, Silk Surgical - 1 in x 10 yd	19
3M Tape	Tape, Silk Surgical - 2 in x 10 yd	19
3M Tape	Tape, Transparent Surgical - 1 in x 10 yd	19
3M Tape	Tape, Transparent Surgical - 2 in x 10 yd	19
A&D	A & D Ointment	19
Abreva	Abreva	15
Ace	Ankle Support	23
Ace	Elastic Bandage - 2 in x 4.5 yd	17
Ace	Elastic Bandage - 3 in x 5 yd	17
Ace	Elastic Bandage - 4 in x 5 yd	17
Ace	Elastic Bandage - 6 in x 5 yd	18
Advil	Ibuprofen	21
Afrin	Nasal Decongestant Spray - 12 Hour	12
After Bite Relief	After Bite Relief	17
Aleve	Naproxen	22
AmLactin	Ammonium Lactate	22
Alka-Seltzer	Effervescent Pain Reliever	13
Anbesol	Oral Pain Relief	15
Antiseptic Towelettes	Antiseptic Towelettes	17
Arthritis Gloves	Arthritis Gloves, Small	23
Arthritis Gloves	Arthritis Gloves, Medium	23
Arthritis Gloves	Arthritis Gloves, Large	23
Aspercreme	Lidocaine Patch	22
Attends	Bladder Control Shaped Pad, Moderate Absorbency	20

Brand Equivalent	Catalog Item	Page
Attends	Bladder Control Shaped Pad, Heavy Absorbency	20
Attends	Bladder Control Shaped Pad, Maximum Absorbency	20
Attends	Disposable Underwear, Medium	20
Attends	Disposable Underwear, Large	20
Attends	Disposable Underwear, X-Large	20
Attends	Underpad, Disposable - 23" x 24"	20
Attends	Underpad, Disposable - 23" x 36"	20
Attends	Underpad, Disposable - 30" x 30"	20
Bacitracin	Bacitracin Ointment	17
Band-Aid	Adhesive Bandages	17
Bath Mat, Non-Skid	Bath Mat, Non-Skid	17
Bausch & Lomb	Eye Wash Solution	16
Bayer	Aspirin	21
Bayer	Aspirin, Low Dose, Chewables	21
Benadryl	Diphenhist (Antihistamine)	12
Benadryl	Diphenhydramine HCL (Antihistamine)	12
Benadryl	Diphenhydramine HCL / Zinc Acetate Anti-itch Cream	14
Bengay	Pain Relieving Muscle Rub	22
Ben's	Insect Repellent Spray (Deet)	18
Biofreeze	Fast Freeze, Pain Relief Spray	18
Bonine	Meclizine HCL Antiemetic	21
Braun	Thermometer, Digital Ear	19
Breathe Right	Nasal Strips, Small / Medium	22
Breathe Right	Nasal Strips, Medium / Large	22
Caltrate	Calcium + Vitamin D	10
Caltrate-D	Calcium Carbonate Tablets	10

BRAND EQUIVALENT INDEX

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Capzasin	<i>Capsaicin</i>	21
Carex	<i>Bath Tub Safety Rail</i>	17
Carex	<i>Cushion, Foam Ring</i>	17
Carex	<i>Cushion, Lumbar</i>	17
Carpal Tunnel Brace	<i>Carpal Tunnel Brace, Small</i>	23
Carpal Tunnel Brace	<i>Carpal Tunnel Brace, Medium</i>	23
Carpal Tunnel Brace	<i>Carpal Tunnel Brace, Large</i>	23
Centrum	<i>Daily Multiple Vitamin Tablets with Minerals</i>	10
Centrum Silver	<i>Senior Multivitamin</i>	11
Cepacol	<i>Sore Throat Lozenges</i>	13
Cepacol	<i>Sore Throat Lozenges, Cherry</i>	13
Chlor-Trimeton	<i>Chlorpheniramine Maleate (Antihistamine)</i>	12
Chloraseptic	<i>Sore Throat Spray, Cherry</i>	13
CholesTrak	<i>Home Access Cholesterol Test</i>	11
Citrucel	<i>Methylcellulose Fiber Therapy</i>	14
Claritin	<i>Loratadine (Generic Claritin)</i>	12
Clean and Clear	<i>Acne Gel 10% Benzoyl Peroxide</i>	22
Colace	<i>Docusate Sodium Stool Softener</i>	14
Colgate	<i>Rechargeable Toothbrush</i>	15
Colgate	<i>Toothbrush, Colgate, Adult Soft</i>	15
Commit	<i>Nicotine Lozenges</i>	23
Compound W	<i>Wart Remover (liquid)</i>	25
Conair	<i>Water Jet</i>	16
Conair	<i>Water Jet Replacement Tips</i>	16
Coppertone	<i>Sunscreen Lotion SPF 30</i>	25
Coricidin HBP	<i>Cough & Cold for High Blood Pressure</i>	12
Cortaid	<i>Hydrocortisone 1% Cream</i>	14
Cotton Balls	<i>Cotton Balls</i>	17
Curad	<i>Alcohol Pads</i>	17

Brand Equivalent	Catalog Item	Page
Curad	<i>Rib Belt - Female (one size fits most)</i>	24
Curad	<i>Rib Belt - Male (one size fits most)</i>	24
Curad	<i>First Aid Kit</i>	18
DHEA	<i>DHEA</i>	19
Depends	<i>Attends Discreet Men's Guard</i>	20
Depends	<i>Attends Discreet Men's Shield</i>	20
Depends	<i>Attends Discreet Women's Maximum Bladder Control Pad</i>	20
Depends	<i>Attends Discreet Women's Moderate Bladder Control Pad</i>	20
Depends	<i>Attends Discreet Women's Panty Liner</i>	20
Depends	<i>Attends Discreet Women's Ultimate Bladder Control Pad</i>	20
Depends	<i>Attends Discreet Women's Ultrathin Pad</i>	20
Dr. Scholls	<i>Callus Remover Pads</i>	19
Dr. Scholls	<i>Corn Remover Pads</i>	19
Dr. Scholls	<i>Diabetic Sock, Black, Medium</i>	16
Dr. Scholls	<i>Diabetic Sock, Black, Large</i>	16
Dr. Scholls	<i>Diabetic Sock, White, Medium</i>	16
Dr. Scholls	<i>Diabetic Sock, White, Large</i>	16
Dramamine	<i>Dramamine Chewables, Orange</i>	21
Dramamine	<i>Driminate Antiemetic</i>	21
Drive Medical	<i>Adjustable Transfer Bench</i>	17
Drive Medical	<i>Cushion, Gel / Foam Seat</i>	17
Drive Medical	<i>Quad Cane, Small Base</i>	18
Drive Medical	<i>Quad Cane, Large Base</i>	18
Dulcolax	<i>Bisacodyl Enteric Coated Laxative</i>	14
Ecotrin	<i>Aspirin, Enteric Coated</i>	21
Ecotrin	<i>Aspirin, Low Dose</i>	21
Efferdent	<i>Denture Cleaning Tablets</i>	15
Essential	<i>Bath Bench with Back</i>	17

Brand Equivalent	Catalog Item	Page
Essential	<i>Bath Bench without Back</i>	17
Excedrin	<i>Migraine Relief</i>	22
Feosol	<i>Ferrous Gluconate (Iron Supplement)</i>	10
Feosol	<i>Ferrous Sulfate</i>	10
Fibercon	<i>Polycarbophil Fiber Tablets</i>	14
First Aid Only	<i>First Aid Kit , 75 pieces</i>	18
Fixodent	<i>Fixodent</i>	15
Fleet	<i>Glycerin Suppository</i>	14
Fleet	<i>Hemorrhoidal Suppository</i>	19
Fruit of the Earth	<i>Aloe Vera Cream</i>	25
Futuro	<i>Back Support Elastic</i>	23
Futuro	<i>Back Support Elastic with Lumbar</i>	23
Futuro	<i>Compression Knee High Socks, Women's Black, Small</i>	23
Futuro	<i>Compression Knee High Socks, Women's Black, Medium</i>	23
Futuro	<i>Compression Knee High Socks, Women's Black, Large</i>	23
Futuro	<i>Compression Knee High Socks, Women's Nude, Small</i>	23
Futuro	<i>Compression Knee High Socks, Women's Nude, Medium</i>	24
Futuro	<i>Compression Knee High Socks, Women's Nude, Large</i>	24
Futuro	<i>Elbow Support</i>	24
Futuro	<i>Knee Support, Elastic, Small</i>	24
Futuro	<i>Knee Support, Elastic, Small with Stays</i>	24
Futuro	<i>Knee Support, Elastic, Medium</i>	24
Futuro	<i>Knee Support, Elastic, Medium with Stays</i>	24
Futuro	<i>Knee Support, Elastic, Large</i>	24
Futuro	<i>Knee Support, Elastic, Large with Stays</i>	24
Futuro	<i>Night Wrist Support Smart Glove</i>	24
Futuro	<i>Wrist Splint</i>	25

Brand Equivalent	Catalog Item	Page
Futuro	<i>Wrist Support</i>	25
Gold Bond	<i>Medicated Foot Powder</i>	19
Gold Bond	<i>Moisturizing Body Lotion with Aloe</i>	25
Gyne-Lotrimin	<i>Clotrimazole 7-Day Treatment Vaginal Cream (with applicator)</i>	13
HALLS	<i>Cough Drops, Cherry</i>	12
HealthSmart	<i>Finger Pulse Oximeter</i>	11
Herpecin-L	<i>Herpecin-L Lip Balm</i>	15
Hip Protector	<i>Hip Protector, Small</i>	24
Hip Protector	<i>Hip Protector, Medium</i>	24
Hip Protector	<i>Hip Protector, Large</i>	24
Hip Protectorw	<i>Hip Protector, X-Large</i>	24
Hydrogen Peroxide	<i>Hydrogen Peroxide</i>	18
Hyland's	<i>Ear Pain Relief Ear Drops</i>	16
Hyland's	<i>Leg Cramps Pain Relief Caplets</i>	10
Imodium A-D	<i>Loperamide HCL Anti-Diarrheal</i>	14
Isopropyl	<i>Isopropyl Alcohol, Wintergreen</i>	18
Lactaid	<i>Lactase Capsules</i>	14
Lamisil AT	<i>Terbinafine HCL Antifungal Cream</i>	15
Lantiseptic	<i>Barrier Cream</i>	20
Lotrimin AF	<i>Clotrimazole Antifungal Athlete's Foot Cream</i>	14
Lotrimin AF	<i>Medicated Antifungal Foot Powder Spray</i>	15
Ludens	<i>Cough Drops, Sugar Free, Cherry</i>	12
Maalox	<i>Antacid / Anti-Gas Liquid</i>	13
Metamucil	<i>Natural Vegetable Laxative</i>	14
Micatin	<i>Miconazole Nitrate 2% Antifungal Cream</i>	15
Monistat 1	<i>Tioconazole 1-Day Treatment Vaginal Cream (with applicator)</i>	13
Monistat 3	<i>Micanozole 3-Day Treatment</i>	13

BRAND EQUIVALENT INDEX

Brand Equivalent	Catalog Item	Page
Murine	<i>Ear Wax Removal Drops</i>	16
Murine	<i>Ear Wax Removal System with Rubber Bulb</i>	16
Mucinex DM	<i>Mucus Relief DM Expectorant & Cough Suppressant</i>	12
NasalCrom	<i>Cromolyn Sodium (Allergy Nasal Spray)</i>	12
Nature Made	<i>Magnesium Oxide</i>	10
Nature Made	<i>Niacin</i>	11
Nature Made	<i>Stress Formula Tablets with Zinc</i>	11
Nature's Bounty	<i>Coenzyme Q-1</i>	10
Nature's Bounty	<i>Folic Acid</i>	10
Nature's Bounty	<i>Iron</i>	10
Nature's Bounty	<i>Magnesium</i>	10
Nature's Bounty	<i>Melatonin</i>	10
Nature's Bounty	<i>Vitamin B-6</i>	11
Nature's Bounty	<i>Vitamin D</i>	11
Nature's Bounty	<i>Fish Oil Tablets</i>	10
Neosporin	<i>Neosporin Plus</i>	18
Neosporin	<i>Triple Antibiotic Ointment</i>	19
Nexcare	<i>Hot/Cold Pack, 1 small & 1 large</i>	18
Nexcare	<i>Thermometer, Digital 60 seconds</i>	19
Nicoderm	<i>Nicotine Patch, Step 1</i>	23
Nicoderm	<i>Nicotine Patch, Step 2</i>	23
Nicoderm	<i>Nicotine Patch, Step 3</i>	23
Nicorette	<i>Nicorelief Gum</i>	23
Nix	<i>Permethrin Lice Treatment</i>	22
Nova	<i>Folding Cane Ergonomic Handle</i>	18
Ocean	<i>Nasal Spray, Saline</i>	13
Omron	<i>Desktop Automatic Blood Pressure Monitor</i>	11
Omron	<i>Desktop Talking Blood Pressure Monitor (8.7" to 13.4")</i>	11
Omron	<i>Desktop Blood Pressure Monitor Replacement Cuff</i>	11
Omron	<i>Wrist Blood Pressure Monitor</i>	11

Brand Equivalent	Catalog Item	Page
Omron	<i>Wrist Talking Blood Pressure Monitor (9" to 14.6")</i>	11
One A Day	<i>One Daily Men's Multivitamin</i>	11
One A Day	<i>One Daily Women's Multivitamin</i>	11
Orajel	<i>Orajel Pain Relief</i>	15
Oral B	<i>Rechargeable Toothbrush</i>	
Oral-B	<i>Interdental Flossups</i>	15
Pepcid	<i>Famotidine Acid Reducer</i>	13
Pepsodent	<i>Toothpaste - Pepsodent</i>	16
Pepto-Bismol	<i>Bismatrol Chewable Tablets</i>	14
Pepto-Bismol	<i>Pink Bismuth</i>	14
Phillips'	<i>Milk of Magnesia</i>	14
Povidone	<i>Povidone Iodine Solution Antiseptic</i>	18
Preparation H	<i>Hemorrhoidal Ointment</i>	19
Prevail	<i>Adult Briefs, Medium</i>	19
Prevail	<i>Adult Briefs, Large</i>	20
Prevail	<i>Adult Briefs, X-Large</i>	20
Prilosec OTC	<i>Omeprazole Acid Reducer</i>	13
ProCheck	<i>Thermometer, Flexible Tip, Digital 10 seconds</i>	19
Purell	<i>Hand Sanitizer</i>	22
Q-Tips	<i>Cotton Tipped Swabs</i>	16
Quick-Lock	<i>Raised Toilet Seat</i>	18
Reach	<i>Reach Waxed Dental Floss, Mint</i>	15
Refresh PM	<i>Artificial Tears Ointment</i>	16
Releev	<i>Releev Cold Sore Treatment</i>	15
Renu Multipurpose Solution	<i>Multi-Purpose Contact Lens Solution</i>	16
Reveal	<i>EZ Detect Colon Cancer Test Kit</i>	11
Rid	<i>Lice Treatment Shampoo</i>	22
Robitussin	<i>Cough Syrup, Expectorant</i>	12
Robitussin	<i>Guaifenesin Cough Expectorant</i>	12

Brand Equivalent	Catalog Item	Page
Robitussin	<i>Diabetic Tussin DM</i>	12
Salonpas	<i>Pain Relief Patches</i>	22
Senokot- S	<i>Senna Plus Stool Softener Plus Laxative</i>	14
Shower Mat	<i>Shower Mat, Non-Skid</i>	18
Sominex	<i>Sleep Tablets</i>	22
Sudafed PE	<i>Sudogest PE (Nasal & Sinus Decongestant)</i>	13
Sunbeam	<i>Heating Pad, 12 in x 15 in</i>	21
Super Poligrip	<i>Polident Denture Cream</i>	15
Tek Pro	<i>Toothbrush, Tek Pro, Straight Soft</i>	16
Therafirm	<i>Compression Knee High Socks, Men's Black, Medium</i>	23
Therafirm	<i>Compression Knee High Socks, Men's Black, Large</i>	23
Therafirm	<i>Compression Knee High Socks, Men's White, Medium</i>	23
Therafirm	<i>Compression Knee High Socks, Men's White, Large</i>	23
Thermacare	<i>Thermacare Knee & Elbow</i>	22
Thermacare	<i>Thermacare Lower Back & Hip</i>	22
Thermacare	<i>Thermacare Menstrual Relief</i>	22
Thermometer	<i>Thermometer, Talking Ear and Forehead</i>	18
Tinactin	<i>Tolnaftate Antifungal Cream</i>	15
Toilet Safety Rails	<i>Toilet Safety Rails</i>	19
Tucks	<i>Pre-moist Hemorrhoid Pads</i>	19
Tums	<i>Antacid Chewables</i>	13
Tylenol	<i>Acetaminophen</i>	21
Tylenol	<i>Multi-Symptom Cold Formula</i>	12
Tylenol Arthritis	<i>Arthritis Pain Reliever</i>	21
Tylenol Extra Strength	<i>Acetaminophen</i>	21
Tylenol PM	<i>Pain Reliever, PM - Extra Strength</i>	22
Vicks	<i>Humidifier, Ultra-Sonic Cool Mist</i>	18
Vicks	<i>Personal Steam Inhaler</i>	13

Brand Equivalent	Catalog Item	Page
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Visine	<i>Artificial Tears Drops</i>	16
Visine	<i>Redness Relief Eye Drops</i>	16
Vitafusion	<i>Biotin Gummy</i>	10
Vitafusion	<i>Calcium + Vitamin D Gummy</i>	10
Vitafusion	<i>Vitamin B-Complex Gummy</i>	11
Vitafusion	<i>Vitamin C Gummy</i>	11
Vitafusion	<i>Vitafusion Fiber Weight Management</i>	25
Vitamin A	<i>Vitamin A</i>	11
Vitamin B-Complex	<i>Vitamin B-Complex</i>	11
Vitamin B-1	<i>Vitamin B-1</i>	11
Vitamin B-6	<i>Vitamin B-6</i>	11
Vitamin B-12	<i>Vitamin B-12</i>	11
Vitamin C	<i>Vitamin C</i>	11
Vitamin D	<i>Vitamin D</i>	11
Vitamin E, Soft Gels	<i>Vitamin E, Soft Gels</i>	11
Zantac	<i>Ranitidine Acid Reducer</i>	13
Zantac	<i>Simethicone Anti-Gas Chewables</i>	13
Zyrtec	<i>All-Day Allergy Tablets (Cetirizine HCL)</i>	12



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OTC MEDICATIONS AND PRODUCTS

Before ordering any of the items below, you should talk with your doctor.

Category	Product	Item #	Brand Equivalent/Description	Cost
Vitamins & Minerals	Biotin Gummy	1820	Compare to Vitafusion Biotin Gummy Vitamins; A registered trademark of Church & Dwight Co. Inc.	\$12.00
	Calcium + Vitamin D	1373	Compare to Caltrate® 600, 600 mg tablets, 60 per bottle; A registered trademark of Pfizer Consumer Healthcare.	\$7.00
	Calcium + Vitamin D Gummy	1823	Compare to Vitafusion Calcium + Vitamin D Gummy; A registered trademark of Church & Dwight Co. Inc.	\$14.00
	Calcium Carbonate Tablets	1291	Compare to Caltrate-D®, 600 + D Calcium Supplement, 600 mg tablets, 60 per bottle; A registered trademark of Pfizer Consumer Healthcare.	\$5.00
	Coenzyme Q-10	1829	Compare to Nature's Bounty; A registered trademark of Nature's Bounty, Inc.	\$12.00
	Daily Multiple Vitamin Tablets with Minerals	1385	Compare to Centrum®, 100 tablets per bottle; A registered trademark of Pfizer Consumer Healthcare.	\$7.00
	Ferrous Gluconate (Iron Supplement)	1375	Compare to Feosol®, 325 mg tablets, 100 per bottle; A registered trademark of Meda Consumer Healthcare, Inc.	\$6.00
	Ferrous Sulfate	1376	Compare to Feosol®, 325 mg tablets, 100 per bottle; A registered trademark of Meda Consumer Healthcare, Inc.	\$5.00
	Fish Oil Tablets	1741	Compare to Nature's Bounty®, 1000 mg tablets, 60 per bottle; A registered trademark of Nature's Bounty, Inc.	\$11.00
	Folic Acid	1850	Compare to Nature's Bounty; A registered trademark of Nature's Bounty, Inc.	\$8.00
	Glucosamine / Chondroitin	1003	Compare to 21st Century Glucosamine & Chondroitin Original Formula, 250-200 mg capsules, 60 per bottle; A registered trademark of 21st Century HealthCare, Inc.	\$11.00
	Iron	1417	Compare to Nature's Bounty; A registered trademark of Nature's Bounty, Inc.	\$9.00
	Leg Cramps Pain Relief Caplets	1869	Compare to Hyland's Ear Relief; A registered trademark of Hyland's.	\$14.00
	Magnesium	1418	Compare to Nature's Bounty; A registered trademark of Nature's Bounty, Inc.	\$8.00
	Magnesium Oxide	1377	Compare to Nature Made®, Strength 250mg, Quantity 100 tabs; A registered trademark of Nature Made Nutritional Products.	\$7.00
	Melatonin	1879	Compare to Nature's Bounty; A registered trademark of Nature's Bounty, Inc.	\$12.00

Category	Product	Item #	Brand Equivalent/Description	Cost
Vitamins & Minerals	Niacin	1378	Compare to Nature Made®, Strength 100mg, Quantity 100 tabs; <i>A registered trademark of Nature Made Nutritional Products.</i>	\$5.00
	One Daily Men's Multi-Vitamin	1886	Compare to One A Day; <i>A registered trademark of Bayer AG.</i>	\$10.00
	One Daily Women's Multi-Vitamin	1887	Compare to One A Day; <i>A registered trademark of Bayer AG.</i>	\$10.00
	Senior Multivitamin	1392	Compare to Centrum Silver; <i>A registered trademark of Pfizer.</i>	\$10.00
	Stress Formula Tablets with Zinc	1734	Compare to Nature Made Stress B Complex with Zinc; <i>A registered trademark of Pharmavite.</i>	\$14.00
	Vitamin A	1379	Vitamin A, 100 tablets per bottle	\$6.00
	Vitamin B-Complex	1382	Vitamin B Complex, 100 tablets per bottle	\$6.00
	Vitamin B-Complex Gummy	1915	Compare to Vitafusion B-Complex Gummy Vitamins; <i>A registered trademark of Church & Dwight Co. Inc.</i>	\$12.00
	Vitamin B-1	1016	Vitamin B-1, 100 mg tablets, 100 per bottle	\$6.00
	Vitamin B-6	1380	Vitamin B-6, 50 mg tablets, 100 per bottle	\$6.00
	Vitamin B-6	1388	Compare to Nature's Bounty; <i>A registered trademark of Nature's Bounty, Inc.</i>	\$8.00
	Vitamin B-12	1381	Vitamin B-12, 100 tablets per bottle	\$10.00
	Vitamin C	1017	Vitamin C, 500 mg, 100 tablets per bottle	\$6.00
	Vitamin C Gummy	1916	Compare to Vitafusion Power C Gummy Vitamins; <i>A registered trademark of Church & Dwight Co. Inc.</i>	\$12.00
	Vitamin D	1383	Vitamin D, 100 tablets per bottle	\$5.00
	Vitamin D	1390	Compare to Nature's Bounty; <i>A registered trademark of Nature's Bounty, Inc.</i>	\$10.00
	Vitamin E, Soft Gels	1384	Vitamin E, 100 tablets per bottle	\$8.00
In-Home Diagnostics	Desktop Automatic Blood Pressure Monitor	1253	Compare to Omron®; <i>A registered trademark of Omron Healthcare, Inc.</i>	\$60.00
	Desktop Blood Pressure Monitor Replacement Cuff	1504	Compare to Omron®; <i>A registered trademark of Omron Healthcare, Inc.</i>	\$19.00
	Desktop Talking Blood Pressure Monitor (8.7" to 13.4")	1503	Compare to Omron®; <i>A registered trademark of Omron Healthcare, Inc.</i>	\$80.00
	EZ Detect Colon Cancer Test Kit	1416	Compare to Reveal Colon Disease Test®; <i>A registered trademark of American Screening Corp.</i>	\$13.00
	Finger Pulse Oximeter	1505	Compare to HealthSmart®; <i>A registered trademark of Briggs Healthcare.</i>	\$52.00
	Home Access Cholesterol Test	1251	Compare to CholesTrak®, 1 piece; <i>A registered trademark of AccuTech, LLC.</i>	\$35.00
	Wrist Blood Pressure Monitor	1501	Compare to Omron®; <i>A registered trademark of Omron Healthcare, Inc.</i>	\$40.00
	Wrist Talking Blood Pressure Monitor (9" to 14.6")	1502	Compare to Omron®; <i>A registered trademark of Omron Healthcare, Inc.</i>	\$55.00

OTC MEDICATIONS AND PRODUCTS

You can order the following items without having to talk with your doctor, but we always recommend that you talk with your doctor before starting a new product regime.

Category	Product	Item #	Brand Equivalent/Description	Cost
Allergy, Cold, Flu Decongestant & Sinus	All-Day Allergy Tablets (Cetirizine HCL)	1090	Compare to Zyrtec®, 10 mg tablets, 14 per box; <i>A registered trademark of McNeil-PPC, Inc.</i>	\$7.00
	All-Nite Cold/Flu	1361	Compare to Vicks® NyQuil® Cough; <i>A registered trademark of Procter & Gamble.</i>	\$6.00
	Chlorpheniramine Maleate (Antihistamine)	1008	Compare to Chlor-Trimeton® Allergy, 4 mg tablets, 100 per box; <i>A registered trademark of Schering-Plough HealthCare Products, Inc.</i>	\$5.00
	Cough & Cold for High Blood Pressure	1166	Compare to Coricidin HBP; <i>A registered trademark of Bayer AG.</i>	\$7.00
	Cough Drops, Cherry	1056	Compare to HALLS®, Quantity 30 lozenges; <i>A registered trademark of Mondelēz International.</i>	\$6.00
	Cough Drops, Sugar Free, Cherry	1182	Compare to Ludens Throat Drops, Sugar Free, Wild Cherry; <i>A registered trademark of Prestige Brands.</i>	\$6.00
	Cough Syrup, Expectorant	1054	Compare to Robitussin®, 4 oz per bottle; <i>A registered trademark of American Home Products Corporation.</i>	\$5.00
	Cromolyn Sodium (Allergy Nasal Spray)	1356	Compare to NasalCrom®, 26 ml per bottle; <i>A registered trademark of McNeil-PPC, Inc.</i>	\$14.00
	Diabetic Tussin DM	1323	Compare to Robitussin DM; <i>A registered trademark of Pfizer.</i>	\$11.00
	Diphenhist (Antihistamine)	1308	Compare to Benadryl®, 25 mg tablets, 100 per box; <i>A registered trademark of Pfizer.</i>	\$6.00
	Diphenhydramine HCL (Antihistamine)	1009	Compare to Benadryl®, 25 mg, 24 per pack; <i>A registered trademark of Pfizer.</i>	\$5.00
	Guaifenesin Cough Expectorant	1180	Compare to Robitussin®, 200mg tablets, 60 per bottle; <i>A registered trademark of American Home Products Corporation.</i>	\$9.00
	Loratadine (Generic Claritin)	1611	Compare to Claritin® Allergy Relief 24hr, 100 per bottle; <i>A registered trademark of Bayer.</i>	\$20.00
	Mucus Relief DM Expectorant & Cough Suppressant	1178	Compare to Mucinex DM; <i>A registered trademark of Reckitt Benckiser.</i>	\$12.00
	Multi-Symptom Cold Formula	1357	Compare to Tylenol® Cold Multi-Symptom, 24 tablets per box; <i>A registered trademark of McNeil PPC, Inc.</i>	\$6.00
	Nasal Decongestant Spray - 12 Hour	1091	Compare to Afrin®, 0.05%, 30 ml spray; <i>A registered trademark of Schering-Plough HealthCare Products, Inc.</i>	\$5.00

Category	Product	Item #	Brand Equivalent/Description	Cost
Allergy, Cold, Flu Decongestant & Sinus (continued)	Nasal Spray, Saline	1052	Compare to Ocean® Premium Saline Nasal Spray, 0.65%, 1.5 oz spray; <i>A registered trademark of Fleming Pharmaceuticals.</i>	\$5.00
	Personal Steam Inhaler	1792	Compare to Vicks Personal Steam Inhaler; <i>A registered trademark of Procter & Gamble.</i>	\$50.00
	Sore Throat Lozenges	1360	Compare to Cepacol®, Quantity 16 lozenges; <i>A registered trademark of Reckitt Benckiser Group.</i>	\$7.00
	Sore Throat Lozenges, Cherry	1176	Compare to Cepacol; <i>A registered trademark of Reckitt Benckiser.</i>	\$7.00
	Sore Throat Spray, Cherry	1904	Compare to Chloraseptic Sore Throat Spray - Cherry; <i>A registered trademark of Prestige Brands.</i>	\$9.00
	Sudogest PE (Nasal & Sinus Decongestant)	1352	Compare to Sudafed PE®, 10mg, 36 tablets per box; <i>A registered trademark of Johnson & Johnson.</i>	\$5.00
Antacids & Acid Reducers	Antacid / Anti-Gas Liquid	1006	Compare to Maalox® Regular Strength, 12 oz per bottle; <i>A registered trademark of William H. Rorer, Inc.</i>	\$6.00
	Antacid Chewables	1346	Compare to Tums®, 500 mg, 150 tablets per bottle; <i>A registered trademark of SmithKline Beecham.</i>	\$6.00
	Effervescent Pain Reliever	1314	Compare to Alka-Seltzer; <i>A registered trademark of Bayer AG.</i>	\$8.00
	Famotidine Acid Reducer	1108	Compare to Pepcid®, 10 mg tablets, 30 per box; <i>A registered trademark of Merck & Co., Inc.</i>	\$6.00
	Omeprazole Acid Reducer	1110	Compare to Prilosec OTC®, 20 mg tablets, 28 per box; <i>A registered trademark of AstraZeneca.</i>	\$23.00
	Ranitidine Acid Reducer	1900	Compare to Zantac; <i>A registered trademark of Sanofi.</i>	\$8.00
	Simethicone Anti-Gas Chewables	1800	Compare to Zantac; <i>A registered trademark of Sanofi.</i>	\$10.00
Anticandidal (yeast)	Clotrimazole 7-Day Treatment Vaginal Cream (with applicator)	1115	Compare to Gyne-Lotrimin®, 45 gm per tube; <i>A registered trademark of Schering-Plough HealthCare Products, Inc.</i>	\$8.00
	Miconazole 3-Day Treatment	1117	Compare to Monistat 3®, 200 mg - 2%, 1 kit; <i>A registered trademark of McNeil-PPC, Inc.</i>	\$14.00
	Tioconazole 1-Day Treatment Vaginal Cream (with applicator)	1119	Compare to Monistat 1®, 6.5%, 1 tube; <i>A registered trademark of McNeil-PPC, Inc.</i>	\$20.00

OTC MEDICATIONS AND PRODUCTS

Category	Product	Item #	Brand Equivalent/Description	Cost
Anti-diarrheal, Laxatives & Digestive Health	Bisacodyl Enteric Coated Laxative	1128	Compare to Dulcolax®, 5mg tabs, 100 tabs per pack; <i>A registered trademark of Boehringer Ingelheim International GmbH.</i>	\$6.00
	Bismatrol Chewable Tablets	1045	Compare to Chewable Pepto-Bismol®, 262 mg, 30 chewable tablets per box; <i>A registered trademark of Procter & Gamble.</i>	\$6.00
	Docusate Sodium Stool Softener	1126	Compare to Colace®, 100 mg capsules, 100 per bottle; <i>A registered trademark of Purdue Products.</i>	\$6.00
	Glycerin Suppository	1125	Compare to Fleet® Glycerin Suppositories, 25 suppositories per bottle; <i>A registered trademark of C.B. Fleet Co., Inc.</i>	\$5.00
	Lactase Capsules	1067	Compare to Lactaid®, 9000 ICC, 60 tablets; <i>A registered trademark of McNeil Nutritionals, LLC.</i>	\$10.00
	Loperamide HCL Anti-Diarrheal	1133	Compare to Imodium A-D®, 2 mg tablets, 12 per box; <i>A registered trademark of McNeil-PPC, Inc.</i>	\$5.00
	Methylcellulose Fiber Therapy	1354	Compare to Citrucel®, 16 oz per bottle; <i>A registered trademark of GlaxoSmithKline.</i>	\$12.00
	Milk of Magnesia	1011	Compare to Phillips'® Milk of Magnesia, 400 mg, 12 oz bottle; <i>A registered trademark of Bayer HealthCare LLC.</i>	\$6.00
	Natural Vegetable Laxative	1340	Compare to Metamucil®, 13 oz powder per bottle; <i>A registered trademark of Procter & Gamble.</i>	\$10.00
	Pink Bismuth	1318	Compare to Pepto-Bismol®, 262 mg, 8 oz per bottle; <i>A registered trademark of Procter & Gamble.</i>	\$6.00
	Polycarbophil Fiber Tablets	1012	Compare to Fibercon®, 625 mg tablets, 90 per bottle; <i>A registered trademark of Whitehall-Robins Healthcare.</i>	\$10.00
Anti-fungal & Anti-itch	Senna Plus Stool Softener Plus Laxative	1130	Compare to Senokot- S®, 8.6 - 50 mg, 60 tablets per bottle; <i>A registered trademark of Purdue Products.</i>	\$6.00
	Clotrimazole Antifungal Athlete's Foot Cream	1047	Compare to Lotrimin AF® Strength 1%, Quantity 1 oz.; <i>A registered trademark of MSD Consumer Care Inc.</i>	\$6.00
	Diphenhydramine HCL / Zinc Acetate Anti-itch Cream	1140	Compare to Benadryl® Itch Stopping, Quantity 1 oz; <i>A registered trademark of Johnson & Johnson Consumer Products Co.</i>	\$5.00
	Hydrocortisone 1% Cream	1074	Compare to Cortaid® Maximum Strength Cream, 1%, 1 oz per tube; <i>A registered trademark of Johnson & Johnson Corporation.</i>	\$6.00

Category	Product	Item #	Brand Equivalent/Description	Cost
Anti-fungal & Anti-itch (continued)	Medicated Antifungal Foot Powder Spray	1874	Compare to Lotrimin AF; <i>A registered trademark of Bayer AG.</i>	\$10.00
	Miconazole Nitrate 2% Antifungal Cream	1135	Compare to Micatin; <i>A registered trademark of WellSpring.</i>	\$8.00
	Terbinafine HCL Antifungal Cream	1046	Compare to Lamisil AT®. Strength 1%, Quantity 0.5 oz.; <i>A registered trademark of Novartis Consumer Health, Inc.</i>	\$12.00
	Tolnaftate Antifungal Cream	1064	Compare to Tinactin®, Strength 1%, Quantity 0.5 oz.; <i>A registered trademark of MSD Consumer Care Inc.</i>	\$5.00
Cold Sore & Medicated Lip Products	Abreva	1152	Compare to Abreva®, 10%, 2 gm per tube; <i>A registered trademark of GlaxoSmithKline.</i>	\$26.00
	Herpecin-L Lip Balm	1153	Compare to Herpecin-L® Lip Balm, 1%, 0.1 oz; <i>A registered trademark of Chattem, Inc.</i>	\$8.00
	Releev Cold Sore Treatment	1359	Releev® Cold Sore Treatment, Strength 0.13%, Quantity 6 ml; <i>A registered trademark of Merix Pharmaceutical Corporation.</i>	\$25.00
Dental & Denture Care	Denture Cleaning Tablets	1032	Compare to Efferdent® Anti-Bacterial Denture Cleanser, 40 tablets per box; <i>A registered trademark of Warner-Lambert Consumer Healthcare.</i>	\$7.00
	Fixodent	1187	Compare to Fixodent®, 0.75 oz per tube; <i>A registered trademark of Procter & Gamble.</i>	\$7.00
	Interdental Flossups	1751	Compare to Oral-B®, Complete Floss Picks, 90 ct; <i>A registered trademark of Procter & Gamble.</i>	\$7.00
	Orajel Pain Relief	1454	Compare to Orajel®, 7 gm tube; <i>A registered trademark of Church & Dwight Co., Inc.</i>	\$11.00
	Oral Pain Relief	1286	Compare to Anbesol®, Strength 20%, Quantity 15 ml; <i>A registered trademark of Pfizer labs.</i>	\$6.00
	Polident Denture Cream	1324	Compare to Super Poligrip; <i>A registered trademark of GlaxoSmithKline.</i>	\$8.00
	Reach Waxed Dental Floss, Mint	1455	Compare to Reach® Dental Floss 55 Yards, Quantity 1; <i>A registered trademark of Johnson & Johnson Consumer Products Co.</i>	\$5.00
	Rechargeable Toothbrush	1450	Compare to Oral B® Vitality; <i>A registered trademark of Procter & Gamble.</i>	\$40.00
	Toothbrush, Colgate, Adult Soft	1413	Compare to Colgate® Toothbrush; <i>A registered trademark of Procter & Gamble.</i>	\$5.00
	Toothbrush, Rechargeable	1450	Compare to Oral B® Vitality; <i>A registered trademark of Procter & Gamble.</i>	\$40.00

OTC MEDICATIONS AND PRODUCTS

Category	Product	Item #	Brand Equivalent/Description	Cost
Dental & Denture Care (continued)	Water Jet	1744	Compare to Conair Water Jet; <i>A registered trademark of Conair.</i>	\$39.00
	Water Jet Replacement Tips	1743	Compare to Conair Replacement Tips; <i>A registered trademark of Conair.</i>	\$18.00
	Toothbrush, Tek Pro, Straight Soft	1412	Compare to Tek Pro® Toothbrush; <i>A registered trademark of Dr. Fresh.</i>	\$4.00
	Toothpaste - Pepsodent	1414	Compare to Pepsodent®, Complete Care Fluoride Toothpaste, Quantity 6 oz; <i>A registered trademark of Church & Dwight Co.</i>	\$6.00
Diabetes	Diabetic Sock, Black, Medium	1491	Compare to Dr. Scholls®, Black, Size Medium, Quantity 1 pair; <i>A registered trademark of MSD Consumer Care Inc.</i>	\$8.00
	Diabetic Sock, Black, Large	1492	Compare to Dr. Scholls®, Black, Size Large, Quantity 1 pair; <i>A registered trademark of MSD Consumer Care Inc.</i>	\$8.00
	Diabetic Sock, White, Medium	1489	Compare to Dr. Scholls®, White, Size Medium, Quantity 1 pair; <i>A registered trademark of MSD Consumer Care Inc.</i>	\$8.00
	Diabetic Sock, White, Large	1490	Compare to Dr. Scholls®, White, Size Large, Quantity 1 pair; <i>A registered trademark of MSD Consumer Care Inc.</i>	\$8.00
Ear Care	Cotton Tipped Swabs	1742	Compare to Q-Tips® Cotton Swabs, 300 ct; <i>A registered trademark of Unilever.</i>	\$7.00
	Ear Pain Relief Ear Drops	1841	Compare to Hyland's Ear Relief; <i>A registered trademark of Hyland's.</i>	\$13.00
	Ear Wax Removal Drops	1190	Compare to Murine® Ear Drops, 15 ml per bottle; <i>A registered trademark of Prestige Brands International, Inc.</i>	\$5.00
	Ear Wax Removal System with Rubber Bulb	1363	Compare to Murine® Ear Wax Removal System, 15 ml per bottle with syringe; <i>A registered trademark of Prestige Brands International, Inc.</i>	\$7.00
Eye Care	Artificial Tears Drops	1192	Compare to Visine® Tears Eye Drops Quantity 0.5oz; <i>A registered trademark of Johnson & Johnson Healthcare Products.</i>	\$6.00
	Artificial Tears Ointment	1194	Compare to 'Refresh PM', 3.5 gm per tube; <i>A registered trademark of Allergan Inc.</i>	\$6.00
	Eye Wash Solution	1196	Compare to Bausch & Lomb; <i>A registered trademark of Bausch & Lomb.</i>	\$8.00
	Multi-Purpose Contact Lens Solution	1468	Compare to Renu Multipurpose Solution®, Quantity 120 ml; <i>A registered trademark of Bausch & Lomb.</i>	\$6.00
	Redness Relief Eye Drops	1061	Compare to Visine® Original, 15 ml per bottle; <i>A registered trademark of Johnson & Johnson Healthcare Products.</i>	\$5.00

Category	Product	Item #	Brand Equivalent/Description	Cost
First Aid & Medical Supplies	Adhesive Bandages	1344	Compare to Band-Aid® Sheer, Box of 60 per box; A registered trademark of McNeil-PPC, Inc.	\$7.00
	Adjustable Transfer Bench	1764	Compare to Drive Medical Adjustable Transfer Bench; A registered trademark of Medical Depot, Inc.	\$80.00
	After Bite Relief	1803	Compare to After Bite Relief 5 oz; A registered trademark of Tender Corporation.	\$9.00
	Alcohol Pads	1200	Compare to Curad® Alcohol Swabs, 100 per box; A registered trademark of Beiersdorf, Inc.	\$6.00
	Antiseptic Towelettes	1201	Antiseptic Towelettes, Quantity 100.	\$7.00
	Bacitracin Ointment	1020	Compare to Bacitracin, 1 oz per tube	\$6.00
	Bath Bench with Back	1728	Compare to Essential® Shower Bench with back; A registered trademark of Essential Medical Supply.	\$65.00
	Bath Bench without Back	1727	Compare to Essential® Shower Bench; A registered trademark of Essential Medical Supply.	\$55.00
	Bath Mat, Non-Skid	1459	Bath Mat, Non-Skid.	\$17.00
	Bath Tub Safety Rail	1730	Compare to Carex® Bathrub Rail with chrome finish; A registered trademark of Carex Health Brands.	\$37.00
	Cotton Balls	1763	Cotton Balls, Quantity 200.	\$7.00
	Cushion, Foam Ring	1732	Compare to Carex® Foam Cushion; A registered trademark of Carex Health Brands.	\$21.00
	Cushion, Gel / Foam Seat	1466	Compare to Drive Medical®; A registered trademark of Drive Medical Design and Manufacturing.	\$42.00
	Cushion, Lumbar	1731	Compare to Carex® Lumbar Support Cushion; A registered trademark of Carex Health Brands.	\$27.00
	Elastic Bandage - 2 in x 4.5 yd	1207	Compare to Ace® Elastic Bandage, 2" x 5 yd, 1 per pack; A registered trademark of BD Consumer Healthcare.	\$4.00
	Elastic Bandage - 3 in x 5 yd	1209	Compare to Ace® Elastic Bandage, 3" x 5 yd, 1 per pack; A registered trademark of BD Consumer Healthcare.	\$4.00
	Elastic Bandage - 4 in x 5 yd	1211	Compare to Ace® Elastic Bandage, 4" x 5 yd, 1 per pack; A registered trademark of BD Consumer Healthcare.	\$5.00

OTC MEDICATIONS AND PRODUCTS

Category	Product	Item #	Brand Equivalent/Description	Cost
First Aid & Medical Supplies (continued)	Elastic Bandage - 6 in x 5 yd	1213	Compare to Ace® Elastic Bandage, 6" x 5 yd, 1 per pack; A <i>registered trademark of BD Consumer Healthcare.</i>	\$5.00
	Fast Freeze, Pain Relief Spray	1846	Compare to Biofreeze Pain Relief Spray; A <i>registered trademark of Hygenic Corporation.</i>	\$14.00
	First Aid Kit	1738	Compare to Curad® First Aid Kit, 175 pieces; A <i>registered trademark of Medline Industries.</i>	\$17.00
	First Aid Kit, 75 Pieces	1215	Compare to First Aid Only® FAO-120, 75 pieces; A <i>registered trademark of First Aid Only.</i>	\$10.00
	Folding Cane Ergonomic Handle	1726	Compare to Nova® Folding Canes; A <i>registered trademark of NOVA Medical Products.</i>	\$20.00
	Hot/Cold Pack, 1 small & 1 large	1062	Compare to Nexcare®, 2 per pack; A <i>registered trademark of 3M.</i>	\$7.00
	Humidifier, Ultra-Sonic Cool Mist	1795	Compare to Vicks Ultrasonic Humidifier; A <i>registered trademark of Procter & Gamble.</i>	\$60.00
	Hydrogen Peroxide	1228	Hydrogen Peroxide, 3%, 8 oz	\$5.00
	Isopropyl Alcohol, Wintergreen	1229	Isopropyl Alcohol, Wintergreen, 16 oz.	\$6.00
	Insect Repellent Spray (Deet)	1796	Compare to Ben's® Spray Pump Insect Repellent - 30 Percent DEET, 4 oz; A <i>registered trademark of Ariens Specialty Brands LLC.</i>	\$12.00
	Neosporin Plus	1326	Compare to Neosporin Antibiotic and Pain Relieving Cream; A <i>registered trademark of Johnson & Johnson.</i>	\$11.00
	Povidone Iodine Solution Antiseptic	1203	Povidone Iodine Solution Antiseptic, 4 oz.	\$8.00
	Quad Cane, Large Base	1776	Compare to Drive Medical Quad Cane; A <i>registered trademark of Medical Depot, Inc.</i>	\$30.00
	Quad Cane, Small Base	1777	Compare to Drive Medical Quad Cane; A <i>registered trademark of Medical Depot, Inc.</i>	\$25.00
	Raised Toilet Seat	1729	Compare to Quick-Lock® Raised Toilet Seat; A <i>registered trademark of Carex Health Brands.</i>	\$35.00
	Shower Mat, Non-Skid	1460	Shower Mat, Non-Skid.	\$14.00
	Talking Ear and Forehead Thermometer	1925	Thermometer, Talking Ear and Forehead.	\$45.00
	Tape, Paper Surgical - 1 in x 10 yd	1217	Compare to 3M Tape; A <i>registered trademark of 3M.</i>	\$6.00

Category	Product	Item #	Brand Equivalent/Description	Cost
First Aid & Medical Supplies (continued)	Tape, Paper Surgical - 2 in x 10 yd	1218	Compare to 3M Tape; <i>A registered trademark of 3M.</i>	\$8.00
	Tape, Silk Surgical - 1 in x 10 yd	1219	Compare to 3M Tape; <i>A registered trademark of 3M.</i>	\$6.00
	Tape, Silk Surgical - 2 in x 10 yd	1220	Compare to 3M Tape; <i>A registered trademark of 3M.</i>	\$8.00
	Tape, Transparent Surgical - 1 in x 10 yd	1221	Compare to 3M Tape; <i>A registered trademark of 3M.</i>	\$6.00
	Tape, Transparent Surgical - 2 in x 10 yd	1222	Compare to 3M Tape; <i>A registered trademark of 3M.</i>	\$8.00
	Thermometer, Digital 60 seconds	1063	Compare to Nexcare®; <i>A registered trademark of 3M Consumer Health.</i>	\$5.00
	Thermometer, Flexible Tip, Digital 10 seconds	1697	Compare to ProCheck®; <i>A registered trademark of Microlife Corporation.</i>	\$12.00
	Thermometer, Digital Ear	1285	Compare to Braun® ThermoScan Compact Ear Thermometer, 1 per pack; <i>A registered trademark of Procter & Gamble.</i>	\$24.00
	Toilet Safety Rails	1779	Toilet Safety Rails.	\$50.00
	Triple Antibiotic Ointment	1014	Compare to Neosporin®, 1 oz per tube; <i>A registered trademark of Pfizer.</i>	\$7.00
Foot Care	Callus Remover Pads	1238	Compare to Dr. Scholls®, 6 per pack; <i>A registered trademark of Schering-Plough Healthcare Products, Inc.</i>	\$7.00
	Corn Remover Pads	1236	Compare to Dr. Scholls®, 9 per pack; <i>A registered trademark of Schering-Plough Healthcare Products, Inc.</i>	\$7.00
	Medicated Foot Powder	1240	Compare to Gold Bond Foot Powder; <i>A registered trademark of Chattem, Inc.</i>	\$7.00
Hemorrhoidal Preparations	Hemorrhoidal Ointment	1066	Compare to Preparation H® Hemorrhoidal Ointment, 2 oz per tube; <i>A registered trademark of Pfizer Consumer Healthcare.</i>	\$7.00
	Hemorrhoidal Suppository	1247	Compare to Fleet; <i>A registered trademark of C.B. Fleet Company.</i>	\$7.00
	Pre-moist Hemorrhoid Pads	1364	Compare to Tucks®, 100 per box; <i>A registered trademark of Warner-Lambert Consumer Healthcare.</i>	\$8.00
Hormone Replacement	DHEA	1737	DHEA, Quantity 50.	\$12.00
Incontinence Supplies	A & D Ointment	1300	Compare to A & D Ointment; <i>A registered trademark of Schering-Plough Healthcare Products, Inc.</i>	\$8.00
	Adult Briefs, Medium - 32" to 44"	1303	Compare to Prevail®, 12 per bag; <i>A registered trademark of First Quality Enterprises, Inc.</i>	\$10.00

OTC MEDICATIONS AND PRODUCTS

Category	Product	Item #	Brand Equivalent/Description	Cost
Incontinence Supplies (continued)	Adult Briefs, Large - 45" to 58"	1304	Compare to Prevail®, 12 per bag; <i>A registered trademark of First Quality Enterprises, Inc..</i>	\$12.00
	Adult Briefs, X-Large - 59" to 64"	1305	Compare to Prevail®, 10 per bag; <i>A registered trademark of First Quality Enterprises, Inc.</i>	\$12.00
	Attends Discreet Men's Guard	1811	Compare to Depends; <i>A registered trademark of Kimberly-Clark.</i>	\$16.00
	Attends Discreet Men's Shield	1810	Compare to Depends; <i>A registered trademark of Kimberly-Clark.</i>	\$15.00
	Attends Discreet Women's Maximum Bladder Control Pad	1812	Compare to Depends; <i>A registered trademark of Kimberly-Clark.</i>	\$20.00
	Attends Discreet Women's Moderate Bladder Control Pad	1813	Compare to Depends; <i>A registered trademark of Kimberly-Clark.</i>	\$18.00
	Attends Discreet Women's Panty Liner	1815	Compare to Depends; <i>A registered trademark of Kimberly-Clark.</i>	\$14.00
	Attends Discreet Women's Ultimate Bladder Control Pad	1814	Compare to Depends; <i>A registered trademark of Kimberly-Clark.</i>	\$20.00
	Attends Discreet Women's Ultrathin Pad	1816	Compare to Depends; <i>A registered trademark of Kimberly-Clark.</i>	\$14.00
	Barrier Cream	1302	Compare to Lantiseptic Barrier Cream; <i>A registered trademark of Santus.</i>	\$10.00
	Bladder Control Shaped Pad, Moderate Absorbency	1478	Compare to Attends®, 24 per pack; <i>A registered trademark of Attends Healthcare Products, Inc.</i>	\$17.00
	Bladder Control Shaped Pad, Heavy Absorbency	1479	Compare to Attends®, 24 per pack; <i>A registered trademark of Attends Healthcare Products, Inc.</i>	\$19.00
	Bladder Control Shaped Pad, Maximum Absorbency	1480	Compare to Attends®, 18 per pack; <i>A registered trademark of Attends Healthcare Products, Inc.</i>	\$16.00
	Disposable Underwear, Medium - 34" to 44"	1021	Compare to Attends®, 20 per pack; <i>A registered trademark of Attends Healthcare Products, Inc.</i>	\$16.00
	Disposable Underwear, Large - 44" to 58"	1026	Compare to Attends®, 18 per pack; <i>A registered trademark of Attends Healthcare Products, Inc.</i>	\$16.00
	Disposable Underwear, X-Large - 58" to 68"	1027	Compare to Attends®, 14 per pack; <i>A registered trademark of Attends Healthcare Products, Inc.</i>	\$16.00

Category	Product	Item #	Brand Equivalent/Description	Cost
Incontinence Supplies (continued)	Underpad, Disposable - 23" x 24"	1476	Compare to Attends®, 50 per pack; A registered trademark of Attends Healthcare Products, Inc.	\$15.00
	Underpad, Disposable - 23" x 36"	1299	Compare to Attends®, 25per pack; A registered trademark of Attends Healthcare Products, Inc.	\$10.00
	Underpad, Disposable - 30" x 30"	1477	Compare to Attends®, 10 per pack; A registered trademark of Attends Healthcare Products, Inc.	\$8.00
Motion Sickness	Dramamine Chewables, Orange	1264	Compare to Dramamine®, 50 mg tablets, 8 chewable tablets per pack; A registered trademark of G.D. Searle & Co. Corporation.	\$7.00
	Driminate Antiemetic	1263	Compare to Dramamine®, 50 mg tablets, 12 per pack; A registered trademark of G.D. Searle & Co. Corporation.	\$5.00
	Meclizine HCL Antiemetic	1366	Compare to Bonine®, 12.5 mg, 100 tablets; A registered trademark of Pfizer.	\$8.00
Pain Relievers & Fever Reducers	Acetaminophen	1001	Compare to Tylenol®, 325 mg tablets, 100 per bottle; A registered trademark of McNeil-PPC, Inc.	\$6.00
	Acetaminophen	1600	Compare to Tylenol Extra Strength; A registered trademark of Johnson & Johnson.	\$10.00
	Arthritis Pain Reliever	1311	Compare to Tylenol Arthritis®, 650 mg tablets, 100 per bottle; A registered trademark of McNeil-PPC, Inc.	\$12.00
	Aspirin	1095	Compare to Bayer® Genuine Aspirin, 325 mg tablets, 100 per bottle; A registered trademark of Bayer HealthCare LLC.	\$5.00
	Aspirin, Enteric Coated	1096	Compare to Ecotrin® Regular Strength, 325 mg tablets, 100 per bottle; A registered trademark of Prestige Brands, Inc.	\$5.00
	Aspirin, Low Dose	1002	Compare to Ecotrin® Low Strength, 81mg tablets, 120 per bottle; A registered trademark of Prestige Brands, Inc.	\$6.00
	Aspirin, Low Dose, Chewables	1802	Compare to Bayer Aspirin, Chewable, wLow Dose; A registered trademark of Bayer AG.	\$5.00
	Capsaicin	1367	Compare to Capzasin®, 2 oz per tube; A registered trademark of Chattem, Inc.	\$10.00
	Heating Pad, 12 in X 15 in	1861	Compare to Sunbeam Heating Pad; A registered trademark of Newell Brands.	\$26.00
	Ibuprofen	1004	Compare to Advil®, 200 mg tablets, 100 per bottle; A registered trademark of Pfizer Consumer Healthcare.	\$7.00

OTC MEDICATIONS AND PRODUCTS

Category	Product	Item #	Brand Equivalent/Description	Cost
Pain Relievers & Fever Reducers (continued)	Lidocaine Patch	1871	Compare to Aspercreme; <i>A registered trademark of Chattem, Inc.</i>	\$17.00
	Migraine Relief	1365	Compare to Excedrin® Migraine, 250mg Acetaminophen, 250mg Aspirin, 65mg Caffeine tablets, 100 per bottle; <i>A registered trademark of Bristol-Myers Company.</i>	\$6.00
	Naproxen	1097	Compare to Aleve®, 220 mg tablets, 100 per bottle; <i>A registered trademark of Bayer HealthCare LLC.</i>	\$11.00
	Pain Relief Patches	1739	Compare to Salonpas® Pain Relief Patch, 5 per box; <i>A registered trademark of Hisamitsu America, Inc.</i>	\$14.00
	Pain Reliever, PM - Extra Strength	1332	Compare to Tylenol PM; <i>A registered trademark of Johnson & Johnson.</i>	\$10.00
	Pain Relieving Muscle Rub	1475	Compare to Bengay®, 2 oz bottle; <i>A registered trademark of Johnson & Johnson Consumer Companies, Inc.</i>	\$6.00
	Thermacare Knee & Elbow	1911	Compare to Thermacare; <i>A registered trademark of Pfizer.</i>	\$15.00
	Thermacare Lower Back & Hip	1912	Compare to Thermacare; <i>A registered trademark of Pfizer.</i>	\$15.00
	Thermacare Menstrual Relief	1913	Compare to Thermacare; <i>A registered trademark of Pfizer.</i>	\$15.00
Pediculicide (lice treatment)	Lice Treatment Shampoo	1271	Compare to Rid®, 240 ml per bottle; <i>A registered trademark of Pfizer.</i>	\$9.00
	Permethrin Lice Treatment	1269	Compare to Nix®, 1%, 59 ml per bottle; <i>A registered trademark of Insight Pharmaceuticals Corporation.</i>	\$14.00
Personal Care	Acne Gel 10% Benzoyl Peroxide	1076	Compare to Clean and Clear®, 10%, 1.5 oz tube; <i>A registered trademark of Johnson & Johnson Consumer Companies, Inc.</i>	\$6.00
	Ammonium Lactate	1368	Compare to AmLactin®, 8 oz; <i>A registered trademark of Upsher-Smith Laboratories, Inc.</i>	\$9.00
	Hand Sanitizer	1065	Compare to Purell®, 62%, 8 oz per bottle; <i>A registered trademark of Basell N.V. Corporation.</i>	\$6.00
Sleep Aids	Nasal Strips, Small / Medium	1724	Compare to Breathe Right®, 30 per box; <i>A registered trademark of CNS, Inc.</i>	\$12.00
	Nasal Strips, Medium / Large	1725	Compare to Breathe Right®, 30 per box; <i>A registered trademark of CNS, Inc.</i>	\$12.00
	Sleep Tablets	1276	Compare to Somnex® Nighttime Sleep-Aid, 25 mg, 50 tabs per box; <i>A registered trademark of Prestige Brands, Inc.</i>	\$6.00

Category	Product	Item #	Brand Equivalent/Description	Cost
Smoking Cessation ■ Before ordering any of these items, you should talk with your doctor.	Nicotine Lozenges	1281	Compare to Commit®, 4 mg, 72 per box; <i>A registered trademark of GlaxoSmithKline.</i>	\$47.00
	Nicorelief Gum	1372	Compare to Nicorette®, 4 mg, 50 per box; <i>A registered trademark of GlaxoSmithKline.</i>	\$25.00
	Nicotine Patch, Step 1	1369	Compare to Nicoderm® CQ®, 21mg/24hr, 14 per box; <i>A registered trademark of Hoechst Marion Roussel, Inc.</i>	\$45.00
	Nicotine Patch, Step 2	1370	Compare to Nicoderm® CQ®, 14mg/24hr, 14 per box; <i>A registered trademark of Hoechst Marion Roussel, Inc.</i>	\$45.00
	Nicotine Patch, Step 3	1371	Compare to Nicoderm® CQ®, 7mg/24hr, 14 per box; <i>A registered trademark of Hoechst Marion Roussel, Inc.</i>	\$45.00
Supportive Items	Ankle Support	1225	Compare to Ace® Ankle Brace, 1 per pack; <i>A registered trademark of BD Consumer Healthcare.</i>	\$8.00
	Arthritis Gloves, Small	1767	Arthritis Gloves, Small, 1 pair.	\$25.00
	Arthritis Gloves, Medium	1766	Arthritis Gloves, Medium, 1 pair.	\$25.00
	Arthritis Gloves, Large	1765	Arthritis Gloves, Large, 1 pair.	\$25.00
	Back Support Elastic - 24" to 46"	1487	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$25.00
	Back Support Elastic with Lumbar	1488	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$29.00
	Carpal Tunnel Brace, Small	1770	Carpal Tunnel Brace, Small, Quantity 1.	\$25.00
	Carpal Tunnel Brace, Medium	1769	Carpal Tunnel Brace, Medium, Quantity 1.	\$25.00
	Carpal Tunnel Brace, Large	1768	Carpal Tunnel Brace, Large, Quantity 1.	\$25.00
	Compression Knee High Socks, Men's Black, Medium (Shoe Size 8 - 10)	1398	Compare to Therafirm®; <i>A registered trademark of Knit-Rite Inc.</i>	\$17.00
	Compression Knee High Socks, Men's Black, Large (Shoe Size 10.5 - 12)	1399	Compare to Therafirm®; <i>A registered trademark of Knit-Rite Inc.</i>	\$17.00
	Compression Knee High Socks, Men's White, Medium (Shoe Size 8 - 10)	1400	Compare to Therafirm®; <i>A registered trademark of Knit-Rite Inc.</i>	\$17.00
	Compression Knee High Socks, Men's White, Large (Shoe Size 10.5 - 12)	1401	Compare to Therafirm®; <i>A registered trademark of Knit-Rite Inc.</i>	\$17.00
	Compression Knee High Socks, Women's Black, Small (Shoe Size 4-5)	1409	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$12.00

OTC MEDICATIONS AND PRODUCTS

Category	Product	Item #	Brand Equivalent/Description	Cost
Supportive Items (continued)	Compression Knee High Socks, Women's Black, Medium (Shoe Size 5.5 - 7.5)	1410	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$12.00
	Compression Knee High Socks, Women's Black, Large (Shoe Size 8 - 10.5)	1411	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$12.00
	Compression Knee High Socks, Women's Nude, Small (Shoe Size 4 - 5)	1406	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$12.00
	Compression Knee High Socks, Women's Nude, Medium (Shoe Size 5.5 - 7.5)	1407	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$12.00
	Compression Knee High Socks, Women's Nude, Large (Shoe Size 8 - 10.5)	1408	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$12.00
	Elbow Support	1224	Compare to Futuro Elbow Support; <i>A registered trademark of 3M.</i>	\$15.00
	Hip Protector, Small	1864	Hip Protector, Small, Quantity 1.	\$45.00
	Hip Protector, Medium	1863	Hip Protector, Medium, Quantity 1.	\$45.00
	Hip Protector, Large	1862	Hip Protector, Large, Quantity 1.	\$45.00
	Hip Protector, X-Large	1865	Hip Protector, X-Large, Quantity 1.	\$45.00
	Knee Support, Elastic, Small	1481	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$10.00
	Knee Support, Elastic, Small with Stays	1484	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$16.00
	Knee Support, Elastic, Medium	1482	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$10.00
	Knee Support, Elastic, Medium with Stays	1485	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$16.00
	Knee Support, Elastic, Large	1483	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$10.00
	Knee Support, Elastic, Large with Stays	1486	Compare to Futuro®; <i>A registered trademark of 3M.</i>	\$16.00
	Night Wrist Support Smart Glove	1463	Compare to Futuro Night Wrist Support; <i>A registered trademark of 3M.</i>	\$28.00
	Rib Belt - Female (one size fits most)	1457	Compare to Curad Rib Belt; <i>A registered trademark of Medline Industries.</i>	\$21.00
	Rib Belt - Male (one size fits most)	1456	Compare to Curad Rib Belt; <i>A registered trademark of Medline Industries.</i>	\$21.00

Category	Product	Item #	Brand Equivalent/Description	Cost
Supportive Items (continued)	Wrist Splint	1230	Compare to Futuro Wrist Splint; <i>A registered trademark of 3M.</i>	\$19.00
	Wrist Support	1227	Compare to Futuro Wrist Support; <i>A registered trademark of 3M.</i>	\$15.00
Therapeutic Skin & Sun Care	Aloe Vera Cream	1070	Compare to Fruit of the Earth®, 240ml per tube; <i>A registered trademark of Fruit of the Earth, Inc.</i>	\$6.00
	Moisturizing Body Lotion with Aloe	1893	Compare to Gold Bond Skin Therapy Lotion; <i>A registered trademark of Chattem, Inc.</i>	\$8.00
	Sunscreen Lotion SPF 30	1284	Compare to Coppertone®, 3.5 oz per bottle; <i>A registered trademark of Schering-Plough HealthCare Products, Inc.</i>	\$6.00
Wart Remover	Wart Remover (Liquid)	1075	Compare to Compound W® Wart Remover, Strength 17%, Quantity 9 ml; <i>A registered trademark of Medtech Products, Inc.</i>	\$9.00
Weight Loss	Vitafusion Fiber Weight Management	1735	Compare to Vitafusion Fiber Well Fit; <i>A registered trademark of Church & Dwight Co. Inc.</i>	\$16.00



1-866-851-1579 (TTY 711)

**You can place your OTC order
Monday – Friday, 8 a.m. – 9 p.m. EST.**

Residents of nursing facilities should check to determine which OTC products may be shipped to their facility before ordering. Product ordering policies may vary by facility.

PLEASE NOTE: The items covered by the benefit are limited to items that are consistent with CMS guidance in the most recent version of chapter 4 of the Medicare Managed Care Manual. Each item in the following alphabetized list is either a medicine, ointment or spray, or a condition which is addressed by a medicine, ointment or spray: acid, acne, allergy, analgesics (which reduce pain, inflammation), anti-arthritis, antibiotics, anti-diarrheas, anti-fungals, anti-gas, anti-histamines, anti-inflammatory, anti-insect, anti-itch, anti-parasitic, antipyretics (fever reducing), antiradicals, antiseptics, arthritis, asthma, blood clotting, bruises, burns, calluses, colds, cold sores, corns, cough, decongestants, dermatitis, diabetes, digestive aids, ear drops, eczema, expectorants (mucus), eye drops, flu, gastrointestinal, hay fever, headaches, hemorrhoidal, incontinence, influenza, lactose intolerance products, laxatives, (medicated) lice, (medicated) lip products, menopausal, menstrual, motion sickness, nasal, osteoporosis, pain, pediculicide, psoriasis, rash, respiratory scars, sinus, sleep, smoking, snoring, sore throat, steroids, stomach, sunscreen, thrush, travel sickness, wart, worms, wounds, etc. The following are not eligible for purchase through the OTC and will not be covered by Cigna-HealthSpring: Baby medicines, contraceptives, dehydration drink, dry skin lotions (e.g. eucerin, aquaphor), hair-loss products, lactaid milk (because it is a food not a medicine), and shampoos to fight dandruff. Certain smoking cessation may be Part B. Certain diabetic supplies may be Part B or Part D. Please contact Customer Service for more information. Antiperspirants, chap stick, deodorants, facial cleansers, feminine products, grooming devices, hair conditioners, hair removal, hair bleaches, moisturizers, perfumes, shampoos, shaving and men's grooming, and soaps are also not eligible.

KEEP TRACK OF YOUR ORDERS BELOW

[illegible]

Multi-language Interpreter Services

English – ATTENTION: If you speak English, language assistance services, free of charge are available to you. Call 1-877-653-0327 (TTY 711).

Spanish – ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-653-0327 (TTY 711).

Chinese – 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-877-653-0327 (TTY 711)。

Tiếng Việt (Vietnamese) – CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-877-653-0327 (TTY: 711).

Korean – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-877-653-0327 (TTY: 711) 번으로 전화해 주십시오.

Tagalog – PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-877-653-0327 (TTY: 711).

Russian – ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-877-653-0327 (телетайп: 711).

Arabic ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-877-653-0327 (رقم هاتف الصم والبكم 711).

French – ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-877-653-0327 (ATS : 711).

Polish – UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-653-0327 (TTY: 711).

Italian – ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-877-653-0327 (TTY: 711).

German – ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-877-653-0327 (TTY: 711).

Japanese – 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-877-653-0327 (TTY: 711) まで、お電話にてご連絡ください。

Farsi توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-877-653-0327 (TTY: 711) تماس بگیرید.

Hindi – ध्यान दें: अगर आप हिंदी बोलते हैं तो हम आप के लिए भाषा सहायता सेवाएं नि:शुल्क प्रदान करेंगे। 1-877-653-0327 (TTY 711) पर कॉल करें।

Gujarati – સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-877-653-0327 (TTY: 711).

Urdu خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں۔ کال 1-877-653-0327 (TTY: 711)۔

Lao – ຄຳໃຈໃສ່: ຖ້າທ່ານເວົ້າພາສາລາວ, ການບໍລິການໃຫ້ຄວາມຊ່ວຍເຫຼືອດ້ານພາສາຈະໃຫ້ບໍລິການຟຣີແກ່ທ່ານ. ໂທ: 1-877-653-0327 (TTY 711).

Greek – ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε 1-877-653-0327 (TTY: 711).

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