

# Request for Confidential Communication

This form will allow me, as a Cigna-HealthSpring customer to request to receive communications of Protected Health Information (PHI) about me by alternative means or at alternative locations.

If a request is made for an alternate location, I understand correspondence will continue to be addressed to me, but will be mailed to the address I provide below. I understand all customer correspondence to me will be mailed to this alternate address whether or not it contains any confidential information about me. I understand that this request may be denied if it cannot reasonably be accommodated.

Note: If your request is granted, it will affect only written and oral communications by Cigna-HealthSpring. If you also wish another group health plan, physician or anyone outside of Cigna-HealthSpring to make this change, you must obtain their agreement separately.

## VERIFICATION – (Please print)

### Identification of customer:

(The following information is needed for verification. Please complete all applicable items.)

Name of customer: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Phone number where we can reach you if we need to contact you to process your request (required): \_\_\_\_\_

Current address on file: \_\_\_\_\_  
\_\_\_\_\_

Medicare ID #: \_\_\_\_\_ Customer ID card # (if applicable): \_\_\_\_\_

## REQUEST

I request to receive communications of my PHI from Cigna-HealthSpring:

By alternate means or location (please describe and provide address):

\_\_\_\_\_  
\_\_\_\_\_

**PLEASE NOTE**

- Communications containing your PHI will be sent to the address you have provided on this form.
- If an alternate address is approved, it may be shown on correspondence about you that Cigna-HealthSpring sends to others, such as your provider.
- If the information on this form is not complete, Cigna-HealthSpring will return the form to you, and this request may not be considered until Cigna-HealthSpring receives complete information.
- If your customer ID or date of birth changes, a new form must be submitted.
- You may change or revoke this request by sending a written request to Cigna-HealthSpring at the address below. You can obtain a Change/Revoke form by calling Cigna-HealthSpring Customer Service at the number on your Cigna-HealthSpring ID card.

**SIGNATURE**

I have read and understand the above information. Date: \_\_\_\_\_

Signature of customer, parent/guardian, other person legally authorized to act on behalf of the customer:

Relationship if signed by other than customer: \_\_\_\_\_

Note that, if not already provided, we will require verification of the authority of another person to act on behalf of the customer before this request will be considered complete.

If customer is unable to give consent because of age, complete the following: Customer is a minor \_\_\_\_\_ years of age. If you are making this request on behalf of a minor child, we may require additional information before this request is considered complete.

**COMPLETED FORM MAILING ADDRESSES**

Please send your completed form to your plan’s corresponding address below:

<b>Arizona – Medicare Advantage Plan</b>	<b>Cigna-HealthSpring Rx (PDP) Plan</b>	<b>Cigna-HealthSpring Medicare Advantage Plan</b>
Cigna Central HIPAA Unit PO Box 188014 Chattanooga, TN 37422	Cigna Medicare Services PO Box 269005 Weston, FL 33326-9927	Cigna-HealthSpring Membership Admin. Services P.O. Box 20002 Nashville, TN 37202
1-800-627-7534 (TTY 711) 8 am - 8 pm, 7 days a week	1-800-222-6700 (TTY 711) 8 am - 8 pm, 7 days a week	1-800-668-3813 (TTY 711) 8 am - 8 pm, 7 days a week

**Please maintain a copy of this form for your records.**

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