



## Outpatient Treatment Request

Fax completed form to: 866-949-4846

Fill out completely to avoid delays

Request Submission Date: \_\_\_/\_\_\_/\_\_\_

Request Type (Check one):  Standard  Expedited (additional information required below)

Provider Attestation (Expedited Requests Only)

Clinical justification for expedited review:

By signing below, I certify that applying the standard review timeframe for this service request may seriously jeopardize the life or health of the patient or the patient's ability to regain maximum function.

Physician/clinician name: \_\_\_\_\_ Signature: \_\_\_\_\_

### Identifying Data

First: \_\_\_\_\_ Middle: \_\_\_\_\_ Last: \_\_\_\_\_

Customer ID: \_\_\_\_\_ Date of Birth: \_\_\_/\_\_\_/\_\_\_ Gender:  Male  Female

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

### Requested Authorizations

	Service	Code	# Units requested	Service Start Date	Service End Date
1					
2					
3					
4					

### Provider Information

Page 1 of 4

Behavioral Health Outpatient Treatment Form

Last updated: Sep 2016

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation. The Cigna name, logos, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

Cigna-HealthSpring is contracted with Medicare for PDP plans, HMO and PPO plans in select states, and with select State Medicaid programs. Enrollment in Cigna-HealthSpring depends on contract renewal.

INT\_16\_49045

Name (program, facility or provider): \_\_\_\_\_ NPI#: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_\_) \_\_\_\_\_

To whom should the authorization determination be sent? Name: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_\_) \_\_\_\_\_

Other BH Provider(s) \_\_\_\_\_

**Check one:**

- Member agreed to release of information to their PCP and/or other treating providers dated \_\_\_\_\_.
- Member has been informed for release of information and has declined.

### Diagnosis ICD 10 Codes


### Psychotropic Medications

Medication	Previous or current?	Changed since last report?	Dosage	Frequency	Adherent?

### Clinical Narrative

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation. The Cigna name, logos, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

Cigna-HealthSpring is contracted with Medicare for PDP plans, HMO and PPO plans in select states, and with select State Medicaid programs. Enrollment in Cigna-HealthSpring depends on contract renewal.

*Provide information to support this request symptoms, risk factors, social history, substance abuse history , etc.*

**Co-occurring Medical Conditions**

**Treatment History**

*All levels of care*

<b>Level of Care</b>	<b># of distinct episodes/ sessions</b>	<b>Date of last treatment</b>		<b>Level of Care</b>	<b># of distinct episodes/ sessions</b>	<b>Date of last treatment</b>
<b>Inpatient psychiatric</b>				<b>Intensive Outpatient (IOP)</b>		
<b>Inpatient Substance Use Disorder</b>				<b>Outpatient psych (individual or group)</b>		
<b>Partial Hospitalization (PHP)</b>				<b>Outpatient substance abuse (individual or group)</b>		

**Treatment Goals and Outcomes**

*Complete fields below and/or attach current treatment plan*

Page 3 of 4

Behavioral Health Outpatient Treatment Form

*Last updated: Sep 2016*

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation. The Cigna name, logos, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

Cigna-HealthSpring is contracted with Medicare for PDP plans, HMO and PPO plans in select states, and with select State Medicaid programs. Enrollment in Cigna-HealthSpring depends on contract renewal.

INT\_16\_49045

<b>Treatment Goals</b>	
1.	
2.	
3.	
<b>Objective outcome criteria by which goal will be measured:</b>	
1.	
2.	
3.	
<b>Expected Outcome and Prognosis (check all that apply)</b>	
<input type="checkbox"/>	Return to normal functioning
<input type="checkbox"/>	Expected improvement, anticipated less than baseline functioning
<input type="checkbox"/>	Relieve acute symptoms, return to baseline functioning
<input type="checkbox"/>	Maintain current status, prevent deterioration
<b>Discharge/Termination Plan (include estimated discharge date)</b>	

*Fax completed form to: 866-949-4846  
Fill out completely to avoid delays*

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation. The Cigna name, logos, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

Cigna-HealthSpring is contracted with Medicare for PDP plans, HMO and PPO plans in select states, and with select State Medicaid programs. Enrollment in Cigna-HealthSpring depends on contract renewal.

INT\_16\_49045