

Individual and Family Plans

Cigna Health and Life Insurance Company
Cigna HealthCare of Arizona, Inc.
Cigna HealthCare of Illinois, Inc.
Cigna HealthCare of North Carolina, Inc.

ZERO IN ON
MEDICATION
MADE EASIER



Taking your medications as prescribed is so important to your overall health. That's why Cigna offers convenient home delivery and one-on-one support. With programs that make it easier to take your medications, there's zero reason to consider any other plan.

Extra support through coaching.

Our Cigna medication coaching program features a team of pharmacists available for one-on-one guidance and support.

- › Help understanding a medication and why it was prescribed
- › Support on finding lower-cost alternatives
- › Information on why it's important to stick with treatment
- › Possible side effects and how to identify and manage them

Medication right to your doorstep.

Home delivery through Express Scripts Pharmacy®, a Cigna company, gives you an easier and more convenient way to get maintenance medications.

- › Get medications shipped to your home at no extra cost
- › Fill up to a 90-day supply at one time, so you fill less often³
- › Get free refill reminders so you never miss a dose
- › 24/7 access to licensed pharmacists

Added savings for diabetes medications and care

If you have diabetes, the **Patient Assurance ProgramSM** can help lower your out-of-pocket costs by 40% or more.¹ All of our plans include:

- › Maximum of \$25 for a 30-day supply or \$75 for a 90-day supply of insulin and some non-insulin medications²
- › \$0 for diabetes supplies on the Cigna drug list
- › \$0 for diabetes management training
- › \$0 for select labs/exams

Plus, \$0 on diabetes equipment and additional supplies with the new **Diabetes Care Solution** plan.

To learn more, contact:

Together, all the way.®



1. Express Scripts internal analysis of claims, 2019.

2. Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary.

3. Some states limit Tier 5 medications to a 30-day supply. Log in to the myCigna App or website, or check your plan materials, to learn more about how your plan covers these medications.

Health benefit plans may be different, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and be medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may have to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Look at your plan documents for more information about your plan's prescription drug coverage.

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