



# High scores for Cigna health engagement



In a recent survey, we asked clients to share their opinions on the Cigna health engagement program. Among the high marks for how the program helps their companies support the wellness needs of their employees, clients were most impressed with the personal attention from their health engagement consultant.

## High praise for engagement consultants

When it comes to workplace wellness, clients say they view their engagement consultant as a highly valuable resource in improving the health and well-being of employees.

-  **94%\*** receive useful information and resources for their organization
-  **90%\*** report getting support in a timely manner
-  **90%\*** feel their consultant is a valuable resource to their team
-  **88%\*** acknowledge they receive adequate support
-  **87%\*** are satisfied with the assistance they receive

## Program satisfaction

As for their health engagement program overall, clients were highly satisfied with the opportunities it offers to help reduce health care costs. Clients also noted that their health engagement program:

-  Fosters a positive and caring company image
-  Improves the health benefit experience for employees
-  Provides a heightened sense of employee well-being
-  Helps improve employee health
-  Boosts employee morale

To learn how Cigna can help you create and implement a winning workplace wellness program, contact your broker or Cigna representative.

Together, all the way.®



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\* Based on a November 2020 Cigna survey of existing clients with 101-499 eligible employees.

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