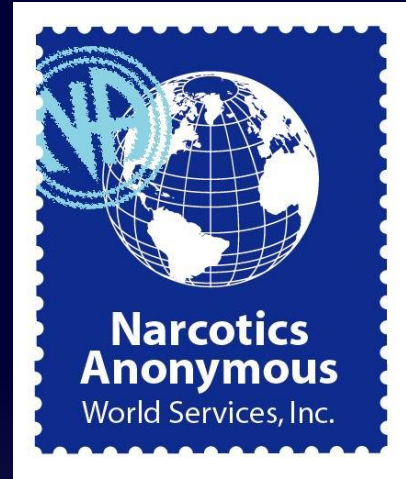


NA – A Resource in Your Community

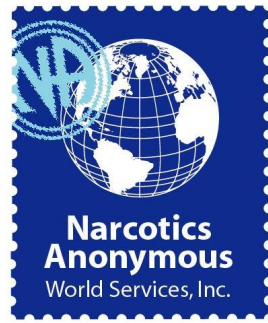


Steve Rusch, MBA, CAE
NA World Services

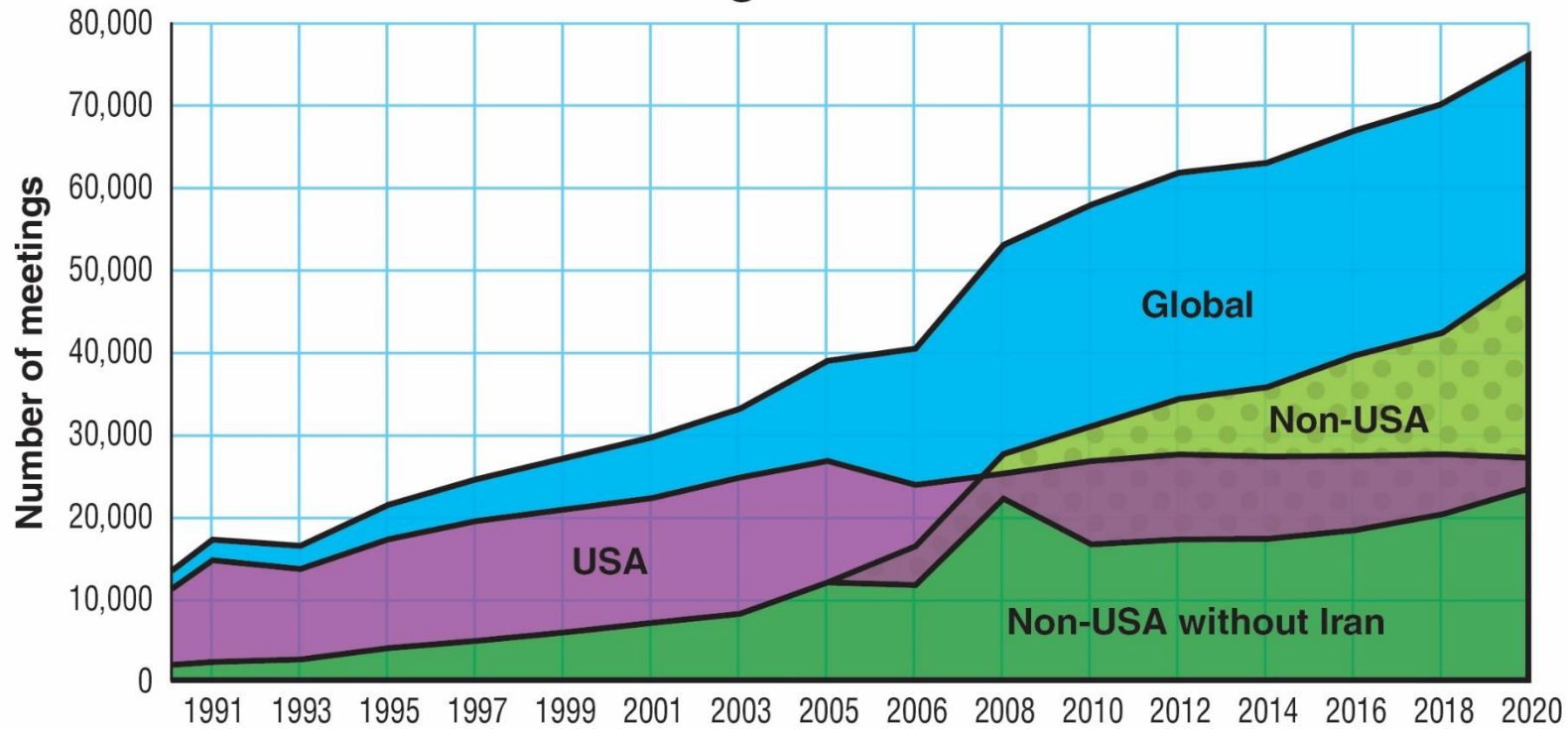
What is NA?

A Vital Resource

- ◆ Therapeutic value of one addict helping another — support network
- ◆ Process for change through the Twelve Steps
- ◆ Adjunct to treatment professionals in continuing care



NA Meeting Growth Trend

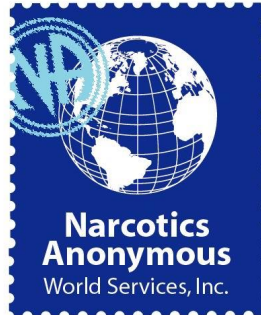




Regions Around the World

76,075 Weekly Meetings Worldwide

Data is based on regional/zonal reports to WSG 2020 and NAWs database when available. Map not intended to be geographically accurate.



USA-27,005 Meetings

No WSG Participant

1	ABC	250
2	Alabama/NW Florida	381
3	Alaska	112
4	Arizona	404
5	Arkansas	314
6	Best Little	142
7	Buckeye	205
8	California Inland	213
9	California Mid-State	312
10	Carolina	991
11	Central Atlantic	584
12	Central California	316
13	Chesapeake & Potomac	365
14	Chicagoland	402
15	Colorado	300
16	Connecticut	276
17	Eastern New York	237
18	Eastern Pennsylvania*	94
19	Florida	1,052
20	Free State	797
21	Georgia	225
22	Greater Illinois	210
23	Greater New York	755
24	Greater Philadelphia	481
25	Hawaii	112
26	Indiana	459
27	Iowa	278
28	Kentuckiana Bluegrass Appalachia	200
29	Long Sea	616
30	Louisiana	276
31	Mevo Detroit	421
32	Michigan	412
33	Mid-America	306
34	Mid-Atlantic	438
35	Minnesota	396
36	Mississippi	240
37	Montana	196
38	Mountaineer	184
39	Nebraska	200
40	New England	510
41	New Jersey	408
42	North Carolina	360
43	Northwest California	1,305
44	Northwest New England	179
45	Northwest New York	261
46	Ohio	225
47	Oklahoma	537
48	OK Region	337
49	Pacific Cascade	500
50	Bad River*	49
51	Region 51	258
52	Big Grande	183
53	San Diego/Imperial	400
54	Show-Me	400
55	Sierra Sage	173
56	South Dakota	77
57	South Florida	809
58	Southern California	1,094
59	Southern Idaho	121
60	Tejas Bluebonnet	575
61	Tri-State	650
62	Upper Midwest	84
63	Upper Rocky Mountain	125
64	Utah	96
65	Washington/North Idaho	317
66	Western New York	222
67	Western New York	404
68	Wisconsin	404

Canada-1,369 Meetings

No WSG Participant

CN1	Al-Sask	210
CN2	British Columbia	340
CN3	Canada Atlantic	90
CN4	Ontario	444
CN5	Quebec	285

Central America-3,926 Meetings

No WSG Participant

CA1	Antigua and Barbuda*	3
CA2	Belize*	4
CA3	Cuba*	27
CA4	Costa Rica	240
CA5	Cyprus	4
CA6	El Salvador	81
CA7	Guatemala	104
CA8	Honduras*	104
CA9	Nicaragua	749
CA10	Panama	70
CA11	Paraguay	174
CA12	Peru	140
CA13	Rio de Janeiro	149
CA14	Rio Grande do Sul*	150
CA15	Uruguay	180
CA16	Venezuela	98

South America-7,490 Meetings

No WSG Participant

SA1	Argentina	784
SA2	Bolivia*	75
SA3	Brazil	420
SA4	Brazil Central*	296
SA5	Brazil Sul	406
SA6	Chile	420
SA7	Colombia	470
SA8	Ecuador	500
SA9	Granada Sao Paulo	981
SA10	Guayana*	7
SA11	HOW Brazil	955
SA12	Mexico	297
SA13	Paraguay	174
SA14	Paraguay	40
SA15	Peru	140
SA16	Rio de Janeiro	149
SA17	Rio Grande do Sul*	150
SA18	Uruguay	180
SA19	Venezuela	98

Western Europe-3,918 Meetings

No WSG Participant

E1	Belgium	53
E2	Cyprus*	4
E3	Denmark	75
E4	Finland	202
E5	France	175
E6	German Speaking	350
E7	Greenland*	125
E8	Greenland*	1
E9	Holland*	9
E10	Ireland*	237
E11	Italy	168
E12	Luxembourg*	2
E13	Norway*	11
E14	Netherlands	273
E15	Norway	112
E16	Portugal	133
E17	Spain*	169
E18	Sweden	440
E19	Switzerland*	67
E20	UK Region	1,214

Africa-499 Meetings

No WSG Participant

A1	Angola*	2
A2	Botswana*	1
A3	Cape Verde Islands*	3
A4	Congo	2
A5	Dominica*	1
A6	Gambia, The*	1
A7	Ghana*	2
A8	Kenya*	27
A9	Liberia*	9
A10	Malawi*	1
A11	Morocco*	9
A12	Mozambique*	2,150
A13	Namibia*	5
A14	Nigeria*	7
A15	Senegal*	1
A16	South Africa	346
A17	Swaziland*	1
A18	Tanzania*	56
A19	Togo*	6
A20	Zambia*	57
A21	Zanzibar*	14
A22	Zimbabwe*	2

Middle East-26,747 Meetings

No WSG Participant

ME1	Afghanistan*	51
ME2	Bahrain*	15
ME3	Egypt	213
ME4	Iran*	23,825
ME5	Iraq*	2
ME6	Israel	256
ME7	Jordan*	2
ME8	Kuwait*	26
ME9	Lebanon*	4
ME10	Oman*	57
ME11	Qatar*	7
ME12	Saudi Arabia*	14
ME13	Saudi Arabia*	21
ME14	Sudan*	73
ME15	United Arab Emirates*	2

Eastern Europe/Russia-3,460 Meetings

No WSG Participant

EE1	Adriatic*	21
EE2	Bulgaria*	87
EE3	Blacklands (Romania)*	7
EE4	Bulgaria*	20
EE5	Czech-Slovak*	10
EE6	Estonia*	14
EE7	Far East (Romania)*	53
EE8	Hungary*	46
EE9	Latvia*	22
EE10	Lithuania	43
EE11	Moldova*	11
EE12	North-West Russia*	260
EE13	Poland	195
EE14	Povolye (Russia)*	416
EE15	Romania*	3
EE16	Slovenia*	250
EE17	Turkey	36
EE18	Ukraine	304
EE19	Ural & West Siberia*	363
EE20	Western Russia	736

Asia Pacific-2,261 Meetings

No WSG Participant

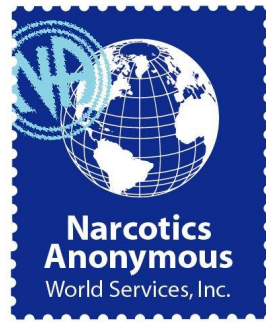
AP1	Aotearoa New Zealand	166
AP2	Australia	628
AP3	Bangladesh*	10
AP4	Bhutan*	8
AP5	Cambodia*	6
AP6	China*	27
AP7	Hong Kong*	11
AP8	Indonesia*	49
AP9	Japan	510
AP10	Malaysia*	7
AP11	Maldives*	4
AP12	Mongolia*	2
AP13	Nepal	95
AP14	NEH*	25
AP15	Pakistan North*	9
AP16	Pakistan South*	2
AP17	Philippines	202
AP18	Singapore*	12
AP19	SINGAPORE	314
AP20	South Korea*	5
AP21	Si Lanka*	7
AP22	Thailand*	73
AP23	Vietnam*	2



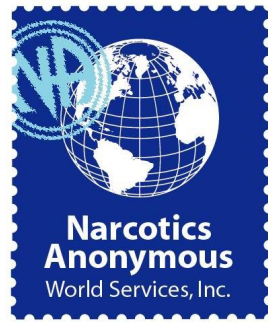
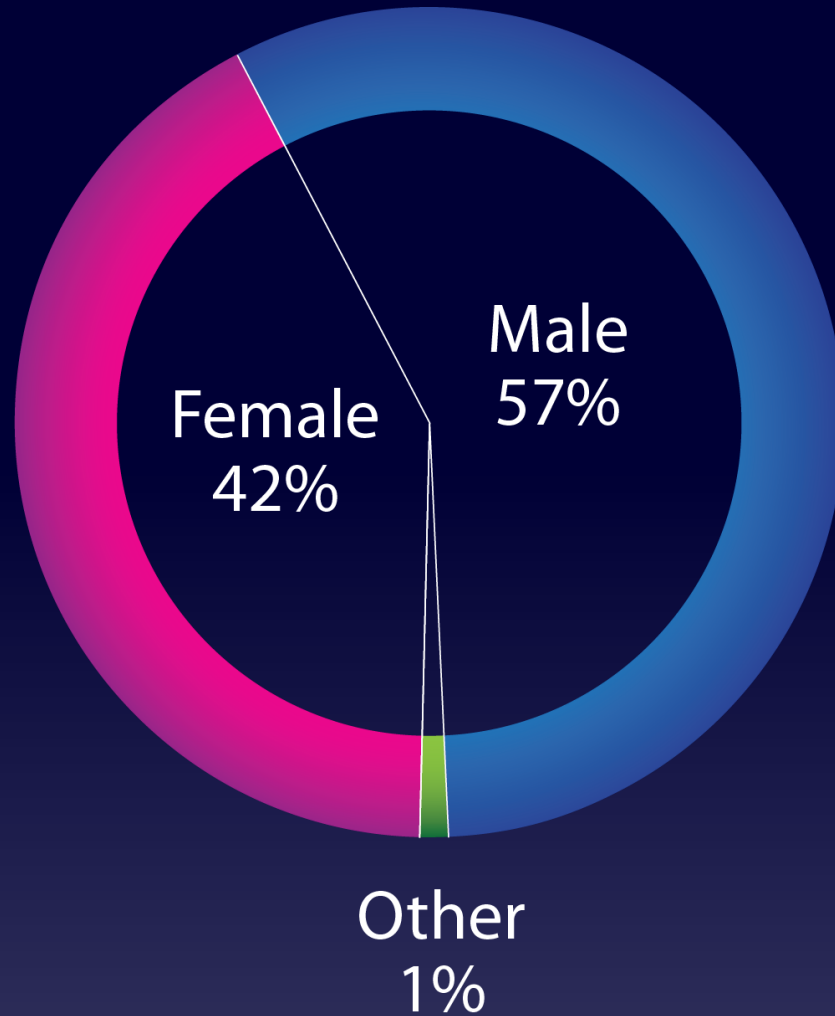
Addicts Helping Addicts

2018 Membership Survey

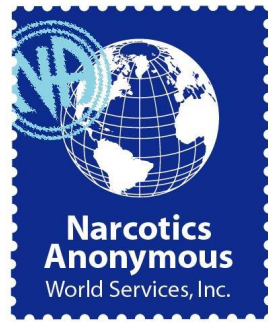
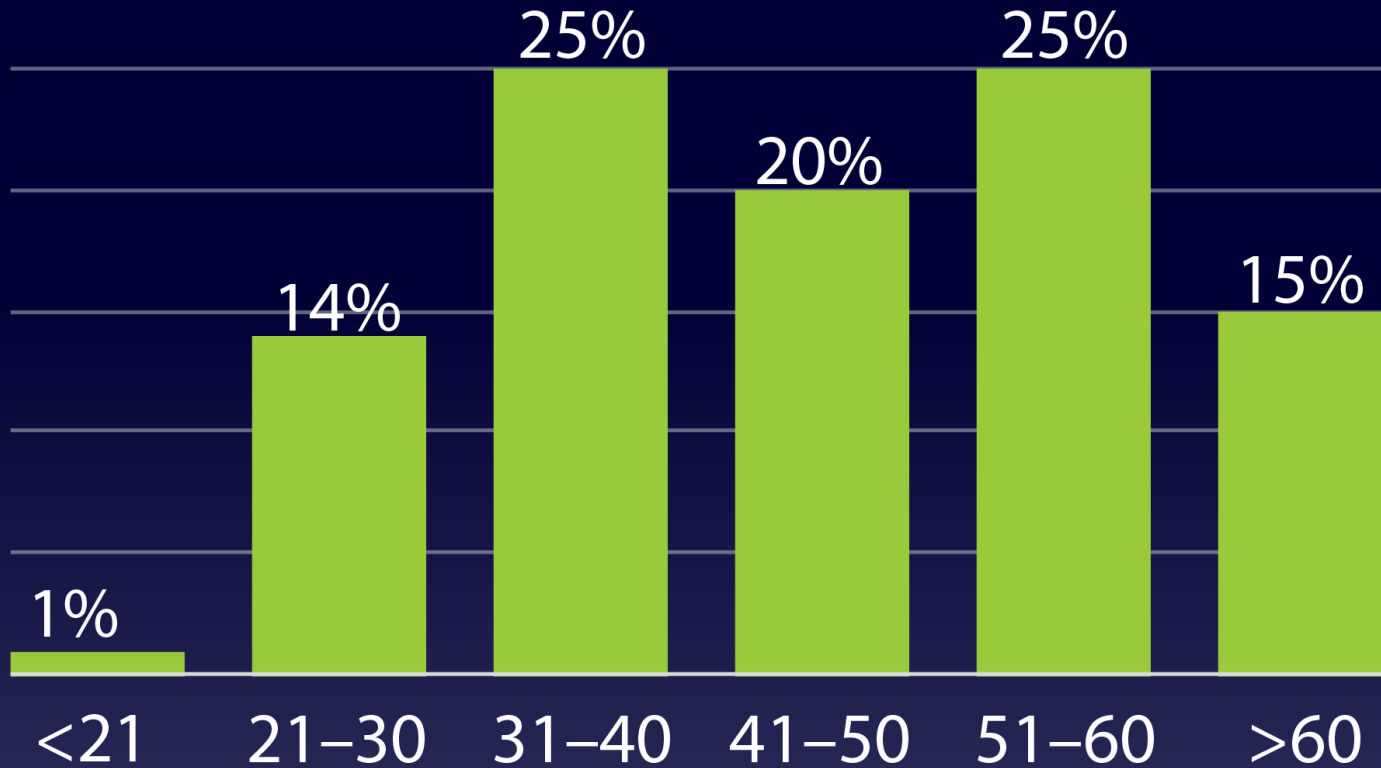
- ◆ Carried out biennially since 1996
- ◆ 16% rated first NA meeting *Important* or *Very Important*
- ◆ Top three influences to attend first NA meeting:
 1. Another NA member
 2. Treatment / counseling agency
 3. Family
- ◆ Members surveyed averaged 2.19 meetings per week



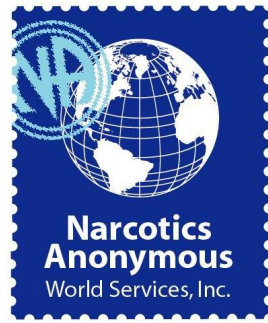
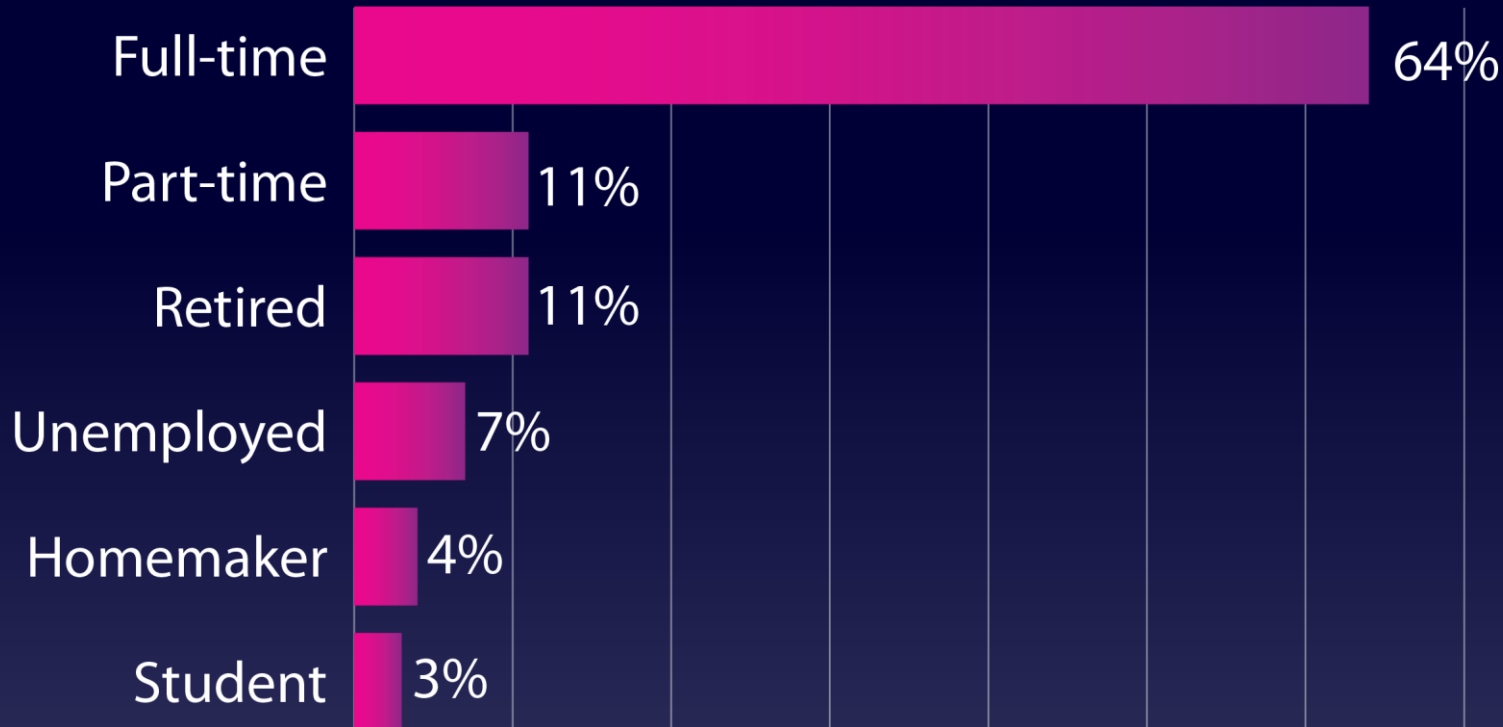
Gender



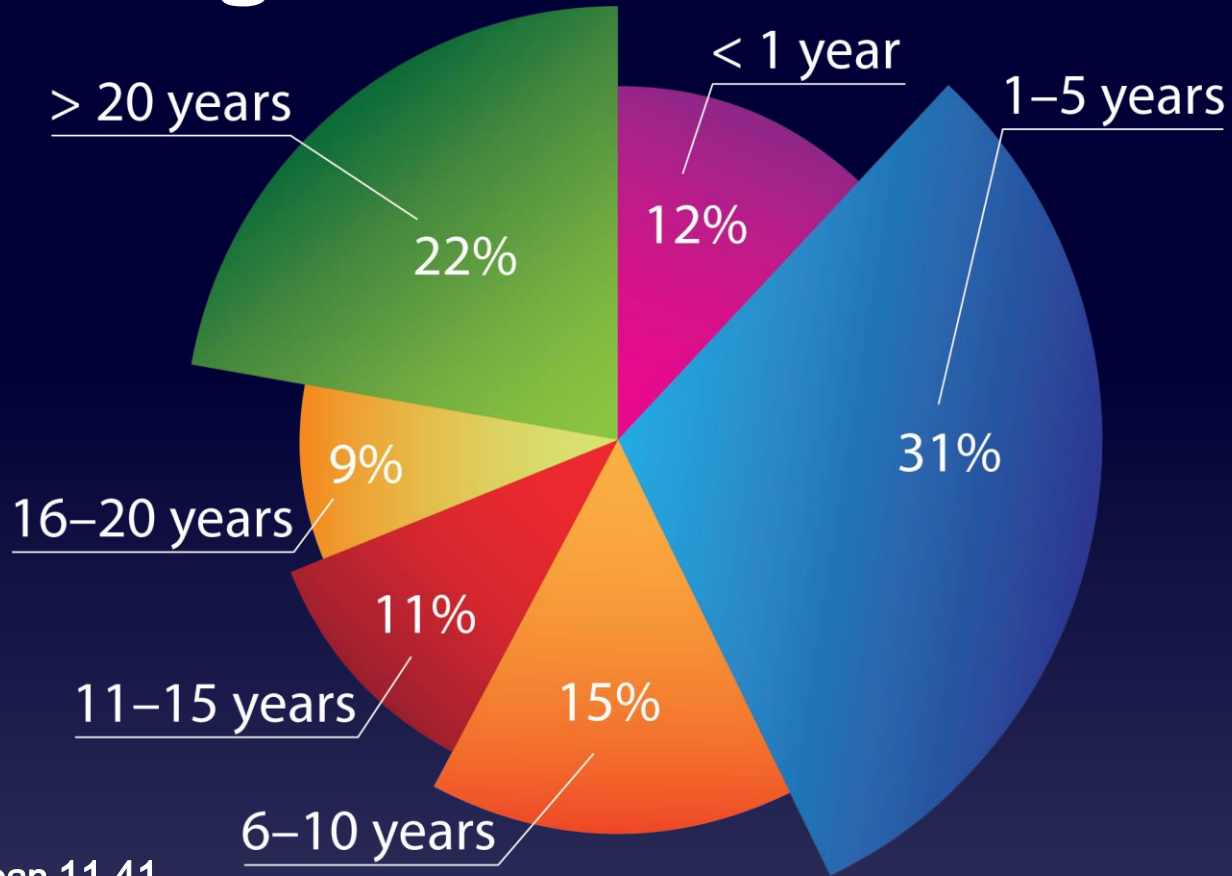
Age



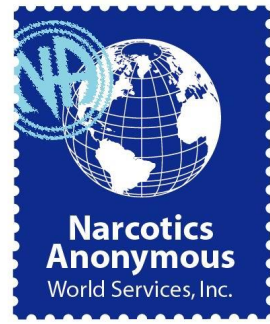
Employment Status



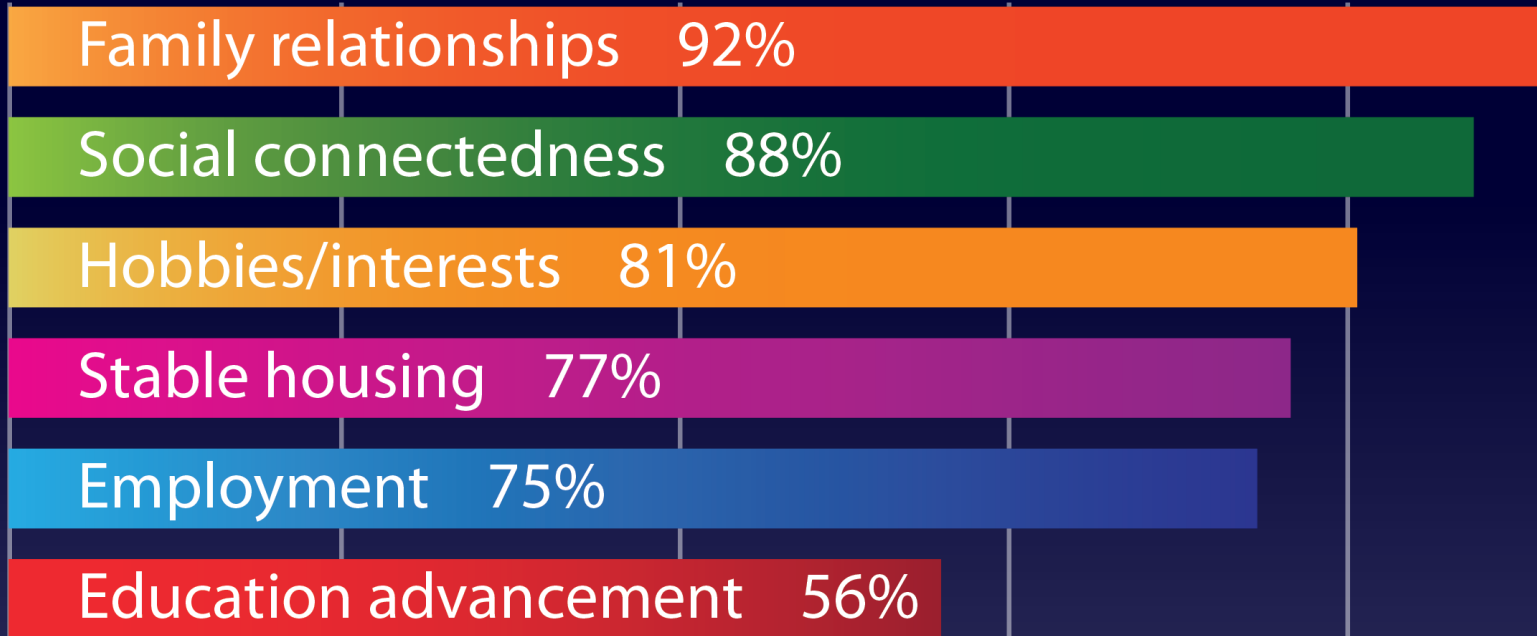
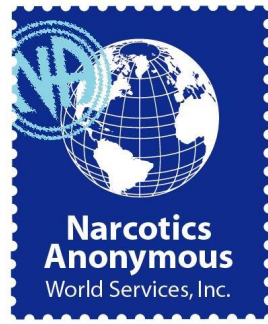
Years Drug-Free

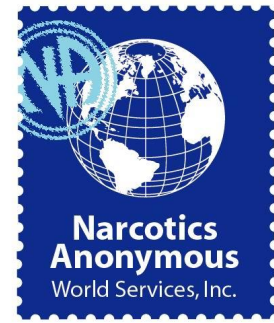


Average Years Clean 11.41



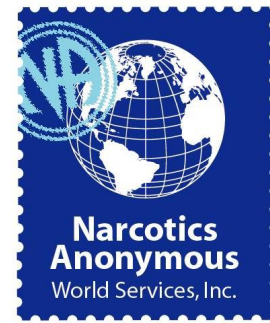
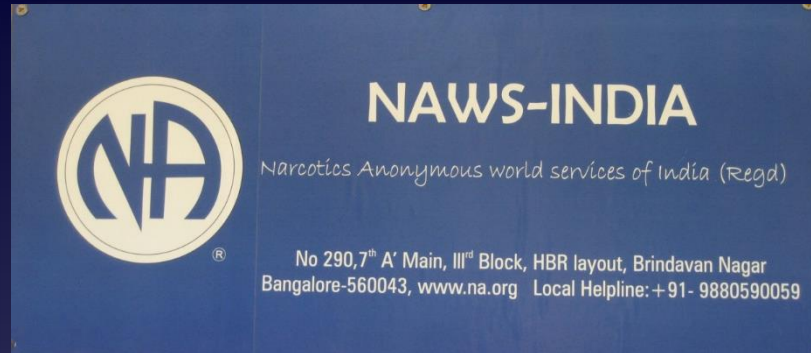
Areas of Improvement



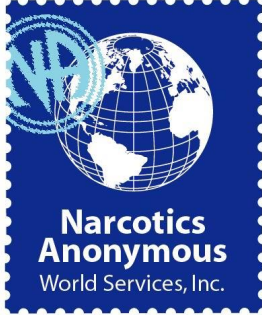


NA World Services

Branch Offices

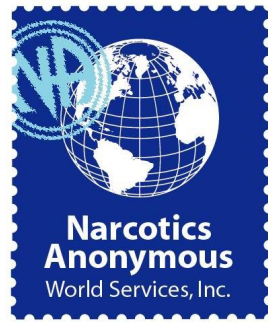


NAWS-Iran



Cooperating with Professionals

- ◆ Welcoming clients to meetings
- ◆ Presentations to professionals and clients
- ◆ Printed material, audio-visual, helplines, websites
- ◆ Subscription to NA newsletters and literature; useful for client introduction to NA
- ◆ There is no charge or fee to attend NA recovery meetings, or for NA presentations



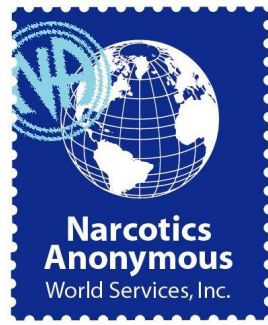
Benefits to...

The Client:

- ◆ Assists with transition back into the community
- ◆ Can support clients while in treatment and correctional facilities
- ◆ Provides a peer-based support network
- ◆ Drug-free role model reinforcement

The Professional:

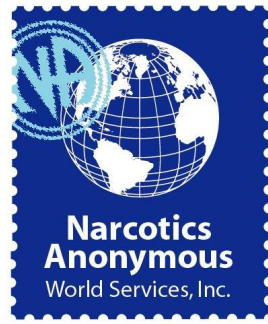
- ◆ Research: attending NA meetings improves retention
- ◆ Immediate access to aftercare support



The Paucity of Attention to NA in Current Public, Professional, and Policy Responses to Rising Opioid Addiction

White, Galanter, Humphreys, and Kelly

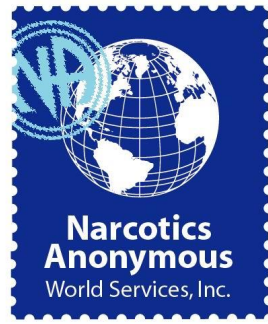
- Opioid-related mortality in the USA has triggered considerable professional, public, and political alarm...
- The potential role of NA as a recovery support resource is rarely noted within recent media and professional reports addressing opioid addiction.
- NA is an underutilized resource in contemporary responses to opioid addiction.



Recovery in NA from the Perspectives of Long-Term Members: A Qualitative Study

DeLuciaa , Bergmanb , Formosoa & Weinbergc

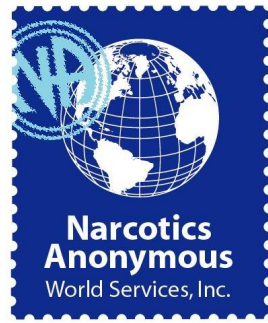
- This study presents results of focus groups conducted with long-term NA members
- Participants identified personal and program characteristics that were critical to recovery
- Fellowship was described as a pervasive and essential element of recovery.



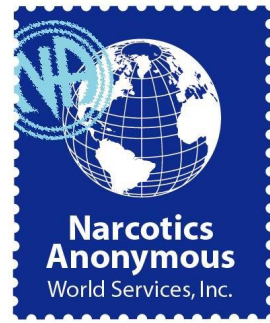
Narcotics Anonymous Comes of Age: A 60th Anniversary Professional Tribute

White, Budnick, and Pickard

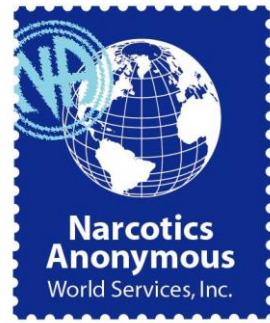
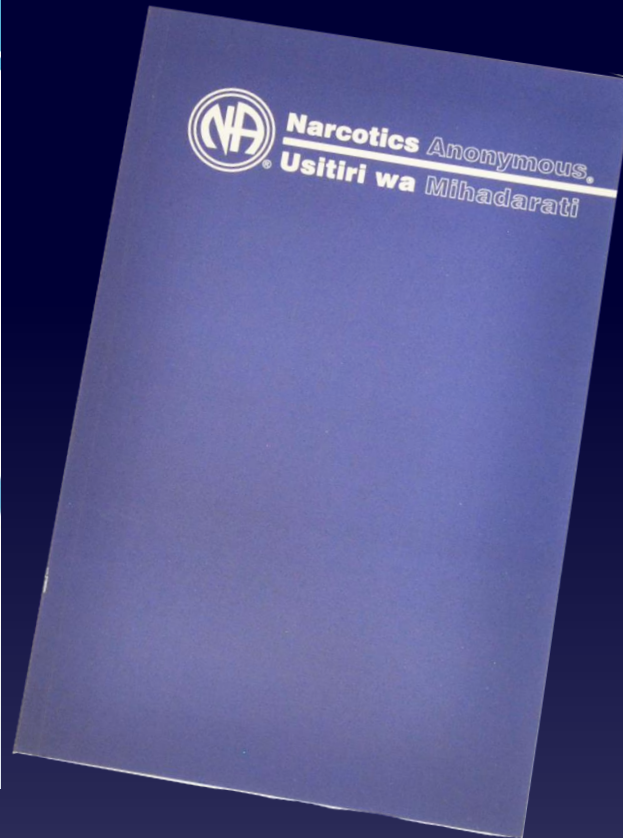
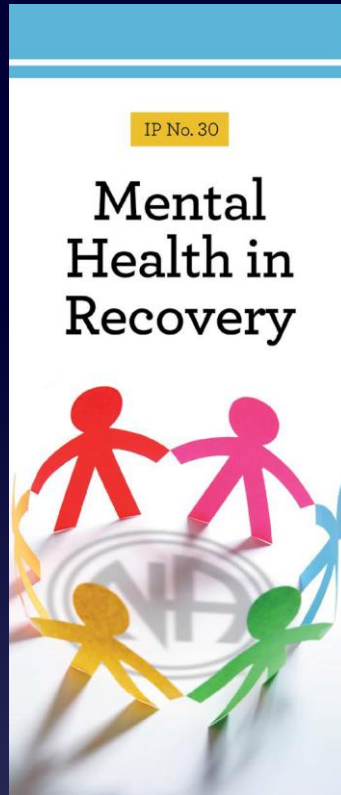
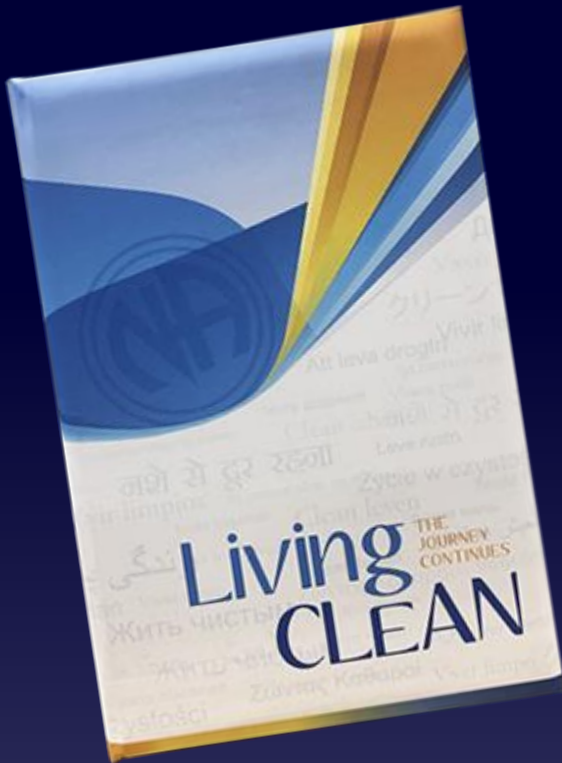
- Addiction recovery mutual aid societies face enormous challenges to their cultural viability and long-term survival
- It is thus fitting [to]...acknowledge those... that have achieved maturity and continue to support recovery initiation, recovery maintenance, and enhanced quality of personal and family life in long-term recovery.



NA Literature

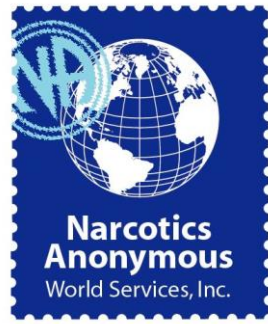


Newest Additions



How to Find NA Meetings

- Meeting Search Page at www.na.org - Global listing of NA meetings; may not be up-to-date
- NA Meetings app – Available in your app store. Additional content, info may not be most current
- Regional and Area NA websites – The best resource for the most current information
- Many NA meetings being held online, info available at www.na.org/virtual



Contacting NA

NA World Services

P.O. Box 9999

Van Nuys, CA 91409

Website: www.na.org

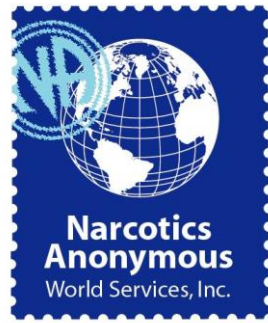
Phone: 818.773.9999

Tri-State Region of NA

**(serves western PA,
northern WV, & portions
of eastern OH)**

Helpline: (412) 391-5247

Website: tsrscna.org



Cigna Behavioral Health Awareness

If you are a Cigna customer and have questions about Substance Use treatment or about your benefits and how to use them, please contact:

Stephanie Gissal - 800.274.7603 x398516

Alex Turner - 800.274.7603 x513597

Wanda Russell – 800.274.7603 x342063