Get the most from your plan’s coverage.
One ID card for both your pharmacy and medical needs.
- 24/7 live, personalized customer support
- Easy access to medications
- One customer-focused team – medical, behavioral and pharmacy – working together to help keep you healthy and help you choose and use your health care wisely

Get more with Express Scripts® Pharmacy, our home delivery pharmacy.
- Easily order, manage and track your medications on your phone or online
- No extra cost standard shipping
- Fill up to a 90-day supply at one time
- Helpful pharmacists available 24/7
- Refill reminders so you don’t miss a dose
- Log in to the myCigna® App or myCigna.com to easily transfer your prescriptions electronically from a retail pharmacy to Express Scripts® Pharmacy.

Home delivery is a convenient option when you’re taking a medication on a regular basis. Log in to the myCigna® App or myCigna.com to easily move your prescription electronically from a retail pharmacy to Express Scripts® Pharmacy.

Use the myCigna App or website.
24/7 access to all you need to know about your coverage.
- Manage, track, order and pay for your home delivery prescription orders online
- Find out how much your medication costs
- See which medications your plan covers
- Find an in-network pharmacy
- See your pharmacy claims and coverage details

Use Accredo®, a Cigna Healthcare specialty pharmacy, to help manage a complex medical condition.
- Personal care services like counseling and help administering your medication
- Specialty-trained pharmacists and nurses available 24/7
- Easily manage and track your medications on your phone or online
- Fast shipping, at no extra cost – even for medications that need special handling
- Refill certain prescriptions by text
- Help with applying for third party copay assistance

Individual and Family Plans
Cigna Health and Life Insurance Company or its affiliates
1. Standard shipping costs are included as part of your prescription plan.
2. Tier 5 medications are limited to a 30-day supply in all states except for NC. In NC, Tier 5 medications are allowed in a 90-day supply.
3. As allowable by law. For medications administered by a health care provider, Accredo will ship the medication directly to your doctor's office.
4. The ability to refill prescriptions by text is only available for certain medications. To get text messages, you'll have to sign up for Accredo's texting service. You can do this when you call Accredo to refill your prescription. Once you sign up, simply reply to their welcome text to get started. Standard text messaging rates apply.

This information is for educational purposes only and is not an insurance solicitation.