# Use myCigna®

## 24/7 access to your coverage information

- Access your Cigna Healthcare® ID card online
- Find out how much your medication costs
- See which medications your plan covers
- Find an in-network pharmacy
- Order, manage, track and pay for your home delivery prescription orders<sup>1</sup>
- Ask a pharmacist a question
- See your pharmacy claims and coverage details

# Get medications sent to your home with Express Scripts® Pharmacy

Home delivery is simple and safe – and saves you trips to the pharmacy

- Easily order, manage, track and pay for your medications on your phone or online
- Standard shipping at **no extra cost**<sup>2</sup>
- Fill up to a **90-day supply** at one time<sup>3</sup>
- Helpful pharmacists available 24/7

To learn more, go to Cigna.com/homedelivery.

# Your pharmacy benefit



### Contact us

Express Scripts® Pharmacy **800.835.3784** 

Accredo<sup>®</sup> **877.826.7657** 

Customer service - 24/7

- · By phone: 866.494.2III or the number on your ID card
- · Click to chat: myCigna.com®, Monday-Friday, 9:00 am-8:00 pm EST

# Use Accredo to help manage a complex medical condition

Get the personalized care and support you need to manage your therapy

- 24/7 access to specialty-trained pharmacists and nurses
- Personalized care services
- Manage your medications online and track your orders
- Fast shipping, at no extra cost
- Easy refills and free reminders
- Help you find ways to pay for your medications
   To learn more, go to Cigna.com/specialty.



Offered by: Cigna Health and Life Insurance Company, or its affiliates.

This information is for educational purposes only and is not an insurance solicitation.

- 1. Log in to the myCigna App or myCigna.com, or check your plan materials, to learn more about the pharmacies in your plan's network. Cigna Healthcare maintains an ownership interest in Express Scripts® Pharmacy's home delivery services and Accredo's specialty pharmacy services. However, you have the right to fill prescriptions at any pharmacy in your plan's network. You won't be penalized regardless of where you fill your prescriptions.
- 2. Standard shipping costs are included as part of your prescription plan.
- 3. Certain medications may only be packaged in less than a 90-day supply. For example, three packages of oral contraceptives equal an 84-day supply. Even though it's not a "90-day supply," it's still considered a 90-day prescription. Tier 5 medications are limited to a 30-day supply in all states except for NC. In NC, Tier 5 medications are allowed in a 90-day supply.

# Para obtener ayuda en español llame al número en su tarjeta de Cigna Healthcare.

Product availability may vary by location and plan type and is subject to change. All individual health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative.

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