

Get Extra GLP-1 Support

Many in-network pharmacies can help



When you're using a glucagon-like peptide 1 (GLP-1) to treat Type 2 diabetes, it's important that you have extra care and support from your doctor and pharmacist. There are pharmacies in your plan's network that can help.

Get support from a pharmacist you trust

You have the right to fill prescriptions at any pharmacy in your plan's network (as your plan allows). EnGuide Pharmacy only fills GLP-1s. You can fill all other maintenance medications through home delivery with Express Scripts Pharmacy. **Costco® Pharmacy**, **Walgreens® Pharmacy**¹ and **Evernorth EnGuide**SM **Pharmacy**/CHD² will offer extra support to customers filling a GLP-1, such as:

One-on-one clinical support³

Your pharmacist will:

- **Answer your questions** about using a GLP-1.
- **Make sure you're taking your medication as prescribed.** If you miss too many doses, you may have to start all over again, at the lowest dose.
- **Keep track of how well your medication is working for you.** For example, you may need to move to a higher (or lower) dose.



What's EnGuide Pharmacy?

It's your plan's new home delivery pharmacy just for people who are using a GLP-1.

Learning materials⁴

Read about how GLP-1s work and what to expect when using one, such as side effects and how to inject yourself.

Helpful payment options

- Use a manufacturer coupon or copay assistance program to help lower your medication's cost.

Easy refills

- Get refill reminders so you don't miss a dose.
- Fill up to a 90-day (or 3-month) supply at one time.⁶ You'll start out with a 30-day supply but once you're at the right dose, you can fill more.

Safe, fast medication delivery

(for EnGuide Pharmacy customers only)

- Get standard shipping at no extra cost.⁵
- GLP-Is need to be refrigerated. Your medication will ship cold in an insulated box, bag or foam cooler with ice packs.

Manage your medication on myCigna®

- For retail pharmacy fills: See when and where you last filled your GLP-I.
- For EnGuide Pharmacy fills: Connect to your EnGuide account to place an order, sign up for refill reminders, pay your bill, track your order and more.⁶



2 easy ways to start getting extra GLP-I support

- **Call your doctor's office.** Ask them to send your prescription to Costco, Walgreens or EnGuide Pharmacy. Or,
- **If you still have refills available,** call your Costco or Walgreens store, or EnGuide Pharmacy at **800.835.3784**, and ask them to contact your current pharmacy to help move your prescription.



1. We're partnering with retail pharmacies in your network to provide extra support to GLP-1 patients with Cigna Healthcare pharmacy benefits. All pharmacies in your network have the option to participate. Currently, we're working with Costco and Walgreens; However, we expect more pharmacies to join.
2. "EnGuide Pharmacy" is the new name for CHD Pharmacy, which is an Evernorth pharmacy located in Fairfield, Ohio. Cigna Healthcare, Evernorth and EnGuide Pharmacy are all part of The Cigna Group. This means we have an ownership interest in EnGuide Pharmacy's home delivery services. However, you have the right to fill prescriptions at any pharmacy in your plan's network (as your plan allows). **EnGuide Pharmacy only fills GLP-1s.** You can fill all other maintenance medications through home delivery with Express Scripts Pharmacy.
3. EnGuide Pharmacy provides 24/7 clinical support. Costco and Walgreens can only provide clinical support when the pharmacy is open. Check your local retail store for their hours of operation.
4. EnGuide Pharmacy customers have 24/7 access to a virtual learning library. The retail pharmacy experience varies.
5. Your plan pays the cost for standard shipping.
6. We'll connect you to an Express Scripts website. For now, that's where you'll manage your GLP-1s. Cigna Healthcare uses this website for certain programs and services. Cigna Healthcare, Evernorth, Express Scripts and EnGuide Pharmacy are all part of The Cigna Group. You'll still manage all of your other medications on myCigna.

Para obtener ayuda en español llame al número en su tarjeta de Cigna Healthcare.

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