

It's easier to take control of your diabetes.

Learn more about your plan's diabetes benefits.



Managing diabetes can be hard, but Cigna Healthcare® is here to make it easier. Your health plan offers a range of diabetes benefits at no cost to you. And that means you have less to worry about on your journey toward better health.

For plans other than Enhanced Diabetes Care plans:

Reduce costs with our **Patient Assurance ProgramSM** and pay no more than \$25 for a 30-day supply (or \$75 for a 90-day supply) of the insulin and diabetes medications listed below. Also, your deductible doesn't apply to these medications.

Insulins: Basaglar®, Humalog® (except vials), Humalog® Mix, Humulin®

Non-Insulins: Jardiance®, Jentadueto®, Jentadueto® XR, Mounjaro®, Ozempic®, Rybelsus®, Synjardy®, Synjardy® XR, Tradjenta®, Trulicity®, Xigduo® XR

If you're not taking a medication on this list, you can call your doctor's office and ask if one of these medications will work for you.

Individual and Family Plans

Cigna Health and Life Insurance Company or its affiliates



Cigna Healthcare Enhanced Diabetes Care plans include:¹

\$0 for preferred insulins and other diabetes medications:

- **Insulins:** Basaglar[®], Humalog[®] (except vials), Humalog[®] Mix, Humulin[®], insulin lispro vials (generic Humalog[®])
- **Non-Insulins:** Farxiga[®], Jardiance[®], Jentadueto[®], Jentadueto[®]XR, Mounjaro[®], Ozempic[®] Rybelsus[®], Synjardy[®], Synjardy[®] XR, Tradjenta[®], Trulicity[®], Xigduo[®] XR

\$0 for diabetic supplies, such as:

- Infusion pump maintenance
- Infusion sets
- Skin preparation supplies

\$0 for diabetes-related equipment:

- Dexcom G6 Receiver and Dexcom G6 Sensor
- Dexcom G6 Transmitter
- Dexcom G7 Receiver and Dexcom G7 Sensor
- FreeStyle Freedom Lite Meter
- FreeStyle Libre 3 Reader and FreeStyle Libre 3
- FreeStyle Libre 14 Day Reader and FreeStyle Libre 14 Day Sensor
- FreeStyle Libre 2 Reader and FreeStyle Libre 2
- FreeStyle Lite Meter
- FreeStyle Precision Neo Meter
- FreeStyle Insulinx Meter
- True Metrix Meter
- True Metrix Air Meter
- True Metrix Go Meter
- Precision Xtra Monitor
- Relion True Metrix Air Glu Mtr

\$0 for additional plan benefits:

- Nutritional Counseling
- Routine Diabetic Foot Care

\$0 for diabetes self-management education.

\$0 for select labs and exams, such as:

- A1C test
- Retinal eye exam
- Nephropathy screening

\$0 for covered diabetic supplies on the Cigna Healthcare Prescription Drug List, such as:¹

- Test strips for blood glucose monitors
- Visual reading and urine test strips
- Syringes, needles, and testing preparation items including lancing devices and lancets

New: 9amHealth

This service offers expert-led care for diabetes, pre-diabetes, and other related health conditions.* 9amHealth's personalized care plans may include on-demand access to specialists, nutrition and lifestyle coaching, medication management, and lab testing to improve health outcomes and reduce in-person office visits. Your co-pay, co-insurance and/or deductible may apply. You can learn about other participating provider options by searching myCigna.com.

***9amHealth** is an independent third-party service provider. Cigna Healthcare does not endorse or guarantee the products or services of any third parties and is not liable for any such products or services.

Learn more.

To find out more about the specific diabetes benefits included with your plan, call: **866.494.2111** Monday – Friday, 8 am – 8 pm (EST).*

Get cost estimates for covered medications and compare brand name and generic equivalent drugs from retail pharmacies near you by using the Price a Medication tool on myCigna.com.



This information is for educational purposes only and is not an insurance solicitation.

1. Cigna Enhanced Diabetes Care Plan can help you better manage your condition. This plan includes the benefits of all Cigna plans listed above, and adds even greater savings with no-cost supplies and equipment. Not available in CO, GA, IL.

*Dial 711 for TTY or TRS service. Language assistance services are provided at no cost to you.

Product availability may vary by location and plan type and is subject to change. All health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna representative.

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