

PPACA \$0 Preventive Medications

Prescription medications and over-the-counter products available at no cost-share

Preventive medications can help keep you from getting certain long-term health conditions. They improve your chances of staying well and living longer.¹

Certain preventive medications cost \$0 to fill

The Patient Protection and Affordable Care Act (PPACA), known as health care reform, helps make health care and preventive care more affordable.²

PPACA requires health plans to cover the full cost of certain preventive medications and over-the-counter (OTC) products. This means you don't have to pay anything – not even a copay, coinsurance or deductible for these products.

If your doctor feels a certain contraceptive or quit smoking product on this list isn't right for you, ask your doctor's office to contact us. We'll look for other options that may be available at \$0.

Important information about this list

This list shows which products you can get at \$0.³

- Medications are listed in alphabetical order (A-Z) by drug class.
- Generics are listed in all lowercase letters and brands are listed in all CAPITAL letters.
- This list is updated often** so not all products available at \$0 may be listed here.³

- To see all of your \$0 options, log in to the myCigna[®] App⁴ or **myCigna.com[®]** and use the Price a Medication tool.

A note about contraceptive products

- Contraceptives, or "birth control," are used to prevent pregnancy. **Not all plans cover contraceptives at \$0.** Some employers don't have to cover them because of their religious beliefs.
- If you have Cigna Healthcare[®] pharmacy benefits and your employer doesn't cover contraceptives, you may still be able to get them for \$0. Ask your doctor's office to contact us. We'll keep your coverage private and won't share it with anyone.

Get a prescription from your doctor's office.



To get these products at \$0, you'll need a prescription – **even for the OTCs**, which don't typically need one.⁵

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To get these products at \$0, you'll need a prescription from your doctor – **even for the OTCs**, which don't typically need one.⁵

Aspirin Products

Available to women who are at least 12 weeks pregnant and at high risk for pre-eclampsia*

aspirin 81 mg chewable tablet, tablet

Barrier Contraception

CAYA CONTOURED
FC2 FEMALE CONDOM
FEMCAP
MALE CONDOM⁶
VCF FILM, GEL
WIDE SEAL DIAPHRAGM

Bowel Prep Products for Colorectal Cancer Screenings

Available to adults 45-75 years of age when used for a preventive colonoscopy.**

bisacodyl ec tablet
citrate of magnesia
citroma
clearlax
dulcolax oral suspension
gavilax
gavilyte-c
gavilyte-g
gavilyte-n
gentle laxative ec tablet
kro gentlelax

laxative ec 5 mg tablet
laxative peg 3350
magnesium citrate solution
milk of magnesia
natura-lax
onelax magnesium citrate
oral saline laxative
OSMOPREP
peg 3350-electrolyte
peg-prep
peg3350-sodium sulfate-sodium chloride-potassium chloride
sodium ascorbate-ascorbic acid
phosphate laxative
polyethylene glycol 3350 powder
powderlax powder
purelax powder
smoothlax powder
sodium sulfate-potassium sulfate-magnesium sulfate
women's gentle laxative

Breast Cancer Prevention

Available to adults 35 years of age and older

anastrozole
exemestane
raloxifene
SOLTAMOX
tamoxifen

Cholesterol Related

Available to adults 40-75 years of age
atorvastatin 10 mg, 20 mg tablet
fluvastatin
fluvastatin er
lovastatin 10 mg, 20 mg, 40 mg tablet
pitavastatin
pravastatin
rosuvastatin 5 mg, 10 mg tablet
simvastatin 5 mg, 10 mg, 20 mg, 40 mg tablet

Emergency Contraception

after pill
AFTERA
curae
econtra ez
econtra one-step
ELLA
levonorgestrel
my choice
my way
new day
opicton one-step
option 2
PLAN B ONE-STEP
TAKE ACTION

* Pre-eclampsia is a high blood pressure condition that happens during pregnancy.

** Quantity limits apply. Your plan will cover up to two (2) fills a year at \$0. After that, you'll pay your normal copay or coinsurance to fill a bowel prep product.

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Folic Acid Supplements

Only for products that have 0.4 mg–0.8 mg of folic acid in them

b complex number 1
b-complex
b-complex with vitamin c
balance b-50, b-100
balanced b-complex
classic prenatal
dialyvite 800 mg tablet
ferocon
folic acid 0.4 mg, 0.8 mg, 400 mcg, 800 mcg tablet
foltab 500
foltabs 800
full spectrum b
kobee
nephronex-sl
one daily prenatal
perry prenatal
prenatal caplet, tablet
prenatal complete
prenatal multi-dha
prenatal multivitamin
prenatal multivitamin-dha
prenatal one daily
prenatal vitamin
purevita folic acid tablet
rena-vite
stress formula with iron
super b complex
super b complex-vitamin c
super b maxi complex
super b-50 complex
super quints
tricon
vitamin b complex tablet
vitamin b complex-vitamin c

Hormonal Contraception^{7,8}

afirmelle
altavera
alyacen
amethia
amethyst
ANNOVERA
apri
aranelle
ashlyna
aubra
aubra eq
aurovela
aurovela fe
aurovela 24 fe
aviane
ayuna
azurette
balziva
BEYAZ
blisovi fe
blisovi 24 fe
briellyn
camila
camrese
camrese lo
caziant
charlotte 24 fe
chateal eq
cryselle
cyred
cyred eq
dasetta
daysee
deblitane
DEPO-PROVERA
DEPO-SUBQ PROVERA 104 SYRINGE
desogestrel-ethinyl estradiol
desogestrol-ethinyl estradiol ethinyl estradiol

dolishale
drospirenone-ethinyl estradiol
drospirenone-ethinyl estradiol-levomefolate
elinest
eluryng
emzahh
enilloring
enpresse
enskyce
errin
estarylla
ethynodiol-ethinyl estradiol
etongestrel-ethinyl estradiol
falmina
feirza
finzala
galbriela
gommily
hailey
hailey fe
hailey 24 fe
haloette
heather
iclevia
incassia
introvale
isibloom
jaimiess
jasmiel
jencycla
jolessa
joyeaux
juleber
junel
junel fe
junel fe 24
kaitlib fe
kalliga
kariva

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

This list is updated as the U.S. Preventive Services Task Force makes new recommendations to PPACA coverage requirements.

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Hormonal Contraception^{7,8}

(Cont.)

kelnor
kurvelo
larin
larin fe
larin 24 fe
layolis fe
leena
lessina
levonest
levonorgestrel-ethinyl estradiol
levonorgestrel-ethinyl estradiol-
ethinyl estradiol
levonorgestrel-ethinyl estradiol-
ferrous bisglycinate
levora-28
lo-zumandimine
lojaimiess
loryna
low-ogestrel
luizza
lutera
lyleq
lyza
marlissa
medroxyprogesterone 150 mg/ml
 syringe, vial
meleya
merzee
mibelas 24 fe
microgestin
microgestin fe
microgestin 24 fe
mili
minzoya
mono-linyah
necon
NEXPLANON
nikki

nora-be
norelgestromin-ethinyl estradiol
norethindrone 0.35 mg tablet
norethindrone-ethinyl estradiol
 1-0.02 mg, 1.5-0.03 mg tablet
norethindrone-ethinyl estradiol-fe
norgestimate-ethinyl estradiol
nortrel
nylia
nymyo
ocella
OPILL⁹
orquidea
philith
pimtrea
pirmella
portia
reclipsen
rivelsa
rosyrah
setlakin
sharobel
simliya
simpesse
sprintec
sronyx
syeda
tarina fe
tarina 24 fe
tarina fe 1-20 eq
taysofy
tilia fe
tri-estarrylla
tri-legest fe
tri-linyah
tri-lo-estarrylla
tri-lo-marzia
tri-lo-mili
tri-lo-sprintec
tri-mili

tri-nymyo
tri-sprintec
tri-vylibra
tri-vylibra lo
tulana
turqoz
valtya
velivet
vestura
vienna
viorele
volnea
vyfemla
vylibra
wera
wymzya fe
xarah fe
xelria fe
xulane
YAZ
zafemy
zarah
zovia 1-35
zumandimine

Human Immunodeficiency Virus (HIV) Infection Pre-Exposure Prevention^{7,10}

APRETUDE
DESCOVY 200 MG-25 MG TABLET¹³
emtricitabine-tenofovir 200 mg-
 300 mg tablet
YEZTUGO

Implantable Contraception

KYLEENA
LILETTA
MIRENA
MIUDELLA
PARAGARD T 380-A
SKYLA

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

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PPACA \$0 Preventive Medications

Pediatric Multivitamins

Only for vitamins that have fluoride in them and fluoride supplements

Available to children

6 months – 16 years of age

flotrex

fluoride chewable tablet

ludent fluoride

multivitamin-fluoride

mvc-fluoride

sodium fluoride oral drops,

chewable tablet

soluvita

soluvita a, c, d with fluoride

tri-vitamin-fluoride

tri-vite-fluoride

vitamins a, c, d and fluoride

Vaccines¹²

ABRYSVO

ACTHIB

ADACEL TDAP

AFLURIA

AREXVY

BEXSERO

BEYFORTUS

BOOSTRIX TDAP

CAPVAXIVE

COMIRNATY

DAPTACEL DTAP

DENGVAXIA

ENFLONSIA

ENGERIX-B

FLUAD

FLUARIX

FLUBLOK

FLUCELVAX

FLULAVAL

FLUMIST

FLUZONE

GARDASIL 9

HAVRIX

HEPLISAV-B

HIBERIX

INFANRIX DTAP

IPOL

JANSSEN COVID

KINRIX

M-M-R II VACCINE

MENQUADFI

MENVEO A-C-Y-W-I35-DIP

MNEXSPIKE

MODERNA COVID

MRESVIA

NOVAVAX COVID

NUVAXOVID

PEDIARIX

PEDVAXHIB

PENBRAYA

PENMENVY MEN A-B-C-W-Y

PENTACEL

PENTACEL ACTHIB COMPONENT

PFIZER COVID

PNEUMOVAX 23

PREHEVBRIOS

PREVNAR 20

PRIORIX

PROQUAD

QUADRACEL DTAP-IPV

RECOMBIVAX HB

ROTARIX

ROTATEQ

SHINGRIX

SPIKEVAX

TDVAX

TENIVAC

TRUMENBA

TWINRIX

VAQTA

VARIVAX

VAXELIS

VAXNEUVANCE

Quit Smoking Products^{7,11}

Available to adults 18 years of age and older

bupropion sr 150 mg tablet

CHANTIX

NICODERM CQ

NICORETTE

nicotine gum, lozenge, patch

NICOTROL

NICOTROL NS

quit 2

quit 4

stop smoking aid

varenicline

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

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1. Centers for Disease Control and Prevention (CDC) website, "Preventing Chronic Diseases: What You Can Do Now." Content current as of 05/15/24. [cdc.gov/chronic-disease/prevention](https://www.cdc.gov/chronic-disease/prevention).
2. U.S. Department of Health and Human Services (HHS) website, "About the Affordable Care Act." Content last reviewed 03/17/22. [hhs.gov/healthcare/about-the-aca](https://www.hhs.gov/healthcare/about-the-aca).
3. This is a list of the prescription preventive medications and over-the-counter products covered at 100% under your plan's pharmacy benefit at this time, based on existing legal requirements, and is subject to plan terms such as limitations and exclusions. For example, this list may change if there's a change to the legal requirements for preventive coverage.
4. App/online store terms and mobile phone carrier/data charges apply. Customers under age 13 (and/or their parent/guardian) will not be able to register at [myCigna.com](https://www.myCigna.com).
5. If you're filling an OTC, you'll need to pay for it at the pharmacy counter (just like you would for a prescription medication), using your health plan coverage.
6. Male condoms that are kept behind the pharmacy counter and given to you by the pharmacist are available at no cost-share (\$0) to you as long as you have a prescription from your doctor and fill it at an in-network pharmacy. **Quantity limits apply.**
7. If your doctor feels these products aren't right for you, ask your doctor's office to call us. There may be other no cost-share (\$0) options available.
8. Generic hormonal contraceptives are available at no cost-share (\$0) to you, even though they may not be listed here.
9. OPILL is covered at no cost-share (\$0) as long as you have a prescription from your doctor and fill it at an in-network pharmacy. **Quantity limits apply.**
10. This medication will only be covered at no cost-share (\$0) if used alone and not in combination with other HIV medications.
11. **Quantity limits apply.** Also, generic nicotine replacement therapy (known as "store-brands") are available at no cost-share (\$0) to you, even though they may not be listed here.
12. **Not all plans cover vaccines in the same way, and most travel-related vaccines aren't covered.** Log in to the myCigna App or [myCigna.com](https://www.myCigna.com), or check your plan materials, to see which ones your plan covers. You should call your pharmacy first, to make sure your vaccine is covered and available at their location. You shouldn't need to make an appointment to get a vaccine. If you use an out-of-network pharmacy, vaccines may not be covered or may be subject to your plan's copay, coinsurance and/or deductible.
13. DESCovy is covered at no cost-share (\$0) as of January 1, 2025 if used alone and not in combination with other HIV medications.

Para obtener ayuda en español llame al número en su tarjeta de Cigna Healthcare.

Cigna Healthcare reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna Healthcare does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna Healthcare may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna Healthcare. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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Discrimination is against the law

Cigna Healthcare® complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, ancestry, religion, marital status, gender, sexual orientation, gender identity or sexual stereotypes.

Cigna Healthcare does not exclude people or treat them less favorably differently because of race, color, national origin, age, disability, sex, ancestry, religion, marital status, gender, sexual orientation, gender identity or sexual stereotypes.

Cigna Healthcare:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language assistance services to people whose primary language is not English in a timely manner, such as:
 - Qualified interpreters
 - Information written in other languages



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If you need reasonable modifications, appropriate auxiliary aids and services or language assistance services, contact the Civil Rights Coordinator.

If you believe that Cigna Healthcare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, ancestry, religion, marital status, gender, sexual orientation, gender identity or sexual stereotypes, you can file a grievance with the Civil Rights Coordinator

P.O. Box 188016, Chattanooga, TN 37422, 877.822.6561 (TTY: Dial 711)

ACAGrievance@CignaHealthcare.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue,
SW Room 509F, HHH Building
Washington, DC 20201
1.800.368.1019, 800.537.7697 (TDD)

Complaint forms are available at
<https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html>

Proficiency of Language Assistance Services

English – ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-800-244-6224 (TTY: Dial 711) or speak to your provider.

Spanish – ATENCIÓN: Si habla español, los servicios de asistencia lingüística gratuitos están disponibles para usted. También están disponibles de forma gratuita ayudas y servicios auxiliares adecuados para proporcionar información en formatos accesibles. Llame al 1-800-244-6224 (TTY: Marque 711) o hable con su proveedor.

Chinese – 注意: 如果您讲中文，我们提供免费的语言援助服务。适当的辅助设备和服务也可以免费提供，以提供无障碍格式的信息。请拨打 1-800-244-6224 (TTY: 拨打 711) 或与您的服务提供者联系。

Vietnamese – XIN LƯU Ý: Nếu bạn nói tiếng Việt, dịch vụ hỗ trợ ngôn ngữ miễn phí có sẵn cho bạn. Các thiết bị và dịch vụ hỗ trợ phù hợp để cung cấp thông tin ở định dạng có thể tiếp cận cũng có sẵn miễn phí. Gọi số 1-800-244-6224 (TTY: Gọi 711) hoặc nói chuyện với nhà cung cấp của bạn.

Korean – 주의: 한국어를 사용하시는 경우, 무료 언어 지원 서비스가 제공됩니다. 접근 가능한 형식으로 정보를 제공하기 위한 적절한 보조 기기 및 서비스도 무료로 제공됩니다. 1-800-244-6224 (TTY: 711 로 전화) 로 전화하시거나 제공자에게 문의하십시오.

Tagalog – PAUNAWA: Kung ikaw ay nagsasalita ng Tagalog, ang mga libreng serbisyo ng tulong sa wika ay magagamit para sa iyo. Ang mga angkop na pantulong na kagamitan at serbisyo upang magbigay ng impormasyon sa mga naa-access na format ay magagamit din ng libre. Tumawag sa 1-800-244-6224 (TTY: Tumawag sa 711) o makipag-usap sa iyong tagapagbigay.

Russian – ВНИМАНИЕ: Если вы говорите на русском, доступны бесплатные услуги языковой помощи. Также бесплатно предоставляются соответствующие вспомогательные средства и услуги для предоставления информации в доступных форматах. Позвоните по телефону 1-800-244-6224 (TTY: Наберите 711) или обратитесь к вашему провайдеру.

Arabic – تنبية: إذا كنت تتحدث العربية، توفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر أيضًا مساعدات قابلة للوصول إليها، وذلك مجانًا. اتصل بالرقم 1-800-244-6224 (TTY: اطلب 711)

French Creole – ATANSYON: Si ou pale Kreyòl Ayisyen, sèvis asistans lang gratis yo disponib pou ou. Ekipman ak sèvis adisyonèl ki apwopriye pou bay enfòmasyon nan fòma ki aksesib yo disponib tou gratis. Rele 1-800-244-6224 (TTY: Rele 711) oswa pale ak founisè ou a.

French – ATTENTION : Si vous parlez français, des services d'assistance linguistique gratuits sont disponibles pour vous. Des aides et des services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1-800-244-6224 (TTY : composez le 711) ou parlez à votre fournisseur.

Portuguese – ATENÇÃO: Se você fala português, serviços gratuitos de assistência linguística estão disponíveis para você. Auxílios e serviços apropriados para fornecer informações em formatos acessíveis também estão disponíveis gratuitamente. Ligue para 1-800-244-6224 (TTY: disque 711) ou fale com seu prestador de serviços.

Polish – UWAGA: Jeśli mówisz po polsku, dostępne są bezpłatne usługi pomocy językowej. Odpowiednie pomoce i usługi wspierające w celu dostarczenia informacji w dostępnych formatach są również dostępne bezpłatnie. Zadzwoń pod numer 1-800-244-6224 (TTY: wybierz 711) lub skontaktuj się ze swoim dostawcą usług.

Japanese – 注意: 日本語を話す場合は、無料の言語支援サービスが利用できます。アクセス可能な形式で情報を提供するための適切な補助機器やサービスも無料で利用できます。1-800-244-6224 (TTY: 711 にダイヤル) に電話するか、提供者に話してください。

Italian – ATTENZIONE: Se parli italiano, sono disponibili per te servizi gratuiti di assistenza linguistica. Sono disponibili gratuitamente anche ausili e servizi appropriati per fornire informazioni in formati accessibili. Chiama il numero 1-800-244-6224 (TTY: comporre il 711) o parla con il tuo fornitore.

German – Achtung: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzdienste zur Verfügung. Geeignete Hilfsmittel und Dienste, um Informationen in barrierefreien Formaten bereitzustellen, sind ebenfalls kostenlos verfügbar. Rufen Sie 1-800-244-6224 an (TTY: Wählen Sie 711) oder sprechen Sie mit Ihrem Anbieter.

Persian (Farsi) – همچین، وسایل و خدمات کمکی مناسب برای در دسترس است. خدمات رایگان کمک زبان برای شما صحبت می‌کنید، توجه: اگر به فارسی تماس بگیرید یا با (شماره 711 را بگیرید: TTY) ارائه اطلاعات در قالبهای قابل دسترس به صورت رایگان در دسترس هستند. با شماره 1-800-244-6224 ارائه‌دهنده خود صحبت کنید