

**Cigna Health and Life Insurance Company (“Cigna”)**  
**P.O. Box 30365, Tampa, FL 33630**  
**Toll Free: 877-484-5967**

**AMENDMENT**

PLEASE READ THIS AMENDMENT CAREFULLY

This amendment is added to and made a part of your Cigna Dental Policy effective January, 1 2021 or the Effective Date of the Policy if later. This amendment is subject to all the terms and conditions of the Policy it is attached to.

This amendment updates the President's signature from Matthew G. Manders to Julia M. Huggins.

This amendment adds the following language to the Policy as follows:

**Oral Health Integration Program**

Clinical research has established an association between dental disease and complication of some medical conditions, including but not limited to diabetes, cerebrovascular disease, and heart disease.

If you are a Cigna Dental Insured Person and you have one or more qualifying medical conditions listed below, you are entitled to reimbursement of your copayment or coinsurance for certain periodontal and preventive procedures as well as emergency pain management, up to the applicable plan maximum reimbursement levels and annual plan maximums.

If you have diabetes, cerebrovascular or cardiovascular disease, qualifying procedures include:

- periodontal scaling and root planing (sometimes referred to as “deep cleaning”)
- periodontal maintenance

If you are pregnant, qualifying procedures include:

- periodic, limited and comprehensive oral evaluation
- periodontal evaluation
- periodontal scaling and root planing (sometimes referred to as “deep cleaning”)
- periodontal maintenance
- treatment of inflamed gums
- an additional cleaning during pregnancy
- palliative (emergency) treatment – minor procedure

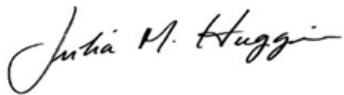
**For the purposes of this Amendment, the Policy is amended as described herein. This Amendment is part of the Policy to which this Amendment is attached. The contents of this Amendment are subject to all the terms of this Amendment and the Policy, including applicable definitions, conditions, limitations and exclusions. If any term(s) of this Amendment conflicts with the term(s) of the Policy, the term(s) outlined in this Amendment will prevail.**

If you have chronic kidney disease or going to or having undergone an organ transplant or undergoing head and neck Cancer Radiation, qualifying procedures include:

- periodontal scaling and root planing (sometimes referred to as “deep cleaning”)
- periodontal maintenance
- topical application of fluoride
- topical fluoride varnish
- application of sealant
- sealant repair

To register for the program fill out the online registration form found on **myCigna.com**. You can also download a fillable form from Cigna.com or call the number on the back of your ID Card, follow the prompts for Dental, and a representative will be happy to assist you.

Other than the revision above, no other revisions apply.



Julia M. Huggins, President



Anna Krishtul, Secretary

**For the purposes of this Amendment, the Policy is amended as described herein. This Amendment is part of the Policy to which this Amendment is attached. The contents of this Amendment are subject to all the terms of this Amendment and the Policy, including applicable definitions, conditions, limitations and exclusions. If any term(s) of this Amendment conflicts with the term(s) of the Policy, the term(s) outlined in this Amendment will prevail.**