At Cigna, your health and well-being is important to us. We want you to live life to the fullest. Taking your preventive medications regularly can help you get – and stay – healthy.

Health care reform requires coverage of certain preventive medications at no cost-share to you

Health care reform under the Patient Protection and Affordable Care Act (PPACA) requires plans to cover certain preventive medications and products at 100%, or no cost-share ($0) to you. The U.S. Preventive Services Task Force and the Institute of Medicine provide guidance on which drug classes should be covered. These recommendations are meant to help prevent disease, as well as meet women’s unique health care needs.

Preventive medication coverage

This document shows the prescription medications and over-the-counter medicines (available without a prescription) and products available to you at no cost-share (copay, coinsurance and/or deductible). This list is updated as the U.S. Preventive Services Task Force makes new recommendations.

You should log into the myCigna® app or website, or check your plan materials to learn more about how your plan covers preventive medications.

Choosing the right preventive medication

There are many preventive medications covered at 100% (or no cost-share to you) under PPACA’s preventive coverage requirement. You should talk with your doctor to find out which medication or product may be right for you. If your doctor feels a certain contraceptive medication or smoking cessation medication on this list isn’t right for you, ask your doctor to call us. Together, we’ll look for other medications and products not on this list that may be available to you at no cost-share. Please be sure to get a prescription from your doctor for your preventive medication or over-the-counter product. Your pharmacy will need a prescription for the medication to process at no cost ($0) to you.
This document shows the prescription medications and over-the-counter medicines and products available to you at no cost-share under PPACA. This list is updated as the U.S. Preventive Services Task Force makes new recommendations.

**Aspirin Products**
- Adult Aspirin Regimen
- Aspirin 81
- aspirin EC
- aspirin tablet
- Aspir-Low
- Bayer Chewable Aspirin
- Ecotrin
- EcPirin
- Lite Coat Aspirin
- Low Dose Aspirin EC
- St. Joseph Aspirin

**Barrier Contraception**
- Caya Contoured
- FC2 Female Condom
- FemCap
- Gynol II
- Today Contraceptive Sponge
- VCF
- Wide Seal Diaphragm

**Bowel Prep Products for Colorectal Cancer Screenings**
- Available to adults 50–75 years of age
- Alophen Pills
- bisacodyl tablet
- Bisa-Lax
- Clearlax
- Clenpiq
- CoLyte With Flavor Packs
- Correctol
- Ducodil
- Dulcolax tablet
- Gavilax
- Gavilyte-C
- Gavilyte-G
- Gavilyte-N
- Gentle Laxative tablet
- GentleLax
- Galax
- Glycolax
- GoLytely
- Healthylax
- LaxaClear
- Miralax
- MoviPrep
- Natura-Lax
- Nulytely With Flavor Packs
- OsmoPrep
- PEG 3350-Electrolyte
- PEG 3350
- PEG-Prep
- Powderlax
- Prepopik
- Purelax
- Smoothlax
- Suprep
- Trilyte With Flavor Packs
- Woman's Laxative

**Breast Cancer Prevention**
- raloxifene
- tamoxifen

**Cholesterol Medications**
- Available to adults 40–75 years of age
- atorvastatin 10mg, 20mg
- fluvastatin 20mg, 40mg
- fluvastatin ER 80mg
- lovastatin 20mg, 40mg
- pravastatin 10mg, 20mg, 40mg, 80mg
- rosuvastatin 5mg, 10mg
- simvastatin 10mg, 20mg, 40mg

**Emergency Contraception**
- Aftera
- Econtra EZ
- Econtra One-Step
- Ella
- levonorgestrel
- My Choice
- My Way
- New Day
- Opcicon One-Step
- Option 2
- Take Action

**Folic Acid Supplementation**
- Only includes products containing 0.4 mg–0.8 mg of folic acid
- Daily Prenatal
  - FA-8
  - folic acid 400mcg and 800mcg
  - KPN
  - One Daily Prenatal
  - Perry Prenatal
  - Prenatal
  - Prenatal Complete
  - Prenatal Formula
  - Prenatal Formula-DHA
  - Prenatal Multi + DHA
  - Prenatal Multivitamin
  - Prenatal Multivitamin-DHA
  - Prenatal Vitamin
  - Urosex

**Hormonal Contraception**
- Altavera
- Alyacen
- Amethia
- Amethia Lo
- Amethyst
- Apri
- Aranelle
- Ashlyna
- Aubra
- Aubra EQ
- Aviane
- Azurette
- Balziva
- Bekyree
- Blisovi 24 FE
- Blisovi FE
- Brielllyn
- Camila
- Camrese
- Camrese Lo
- Caziant
- Chateal
- Cryselle
- Cyclafem
- Cyred
- Cyred EQ
- Dasetta
- Daysee
- Deblitane
- Delyla
- desogestrel-ethinyl estradiol
drospirenone-ethinyl estradiol
drospirenone-ethinyl estradiol
- estrogen-levomefolate
- Estinest
- EluRyng Vaginal Ring
- Emoquette
- Enpresse
- Enskyce
- Errin
- Estarylla
- ethynodiol-ethinyl estradiol
- Etonogestrel-EE Vaginal Ring
- Falmina
- Fayosim
- Femynor
- Gianvi
- Hailey 24 FE
- Heather
- Incassia
- Introvale
- Isibloom
- Jencycla
- Jolessa
- Jolivette
- Juleber
- Junel
- Junel FE
- Junel FE 24
- Kaitlib FE
- Kariva
- Kelnor 1-35
- Kelnor 1-50
- Kurvelo
- Larin
- Larin 24 FE
- Larin FE
- Larissia
- Leena
- Lessina
- Levonest
- levonorgestrel-ethinyl estradiol

Brand name medications are capitalized and generic medications are lowercase.
Hormonal Contraception^*
(continued)
levonorgestrel-ethinyl estradiol
Estradiol-ethinyl estradiol
Levora-28
Lillow
Loryna
Low-Ogestrel
Lutera
Lyza
Mariissa
Melodetta 24 FE
Mibelas 24 FE
Microgestin
Microgestin FE
Mii
Mono-Linyah
Mononessa
Myzira
Necon
Nikki
Nora-Be
norethindrone
norethindrone-ethinyl estradiol
norethindrone-ethinyl estradiol-FE
norgestimate-ethinyl estradiol
Norlyda
Norlyroc
Nortrel
Ocella
Orsylia
Philit
Pimtrex
Pirmella
Portia
Previsem
Reclipsen
Rivelsa
Setlakin
Sharobel
Sprintec
Srionyx
Syeda
Tarina FE
Tarina FE 1-20 EQ
Tilia FE
Tri Femynor
Tri-Estarylla
Tri-Legest FE
Tri-Linyah
Tri-Lo-Estarylla
Tri-Lo-Marzia
Tri-Lo-Sprintec
Tri-Mili
Tri-Previsem
Tri-Sprintec
Trivora-28
Tri-Vylibra
Tri-Vylibra Lo
Tulana
Tydemy
Velivet
Vienna
Viorele
Vymeflma
Vylitra
Wera
Wymzya FE
Xulane
Zarah
Zovia 1-35e

^ If your doctor feels these medications aren’t right for you, ask him/her to call us. There may be other brands available at no cost-share to you.

* Generic hormonal contraceptives are available at no cost-share to you, even though they may not be listed here.

Poly-Vi-Flor With Iron Polyvitamins with Fluoride Quflora sodium fluoride Tri-Vi-flor Tri-Vitamin With Fluoride Tri-Vite With Fluoride

Smoking Cessation**
bupropion SR 150mg Nicoderm CQ Nicorelief Nicorette nicotine gum nicotine lozenge nicotine patch Quit 2 Quit 4 Stop Smoking Aid

† Quantity limits apply.

^ If your doctor feels these medications aren’t right for you, ask him/her to call us. There may be other brands available at no cost-share to you.

* Generic nicotine replacement therapy (known as “store-brands” are available at no cost-share to you, even though they may not be listed here).

Pediatric Multivitamins Containing Fluoride and Fluoride Supplements
Available to children six months – sixteen years of age

Escavite
Escavite D
Floriva
Fluorabon
fluoride
Fluoritab
Flura-Drops
Ludent Fluoride
Multivitamin-Iron-Fluoride
MVC-fluoride
Poly-Vi-Flor

Flublok Quad
Flucelvax Quad
Flulaval Quad
FluMist Quad Nasal
Fluzone High-dose
Fluzone Quad
Fluzone Quad Pedi
Gardasil 9
Havrix
Heplisav-B
Hiberix
Infanrix DTaP
Ipol
Kinrix
Menactra
Menveo A-C-Y-W-135-DIP
M-M-R II
Pediarix
PedvaxHIB
Pentacel
Pneumovax 23
Prevnar 13
ProQuad
Quadracel DTaP-IPV
Recombivax HB
Rotarix
RotaTeq
Shingrix
TdVax
Tenivac
Trumenba
Twinrix
Vaqta
Varivax
Zostavax

Vaccines
You should call your pharmacy to make sure your vaccine is covered and available at their location. You shouldn’t need to make an appointment to get a vaccine.

ActHIB
Adacel Tdap
Afluria Quad
Bexsero
Boostrix Tdap
Daptacel DTaP
diphtheria-tetanus toxoids-ped
Engerix-B
Fluad
Fluarix Quad

Brand name medications are capitalized and generic medications are lowercase.
1. This is a list of the medications and other products covered at 100% under the plan’s pharmacy benefit at this time, based on existing legal requirements, and is subject to plan terms like limitations and exclusions. For example, if legal requirements for preventive coverage changes, then this list may change.

Medical insurance policies/service agreements contain exclusions and limitations. To be eligible for coverage, a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your policy/service agreement provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill or purchase the prescription. If you use a pharmacy that does not participate in your plan’s network, your prescription may not be covered, or reimbursement may be limited by your plan’s copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan’s prescription drug coverage.

Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist.

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Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna
Nondiscrimination Complaint Coordinator
PO Box 188016
Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, DC 20201
1.800.368.1019, 800.537.7697 (TDD)

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Proficiency of Language Assistance Services

**English** – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

**Spanish** – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

**Chinese** – 注意：我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶，請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224（聽障專線：請撥 711）。


**Korean** – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주세요. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주세요.


**Russian** – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

**French Creole** – ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

**French** – ATTENTION: Des services d’aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d’identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

**Portuguese** – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

**Polish** – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

**Japanese** – 注意事項: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224（TTY: 711）まで、お電話にてご連絡ください。

**Italian** – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

**German** – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

**Persian (Farsi)** – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می‌شود. برای مشتریان فعلی Cigna لطفاً با شماره‌های کد در پشت کارت شناسایی شمارتی ناماست بگیرید. در غیر اینصورت با شماره ۱.۸۰۰.۲۴۴.۶۲۲۴ (شماره تلفن ویژه ناشنوایان: شماره ۷۱۱ را شماره‌گیری کنید).