Starting January 1, 2021

Preventive medications are used to prevent certain conditions from developing, or to prevent a condition from coming back. These conditions include, but are not limited to, asthma, depression, diabetes, heart attack, high blood pressure, high cholesterol, osteoporosis, prenatal nutrient deficiency and stroke.

About this drug list.

This document shows the most commonly prescribed preventive generic and brand name medications covered as of January 1, 2021. All of these medications are approved by the U.S. Food and Drug Administration (FDA). The Preventive Drug List is updated often so it’s important to know that this is not a complete list of the medications your plan covers. Also, your specific plan may not cover all of the medications in this document. Not all plans consider all of the conditions and medications listed in this document to be part of the preventive program. Log in to the myCigna App, or check your plan materials, to see which medications your plan covers as preventive.

Here’s some helpful information about this drug list:

› Medications are listed alphabetically by the condition they prevent.
› Brand name medications are capitalized and generic medications are lowercase.
› Some brand name preventive medications have a generic equivalent. For these medications, the generic will be listed in parenthesis next to the brand name.

About your cost-share for preventive medications.

Not all plans offer the same cost-share for their preventive program. For example, some plans may:

› Require you to pay a copay, coinsurance (the percentage you pay after you meet your deductible) and/or deductible (the amount you pay before your plan starts to pay) for a preventive generic medication.
› Cover preventive generic medications at 100%, or no additional cost ($0) to you.

Log into the myCigna App or website, or check your plan materials, to learn more about the medications included in your plan’s preventive program. You can also click on “Price a Medication” to see how much your medication may cost you at the different pharmacies in your plan’s network.

Go generic and save.

Ask your doctor if a preventive generic medication may be right for you. Generics have the same strength and active ingredients as brand name medications, but often cost much less – in some cases, up to 85% less.

“Preventive medications” don’t include medications covered at 100%, or no cost ($0) to you, under the Patient Protection and Affordable Care Act (PPACA)’s preventive services coverage requirement.

Together, all the way.
Preventive Drug List

**Anxiety/Depression/ Bipolar Disorder**

Celexa
citalopram
escitalopram
fluoxetine
fluoxetine DR
fluvoxamine
fluvoxamine ER
Lexapro
paroxetine
paroxetine CR
paroxetine ER
Paxil
Paxil CR
Pexeva
Prozac
Sarafem
sertraline
Zoloft

**Asthma Related**

Accolate
Advair Diskus
Advair HFA
Airduo Respliclick
albuterol
albuterol HFA
Alvesco
Anoro Ellipta
Arcapta Neohaler
Arnuity Ellipta
Asmanex
Asmanex HFA
Aldactazide
Aldactone
aliskiren
Altace
amiloride
amiloride-HCTZ
amiodipine
amiodipine-benazepril
amiodipine-olmesartan
amiodipine-valsartan
amiodipine-valsartan-HCTZ
Atacand
Atacand HCT
atenolol
atenolol-chlorthalidone
Avalide
Avapro
Azor
benazepril
benazepril-HCTZ
Benicar
Benicar HCT
Betapace
Betapace AF
betaxolol tablet
bisoprolol
bisoprolol-HCTZ
bumetanide tablet
Bystolic
Calan SR
candesartan
candesartan-HCTZ
captopril
captopril-HCTZ
Cardizem
Cardizem CD
Cardizem LA
Cardura
Cardura XL
Carospir
Cartia XT
carvedilol
carvedilol ER
Catapres
Catapres-TTS 1
Catapres-TTS 2
Catapres-TTS 3
chlorthalidone
clonidine patch, tablet
Coreg
Coreg CR
Corgard
Cozaar
Demser
Dibenzyline
diltiazem tablet
diltiazem 12hr ER
diltiazem 24hr ER

diltiazem
Blood Pressure Related (continued)

diltiazem 24hr ER (CD)
diltiazem 24hr ER (LA)
diltiazem 24hr ER (XR)
Dilt-XR
Diovan
Diovan HCT
Diuril
doxazosin
Dutoprol
Dyazide
Dyrenium
Edarbi
Edarbyclocor
Edecrin
enalapril
enalapril-HCTZ
Exforge
Exforge HCT
felodipine ER
fosinopril
fosinopril-HCTZ
furosemide tablet, solution
guanfacine
Hemangeol
hydralazine tablet
hydrochlorothiazide
Hyzaar
indapamide
Inderal LA
Inderal XL
InnoPran XL
Inspra
irbesartan
irbesartan-HCTZ
isradipine
Kapspargo Sprinkle
Katerzia
labetalol tablet
Lasix
lisinopril
lisinopril-HCTZ
Lopressor
Lopressor HCT
losartan
losartan-HCTZ
Lotensin
Lotensin HCT
Lotrel
Matzim LA
Maxzide
Maxzide-25 mg
methazolamide
methyl dopa
methyl dopa-HCTZ
metolazone
metoprolol tablet
metoprolol ER
metoprolol-HCTZ
Micardis
Micardis HCT
Minipress
minoxidil tablet
moexipril
nadolol
nicardipine capsule
nifedipine
nifedipine ER
nimodipine
nisoldipine
Norvasc
Nymalize
olmesartan
olmesartan-HCTZ
olmesartan-amlodipine-HCTZ
perindopril
phenytoin
pindolol
prazosin
Prestalia
Prinivil
Procardia
Procardia XL
propranolol tablet, solution
propranolol ER
propranolol-HCTZ
Qbrexil
quinapril
quinapril-HCTZ
ramipril
Sorine
sotalol tablet
sotalol AF
Sotylize
spironolactone
spironolactone-HCTZ
Sular
Tarka
Tazzia XT
Tekturna
Tekturna HCT
telmisartan HCT
telmipril

Brand name medications are capitalized and generic medications are lowercase.
Not all plans consider all of the conditions and medications listed in this document to be part of preventive coverage. Log in to the myCigna App, or check your plan materials, to see which medications your plan covers as preventive.
**Cholesterol Related**

Altoprev
amlodipine-atorvastatin
Antara
atorvastatin
Caduet
cholestyramine
cholestyramine light
colesevelam
Colestid
colestipol
Crestor
Ezallor Sprinkle
ezetimibe
ezetimibe-simvastatin
fenofibrate
fenofibric acid
Fenoglide
Fibricer
Flolipid
fluvastatin
fluvastatin ER
gemfibrozil
Lescol XL
Lipitor
Lipofen
Livalo
Lopid
lovastatin
Lovaza
niacin 500mg tablet
niacin ER tablet
Niacor
Niaspan
omega-3 acid ethyl esters
Pravachol
pravastatin
Prevalite
Questran
Questran Light
rosuvastatin
simvastatin
TriCor
Triglide
Trilipix
Vascepa
Vytorin
Welchol
Zetia
Zocor
Zypitamag

**Diabetes Related**

Log in to the mycigna app or website, or check your plan materials, to learn more about how your plan covers diabetes-related preventive medications.

acarbose
Actoplus Met
Actos
Adlyxin
Admelog
Afrezza
alogliptin
alogliptin-metformin
alogliptin-pioglitazone
Amaryl
Apidra
Apidra SoloStar
Avandia
Basaglar
Bydureon
Byetta
Cycloset
Diabetic Supplies (i.e. lancets, syringes, urine test, alcohol pads)
Duetact
Farxiga
Fiasp
Fortamet
glimepiride
glipizide
glipizide ER
glipizide XL
glipizide-metformin
Glucophage
Glucophage XR
Glucotrol
Glucotrol XL
Glumetza
glyburide
glyburide micronized
glyburide-metformin
Glynase
Glyset
Glyxambi
Humalog
Humulin
Insulin Lispro
Invokamet
Invokamet XR
Invokana
Janumet
Janumet XR
Januvia
Jardiance
Jentadueto
Jentadueto XR
Kazano
Kombiglyze XR
Lantus
Levemir
metformin
metformin ER
metformin ER gastric
metformin ER osmotic
miglitol
nateglinide
Nesina
Novolin
Novolog
Onglyza
Oseni
Ozempic
pioglitazone
pioglitazone-glimepiride
pioglitazone-metformin
Precose
QTERN
repaglinide
Riomet
Rybelsus
Segluromet
Soliqua
Starlix
Steglatro
Steglujan
SymlinPen
Synjardy
Synjardy XR
Toujeo
Tradjenta
Tresiba
Trijardy XR
Trulicity
Victoza
Xigduo XR
Xultophy

**Osteoporosis Related**

Actonel
alendronate
Atelvia
Binosto
Boniva tablet
calcitonin-salmon
Evista
Forteo

Brand name medications are capitalized and generic medications are lowercase.

Not all plans consider all of the conditions and medications listed in this document to be part of preventive coverage. Log in to the myCigna App, or check your plan materials, to see which medications your plan covers as preventive.
Osteoporosis Related
(continued)
Fosamax
Fosamax Plus D
Ibandronate tablet
Miacalcin
Raloxifene
Risedronate
Risedronate DR
Teriparatide
Tymlos

Prenatal Vitamins
Your plan considers all prescription strength prenatal vitamins to be “preventive.”
Log in to the myCigna App or website to see which tier your plan covers prenatal vitamins on.

Brand name medications are capitalized and generic medications are lowercase.
Not all plans consider all of the conditions and medications listed in this document to be part of preventive coverage. Log in to the myCigna App, or check your plan materials, to see which medications your plan covers as preventive.

1. State laws in Texas and Louisiana may require your plan to cover your medication at your current benefit level until your plan renews. This means that if your medication is taken off the drug list, is moved to a higher cost-share tier or needs approval from Cigna before your plan will cover it, these changes may not begin until your plan’s renewal date. To find out if these state laws apply to your plan, please call Customer Service using the number on your Cigna ID card.

2. State law in Illinois may require your plan to cover your medications at your current benefit level until your plan renews. This means that if you currently have approval through a review process for your plan to cover your medication, the drug list change(s) listed here may not affect you until your plan renewal date. If you don’t currently have approval through a coverage review process, you may continue to receive coverage at your current benefit level if your doctor requests it. To find out if this state law applies to your plan, please call Customer Service using the number on your Cigna ID card.

3. Prices shown on myCigna are not guaranteed and coverage is subject to your plan terms and conditions. Visit myCigna for more information.


Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan’s network, your prescription may not be covered, or reimbursement may be limited by your plan’s copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan’s prescription drug coverage.

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  Cigna
  Nondiscrimination Complaint Coordinator
  PO Box 188016
  Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

  U.S. Department of Health and Human Services
  200 Independence Avenue, SW
  Room 509F, HHH Building
  Washington, DC 20201
  1.800.368.1019, 800.537.7697 (TDD)


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Proficiency of Language Assistance Services

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Russian – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).


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