

PREVENTIVE DRUG LIST



Starting January 1, 2021

Preventive medications are used to prevent certain conditions from developing, or to prevent a condition from coming back. These conditions include, but are not limited to, asthma, depression, diabetes, heart attack, high blood pressure, high cholesterol, osteoporosis, prenatal nutrient deficiency and stroke.

About this drug list.

This document shows the most commonly prescribed preventive generic and brand name medications covered as of January 1, 2021.^{1,2} All of these medications are approved by the U.S. Food and Drug Administration (FDA). **The Preventive Drug List is updated often** so it's important to know that this is not a complete list of the medications your plan covers. **Not all plans consider all of the conditions and medications listed in this document to be part of the preventive program.** Log in to the myCigna App, or check your plan materials, to see which medications your plan covers as preventive.

Here's some helpful information about this drug list:

- › Medications are listed alphabetically by the condition they prevent.
- › Brand name medications are capitalized and generic medications are lowercase.
- › Some brand name preventive medications have a generic equivalent. For these medications, the generic will be listed in parenthesis next to the brand name.

About your cost-share for preventive medications.

Not all plans offer the same cost-share for their preventive program. For example, some plans may:

- › Require you to pay a copay, coinsurance (the percentage you pay after you meet your deductible) and/or deductible (the amount you pay before your plan starts to pay) for a preventive generic medication.
- › Cover preventive generic medications at 100%, or no additional cost (\$0) to you.

Log into the **myCigna** App or website, or check your plan materials, to learn more about the medications included in your plan's preventive program. You can also click on "Price a Medication" to see how much your medication may cost you at the different pharmacies in your plan's network.³



Go generic and save.

Ask your doctor if a preventive generic medication may be right for you. Generics have the same strength and active ingredients as brand name medications, but often cost much less - in some cases, up to 85% less.⁴

"Preventive medications" don't include medications covered at 100%, or no cost (\$0) to you, under the Patient Protection and Affordable Care Act (PPACA)'s preventive services coverage requirement.

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, or their affiliates.

948526 All Standard for CNPF 10/20

Preventive Drug List

ASTHMA

Armonair RespiClick
Arnuity Ellipta
Asmanex HFA
Asmanex Twisthaler
budesonide
Flovent Diskus
Flovent HFA
Pulmicort Flexhaler
QVAR RediHaler

BONE DISEASE AND FRACTURES

Actonel (risedronate)
Atelvia (risedronate)
Binosto
Boniva (ibandronate)
Duavee
Evista (raloxifene)
Fosamax (alendronate)
Fosamax D
Reclast (zoledronic acid)

CAVITIES

Clinpro
Gel-Kam
Phos-Flur
Prevident
sodium fluoride rinse, gel, cream,
paste, tabs and drops
stannous fluoride rinse and gel

CHOLESTEROL LOWERING (HMG-COA Reductase Inhibitors)

atorvastatin
Flolipid suspension
Lescol (fluvastatin)
Livalo
lovastatin
pravastatin
rosuvastatin
simvastatin

CHOLESTEROL LOWERING (Other Agents)

Antara
Colestid (colesipol)
ezetimibe

ezetimibe/simvastatin
Fenoglide (fenofibrate)
Fibricor (fenofibric acid)
Lipofen (fenofibrate)
Lopid (gemfibrozil)
Niapan (niacin)
Questran (cholestyramine)
Questran Light (cholestyramine
light, prevalite)
Triglide
Trilipix (fenofibric acid)
Vascepa
Welchol (colesevealm)

COLONOSCOPY PREPARATION

CLENPIQ
GoLTely (polyethylene glycol)
NuLYTELY (polyethylene glycol)
Plenvu
Prepopik
SUPREP

DEPRESSION

citalopram
escitalopram
fluoxetine
fluvoxamine
Paxil (paroxetine)
Paxil CR (paroxetine ER)
Pexeva
Sarafem (fluoxetine)
sertraline

DIABETES (Insulins)

Afrezza
Basaglar
Humalog
Humulin
Lantus
Lantus Solostar
Levemir
Levemir Flextouch
Lyumjev
Toujeo Max Solostar
Toujeo Solostar
Tresiba
Tresiba Flextouch

DIABETES (Insulin/GLP-1 Receptor Agonist Combinations)

Soliqua
Xultophy

DIABETES (Non-Insulins)

Actos (pioglitazone)
Actoplus MET (pioglitazone/
metformin)
Actoplus MET XR
Amaryl (glimepiride)
Avandia
Byetta
Bydureon
Cycloset
Duetact (pioglitazone/glimepiride)
Farxiga
Fortamet (metformin ER)
glipizide/metformin
Glucotrol XR (glipizide ER)
glyburide/metformin
Glynase (glyburide)
Glyset (miglitol)
Glyxambi
Invokamet
Invokamet XR
Invokana
Janumet
Janumet XR
Januvia
Jardiance
metformin
Oseni
Ozempic
Prandin (repaglinide)
Precose (acarbose)
repaglinide/metformin
Riomet solution
Rybelsus
Segluromet
Starlix (nateglinide)
Steglatro
Steglujan
Symlinpen
Synjardy
Synjardy XR
Trijardy XR
Trulicity
Xigduo XR

Brand name medications are capitalized and generic medications are lowercase.

Not all plans consider all of the conditions and medications listed in this document to be part of preventive coverage. Log in to the myCigna App, or check your plan materials, to see which medications your plan covers as preventive.

HEART DISEASE AND STROKE (Blood Thinners)

aspirin 81mg, 325mg
aspirin/dipyridamole ER
Bevyxxa
Brilinta
clopidogrel
Coumadin (warfarin)
dipyridamole
Durlaza ER
Effient (prasugrel)
Eliquis
Xarelto
Zontivity

HIGH BLOOD PRESSURE (Ace Inhibitors)

Accupril (quinapril)
Altace (ramipril)
captopril
fosinopril
Lotensin (benazepril)
moexipril
perindopril
Prinivil (lisinopril)
trandolapril
Vasotec (enalapril)
Zestril (lisinopril)

HIGH BLOOD PRESSURE (Ace Inhibitors/Diuretic Combinations)

Accuretic (quinapril/HCTZ)
captopril/HCTZ
fosinopril/HCTZ
Lotensin HCT (benazepril/HCTZ)
moexipril/HCTZ
Vaseretic (enalapril/HCTZ)
Zestretic (lisinopril/HCTZ)

HIGH BLOOD PRESSURE (Angiotensin II Receptor Antagonists)

candesartan
Edarbi
eprosartan
irbesartan
losartan
olmesartan
telmisartan
valsartan

HIGH BLOOD PRESSURE (Angiotensin II Receptor Antagonists/Diuretic Combinations)

candesartan/HCTZ
Edarbyclor
irbesartan/HCTZ
losartan/HCTZ
olmesartan/HCTZ
telmisartan/HCTZ
valsartan/HCTZ

HIGH BLOOD PRESSURE (Beta Blockers)

acebutolol
betaxolol
bisoprolol
Bystolic
Corgard (nadolol)
Inderal XL
Lopressor (metoprolol tartrate)
metoprolol succinate
pindolol
propranolol
Tenormin (atenolol)
timolol

HIGH BLOOD PRESSURE (Beta Blockers/Diuretic Combinations)

Lopressor HCT (metoprolol/HCTZ)
nadolol/bendroflumethiazide
propranolol/HCTZ
Tenoretic (atenolol/chlorthalidone)
Ziac (bisoprolol/HCTZ)

HIGH BLOOD PRESSURE (Calcium Channel Blockers)

Adalat CC (nifedipine ER)
amlodipine
Calan (verapamil)
Cardizem LA (diltiazem ER)
felodipine ER
isradipine
Katerzia suspension
nicardipine
Procardia XL (nifedipine ER)
Sular ER (nisoldipine ER)
Tiazac ER (tiadylt ER)
Verelan (verapamil)

HIGH BLOOD PRESSURE (Diuretics)

chlorothiazide
chlorthalidone
Diuril suspension
hydrochlorothiazide
indapamide
metolazone

HIGH BLOOD PRESSURE (Other High Blood Pressure & Combinations)

amlodipine/benazepril
amlodipine/olmesartan
amlodipine/olmesartan/HCTZ
amlodipine/valsartan
amlodipine/valsartan/HCTZ
Blood pressure monitors
Byvalson
Caduet (amlodipine/atorvastatin)
Prestalia
Tarka (trandolapril/verapamil)
Twynsta (amlodipine/telmisartan)

MALARIA

Arakoda
chloroquine
mefloquine
Malarone (atovaquone/proguanil)
Primaquine

MIGRAINE PREVENTION

Aimovig
Ajovy
Emgality 120mg

MISC ANTIVIRALS

Truvada 200mg/300mg

OBESITY

Adipex-P (phentermine)
benzphetamine
Contrave
diethylpropion
Lomaira
phendimetrazine
Saxenda
Xenical

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SMOKING-CESSATION

Chantix
Nicotrol
Nicoderm CQ (nicotine patches)
Nicorette (nicotine gum and lozenges)
Zyban (bupropion SR 150mg)

VACCINATION

Cholera
Diphtheria

Haemophilus
Influenza B
Hepatitis A and B
Human Papillomavirus
Influenza
Measles
Meningococcal
Mumps
Pertussis
Pneumococcal
Poliovirus
Rotavirus

Rubella
Shingles
Tetanus
Varicella
Zoster

VITAMINS OR MINERALS

Folic Acid
Prenatal vitamins
Pediatric multivitamins with fluoride

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1. State laws in **Texas** and **Louisiana** may require your plan to cover your medication at your current benefit level until your plan renews. This means that if your medication is taken off the drug list, is moved to a higher cost-share tier or needs approval from Cigna before your plan will cover it, these changes may not begin until your plan's renewal date. To find out if these state laws apply to your plan, please call Customer Service using the number on your Cigna ID card.
2. State law in **Illinois** may require your plan to cover your medications at your current benefit level until your plan renews. This means that if you currently have approval through a review process for your plan to cover your medication, the drug list change(s) listed here may not affect you until your plan renewal date. If you don't currently have approval through a coverage review process, you may continue to receive coverage at your current benefit level if your doctor requests it. To find out if this state law applies to your plan, please call Customer Service using the number on your Cigna ID card.
3. Prices shown on myCigna are not guaranteed and coverage is subject to your plan terms and conditions. Visit myCigna for more information.
4. U.S. Food and Drug Administration (FDA) website, "Generic Drug Facts." Last updated 06/01/18.

Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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Medical coverage

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna
Nondiscrimination Complaint Coordinator
PO Box 188016
Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, DC 20201
1.800.368.1019, 800.537.7697 (TDD)
Complaint forms are available at
<http://www.hhs.gov/ocr/office/file/index.html>.



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Proficiency of Language Assistance Services

English – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

Spanish – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

Chinese – 注意：我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶，請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224（聽障專線：請撥 711）。

Vietnamese – XIN LỜI Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

Korean – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주시십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주시십시오.

Tagalog – PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

Russian – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

Arabic – برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل ب 1.800.244.6224 (TTY: اتصل ب 711).

French Creole – ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

French – ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

Portuguese – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

Polish – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese – 注意事項: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224 (TTY: 711)まで、お電話にてご連絡ください。

Italian – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

German – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

Persian (Farsi) – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می‌شود. برای مشتریان فعلی Cigna، لطفاً با شماره‌ای که در پشت کارت شناسایی شماست تماس بگیرید. در غیر اینصورت با شماره 1.800.244.6224 تماس بگیرید (شماره تلفن ویژه ناشنوايان: شماره 711 را شماره‌گیری کنید).