

MEDICATION WITHDRAWAL FROM THE MARKET



All prescription and OTC Ranitidine products

About this withdrawal.

Your safety, health and well-being are important to us. We want to let you know that on April 1, 2020, the U.S. Food and Drug Administration (FDA) requested that all companies making prescription and over-the-counter (OTC) Ranitidine products take them off the market right away.

Why these products are being taken off the market.

These products have been found to contain N-nitrosodimethylamine (NDMA), which may cause cancer in humans. Additionally, new FDA testing shows that NDMA levels increase in Ranitidine under normal storage conditions and increases significantly when stored at higher temperatures. The testing also showed that the older the Ranitidine product is, or the longer the length of time since it was made, the higher the NDMA level. These conditions may raise the NDMA level above the acceptable daily intake limit.

What these medications are used to treat.

Ranitidine is used to treat stomach acid/heartburn conditions.

If you're taking a Ranitidine product, here's what you should do next.

- > **If you're using prescription Ranitidine**, call your doctor's office to talk about your options. There may be other prescription medications available that treat the same condition but don't have the same risks from NDMA.
- > **If you're using an over-the-counter Ranitidine product**, the FDA suggests you stop taking it, throw it out using the instructions included with the package and not buy more. Talk with your doctor about your other OTC options. As of April 1st, the FDA's testing hasn't found NDMA in Nexium, Pepcid, Prevacid, Prilosec or Tagamet.
- > **Get rid of any medication you have left.** Because of the COVID-19 pandemic, the FDA recommends disposing of your medication using the instructions in the medication guide or package insert. Please do not go to a drug take-back location.

To learn more about this withdrawal, go to the [U.S. Food and Drug Administration \(FDA\)'s website](#).

Together, all the way.®





We're here if you need us.

Call your doctor's office if you have questions about how this change affects your treatment.

If you're a Cigna customer and have a question about your coverage or benefits, call the number on your Cigna ID card. We're here 24/7/365.



Para obtener ayuda en español llame al número en su tarjeta de Cigna.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Tel-Drug, Inc., Tel-Drug of Pennsylvania, L.L.C., and HMO or service company subsidiaries of Cigna Health Corporation. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

940177 Ranitidine Market Withdrawal_Posted Online_04/20 © 2020 Cigna.