



Cigna Healthcare Extra Rx (PDP) offered by Cigna Healthcare

ANNUAL NOTICE OF CHANGES FOR 2025

You are currently enrolled as a member of Cigna Extra Rx (PDP). Next year, there will be changes to the plan's costs and benefits. **Please see page 4 for a Summary of Important Costs, including Premium.**

This document tells you about the changes to your plan. To get more information about costs, benefits or rules please review the *Evidence of Coverage*, which is located on our website at cigna.com/member-resources. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

☐ **You have from October 15 until December 7 to make changes to your Medicare coverage for next year.**

What to do now

1. ASK: Which changes apply to you

- ☐ Check the changes to our benefits and costs to see if they affect you.
 - ☐ Review the changes to our drug coverage, including coverage restrictions and cost sharing.
 - ☐ Think about how much you will spend on premiums, deductibles, and cost-sharing.
 - ☐ Check the changes in the 2025 Drug List to make sure the drugs you currently take are still covered.
 - ☐ Compare the 2024 and 2025 plan information to see if any of the drugs you take move to a different cost-sharing tier or will be subject to different restrictions, such as prior authorization, step therapy, or a quantity limit for 2025.
- ☐ Check if you qualify for help paying for prescription drugs. People with limited incomes may qualify for "Extra Help" from Medicare.
- ☐ Think about whether you are happy with our plan.

2. COMPARE: Learn about other plan choices

- ☐ Check coverage and costs of plans in your area. Use the Medicare Plan Finder at the www.medicare.gov/plan-compare website or review the list in the back of your *Medicare & You 2025* handbook. For additional support, contact your State Health Insurance Assistance Program (SHIP) to speak with a trained counselor.
- ☐ Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

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3. CHOOSE: Decide whether you want to change your plan

- ☐ If you don't join another plan by December 7, 2024, you will stay in Cigna Healthcare Extra Rx (PDP).
- ☐ To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1, 2025**. This will end your enrollment with Cigna Healthcare Extra Rx (PDP).

Additional Resources

- ☐ This document is available for free in Spanish.
- ☐ Please contact our Customer Service number at 1-800-222-6700 for additional information. (TTY users should call 711.) Hours are 8 a.m. – 8 p.m., local time, 7 days a week. Our automated phone system may answer your call during weekends from April 1–September 30. This call is free.
- ☐ This information is available for free in a different format, braille or large print. Please call Customer Service at the number listed above if you need plan information in another format.

About Cigna Healthcare Extra Rx (PDP)

- ☐ Subsidiaries of The Cigna Group contract with Medicare to offer Medicare Advantage HMO and PPO plans and Part D Prescription Drug Plans (PDP) in select states, and with select State Medicaid programs. Enrollment in a Cigna HealthcareSM product depends on contract renewal.
 - ☐ When this document says “we,” “us” or “our,” it means Cigna Healthcare. When it says “plan” or “our plan,” it means Cigna Healthcare Extra Rx (PDP).
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Annual Notice of Changes for 2025

Table of Contents

Summary of Important Costs for 2025.....	4
SECTION 1 Changes to Benefits and Costs for Next Year.....	5
Section 1.1 Changes to the Monthly Premium.....	5
Section 1.2 Changes to the Pharmacy Network.....	5
Section 1.3 Changes to Part D Prescription Drug Coverage.....	5
SECTION 2 Administrative Changes.....	8
SECTION 3 Deciding Which Plan to Choose.....	8
Section 3.1 If you want to stay in Cigna Healthcare Extra Rx (PDP).....	8
Section 3.2 If You Want to Change Plans.....	9
SECTION 4 Deadline for Changing Plans.....	9
SECTION 5 Programs That Offer Free Counseling about Medicare.....	9
SECTION 6 Programs That Help Pay for Prescription Drugs.....	10
SECTION 7 Questions?.....	11
Section 7.1 Getting Help from Cigna Healthcare Extra Rx (PDP).....	11
Section 7.2 Getting Help from Medicare.....	11

Summary of Important Costs for 2025

The table below compares the 2024 costs and 2025 costs for Cigna Healthcare Extra Rx (PDP) in several important areas.
Please note this is only a summary of costs.

Cost	2024 (this year)	2025 (next year)
Monthly plan premium* *Your premium may be higher than this amount. See Section 1.1 for details.	\$79.30	\$102.30
Part D prescription drug coverage (See Section 1.3 for details.)	Deductible: \$0 for drugs in Tiers 1 and 2, \$145 for drugs in Tiers 3, 4 and 5 Copayments or coinsurance during the Initial Coverage Stage: ☐ Drug Tier 1: <i>Standard cost-sharing:</i> \$15 per prescription <i>Preferred cost-sharing:</i> \$3 per prescription ☐ Drug Tier 2: <i>Standard cost-sharing:</i> \$20 per prescription <i>Preferred cost-sharing:</i> \$12 per prescription ☐ Drug Tier 3: <i>Standard cost-sharing:</i> 23% of the total cost <i>Preferred cost-sharing:</i> 20% of the total cost ☐ Drug Tier 4: <i>Standard cost-sharing:</i> 50% of the total cost <i>Preferred cost-sharing:</i> 50% of the total cost ☐ Drug Tier 5: <i>Standard cost-sharing:</i> 31% of the total cost <i>Preferred cost-sharing:</i> 31% of the total cost Catastrophic Coverage: During this payment stage, you pay nothing for your covered Part D drugs.	Deductible: \$0 for drugs in Tiers 1 and 2 \$175 for drugs in Tiers 3, 4 and 5 Copayments or coinsurance during the Initial Coverage Stage: ☐ Drug Tier 1: <i>Standard cost-sharing:</i> \$11 per prescription <i>Preferred cost-sharing:</i> \$1 per prescription ☐ Drug Tier 2: <i>Standard cost-sharing:</i> \$20 per prescription <i>Preferred cost-sharing:</i> \$8 per prescription ☐ Drug Tier 3: <i>Standard cost-sharing:</i> 23% of the total cost <i>Preferred cost-sharing:</i> 19% of the total cost ☐ Drug Tier 4: <i>Standard cost-sharing:</i> 50% of the total cost <i>Preferred cost-sharing:</i> 50% of the total cost ☐ Drug Tier 5: <i>Standard cost-sharing:</i> 31% of the total cost <i>Preferred cost-sharing:</i> 31% of the total cost Catastrophic Coverage: During this payment stage, you pay nothing for your covered Part D drugs. You may have cost sharing for drugs that are covered under our enhanced benefit.

SECTION 1 Changes to Benefits and Costs for Next Year**Section 1.1 Changes to the Monthly Premium**

Cost	2024 (this year)	2025 (next year)
Monthly premium (You must also continue to pay your Medicare Part B premium unless it is paid for you by Medicaid.)	\$79.30	\$102.30

- Your monthly plan premium will be more if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as creditable coverage) for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.
- Your monthly premium will be less if you are receiving “Extra Help” with your prescription drug costs. Please see Section 6 regarding “Extra Help” from Medicare.

Section 1.2 Changes to the Pharmacy Network

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered only if they are filled at one of our network pharmacies. Our network includes pharmacies with preferred cost sharing, which may offer you lower cost-sharing than the standard cost sharing offered by other network pharmacies for some drugs.

There are changes to our network of pharmacies for next year. An updated *Pharmacy Directory* is located on our website at cigna.com/member-resources. You may also call Customer Service for updated provider information or to ask us to mail you a *Pharmacy Directory*. **Please review the 2025 Pharmacy Directory to see which pharmacies are in our network.**

It is important that you know that we make changes to the pharmacies that are part of your plan during the year. If a mid-year change in our pharmacies affects you, please contact Customer Service so we may assist.

Section 1.3 Changes to Part D Prescription Drug Coverage**Changes to our “Drug List”**

Our list of covered drugs is called a Formulary or “Drug List.” A copy of our “Drug List” is in this envelope. The “Drug List” includes many – *but not all* – of the drugs that we will cover next year. If you don’t see your drug on this list, it might still be covered. **You can get the complete “Drug List”** by calling Customer Service (see the back cover) or visiting our website (cigna.com/member-resources).

We made changes to our “Drug List,” which could include removing or adding drugs, changing the restrictions that apply to our coverage for certain drugs or moving them to a different cost-sharing tier. **Review the “Drug List” to make sure your drugs will be covered next year and to see if there will be any restrictions, or if your drug has been moved to a different cost-sharing tier.**

Most of the changes in the “Drug List” are new for the beginning of each year. However, we might make other changes that are allowed by Medicare rules that will affect you during the plan year. We update our online “Drug List” at least monthly to provide the most up to date list of drugs. If we make a change that will affect your access to a drug you are taking, we will send you a notice about the change.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 7 of your *Evidence of Coverage* and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact Customer Service for more information.

We currently can immediately remove a brand name drug on our Drug List if we replace it with a new generic drug version on the same or a lower cost-sharing tier and with the same or fewer restrictions as the brand name drug it replaces. Also, when adding a new generic, we may also decide to keep the brand name drug on our Drug List, but immediately move it to a different cost-sharing tier or add new restrictions or both.

Starting in 2025, we can immediately replace original biological products with certain biosimilars. This means, for instance, if you are taking an original biological product that is being replaced by a biosimilar, you may not get notice of the change 30 days before we make it or get a month's supply of your original biological product at a network pharmacy. If you are taking the original biological product at the time we make the change, you will still get information on the specific change we made, but it may arrive after we make the change.

Some of these drug types may be new to you. For definitions of drug types, please see Chapter 10 of your *Evidence of Coverage*. The Food and Drug Administration (FDA) also provides consumer information on drugs. See FDA website: <https://www.fda.gov/drugs/biosimilars/multimedia-education-materials-biosimilars#For%20Patients>. You may also contact Customer Service or ask your health care provider, prescriber, or pharmacist for more information.

Changes to Prescription Drug Benefits and Costs

Note: If you are in a program that helps pay for your drugs ("Extra Help"), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also called the Low-Income Subsidy Rider or the LIS Rider), which tells you about your drug costs. If you receive "Extra Help" and didn't receive this insert with this packet, please call Customer Service and ask for the LIS Rider.

Beginning in 2025, there are three **drug payment stages**: the Yearly Deductible Stage, the Initial Coverage Stage, and the Catastrophic Coverage Stage. The Coverage Gap Stage and the Coverage Gap Discount Program will no longer exist in the Part D benefit.

The Coverage Gap Discount Program will also be replaced by the Manufacturer Discount Program. Under the Manufacturer Discount Program, drug manufacturers pay a portion of the plan's full cost for covered Part D brand name drugs and biologics during the Initial Coverage Stage and the Catastrophic Coverage Stage. Discounts paid by manufacturers under the Manufacturer Discount Program do not count toward out-of-pocket costs.

Changes to the Deductible Stage

Stage	2024 (this year)	2025 (next year)
Stage 1: Yearly Deductible Stage During this stage, you pay the full cost of your Tier 3 (Preferred Brand Drugs), Tier 4 (Non-Preferred Drugs) and Tier 5 (Specialty Tier Drugs) until you have reached the yearly deductible. The deductible doesn't apply to covered insulin products and most adult Part D vaccines, including shingles, tetanus and travel vaccines.	The deductible is \$145. During this stage, you pay Stage 2: Initial Coverage Stage (see table below) cost sharing for drugs on Tier 1 (Preferred Generic Drugs), Tier 2 (Generic Drugs) and the full cost of drugs on Tier 3 (Preferred Brand Drugs), Tier 4 (Non-Preferred Drugs) and Tier 5 (Specialty Tier Drugs) until you have reached the yearly deductible.	The deductible is \$175. During this stage, you pay Stage 2: Initial Coverage Stage (see table below) cost sharing for drugs on Tier 1 (Preferred Generic Drugs) and Tier 2 (Generic Drugs) and the full cost of drugs on Tier 3 (Preferred Brand Drugs), Tier 4 (Non-Preferred Drugs) and Tier 5 (Specialty Tier Drugs) until you have reached the yearly deductible.

Changes to Your Cost Sharing in the Initial Coverage Stage

Cost	2024 (this year)	2025 (next year)
Stage 2: Initial Coverage Stage Once you pay the yearly deductible, you move to the Initial Coverage Stage. During this stage, the plan	Your cost for a one-month supply at a network pharmacy: Drugs in Tier 1 (Preferred Generic Drugs):	Your cost for a one-month supply at a network pharmacy: Drugs in Tier 1 (Preferred Generic Drugs):

Cost	2024 (this year)	2025 (next year)
pays its share of the cost of your drugs and you pay your share of the cost. The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy. For information about the costs for a long-term supply; or at a network pharmacy that offers preferred cost sharing, look in Chapter 4, Section 5 of your <i>Evidence of Coverage</i>. We changed the tier for some of the drugs on our “Drug List.” To see if your drugs will be in a different tier, look them up on the Drug List. Most adult Part D vaccines are covered at no cost to you.	<i>Standard cost-sharing:</i> You pay \$15 per prescription. Your cost for a one-month mail order prescription is \$15 <i>Preferred cost-sharing:</i> You pay \$3 per prescription. Your cost for a one-month mail order prescription is \$3. Drugs in Tier 2 (Generic Drugs): <i>Standard cost-sharing:</i> You pay \$20 per prescription. Your cost for a one-month mail order prescription is \$20 <i>Preferred cost-sharing:</i> You pay \$12 per prescription. Your cost for a one-month mail order prescription is \$12. Drugs in Tier 3 (Preferred Brand Drugs): <i>Standard cost-sharing:</i> You pay 23% of the total cost. Your cost for a one-month mail order prescription is 23% <i>Preferred cost-sharing:</i> You pay 20% of the total cost. Your cost for a one-month mail order prescription is 20%. Drugs in Tier 4 (Non-Preferred Drugs): <i>Standard cost-sharing:</i> You pay 50% of the total cost. Your cost for a one-month mail order prescription is 50% <i>Preferred cost-sharing:</i> You pay 50% of the total cost. Your cost for a one-month mail order prescription is 50%. Drugs in Tier 5 (Specialty Tier Drugs): <i>Standard cost-sharing:</i> You pay 31% of the total cost. Your cost for a one-month mail order prescription is 31% <i>Preferred cost-sharing:</i> You pay 31% of the total cost. Your cost for a one-month mail order prescription is 31%.	<i>Standard cost-sharing:</i> You pay \$11 per prescription. Your cost for a one-month mail order prescription is \$11 <i>Preferred cost-sharing:</i> You pay \$1 per prescription. Your cost for a one-month mail order prescription is \$1 Drugs in Tier 2 (Generic Drugs): <i>Standard cost-sharing:</i> You pay \$20 per prescription. Your cost for a one-month mail order prescription is \$20 <i>Preferred cost-sharing:</i> You pay \$8 per prescription. Your cost for a one-month mail order prescription is \$8 Drugs in Tier 3 (Preferred Brand Drugs): <i>Standard cost-sharing:</i> You pay 23% of the total cost. Your cost for a one-month mail order prescription is 23% <i>Preferred cost-sharing:</i> You pay 19% of the total cost. Your cost for a one-month mail order prescription is 19% Drugs in Tier 4 (Non-Preferred Drugs): <i>Standard cost-sharing:</i> You pay 50% of the total cost. Your cost for a one-month mail order prescription is 50% <i>Preferred cost-sharing:</i> You pay 50% of the total cost. Your cost for a one-month mail order prescription is 50% Drugs in Tier 5 (Specialty Tier Drugs): <i>Standard cost-sharing:</i> You pay 31% of the total cost. Your cost for a one-month mail order prescription is 31% <i>Preferred cost-sharing:</i> You pay 31% of the total cost. Your cost for a one-month mail order prescription is 31%

Cost	2024 (this year)	2025 (next year)
	Once your total drug costs have reached \$5,030, you will move to the next stage (the Coverage Gap Stage).	Once your total drug costs have reached \$2,000, you will move to the next stage (the Catastrophic Coverage Stage).

Changes to the Catastrophic Coverage Stage

The Catastrophic Coverage Stage is the third and final stage. Beginning in 2025, drug manufacturers pay a portion of the plan's full cost for covered Part D brand name drugs and biologics during the Catastrophic Coverage Stage. Discounts paid by manufacturers under the Manufacturer Discount Program do not count toward out-of-pocket costs.

If you reach the Catastrophic Coverage Stage, you pay nothing for your covered Part D drugs. You may have cost-sharing for excluded drugs that are covered under our enhanced benefit.

For specific information about your costs in these stages, look at Chapter 4, Section 6 in your *Evidence of Coverage*.

SECTION 2 Administrative Changes

Please see the table below for other important changes to your plan.

Description	2024 (this year)	2025 (next year)
Drug List (Formulary)	Your covered drugs are included in the Drug List (Formulary).	The Drug list can change. Use the enclosed Drug List to verify coverage. For the most up-to-date drug list, please visit cigna.com/member-resources .
Pharmacy Network	Your plan includes a network of standard and preferred pharmacies.	Your plan includes a network of standard and preferred pharmacies; however, some pharmacies may change from preferred to standard for 2025. For a list of the network pharmacies near you, please visit cigna.com/member-resources .
Medicare Prescription Payment Plan	Not applicable	The Medicare Prescription Payment Plan is a new payment option that works with your current drug coverage, and it can help you manage your drug costs by spreading them across monthly payments that vary throughout the year (January – December). To learn more about this payment option, please contact us at 1-800-222-6700 or visit Medicare.gov .

SECTION 3 Deciding Which Plan to Choose

Section 3.1 If you want to stay in Cigna Healthcare Extra Rx (PDP)

To stay in our plan, you don't need to do anything. If you do not sign up for a different plan by December 7, you will automatically be enrolled in our Cigna Healthcare Extra Rx (PDP).

Section 3.2 If You Want to Change Plans

We hope to keep you as a member next year but if you want to change plans for 2025 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare prescription drug plan,
- — OR — You can change to a Medicare health plan. Some Medicare health plans also include Part D prescription drug coverage,
- — OR — You can keep your current Medicare health coverage and drop your Medicare prescription drug coverage.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (www.medicare.gov/plan-compare), read the *Medicare & You 2025* handbook, call your State Health Insurance Assistance Program (see Section 5), or call Medicare (see Section 7.2).

As a reminder, Cigna Healthcare offers other Medicare prescription drug plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

Step 2: Change your coverage

- To change to a different Medicare prescription drug plan, enroll in the new plan. You will automatically be disenrolled from Cigna Healthcare Extra Rx (PDP).
- To change to a Medicare health plan, enroll in the new plan. Depending on which type of plan you choose, you may automatically be disenrolled from Cigna Healthcare Extra Rx (PDP).
 - ☐ You will automatically be disenrolled from Cigna Healthcare Extra Rx (PDP) if you enroll in any Medicare health plan that includes Part D prescription drug coverage. You will also automatically be disenrolled if you join a Medicare Health Maintenance Organization (HMO) or Medicare Preferred Provider Organization (PPO), even if that plan does not include prescription drug coverage.
 - ☐ If you choose a Private Fee-For-Service plan without Part D drug coverage, a Medicare Medical Savings Account plan, or a Medicare Cost Plan, you can enroll in that new plan and keep Cigna Healthcare Extra Rx (PDP) for your drug coverage. Enrolling in one of these plan types will not automatically disenroll you from Cigna Healthcare Extra Rx (PDP). If you are enrolling in this plan type and want to leave our plan, you must ask to be disenrolled from Cigna Healthcare Extra Rx (PDP). To ask to be disenrolled, you must send us a written request or contact Medicare at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week (TTY users should call 1-877-486-2048).
- To change to Original Medicare without a prescription drug plan, you must either:
 - ☐ Send us a written request to disenroll. Contact Customer Service if you need more information on how to do so.
 - ☐ — OR — Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

SECTION 4 Deadline for Changing Plans

If you want to change to a different prescription drug plan or to a Medicare health plan for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2025.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area. If you recently moved into or, currently live in, an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time. If you recently moved out of an institution, you have an opportunity to switch plans or switch to Original Medicare for two full months after the month you move out.

SECTION 5 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In North Carolina, the SHIP is called Seniors' Health Insurance Information Program (SHIIP).

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. Seniors' Health Insurance Information Program (SHIIP) counselors can help you with your Medicare questions or

problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call Seniors' Health Insurance Information Program (SHIIP) at 1-855-408-1212.

NC	Seniors' Health Insurance Information Program (SHIIP) Seniors' Health Insurance Information Program (SHIIP), NC Department of Insurance, 1201 Mail Service Center, Raleigh, NC 27699-1201 1-855-408-1212
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SECTION 6 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs.

- **“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, yearly deductibles, and coinsurance. Additionally, those who qualify will not have a late enrollment penalty. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
 - The Social Security Office at 1-800-772-1213 between 8 a.m. and 7 p.m., Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or
 - Your State Medicaid Office.

- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. To be eligible for the ADAP operating in your State, individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the North Carolina HIV Medication Assistance Program (HMAP). For information on eligibility criteria, covered drugs, how to enroll in the program or if you are currently enrolled how to continue to receive assistance, call the North Carolina HIV Medication Assistance Program (HMAP) at 1-919-733-9161 or 1-877-466-2232 .

NC	North Carolina HIV Medication Assistance Program (HMAP) North Carolina HIV Medication Assistance Program (HMAP), NC Department of Health and Human Services, Communicable Disease Branch, Epidemiology Section, Division of Public Health, 1902 Mail Service Center, Raleigh, NC 27699-1902 1-919-733-9161 or 1-877-466-2232
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Be sure, when calling, to inform them of your Medicare Part D plan name or policy number.

- **The Medicare Prescription Payment Plan.** The Medicare Prescription Payment Plan is a new payment option to help you manage your out-of-pocket drug costs, starting in 2025. This new payment option works with your current drug coverage, and it can help you manage your drug costs by spreading them across **monthly payments that vary throughout the year** (January – December). **This payment option might help you manage your expenses, but it doesn't save you money or lower your drug costs.**

“Extra Help” from Medicare and help from your SPAP and ADAP, for those who qualify, is more advantageous than participation in the Medicare Prescription Payment Plan. All members are eligible to participate in this payment option, regardless of income level, and all Medicare drug plans and Medicare health plans with drug coverage must offer this payment option. To learn more about this payment option, please contact us at 1-800-222-6700 or visit Medicare.gov.

SECTION 7 Questions?

Section 7.1 Getting Help from Cigna Healthcare Extra Rx (PDP)

Questions? We're here to help. Please call Customer Service at 1-800-222-6700 (TTY only, call 711). We are available for phone calls 8 a.m. – 8 p.m. local time, 7 days a week. Our automated phone system may answer your call during weekends from April 1–September 30. Calls to these numbers are free.

Read your 2025 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2025. For details, look in the 2025 *Evidence of Coverage* for Cigna Healthcare Extra Rx (PDP). The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at cigna.com/member-resources. You may also call Customer Service to ask us to mail you the *Evidence of Coverage*.

Visit our Website

You can also visit our website at cigna.com/member-resources. As a reminder, our website has the most up-to-date information about our pharmacy network (*Pharmacy Directory*) and our *List of Covered Drugs (Formulary/"Drug List")*.

Section 7.2 Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

You can visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare prescription drug plans in your area. To view the information about plans, go to [http://www.medicare.gov/plan-compare](https://www.medicare.gov/plan-compare).

Read Medicare & You 2025

Read the *Medicare & You 2025* handbook. Every fall, this document is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.