

# RESOURCES FOR SUSPECTED CHILD OR ELDER ABUSE

Children and seniors can be at an even higher risk of abuse when times are challenging. Below are resources that offer crisis intervention support and guidance on what to do if you suspect abuse, neglect, or maltreatment of a child or senior.

In the event of an emergency or if you or someone you know is in immediate, life-threatening danger, **call the police or 911.**

## Child abuse and neglect resources:

### Childhelp National Child Abuse Hotline

1-800-4-A-CHILD (TDD 1-800-422-4453)

[www.childhelp.org](http://www.childhelp.org)

Call or text 24/7 for confidential access to professional crisis counselors.

### Child Welfare Information Gateway

[www.childwelfare.gov](http://www.childwelfare.gov)

- › How to report suspected child abuse:  
[www.childwelfare.gov/topics/responding/reporting/how](http://www.childwelfare.gov/topics/responding/reporting/how)
- › State child abuse and neglect reporting phone numbers:  
[www.childwelfare.gov/organizations/?CWIGFunctionsacti](http://www.childwelfare.gov/organizations/?CWIGFunctionsacti)
- › Recognizing signs and symptoms:  
[www.childwelfare.gov/pubs/factsheets/whatiscan/](http://www.childwelfare.gov/pubs/factsheets/whatiscan/)

### National Center for Missing & Exploited Children

CyberTipline: 1-800-THE LOST (TDD 1-800-843-5678)

[www.missingkids.org/gethelpnow/cybertipline](http://www.missingkids.org/gethelpnow/cybertipline)

Call for help if you suspect a child is being exploited online.

## Elder abuse and neglect resources:

### National Adult Protective Services Association

- › What is abuse?  
[www.napsa-now.org/get-informed/what-is-abuse](http://www.napsa-now.org/get-informed/what-is-abuse)
- › What is neglect?  
[www.napsa-now.org/get-informed/what-is-neglect](http://www.napsa-now.org/get-informed/what-is-neglect)
- › Get help in your area:  
[www.napsa-now.org/get-help/help-in-your-area](http://www.napsa-now.org/get-help/help-in-your-area)

### U.S. Administration on Aging: Eldercare Locator

800-677-1116

<https://eldercare.acl.gov/Public/Index.aspx>

Use the online locator by entering your zip code to locate community resources. To report suspected maltreatment, select "Elder Abuse Prevention" from the dropdown.

### National Domestic Violence Hotline

1-800-799-SAFE (TDD 1-800-787-3224)

[www.thehotline.org/help](http://www.thehotline.org/help)

Offers crisis intervention, information about sources of help and referrals for shelters, programs, social service agencies, legal programs and other helpful organizations.

Together, all the way.®



Any reference to the products, services, information or websites of any other non-Cigna affiliated entity provided for informational purposes only and should not be construed as an endorsement by Cigna of the products, services, information, or websites of such entities, nor should such reference be construed as endorsement by such entities of the products, services, information or websites of Cigna and/or its affiliates. Cigna neither reviews nor controls the content and accuracy of these references or websites, and therefore will not be responsible for their content and accuracy. Your access to non-Cigna websites at your sole risk.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Cigna Behavioral Health, Inc., and HMO or service company subsidiaries of Cigna Health Corporation. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

Use and distribution limited solely to authorized personnel. 881274 04/20 © 2020 Cigna