

Cigna Expands Medicare Network for Arizona Seniors and Unveils New 2013 Benefits

PHOENIX - Oct. 16, 2012 - Cigna HealthCare of Arizona recently announced its 2013 Medicare Advantage plans, which are some of the highest quality rated plans in the area by the Centers for Medicare & Medicaid Services (CMS) and include affordable, personalized and convenient health and prescription drug benefits. All plans offer extra benefits not covered under Original Medicare and are designed to help beneficiaries better manage their health and limit out-of-pocket medical expenses.

Additionally, Cigna recently formed new network relationships with five local physician groups, [Abrazo Medical Group](#), [Arrowhead Health Centers](#), Greater Phoenix Integrated Physician Alliance, [Integrated Medical Services](#), and [IASIS Healthcare](#) physicians affiliated through its network, [Health Choice Preferred](#), adding more than 130 in-network primary care physicians. These new relationships not only offer Medicare customers more choices but are quality based to deliver better quality and coordinated care.

The newly-expanded primary care network joins the existing network of Cigna Medical Group (CMG), an option exclusively available to Cigna Medicare members. CMG is the group practice division of Cigna HealthCare of Arizona and one of the Valley's largest multi-specialty group practices with 23 health care centers and two convenience care clinics located throughout metropolitan Phoenix.

"We know that health care is not one-size-fits-all. That's why our 2013 plans offer comprehensive products that deliver more choices to support healthy aging and meet our customers' individual health care needs," said Kip Haffner, vice president of Medicare Sales for Cigna HealthCare of Arizona. Health care is an important decision and we are proud to be among Phoenix's highest-rated Medicare Advantage plans serving the needs of local seniors."

Key highlights of Cigna HealthCare of Arizona's Medicare Advantage plans include:

- \$0 premium plan options
- \$0 copay primary care physician visits.
- \$20 copay urgent care visits.
- An expanded network of primary care physicians. Over 130 primary care physicians have been added for 2013 plan year.

Cigna Medicare Select Plus Rx offers "Golden Vitality", a health and wellness program that reimburses customers up to \$200 each year for the fitness center of their choice. Members also have access to free health education classes at CMG locations throughout the Valley, covering topics such as healthy eating, tobacco cessation and chronic disease self-management.

Medicare Advantage is a critical source of health care for millions of Medicare beneficiaries. Cigna care coordination bridges the gap faced by many Medicare beneficiaries so customers receive all the traditional benefits of Original Medicare and much more at an affordable price.

Medicare beneficiaries can enroll in Cigna 2013 plans during the annual election period, which begins October 15, 2012 and ends December 7, 2012.

Cigna offers several resources to make comparing plan benefits easy, so that beneficiaries find the plan that is right for them. Plan details, full service areas and a schedule of complimentary education

seminars are available at www.cignamedicare.com . Medicare eligible beneficiaries can also call 800.840.9905 from 8 a.m. to 8 p.m., seven days a week.

About Cigna

Cigna Corporation (NYSE: CI) is a global health service company dedicated to helping people improve their health, well-being and sense of security. All products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Connecticut General Life Insurance Company, Cigna Health and Life Insurance Company, Life Insurance Company of North America and Cigna Life Insurance Company of New York. Such products and services include an integrated suite of health services, such as medical, dental, behavioral health, pharmacy, vision, supplemental benefits, and other related products including group life, accident and disability insurance. Cigna maintains sales capability in 30 countries and jurisdictions, and has approximately 71 million customer relationships throughout the world. To learn more about Cigna®, including links to follow us on Facebook or Twitter, visit www.cigna.com.

About Cigna Medical Group

Cigna Medical Group is the group practice division of Cigna HealthCare of Arizona and one of the Valley's largest multi-specialty group practices with 23 health care centers and two convenience care clinics located throughout metropolitan Phoenix. Each health care center is equipped with several medical services under one roof, so additional diagnostic needs such as lab work, imaging-even prescriptions-can be quickly obtained.